BRANFORD PARKS & RECREATION

TOWN OF BRANFORD

2020 SPRING BROCHURE



Greetings from the Director...

After a long dreary winter, it's wonderful to welcome spring to our beautiful shoreline town. The Parks & Recreation staff is fully at-home in our new building and we are enjoying being part of the Canoe Brook community. Our shared space is hopping with meetings, clubs, classes and sports. This brochure highlights the wide variety of Parks & Recreation offerings, including swim lessons at the Y, after school sports and clinics, art and music classes, yoga and tennis for grown-ups and children, and so much more. Utilizing Branford's beautiful parks, our local schools, and of course the newly renovated Joe Trapasso Community House, we're offering our most diverse array of activities yet. We've got something for every age and interest. This spring we are delighted to introduce a new, expansive selection of theatre classes under the leadership of Colin Sheehan. Answering Branford's call for more theater arts, we have brought Colin onboard to helm this exciting new chapter in Parks & Recreation. Also, look for summer camp information inside these pages, including the Summer Playground Camp, Theater Camp Mini Explorers, and Teen Travel. Spring registration begins March 5 and Summer Playground Camp Registration begins April 1st. Let's enjoy this beautiful season together! Alex Palluzzi Jr., MS, APRP, Director Of Parks & Recreation

LOOK INSIDE FOR THE MANY NEW ACTIVITIES & PROGRAMS OFFERED THIS SPRING!

PARKS & RECREATION DEPARTMENT

Office Hours: Monday thru Friday 8:00a-4:30p **Address:** 46 Church Street, Branford CT 06405 **Phone:** 203-488-8304/**Fax:** 203-315-4017



Web:branfordrecreation.org Email:recreation@branford-ct.gov

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@branfordparksandrecreation



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NEED THE PERFECT GIFT?????



Looking for a gift idea? Need a last minute birthday gift? We have the answer..... Branford Parks and Recreation Gift Certificates. They make the best gift !!! Call the office today to purchase or visit us on-line

Branford's 375th Commemorative Year Book

This book will display past and recent history of Branford while showcasing all the special events that took place in 2019 Reserve yours now. Early Spring release **Price:** \$20.00

HOSPICE POOL PASSES ON SALE MARCH 5TH



100 Double Beach Road, Branford. Family Pass ~ \$125.00 Individual Pass ~ \$65.00 Senior Pass ~ \$45.00 Branford Residents Only Limited passes will be available.

REFUND & WEATHER CANCELLATION POLICIES

Please read the following refund policy in effect.

- •If a program/activity is cancelled by Branford Parks & Recreation, a full refund will be issued.
- To avoid classes being cancelled at the last minute due to insufficient enrollment & in order to accommodate waitlists, refund requests must be made no later than five(5) business days before the program begins.
- •Refunds are generally not given once a program has begun, however, in the event of injury or illness, a refund request will be considered if accompanied by a doctor's note. Exception: No refunds on tickets, trips or pool passes.
- •Absolutely no refunds will be given for any unused portion of a program/activity.
- •All refunds are subject to a \$10.00 processing fee.
- •When a program/activity is run by a third party vendor, no refunds will be given 5 business days prior to the start of program/activity.
- •All refunds are issued back in the original payment format, except cash. Weather: If Branford Public Schools are cancelled or dismissed early, all Parks & Recreation programs and activities will be cancelled. If schools have a delayed opening, programs will continue as scheduled, except for programs starting prior to 10a. Please note: If the BOE cancels their evening activities, it will be at the discretion of our department to keep evening programs on as scheduled. For the most up to date information please visit our website or call the office at 203-488-8304.

Parker Memorial Park ~ Branford Point

Parking passes may be obtained at the Branford Town Hall Office Tax Collector, 1019 Main Street. Passes are for Branford Residents ONLY! You must have:

- 1. Valid drivers license showing a Branford Address
- 2. Valid vehicle registration showing a Branford Address
- 3. Vehicle taxes must be current

Branford Parks & Recreation "SMOKE FREE POLICY"

"Smoking is prohibited at all properties under the control of the Branford Parks and Recreation Department at all times, including but not limited to: buildings, grounds, entrances, sidewalks, parking lots and beaches. Smoking is defined as the use of: cigarettes, pipes, cigars and other devices that produce smoke including electronic cigarettes and water pipes."

RIBBON CUTTING / GRAND OPENING

You're invited to the Grand Opening of the Joe Trapasso Community House Honoring the World War II Veterans Date: Thursday: March 12, 2020 **Open House Time:**



3:00p-6:00p Ribbon Cutting Ceremony 4:30p

GUESS THE NUMBER OF PIECES IN OUR NEWLY RENOVATED JOE TRAPASSO GYMNASIUM FLOOR.

We are having a contest to see who will be the closest to guess how many pieces of wood make up the new gymnasium floor.

All proceeds will support The Joe Trapasso Scholarship Fund.

