

# WHERE THE BENEFITS ARE ENVLESS!

THE SPIRIT OF THE HOLIDAYS & THE COLD AIR OF WINTER ARE RETURNING TO BRANFORD PARKS, RECREATION, & SENIOR SERVICES!

SEE WHAT'S HAPPENING & SIGN UP TODAY!



®Branford Parks, Recreation, & Senior Services



@branfordparksrecseniorservices

# For More Information...

BranfordRecreation.org recreation@branford-ct.gov 203-488-8304





Office Hours: Monday thru Friday 8:00 AM-4:30 PM

Address: 46 Church Street Branford, CT. 06405

Phone: 203-488-8304 / Fax: 203-315-4017 Web: www.branfordrecreation.org

Web: www.branfordrecreation.org Email: recreation@branford-ct.gov

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Facebook.com/BranfordParksandRec @branfordparksrecandseniorservices

### **REFUND POLICY**

The following refund policy is in effect:

◆If a program/activity is cancelled by the

- Parks & Recreation Dept. a full refund will be issued.
- ◆To avoid classes being cancelled at the last minute due to insufficient enrollment & in order to accommodate waitlist, refund request must be made no later then five (5) business days before the program begins
- ◆Refunds are generally not given once a program has begun, however in the event of injury or illness, a refund request will be considered if accompanied by a doctor's note.

  No refunds on tickets, trips or pool passes.
- ♦ Absolutely no refunds will be given for any unused portion of a program/activity.
- ♦ All refunds are subject to a \$10.00 processing fee.
- ♦ When a program/activity is run by a third party vendor, no refunds will be given after 5 business days prior to the start of the program/activity.
- ♦ All refunds are issued back in the original payment format, except cash.

### Weather

If Branford Public Schools are cancelled or dismissed early, all Parks and Recreation programs and activities will be cancelled. If schools have a delay opening, programs will continue as scheduled, except for programs starting prior to 10:00 AM. Please Note: If the BOE cancels their evening activities, it will be at the discretion of our Department to keep evening programs on as scheduled. For the most up to date information, please visit our website or call the office.

# **Registration Information**

Information in this brochure will continually be updated as additional information becomes available. Please check our website for updates or call the office at 203-488-8304.

Safety is our #1 priority. Guidelines have been put in place for each program with the safety of staff and program participants in mind. We ask that you adhere to all guidelines for our programs and activities.

### **How to Register**

You can register by phone, in-person or on-line. Need help creating an account? Call the office at 203-488-8304 or visit us on-line at www.branfordrecreation.org and click on "Create an Account."

### **Registration Payment**

Forms of payment: Cash, Check or Credit Card. VISA & Mastercard are accepted on-line, by mail and in-person. Cash payments are only accepted during office hours. If paying by check, please make checks or money orders payable to "Treasurer, Town of Branford. A \$20 fee will be assessed for returned checks. A non-resident fee may apply.



### **Parks and Recreation Staff**

Dale Izzo — Director Parks, Recreation, & Senior Services dizzo@branford-ct.gov

Nally Sahin – Asst. Director of Parks, Recreation, & Senior Services nsahin@branford-ct.gov

Nancy Cohen – Senior Services Asst. Director ncohen@branford-ct.gov

Victor Amatori, Jr. – Program Supervisor vamatori@branford-ct.gov

Ricky DiRago- Program Coordinator rdirago@branford-ct.gov

Rhiannon Turco – Senior Services Program Coordinator tor rturco@branford-ct.gov

Colin Sheehan – Arts, Culture & Special Events csheehan@branford-ct.gov

Victoria Milslagle – Program Assistant vmilslagle@branford-ct.gov

Laura Montone-Roman – Program Assistant Imontone@branford-ct.gov

Kelly Gesuero—Case Worker kgesuero@branford-ct.gov

Tim Kron- Transportation Coordinator tkron@branford-ct.gov

Nicholas Polastri– Lead Maintainer Jeffrey Sitz – Maintainer Colin Tracy-Maintainer Kyle Lynch– Maintainer