\$5.00 per guess. Last day to submit your guess will be Friday: May 8, 2020

Prizes will be awarded to the First, Second& Third Place

Community Events & Bus Trips

The Annual Fireworks Display is June 27, 2020 (Rain-date Juné 28)

SHRED-IT" Secure your unwanted documents

@ Stony Creek Brewery Fundraising Event to support the Branford Fireworks Display Saturday, TBA 9AM-12PM \$5.00/box For more information ~ 203.488.8304

TAKE ME OUT TO THE BALL GAME:

Boston Red Sox vs Milwaukee Brewers

Date: Fenway Park Saturday: June 6, 2020

Game Time: 7:05p **Bus Time:** 1:30p



Theatre A



Fee: \$102

Adult Theatre Production: Mamma Mia Are you an adult who loves to perform? Are you a student wishing you had one more opportunity to shine? Join us in building a musical from the ground up.

Date: Rehearsals May-June Show Dates: June 26, 27 **Tickets:** \$10.00 in advance \$15.00 at the door

The 25th Annual Putman County Spelling Bee:

This musical comedy centers on a fictional spelling bee set in geographically ambiguous Putnam Valley Middle School. Six quirky adolescents compete in the Bee, run by three equally quirky grown-ups. You never know who might be invited from the audience to compete

Show Dates: May 15th & 16th

Tickets: \$10.00 in advance \$15.00 at door Location: Joe Trapasso CH Gymnasium





December 17th-19th

October 8th-10th

Old Fashion Spelling Bee:

Test your spelling skills!

Fee: Free

Date: Thursday, Apr. 23rd Time:

Gr 3 - 6:00p Gr 4 - 6:30p Gr 5/6 at 7:00p Gr 7/8 at 7:15p

High School & Adults - 7:30p **Location:** JT Community House



TODDLER PROGRAMS & SPECIAL EVENTS/ACTIVITIES



Join our new and improved toddler classes designed to have your child use their fine & gross motor skills, build social skills, increase their imagination through a variety of activities and much more. **Most classes listed are eligible for a \$10 sibling discount. All classes are held at the Joe Trapasso Community House.

MONDAYS: March 30-June 1 (no class 5/25)

MeSsy Mondays: 1.5yrs. to 4 yrs. **Fee:** \$50 Children will explore art in its best stage...MeSsY! Get creative with this hands on art class. Each week different materials are used, with some unconventional art techniques to create a masterpiece! Class can and will get messy. Bring a smock. **Time:** 10:30-11:15a

Breakfast Bunch : 2yrs. to 4 yrs. **Fee:** \$40 Toddler and their caregiver will learning how to play together in a group using their gross motor skills. Kicking, bouncing & throwing balls, running, & more. After class your child will enjoy a lite brunch with their "team mates" **Dates:** April 20– May 18 **Time:** 9:15-10:15a



TUESDAYS: March 31- June 2 (no class 5/19)

Spend the morning with Miss Erica! Register for both classes & be a part of the "Special Snack Session" from 9:45-10:00am.

Music & Movement: 1yrs. to 4 yrs. **Fee:** \$50 This class that will have you & your toddler shake, rattle & rolling every Tuesday morning! **Time:** 9:15-9:45a

Learn & Play Together: 1 yrs. to 4 yrs. **Fee:** \$50 The ultimate playdate! Class is engaging & lively, complete with songs to make you move your feet! Socialize with your friends, explore various sensory, art & imaginary centers. Finally, active play with parachute, bouncy balls galore and more! **Time:** 10:00-11:00a

WEDNESDAYS: April 8– June 3 (No class 5/20)

Learn & Play Together: 1yr. to 4 yrs. **Fee:** \$45 The ultimate playdate! Class is engaging & lively, complete with songs to make you move your feet! Socialize with your friends, explore various sensory, art & imaginary centers. Finally, active play with parachute, bouncy balls galore and more **Time:** 9:30-10:30a

Movers & Shakers: 1.5 mos. to 4yrs. **Fee:** \$45 Beat the indoor blues! Jump, dance, bounce, shout, & flap your way to a morning of fun exercise for the body and brain! Class offers a combination of structured activities, games and free play. **Time:** 10:45-11:30a

THURSDAYS: Mar 26-June 4 (No class 5/21)

Spend the morning with Miss Erica. Register for both classes & be a part of the "Special Snack Session" from 9:45-10:00am.

Silly Scientist: 1 yrs. to 4yrs. **Fee:** \$50 STEM for Toddlers! Eruptions, slime, giant bubbles, building & colorful experiments! Toddlers will engage in many hands on activities that spark their interest & attention.

Time: 9:15-10:00a

THURSDAYS: Mar 26-June 4 (No class 5/21)

Movers & Shakers: 1.5 mos. to 5yrs. **Fee:** \$50 Beat the indoor blues! Jump, dance, bounce, shoot, and flap your way to a morning of fun! Class will offer a combination of structured activities and games as well as independent play. **Time:** 10:15-11:00a

Take the Drama Out of Mealtime: Hosted by the East Shore Health Department, this free informal workshop will offer you strategies to use in your own home on how to make mealtimes a better experience for everyone, what your toddler's nutritional needs are and the psychology around food and your children. Miss Erica will provide a simple activity for your little one.

Date: Thurs. April 30 **Time:** 11:00-11:45

LET'S GET MOVING



Parent/ Toddler Sports R Us: 2yrs. to 3yrs. **Fee:** \$30 Get ready to score some hoops and goals. Toddlers will use their basic motor skills in many fun games & activities. **Dates:** Fridays May 1-22 **Time:** 9:15a-9:45a



TODDLER SPECIAL EVENTS



Earth Day Extravaganza: 1.5 to 4 yrs Fee:\$10 During Earth Day Extravaganza class you'll have all you need in order to celebrate on April 22! Toddlers learn about the Earth & recycling through songs, creating a one of a kind invention out of recycled materials, make their own earth and finally plant a flower of their very own! Join your friends and come have some fun!

Date: Friday, April 3 **Time:** 10:00 – 11:00 am

Annual Easter Egg Hunt: 10 & Under

Fee: Free

Date: Sat. Apr. 4 (Rain date: April 11)

Time: 11:00am Sharp!

Location: Foote Memorial Park



Teddy Bear Sleepover: Fee: \$10
Join us for our first ever Teddy Bear Sleepover.
Wear your favorite jammies, bring a cuddly friend
& get ready for a special night. You & Teddy will
sing goodnight songs read a bedtime story and have a
special snack. Once Teddy's bedtime approaches you'll
say goodbye for the night, but don't worry you can pick up
teddy in the morning and see what fun he/she had got
into while you were sleeping at home! Note: Children
should bring a teddy bear/stuffed animal that they would
feel comfortable leaving overnight.

Date: Monday April 13 **Time:** 5:30P-6:30P

Location: Joe Trapasso Community House





IT'S TIME FOR SUMMER CAMP 2020!



Fee: \$425

Time: 9:00-3:00p

Summer Playground Camp: Branford Residents Only. Registration begins April 1, 2020

Ages: 5yrs-12 yrs (Must have completed Kindergarten)

Date: Monday-Friday, June 29 to Aug 7 (No Camp 7/3)

Before and After Care is available at each site for additional fees.

Most field trips are included in the camp registration.

Camp Locations: Hammer Field Veteran's Park Foote Park Stony Creek

Before Care: Fee: \$125 Time: 8:00-9:00a Available at all parks. **After Care: Fee:** \$175 **Time:** 3:00-5:00p Available at all parks.

Lake Compounce: (must be registered with the Summer Playground Camp) **Fee:** \$55

Join us at the Lake for a fun day. Lunch is included. Additional fee and pre registration is required.

Regular camp is closed on this day. Space is limited.

Date: Tuesday: July 21, 2020

Summer Camp "Overtime": (Registration begins April 1st) Space is limited. Fee: \$150 Campers join some of your favorite counselors for an added week of camp!! Camp will consist of your favorite camp activities including sports, board games and a few field trips. Summer Meals lunch will be included every day! Date: Mon thru Fri, August 10 to 14 **Time:** 9:00-4:00p

NOTE: Must be enrolled in regular camp to register.

Counselor in Training / Young Mentors Programs:

Date: Monday-Friday, June 29 to August 7 (No Camp July 3)

Time: 9:00-3:00p The Counselor /Jr Counselor in Training program is for those teens who are interested in working with young children during our Summer Camp Program. CIT's are an instrumental part of our camp program. It is important that each CIT is dedicated to the program. Field trips are included in the registration fee. Lake Compounce is a reward for excellent performance as a CIT.

. (Attending Before Care and After Care are optional)

Mandatory Training: Tuesday, June 9 Time: 7:00p Location Park Locations: Hammer Field, Foote Park, Veteran's Park, or Stony Creek **Location:** Joe Trapasso Community House

Teen Travel: 7th Grade & Up as of Sept. 2020 Registration begins March 5th **Dates & Times:** Tues/Thur. - July/August. Detailed itinerary to follow. **Fee:** \$550

This program is the cure to the summertime blues and boredom. Travel with your friends to many exciting places! Trips include Lake Compounce, Six Flags, Whitewater Rafting, Dance Cruise and more!! Fee includes admissions, transportation, most meals & guaranteed fun.

Payments Due Dates: Mar 5th- \$150, Apr. 3rd - \$200, May 15th - \$200

Half Day Mini Explorers Camp: Ages 4 & 5 Registration begins March 5th Fee: \$200/session This camp will provide a nurturing atmosphere where campers will meet new friends. Camp consists of theme days, arts & crafts, music, social interaction and creative play. Your child will explore, use their imagination & learn under the watchful supervision of our experienced and nurturing staff.

Session 1: Date: Mon thru Fri, July 6 to July 17

Time: 9:00-1:00p

Location: Joe Trapasso Community House

Session 2: Date: Mon thru Fri, July 20 to July 31

6:30p

Fee: \$200

Time: 9:00-1:00p

Summer Theatre Camp: Ages: Boys & Girls grades 2nd through 8th

Fee: \$450.00
Under the direction of Music Director Mike Martone Jr. & Director Colin Sheehan, Disney's Moana, Jr. the musical will come to life on stage. Strong willed Moana sets sail across the Pacific to save her village & discover the truth about

her heritage. Campers work together learning the ins and outs of a musical performance from the ground up. Camp will consist of set and costume designs, drama games, singing, acting, dancing & performing.

Time: 9:00-3:00p **Performances:** July 13-16th Date: June 22 to July 17 Location: BHS. Free breakfast & lunch is available daily.