Board of Recreation Members

Paul Criscuolo - Chairman Helen "Bimmie" Herget - Clerk Jeanne Crowely Nancy Drevins William T. O'Brien



FOR MORE INFORMATION, SCAN WITH YOUR SMART PHONE

# **Branford Parks & Recreation Closings**

Tue. Veteran's Day Nov. 11th Thur. & Fri. Nov. 28th & 29th Thanksgiving Wed. & Thu. \*Dec. 24th & 25th Christmas Wed. & Thu. \*Dec. 31st & Jan. 1st **New Years** Mon. Jan. 19th MLK Day Mon. Feb. 16th President's Day

\*Dec. 24th & Dec. 31st our office will close at 12pm.

### "SMOKE FREE POLICY":

"Smoking is prohibited at all properties under the control of the Branford Parks and Recreation Dept. at all times, including but not limited to: buildings, grounds, entrances, sidewalks, parking lots and beaches. Smoking is defined as the use of cigarettes, pipes, cigars and other devices that produce smoke including electronic cigarettes and water pipes."

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# **MEET OUR NEW STAFF!**

GET TO KNOW THE FACES OF SOME OF OUR NEW (AND RECENTLY PROMOTED!) STAFF MEMBERS! LET'S GIVE THEM A WARM, BRANFORD WELCOME & CONGRATULATIONS! MAKE SURE TO SAY HI TO THEM IF YOU SEE THEM AROUND!





# **MEET DALE IZZO DIRECTOR OF PARKS, RECREATION, & SENIOR SERVICES**

Hired as Director this past February after 25 full-time years in our department, Dale is a member of the Branford Sport Hall of Fame (Class of 2010) for her outstanding high school & collegiate swimming career! Congratulations Dale!

**MEET NALLY SAHIN** ASSISTANT DIRECTOR OF PARKS, RECREATION, & **SENIOR SERVICES** 

Hired this past June, Nally has 30+ years of teaching & coaching experience throughout the shoreline, with volleyball being her favorite sport. We dare you to try to spike a volleyball over her! Welcome Nally!





# **MEET VICTORIA SUPPA & LAURA MONTONE OFFICE ADMINISTRATIVE ASSISTANTS!**

Victoria is getting married this October &

Laura likes to collect Stanley Mugs! Welcome Victoria & Laura!

# **MEET RHIANNON TURCO!** SENIOR SERVICES **ACTIVITIES COORDINATOR**

Rhiannon has been promoted from Senior Center Office Admin to Activities Coordinator. She enjoys going to stand up comedy shows! **Congratulations Rhiannon!** 

### **MEET KELLY GESUERO!** CASE MANAGER

Kelly has been promoted from Office Administrative Assistant to Case Manager. Her daughter got married in August! **Congratulations Kelly!** 

# 2025 Holiday Parade & Tree Lighting Saturday November 29, 2025



Start the holiday season with an evening of festive lights and holiday cheer as the Branford Parks, Recreation, & Senior Services Department invites everyone to the Annual Tree Lighting & Parade on the Branford Town Green.

Parade kicks off from Branford High School at 6:30 PM
To participate in the parade, please email recreation@branford-ct.gov

Small Business Saturday: Shop local before the parade from 10:00 AM - 6:00 PM





# SANTA GIFT DELIVERY

BROUGHT TO YOU BY PARKS, REC, & SENIOR SERVICES AND THE BRANFORD VOLUNTEER FIREFIGHTERS!

Santa Claus is coming to town to spread some holiday cheer by hand delivering gifts on a firetruck to residents of Branford. Imagine how excited your loved one will be when Santa arrives at their house!

SANTA WILL MAKE THESE SPECIAL DELIVERIES THE WEEK
OF DECEMBER 15TH!

Fee: \$30 per house

Submit registration form at BranfordRecreation.org
Gifts should be no bigger than a shoebox, wrapped
and dropped off to the Parks, Rec, & Senior Services
office no later than December 8th. Household is limited
to those who physically live at that address.