Stagehand Apprentice: Boys & Girls grades 9th-12th

Fee: \$20.00 Under the direction of Music Director Mike Martone Jr. & Director Colin Sheehan, learn the insides of directing and producing a summer camp experience for campers attending the Summer Theatre Camp.

Must have theatre experience. Space is limited.

Date: June 22 to July 17 **Time:** 9:00-3:00p **Location:** BHS. Free breakfast & lunch is available daily.



YOUTH AQUATICS & SWIM PROGRAMS



Parent-Infant/Toddler Swim Lessons: 6mos to 24mos Class introduces your child to the water & helps them to feel comfortable through water play, songs & games. Class is not designed to teach them to swim or to survive in the water. A parent must be in the water with their child. (Class is 20 mins.)

Level 1 - Introduction to Water Skills: 6 years & up Students will begin to develop self confidence, good swimming habits & learn safe practices in & around the water.

Level 4 - Stroke Improvement: 8 years & up. Must have completed Level 3. Students will gain confidence while improving their strokes and learning additional aquatic skills.

1.50,00	Saturdays: April 18 to	May 23rd	SSOO
TIME	LEVEL	TIME	LEVEL
2:00-2:20	Parent-Infant/Toddler	2:00-2:30	Level 1
FULL	Parent/ Preschool	FULL	Level 2
FULL	Preschool Aquatics	FULL	Preschool Aquatics
		3:50-4:20	Level 4

NOTE: Swim lessons are held at the Soundview YMCA. Please abide by all rules & check-in procedures.

AFTER SCHOOL ACTIVITIES /YOUTH CLASSES/PROGRAMS & CLINICS

Cookie Decorating For Kids: Fee: \$25ea

Calling all cookie decorators! British Baker Alison Luciana will teach students how to decorate cookies like a PRO! All supplies and apron included. Kids will bring home 6 fully decorated cookies and a class completion certificate!

Session 1: Tues. May 5 (Gr. 5-8) **Session 2:** Fri. May 8 (Gr. K-4) **Time:** 4:00-6:00 Time: 4:00-6:00

Location: Joe Trapasso Community House

Cake Decorating Workshop for Kids (Gr. 2-5)Fee: \$30

Build a 3 tier "Under The Sea" themed cake. You will learn how to

properly stack, make a cake in buttercream and decorate. WOW your friends & family.

Date: Tuesday Apr. 21 Time: 4:00 Location: Joe Trapasso Community House Time: 4:00-5:30

Let's Get Cooking Camp: Gr. 4-8 **Fee:** \$300/session Camp is designed to explore the secrets of cooking and the insights of culinary arts. Campers will be exposed to proper equipment use, prep techniques, menu planning, preparation of cooking and presentation, exploring ethnic and cultural dishes and more. Campers will take home prepared meals and have recipes to share.

Dates: Session 1 June 22-June 26 Times: 9:00-4:00 Dates: Session 2: August 10-14th **Times:** 9:00-4:00

Location: Joe Trapasso Community House

Fee: \$80

Far-away K(nights)Gr. 5th-8th

Instructor: Chris Lémieux

A Dwarf from a nearby village offers you & fellow adventurers an easy job to earn some gold. What happens next leads you all on a journey of a lifetime filled with monsters, mysteries & mayhem. Part Dungeons & Dragons, part live theatre & Escape Room, this quest tasks adventurers with obstacles involving critical thinking,

puzzle solving & improv. **Date:** Fri. Mar 27, Apr 3,17, May 15,22,29, Jun 5

Time:6:00-8:30p

Location: Joe Trapasso Community House



Circuit Lab Camp: (Gr. 3-6 as of Sept 2020) This camp gives kids the opportunity to create devices by blending technical concepts with hands on experimentation. Use the latest technologies to design smart flashlights, race cars, musical instruments, games and more! Create your very own APP and learn basic computer programming.

Date: August 17th-August 21 Time: 9:00-4:00p Location: The Joe Trapasso Community House

CIRCUIT LAB

Friday Funtastic Night: (Gr. 1-4) Fee: \$22/ night We have your childcare covered. Drop the kids off for a fun

parents' night out. Dinner & hours of fun included.

Time: 5:30p - 9:00p **Time:** 5:30p - 9:00p **Date:** Fri. Apr. 24 Date: Fri. May 29 Location: The Joe Trapasso Community House

Friday Teen Nights: Gr. 5-8 Fee: \$45/trip Join us for an exciting night enjoying a fun activity& a simple dinner with your friends. Drop off & pick up at Park & Rec.

Dates: Time: 5:00p-appr. 10p

Fri. February 28: Escape the Room & Milford Mall Fri. March 20: Urban Air

Arts-N-Crafternoon with FIRED UP: Gr. K-4 Fee: \$55 Students will explore their creative side with fun spring related arts & crafts including bees, bugs, flowers & rainbows

Murphy School~ Thursdays

Date: Apr. 23, 30, May 7,14,21 **Time:** 3:30-4:30p

Sliney School~ Tuesdays

Date: Apr 21,28, May 5,12,19 **Time:** 3:30-4:30p

Tisko School~ Mondays

Date: Apr 20,27. May 4,11,18 **Time:** 3:30-4:30p

Performing Arts Classes with Legacy Theatre

Class Location: Joe Trapasso Community House Saturdays: March 14 to May 9 (No class Apr. 4,11,18)

It takes Two: Ages: 2-5yrs **Fee:** \$60 Creative Dance for Toddler's & caregiver. Exercise & bond with your little one with super stretches & simple choreography. A delightful way to enjoy song and dance together!