# Write to Santa 2025

Mail Box Opens Mon Nov. 24th Letters must be received by Dec. 15th

Write a letter to Santa telling him your Christmas Wishes!
Drop it off in Santa's special mailbox located outside the Joseph
Trapasso Community House (Red and White Mailbox) or mail to the
address below. Please include your child's full name and home
address. Hurry as Santa gets very busy this time of year!



Santa Claus, North Pole 46 Church Street Branford, CT. 06405



Letters will be delivered to Santa and he will reply with a personalized letter sent to your home.



FREE! FOR AGES 11 & UNDER



December 5th
December 12th
December 19th
December 22nd
December 24th

To register go to BranfordRecreation.org



HO! HO! HO! Would your child like to chat with Santa? Register at the office or online at

BranfordRecreation.org

Dates:

Monday - Dec. 8th Tuesday - Dec. 9th Wednesday - Dec. 10th

BranfordRecreation.org

**AGES 10 &** 

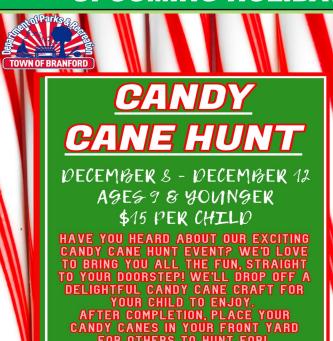
**YOUNGER** 

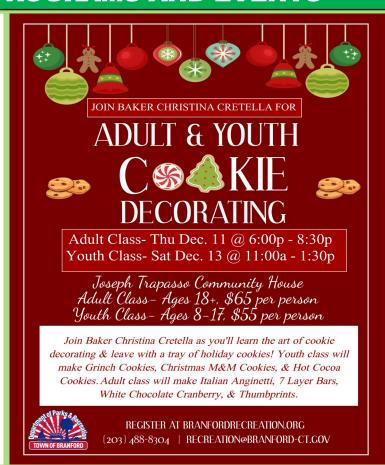










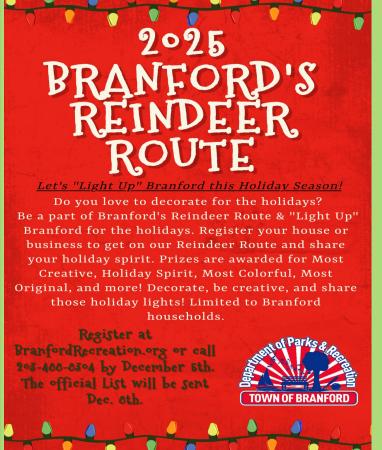




REGISTER AT WWW.BRANFORDRECREATION.ORG



Looking for ways to spread a little holiday cheer and feel good doing so? Take the time to create a holiday card (premade is ok) and share the joy of spreading cheer and the true meaning of the holiday season! Cards should be delivered to the Branford Parks & Recreation Office or mailed to 46 Church Street, Branford, CT. 06405
Our goal is to deliver 100 cards by Dec. 20th



Resin
Crushed Glass
Christmas Tree
Art

December 11th 6-8pm With Re-Loved Designs
Craft Classroom



@Branford Parks & Rec. Dept 46 Church St.

(\$60)

Fee Includes:

5x7 Frame, assorted colored crushed glass, sand, add-ins and decorative embellishments to customize your tree to suit your holiday decor style.



Please join the Branford Parks, Recreation, & Senior Services Dept for our 20 days of giving to support "Feed Branford Kids" during the Holidays! Simple purchase the items on the list, put them in a box and drop it off to our department between Dec. 17th - 19th.