Time: 8:30-9:00 Storytime & Drama for Toddlers: Ages 2-5 Fee: \$60 Stories and play to brighten your day. We will explore different books and fairy tales and act them out! **Time:** 9:00-9:30

Music & Dance Toddler Time: 2-5yrs **Fee:** \$60 Sing, dance, stretch & play. A wonderful wiggly, wake-up class

with fun songs. This class will draw upon basic ballet and creative movement. **Time:** 9:30-10:00

Mime with Legacy Theatre: All ages **Fee:** \$60 Enjoy using body language & telling stories without words. Fun & appropriate for all ages, class promotes healthy living with creative exercise & stimulates the imagination!

Date: Thurs. March 19-May 7 (no class Apr 16 & 30)

Time: 4:00-4:30pm



AFTER SCHOOL ACTIVITIES /YOUTH CLASSES/PROGRAMS & CLINICS

Jedi Master Engineering using LEGO Gr. K-4

The Force is strong in this engineering course for young Jedi! Use the force and tens of thousands of LEGO® parts to raise your X-Wing from the Dagobah swamp, challenge the AT-AT walkers on Hoth, and fly the Millennium Falcon through the Kessel Run. Apply real-world concepts in physics, engineering, and architecture while you explore a galaxy, far, far away. Register your child for the school that they attend.

NOTE: Classes are held on scheduled 1/2 days of school.

Fee: \$30

Sliney School: Date: Wed. March 18 **Time:** 1:30-3:30p

Fee: \$30

Murphy School: Date: Wed. April 22 Time: 1:30-3:30p Tisko School: **Fee:** \$30

Date: Wed. May 20 **Time:** 1:30-3:30p

AFTERSCHOOL WHIFFLE BALL: Grades K-4

This instructional non-competitive program will teach the fundamentals of whiffle ball, team building & sportsmanship. Register your child for the school that they attend.

Murphy School ~ Mondays **Fee:** \$40 **Date:** Apr 20, 27 May 4, 11 (*make-up 5/18)

Time: 3:30-4:30p

Tisko School ~ Thursdays **Fee:** \$40

Date: Apr 23, 30 May 7, 14 (*make-up 5/21) **Time:** 3:30-4:30p

Sliney School ~ Tuesdays **Fee:** \$40 **Date:** Apr 21, 28 May 5, 12 (*make-up 5/19)

Time: 3:30-4:30p *if needed

FRIDAY AFTERSCHOOL DODGEBALL: Grades 2-4 Master the game of dodgeball, regardless of your dodging ability. We will teach you the game while having fun.

Murphy School Gymnasium: Fee: \$30 Date: Mar 6, 13, 20(make-up 3/27)Time: 3:30-4:30p

YOUTH MUSIC, YOGA & ACTING

Youth Beginner Guitar Lessons: **Fee:** \$60 Develop a deeper appreciation for music by learning the fundamentals of classical and folk guitar. Topics covered include right/left hand techniques, major scales, beats, notes, & more. Participants learn to play songs using

strumming & finger picking techniques.

Session 1: (Ages 8-11) Time: 4:30-5:30p

Date: Wed Mar. 11, 25, Apr 1, 8, 29 May 6

Session 2: (Ages 12-15) Time: 3:30-4:15 Date: Wed Mar. 11, 25, Apr 1, 8, 29, May 6 Location: Joe Trapasso Community House

Joyful Children's Yoga: Gr. 2-4 **Fee:** \$60/ session Class will be a balance of quiet and active poses combined

with music, game playing, singing, storytelling, drawing and simple breaths, meditations and rest.

Session 1: Date: Thur, Mar.12,19,26 Apr, 2,9,23

Session 2: Date: Thur, Apr. 30, May 7,14,21,28 Jun 4

Time: 3:45-4:45p

Location: Joe Trapasso Community House

NEW-

Lights, Camera, Action: Fee: \$ 60 Learn different ways of exploring & understanding theater

while creating different characters and skits to perform.

Date: Sat. Mar. 21-May 9 (no 4/11& 4/18)

Session 1: ages 8-10

Session 2: Ages 11-14 **Time:** 9:00-10:00 **Time:** 10:00-11:00

Location: Joe Trapasso Community House

101 Jam Band (ages 8-12) **Fee:** \$175.00 Under the Direction of Mike Martone, children will be introduced to many instruments, guitar, keys, bass, & drums. They will learn essential fundamentals of music & writing a song with their" band".