Nov 28: Can of Soup

Nov 29: Pasta

Nov. 30: Can or box of Vegetable Broth

Dec. 1: Can of Vegetables

Dec. 2: Applesauce (unsweetened)

Dec. 3: Mac and Cheese (Annies or Organic)

Dec. 4: Can or box of Chicken Broth

Dec. 5: Jar Pasta Sauce

Dec. 6: Can of Diced Tomatoes

Dec. 7: Can of Chicken

Dec. 8: Oatmeal (Individual Packets)

Dec. 9: Can of Beans

Dec. 10: Bag or Box of Crackers (Goldfish or plain)

Dec. 11: Any type of condiment(s)

Dec. 12: Hot Chocolate Mix

Dec. 13: Box or Bag of Brown Rice

Dec. 14: Jar of Salsa

Dec. 15: Pancake Mix

Dec. 16: Tea Bags

Dec. 17: Cans or Boxes of Juice

# Drop off your box between Dec. 17th-19th

Please purchase low sodium items when available





203-488-8304 (P) BranfordRecreation.org



BranfordRecreation.org

# SAVE THE DATE: UPCOMING EVENTS!







# **WINTER PROGRAMS**

ON THE NEXT SET OF PAGES, CHECKOUT UPCOMING
PROGRAMS THAT YOU CAN SIGN UP FOR TODAY!
PLEASE NOTE EACH PROGRAM'S DAYS & START
TIMES AS SOME ARE LISTED IN 2025 AND SOME
ARE IN 2026!

MORE PROGRAMS STARTING IN 2026 ARE COMING
SOON AND WILL BE ANNOUNCED CLOSER TO THE
NEW YEAR!! REFER TO PAGE 26 TO VIEW A SNEAK
PEEK OF THESE PROGRAMS!

# WINTER RECESS PROGRAMS & HALF DAY OF SCHOOL

The Joseph Trapasso Community House Indoor Gymnasium will have a revised public gym schedule available specifically for Winter Recess (Dec 24-Jan 1).

Check back soon when it becomes available!



# LEGO WORKSHOPS w/ PLAY-WELL TEKnologies-WINTER RECESS

Instructor: Play-Well TEKnologies

Session 1: Winter Wonderland- In this workshop we will apply engineering, architecture, creativity and fun to create a magical Winter Wonderland! Build motorized contraptions like snowmobiles and gondolas, or a hilltop village with slopes for LEGO® skiers and sledders, all with the guidance of an experienced Play-Well instructor.



Session 2: Pokemon Engineering- Calling all Pokemon trainers! With the Pokemon Championship approaching, join our enthusiastic Play-Well Instructors as we build and catch our favorite Pokemon, rescue Pikachu from Team Rocket, take a ride on the S.S. Anne to uncover rare and mystic Pokemon, and battle to see who will hold the title of Pokemon Master. Come along on our journey to catch 'em all! Session 3: Groundhog Day! - This February we will again ask the question; will that most famous of groundhogs, Punxsutawney Phil, see his shadow and doom us to 6 more weeks of winter, or is an early spring just around the corner? With tens of thousands of LEGO® pieces and the guidance of an experienced Play-Well instructor, you'll be able to build your own groundhog and find out for yourself!

DATE:	AGES:	TIME:	FEE:	LOCATION:
Session 1: Monday, Dec. 29th	5 - 9	9:00 AM - 12:00 PM	\$35	Joe Trapasso CH
Session 2: Tuesday, Dec. 30th	5 - 9	9:00 AM - 12:00 PM	\$35	Joe Trapasso CH
Session 3: Tuesday, Feb. 17th	5 - 9	9:00 AM - 12:00 PM	\$35	Joe Trapasso CH

# VOLLEYBALL FUNDAMENTALS & PLAY w/ CT SPORTS NETWORK

Instructor: CT Sports Network

Join us for a fun and action-packed 3-hour volleyball program! In the first half, players will work on mastering their bumps, sets, hits, and serves—

perfect for beginners learning the game or experienced players wanting to enhance

their skillset. Our coaches will guide you through drills and answer any questions along the way to help you play with confidence. Then, we'll wrap up the day with exciting, game-style scrimmages where you can put your new skills to the test and have a blast with your teammates! Players should bring sneakers, water, and knee pads as well.

DATE:	AGES:	TIME:	FEE:	LOCATION:
Friday, Dec. 26th	9 - 11	9:00 AM - 12:00 PM	\$55	Joe Trapasso CH
Monday, Dec. 29th	12 - 14	9:00 AM - 12:00 PM	\$55	Joe Trapasso CH
Tuesday, Feb. 17th	9 - 11	9:00 AM - 12:00 PM	\$55	Joe Trapasso CH

# WINTER RECESS PROGRAMS & HALF DAY OF SCHOOL

# RE/OC ROBOTS w/ MINDS IN MOTION - WINTER RECESS

Instructor: Minds in Motion

Build and take home your very own RE/CO Robot! RE/CO robot is a mechanical off-roading adventure! It comes equipped with an infrared sensor and artificial intelligence. Its ability to be controlled wirelessly, and



its tank-like tracks, make it perfect for rugged conditions! With the wireless remote control added, RE/CO Robot can access new play modes like storytelling, singing, dancing, and even programming. Students can enjoy guiding it over all sorts of terrain or allow the friendly robot to lead the way, using its infrared sensor to find a clear path in patrol mode. For parents who look to get the most out of their children's time, RE/CO Robot is a great all in one package! It combines assembling with 106 pieces, STEM learning with infrared sensors, programming with easy directional commands, and having fun with the freedom of a handy wireless remote control!

DATE: AGES: TIME: FEE: LOCATION:

Mon. Dec. 29th - Tue. Dec. 30th 8 - 12 9:00 AM - 3:00 PM \$195 Joe Trapasso CH

# MY FIRST HOT COCOA STAND w/ SPARK BUSINESS ACADEMY- WINTER RECESS

Instructor: SPARK Business Academy

Learn how to make yummy hot cocoa, and earn money selling it! A hot cocoa stand is a great way to introduce our youngest entrepreneurs to the world of business and is fun! From designing marketing flyers to estimating profits to experimenting with recipes, students have fun while developing business savvy! As a showcase event, students launch their stand as a fundraiser for a charity they select!

DATES:	GRADE:	TIME:	FEE:	LOCATION:
Session 1- Tuesday, Dec. 30th	K - 2	9:00 AM - 3:00 PM	\$125	Joe Trapasso CH
Session 2- Tuesday, Dec. 30th	3 - 5	9:00 AM - 3:00 PM	\$125	Joe Trapasso CH

# LEGO WORKSHOPS W/ PLAY-WELL TEKnologies-HALF DAY OF SCHOOL

Instructor: Play-Well TEKnologies

Session 1: Race Car Engineering- Get ready to race in this exciting LEGO workshop from Play-Well TEKnologies! Learn about transmissions, friction, and other key

concepts that make a racecar go, then build and customize your vehicle to make it the best that it can be. 3-2-1-Go!

Session 2: Mario Day- Let's-a-build! March 10th is officially Mario Day, so it's time to celebrate by bringing our Mario Kart races to LEGO reality. Start by choosing and building your favorite Mario character, then create your unique kart and get ready to race. Discover power-ups and upgrade your kart, just be sure to watch out for those banana peels!

DATE:	AGES:	TIME:	FEE:	LOCATION:
Session 1: Wednesday, Jan. 28th	5 - 9	1:45 - 4:00 PM	\$35	Joe Trapasso CH
Session 2: Wednesday, Mar. 11th	5 - 9	1:45 - 4:00 PM	\$35	Joe Trapasso CH

# **TODDLER WINTER PROGRAMS**

# "STAYING FIT" WINTER RECESS FUN

Instructor: Jillian Temple

Let's get moving!!! Bring your little one to the Joe Trapasso Gymnasium and join in as Personal Trainer Jill Temple leads fun physical activities to get your toddler moving! This program is designed for you and your child to get moving in a fun way! Your children will have a blast as they get their wiggles and giggles out in a fun recess setting.