Dates: Sat. Mar 28-May16 (no 4/11&4/18) **Time:** 10:00-11:00

Location: Joe Trapassó Community House



Dance Class at STUDIO ONE

Classes held at Studio One Brushy Plain Plaza



NEW-Acrobatics: Ages 5-9 **Fee: \$** 70 Students will learn the combination of Dance & Gymnastics **Date:** Sat. Apr 4-May 16 (no class 4/18) **Time:** 11:45-12:30

Dance Foundations: ages 5-9 Fee: \$65/ea or \$175 for all 3

classes. Children learn the core dance genres. **Dates:** Thursday, April 2 to May 14 (No 4/16)

Session Time:

5:30p-6:00p Ballet 6:00p-6:30p 6:30p-7:00p Tap Jażz

Spring Boot Camp for Kids: (Gr. 3-5) **Fee:** \$80 Agility, obstacle courses, hand eye coordination: learning how to make your body stronger & healthier! Date: Tues-Fri, Apr. 14-17 Time: 3:00-4:00p **Location:** Joe Trapasso Community House



APRIL VACATION CAMPS

April Vacation Camp: Grades K-4 **Fee:** \$160 Spend vacation with us! Field trips, friends & fun all **Fee:** \$160

week! An exciting itinerary coming soon. **Date:** Tues-Fri, Apr 14, 15, 16, & 17 **Time:** 9:00-3:00p **Location:** Joe Trapasso Community House

April Lego Camp: K thru 5th grade Fee: \$150 Date: Mon. thru Fri. April 13-17 **Time:** 9:00-12:00p

Location: Joe Trapasso Community House

Safe Sitter Babysitting Class: Gr. 6-8 Fee: \$85/ses. This one day course teaches babysitting techniques, activities to do with children & how to do the job safely. Students learn diaper changing, an introduction to CPR & an overview of First Aid. Bring a notebook, pencil, & lunch. "Teaching Young Teens who babysit or stay home alone to be safe and secure!

Session 2: Tues. Apr 14th Time: 9:00-3:00p Session 3: Tues. June 16th Session 4: Sat. May 16th **Time:** 9:00-3:00p **Time:** 9:00-3:00p

Location: Joe Trapasso Community House

Instructor: Mike Torino



ADAPTIVE RECREATION

An Adaptive Recreation program designed for teenagers & young adults with special needs. (13 years and up)

"Pal Time": Fee: Free Drop in for pizza, game night, a movie or a trip to Ashleys!

A trip to the movies or bowling may be added!! Dates: Thursdays, March 12, April 9, May 14, June 11

Time: 6-7:30p

Location: Joe Trapasso Community House



AFTER SCHOOL ACTIVITIES /YOUTH CLASSES/SPORTS CAMPS & CLINICS

Little Hornets Soccer: Ages 3-6 Fee Date: Saturdays, April 25 May 2, 9 & 16 Time: 9:00-9:45a **Fee:** \$50

Location: BHS Turf

Instructor: BHS Girls Soccer Coaches

Wrestling Clinics:

Date: Monday thru Friday, June 15 to June 26 **Beginners: Fee:** \$100 **Experienced: Fee:**\$120 Grades 5-12 Ages 6-14

Time: 9:00-10:00a **Time:** 10:00-11:30a

Location: BHS Old Gymnasium

Volleyball Clinic: Gr. 4-9 as of Sept. 2020 Fee: \$75

Dates: Jun 15 to Jun 19 **Time:** 5:30-7:30p

Location: BHS Gym

Victory Soccer Camp: Ages 6-14 Fee: \$100

Dates: July 6 to July 10 **Time:** 6:00-8:15p

Location: Veteran's Park

Baseball Camp: Ages 7-12 **Fee:** \$75

Dates: Aug 10 to Aug 14 **Time:** 9:00-12:00p

Location: Sliney Field

Girls Lacrosse Clinic: Gr. 1-9 as of Sept 2020 **Fee:** \$125

Dates: June 29 to July 2 **Location:** BHS Turf **Time:** 9:00-12:00p

(Please bring your own equipment).

Boys Lacrosse Clinic: Gr. 3-8 Fee: \$100

45 minutes of clinic, 45 minutes of 3v3

Dates: June 22 to June 25 **Time:** 5:00-6:30p

Location: BHS Turf

(Please bring your own equipment).

Boys Basketball Camps Fee: \$50

Gr 2-5 as of Sept. 2020 Dates: June 22 to June 26 **Time:** 9:00-12:00p

Location: Joe Trapasso Gymnasium

Girls Basketball Camp: **Fee:** \$25

Gr. 2-8 as of Sept 2020

Dates: June 22 to June 26

Session 1: Grades 2-5 **Time:** 5:00-6:30p Session 2: Grades 6-8 **Time:** 6:30-8:00p

Location: Joe Trapasso Gymnasium

Field Hockey Clinics: Spring Session Dates: Tuesdays, March 24 to May 5 Grades: 5-7 Grade: 8 **Fee:** \$75 **Fee:** \$80

Time: 5:00-6:00p **Time:** 6:15-7:30p

Location: Branford Armory

Field Hockey Clinic: Summer Session Gr. 2-8

Fee: \$120

Dates: June 22 to June 26 **Time:** 9:00-12:00p

Location: BHS Turf

Instructor: BHS Girls Field Hockey Coaches

Dance Camp: Gr. K-5 as of Sept. 20 **Fee:** \$125

Dates: June 22 to June 26

Time: 9:00-12:00p **Location:** Tisko Gym

Cheerleading Clinic: Gr. PreK-2nd as of Sept 2020 **Fee:** \$50 **Date:** Wed. July 1 to July 22

Time: 5:30-6:30p **Location:** Foote Park Crafts & Creativity Camp: Gr. 3-8 as of Sept 2020

Fee: \$140 per session **Time:** 1:00-4:00p

Session 1: June 15 to June 19 Session 2: August 10 to August 14

Join Courtney Rosenberg of Re-Loved Designs in our new Craft Camp. Each day will consist of a different take home craft. Examples consist of Shrinky Dink Day, Basic Jewelry Design, Fairy Garden Making, Painting & Button Art, String Art. Camp is for both boys and girls. Please bring a snack

and water bottle to class with you. **Location:** Joe Trapasso Community House

CHILDREN & ADULT TENNIS

Date: Mondays, May 4 to June 8 (No class 5/25) 5:30-6:30p \$90 Foote Ages 10-13 Junior Tennis Adult Intermediate 6:30-8:00p \$105 Foote

Date: Wednesdays, May 6 to June 3

Ages 7-10 Junior Tennis 5:30-6:30p \$90 Foote 6:30-7:30p Adult Beginner \$90 Foote

Date: Saturdays, May 2 to June 6 (No Class May 23) Adult Intermediate 8:30-9:30a \$90 Foote 9:30-10:30a Munchkin Ages 4-7 \$90 Foote

Date: Mondays, June 29 to August 3

Junior Tennis 5:00-6:00p \$99 BHS Ages 10-13 Adult Intermediate 6:00-7:30p \$110 BHS

Date: Wednesdays, July 1 to August 5

Ages 7-10 5:00-6:00p \$99 BHS Junior Tennis Adult Beginner 6:00-7:00p \$99 BHS

Date: Saturdays, June 27 to August 8(No class 7/4) \$99 Foote 8:15-9:15a Adult Intermediate Munchkin Ages 4-7 9:15-10:15a \$99 Foote

Tennis Camp: Grades 3-8 **Fee:** \$170

Session 1: June 29 to July 3 Session 2: July 6 to July 10 **Time:** 9:00-12:00p **Time:** 9:00-12:00p

Location: BHS Tennis Courts

*See page 8 for Senior Tennis Lessons

MOVIE & CHESS CAMPS

Incrediflix Camp: Gr K-5 as of Sept. 20 Lego Flix & Action Movie Flix brings your imagination to life on

camera using green screens camera tricks & special effects to create live-action movies.

Dates: July 6-10 **Fee:** \$165 1/2day \$290.00 full day **Time:** 1/2 day 9:00-12:00p Full day 9:00-4:00p **Location:** Joe Trapasso Community House

Chess Camp: Gr. K-5 as of Sept. 20 Learn the game of Chess in this fun week long camp! **Dates:** August 10 to August 14 **Time:** 9:00-12:00p **Location:** Joe Trapasso Community House

Play-Well TEKnologies using LEGO

Harry Potter Magical Engineering: Fee: \$150

Dates: June 15 to June 19 Time: 9:00-12:00

Animal Architects: Fee: \$150

Dates: June 22 to June 26 **Time:** 9:00-12:00

Poke'mon Engineering: **Fee:** \$150

Dates: August 17 to August 21 **Time:** 9:00-12:00

ADULT PROGRAMS

Kathleen Linta is the newest member of the Branford Parks & Recreation Team. She was a successful entrepreneur for over 30 years. Now a Robbins Madanes Life Coach, she brings both her Life Coach training & decades of life & career experiences to coach others with warmth and humor. Life coaching illuminates your place of clarity, happiness, and fulfillment - personally and professionally -in a fun, energizing, & supportive way.

From Empty Nest to Full Heart! If you are an Empty Nester seeking your next life adventure, this course is for you! Explore how to find your new vibrant YOU. Using fun, interactive guided tools, you will uncover what you truly want, learn how to harness both inner & external resources toward your goals, and start your transformation into the person you know you can be. Discover a renewed sense of identity and purpose, setting your course for your next BEST life! **Date:** Weds, March 18 – April 22 **Time:**

Time: 6:00-7:00p

Location: Joe Trapasso Community House

Reboot Your Career, Create Your Future! Fee: \$240 Are you looking for that first job, or want to build your career? This engaging course teaches tips & tricks that will elevate your job seeking to the next level! Learn how to: create your own personal career-building mission statement; uncover your unique strengths; craft amazing resumes & cover letters that stand out; and go into interviews with skill & confidence. Course includes an individual resume review!

Date: Wed, Mar 18 - Apr 22 Time: 7:30-8:30p

Location: Joe Trapasso Community House

Basic CPR: Fee: \$85

This course provides lay rescuers the fundamental skills & confidence to perform CPR on adult, children and infants. How to recognize & alleviate airway obstructions, proper use of an AED; signs & symptoms and corrective action for stroke or heart attack. Date: Mon: Mar. 2nd **Time:** 6:00-10:00p

Location: Joe Trapasso Community House



Spring Training "Boot Camp" Fee: \$90 This training combines different types of exercise: circuit training style of stretching, cardio, body weights, hand weights & more. Class will motivate you to get fit, live heathier & gain an understanding of fitness to achieve your personal goal.