DATE:	AGES:	TIME:	FEE:	LOCATION:
Session 1: Tue. Jan. 6th - Jan. 27th	1 - 4	11:00 - 11:30 AM	\$50	Joe Trapasso CH
Session 2: Tue. Feb. 3rd - Mar. 3rd*	1 - 4	11:00 - 11:30 AM	\$50	Joe Trapasso CH
Session 3: Tue. Mar. 10th - Mar. 31st	1 - 4	11:00 - 11:30 AM	\$50	Joe Trapasso CH
*skip Feb. 17th				•

# TODDLER AND ME-CREATIVE MOVEMENT:

Instructors: Ms. Paola Rarick & Studio One Staff

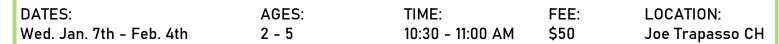
Come join us for a dynamic creative movement class that teaches toddlers the joy of music and dance. The toddlers will be accompanied by an adult. This is a wonderful bonding experience and a great way to introduce our toddlers into new environments. Classes will be held at Studio One, 4 Brushy Plain Road.



DATE:	AGES:	TIME:	FEE:	LOCATION:
Tue. Jan. 6th - Jan. 27th	1.5 - 3	9:30 - 10:00 AM	\$60	Studio One
Tue. Feb. 3rd - Mar. 3rd*	1.5 - 3	9:30 - 10:00 AM	\$60	Studio One
Tue. Mar. 10th - Mar. 31st	1.5 - 3	9:30 - 10:00 AM	\$60	Studio One
*skip Feb. 17th				

### ULTIMATE BALL TIME

Instructor: Led by Parks & Recreation Coaches Vic & Ricky
Come have fun with your child in this informational program where any ball game that you can imagine (soccer balls, nerf balls, kick balls, basketballs, baseballs, golf balls, foam balls, and many more) will be used. Children will learn everything there needs to know about balance, hand eye coordination and teamwork. Parent participation is encouraged.



### **SOCCER SQUIRTS**

Instructor: Led by Parks & Recreation Coaches Vic & Ricky

Led by Parks & Rec Coaches Vic & Ricky, come have fun with your children as they learn basic fundamentals of the game of soccer each week. New drills and activities will be taught each week that will keep players excited and on their toes!



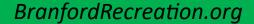


LOCATION:



DATES: AGES: TIME: FEE:

Thu. Jan. 8th - Feb. 5th 2 - 5 11:00 - 11:30 AM \$50 Joe Trapasso CH



# TODDLER WINTER PROGRAMS

# LITTLE LACROSSE STARS

Instructor: Jillian Temple

Led by Coach Jill Temple, your child will experience all the introductory fundamentals of the fun game of Lacrosse. Currently a Division II Lacrosse Coach herself at Southern Connecticut University, Jill is extremely passionate of the game and will strive to emphasize fun, teamwork, and proper hand eye coordination and motor skills of all players in a fun, recess setting. Small lacrosse sticks and bouncy balls will be provided. No additional equipment needed.

DATE: AGES: TIME: FEE: LOCATION:

Fri. Jan. 9th - Jan. 30th 2 - 4 11:00 - 11:30 AM \$50 Joe Trapasso CH

# **OBSTACLE COURSE FUN & GAMES**

Instructor: Led by Parks & Recreation Coaches Vic & Ricky
Each week, come experience a new makeshift obstacle course that will
test your child's gross motor skills and challenge their thinking. This
fun, new program will emphasize teamwork and hand eye
coordination as each child works through cool, little obstacle
challenges. Class will also incorporate small group games at the tail end of class.

DATES: AGES: TIME: FEE: LOCATION:

Wed. Feb. 11th – Mar. 11th 2 – 4 10:30 – 11:00 AM \$50 Joe Trapasso CH

# LITTLE TRACK & FIELD STARS

Instructor: Jillian Temple

Does your child love to move? Try out this class led by Coach Jill Temple! You and your little ones will move (and even run!) alongside Coach Jill. Class will involve various running exercises and games that will get your little ones moving non-stop like a Track & Field star. Burn off that energy in a fun & safe recess setting during the cold Winter months with Coach Jill!