Date: Tues-Fri, Apr. 14-17 **Time:** 11:00-12:00p

Location: Joe Trapasso Community House

Staying Fit: "Do Your Best Training" **Fee:** \$180 Looking to get fit or continue your training? This class will bring the workout to you. Different types of exercises will help with toning, weight loss or just a healthier you! .

Date: Tues Mar. 24-Apr. 28 Time: 11:30-12:30p

Location: Joe Trapasso Community House

Men's Basketball League: Fee: \$100

Join us for the return our of Men's Basketball League Teams will consist of 8 players & approx. 10 games with a single elimination playoff.

Dates: Mon & Thurs, Mar 30 to May 7 Time: TBA

Location: Joe Trapasso Gymnasium

Magnificent Warriors Tennis for Active Adults: Fee: \$80 Ages 55 and up

Instructor: Glen Englander

Want to get back on the court? Pull out that racket and get on the court. This class will re-introduce & get you back in the game of tennis or refine your playing skills to begin playing more often. **Session 1:** Wed. Mar 18, 25 Apr 1, 8, 15

Location: Joe Trapasso Gym **Time:** 12:00-1:00p

Session 2: Mon. May 4, 11, 18 June 1, 8

Time: 10:00-11:00 **Location:** Foote Memorial Courts



Spring into Yoga: Beginner Series

Join this beginner series yoga class; ideal for anyone looking to start or re-new a yoga practice in a comforting and therapeutic environment.

Fee: \$75

Date: Mondays, April 13 to June 1 (No Class 4/27, 5/25)

Time: 6:00-7:00p

Location: Joseph Trapasser Community House

Yoga for Golfers: **Fee:** \$75

Accelerate your drive! Improve agility, flexibility, core and hip strength, steadiness of breath and focus of mind, all crucial elements of your golf game.

Date: Wed, April 1 to April 29 **Time:** 6:00-7:00p

Location: Joseph Trapasso Community House

Gentle Flow Yoga: **Fee:** \$75

Grow your yoga practice. Continue to build upon your yoga skills in this Vinyasa style practice.

Date: Mondays, June 8 to July 13 **Time:** 6 **Location:** Joseph Trapasso Community House **Time:** 6:00-7:00p

Meditation and Mindfulness: **Fee:** \$60 Learn how to develop and sustain a meditation and mindfulness practice, create a practice to illuminate your life.

Date: Thursdays, March 5 to March 26 **Tir Location:** Joseph Trapasso Community House Time: 6:15-7:15p

Mahjong for Beginners: **Fee:** \$60

The American Version of this classic Chinese game is exciting & challenging. In this six weeks class participants will learn the

basics: set up, play and scoring. **Date:** Wed. Mar. 18 to Apr. 22 **Time:** 6:30-8:00p

Location: Joe Trapasso Community House

Mahjong Club: **Fee:** \$30

Love to play the game of Mahjong? Join the club. There is will be limited instruction. Space is limited Date: Wed. Mar. 18 to Apr. 22 **Time:** 6:30-8:00p

Location: Joe Trapasso Community House

Basic Guitar Lessons:

Develop a deeper appreciation for music by learning the fundamentals of classical and folk guitar. Topics covered include right/left hand techniques, major scales, beats, notes, and more. Participants will learn to play songs using strumming & finger picking techniques, and also have FUN!

Date:Tues: Mar.10-Apr.7 **Time:** 10:00a-11:15a or 6:15p-7:30p **Date:**Tues: Apr.28-May 26 **Time:** 10:00a-11:15a or 6:15p-7:30p

Location: Joe Trapasso Community House

Basic Guitar Lessons Part 2: Fee: \$60 Continue learning the fundamentals of classical and folk guitar.

Topics covered include right/left hand techniques, major scales, beats, notes, and more.

Date: Tues: Mar.10-Apr. 7 **Time:** 11:15a-12:30p or 7:30p-8:15p **Date:** Tues: Apr. 28-May 26 **Time:** 11:15a-12:30p or 7:30p-8:15p

Location: Joe Trapasso Community House

DEEP Boating/Person Water Craft Class: Fee: \$20 The DEEP boating teaches the requirements for a State Boating Certificate. After successful completion, you can obtain the license

for a small fee. Dates: Mon, Tues, Wed. April 13, 14, 15 Time: 6: Dates: Mon, Tues, Wed. April 13, 14, 15

Location: Joe Trapasso Community House Pre-requisite: You must obtain a conservation ID prior to class by visiting the DEEP website at www.ct.gov/deep. Boating \rightarrow Boating Education \rightarrow get a conservation #.

Adult Decorating Gravity Defying Sprinkle Cake: Fee: \$50 Learn how to color icing, prepare & fill decorating bags, properly fill & frost a cake enhance with a border drip design, add gravity defying technique & learn piping skills. Participant leaves with a fully decorated 3 layer, 8 inch cake. All supplies included.

Session 1: Saturday, Apr. 4th **Time:** 9:30–11:30am Session 2: Tuesday, Apr. 28th Time: 6:30p-8:30p

Location: Joe Trapasso Community House