DATE: AGES: TIME: FEE: LOCATION:

Fri. Feb. 6th - Feb. 27th 2 - 4 11:00 - 11:30 AM \$50 Joe Trapasso CH

# YOUTH WINTER PROGRAMS

# BRANFORD ELKS BASKETBALL HOOP SHOOT

Join the Branford Elks & Rec Staff for the Annual Hoops Shoot-Out! Test your shooting skills in this fun challenging event. This is a fun accuracy skilled activity that is fun for all levels of play. Pre-Registration is preferred. On-site registration will be available. Arrive anytime between 12:00-1:30p. See event flyer here!



DATE: AGES: TIME: FEE: LOCATION:

Saturday, Nov. 15th 8 - 13 12:00 PM - 1:30 PM FREE Joe Trapasso CH

# YOUTH COOKIE/CUPCAKE DECORATING WITH CAKES BY CHRISTINA:

Instructor: Christina Cretella from Cakes By Christina

Join Baker Christina Cretella in this fun, hands-on experience baking class where young bakers will learn the art of cookie/cupcake decorating.

Each student will receive all necessary materials for class. To ensure a pleasant and mess-free experience, participants are encouraged to wear clothing suitable for potential kitchen spills. Students can work with their appropriate age groups.

Date: AGES: TIME: FEE: LOCATION:

Thanksgiving Cookies- Saturday, Nov. 15th 8 - 17 11:00 AM - 1:00 PM \$50 Joe Trapasso CH \*Winter Theme- Saturday, Dec. 13th 8 - 17 11:00 AM - 1:30 PM \$55 Joe Trapasso CH

\*each student leaves with a tray of cookies that they'll be making (Grinch Cookies, Christmas M&M Cookies, & Hot Cocoa Cookies)

# **HOLIDAY POTTERY DAYS WITH FIRED UP**

Instructor: Fired Up!

Join Fired Up Pottery for a night of various holiday-themed pottery crafts and create your own piece!



DATE: GRADE: TIME: FEE: LOCATION: Christmas/Hanukkah: Friday, Dec. 19th K - 5 6:00 - 7:30 PM \$30 Joe Trapasso CH

# HOOPS AT THE Q-HOUSE

Led by Parks & Rec Staff, learn basic skills for the game of basketball in a non-traditional way. Participants will have fun running, dribbling, shooting, and more! Please wear sneakers and bring your own water bottle. *DUE TO LIMITED SPACE IN THIS PROGRAM, PLEASE REGISTER FOR ONLY ONE SESSION.* 



DATE: GRADES: TIME: FEE: LOCATION:

Session 1: Tue. Dec. 2nd - Jan. 27th\* K - 1 4:00 - 4:45 PM \$70 Joe Trapasso CH Gym

\*skip Dec. 23rd & 30th

Session 2: Thu. Dec. 4th - Jan. 29th\* K - 1 4:00 - 4:45 PM \$70 Joe Trapasso CH Gym

\*skip Dec. 25th & Jan. 1st

# YOUTH WINTER PROGRAMS

# AFFINITY ESPORTS ONE-DAY WORKSHOPS:

Instructor: Coaches from Affinity E-Sports

Ever wanted to learn more about the World of E-Sports? As a rising industry and with a professional gaming coach from Affinity E-Sports leading the class, students will have the opportunity to join a one-day workshop correlating to a certain e-sports theme! All gaming equipment



will be supplied. Sign up today! Also register for one of their Saturday Night Game Nights at

their Milford Studio in Milford, CT!

Session 3: Gaming and Esports Foundations ft. Fortnite

Teamwork, communication, and leadership skills are taught through Fortnite, with added emphasis on health, wellness, and internet safety.

DATE:	AGES:	TIME:	FEE:	LOCATION:
Session 3: Tuesday, Dec. 16th	7 - 12	4:15 - 7:15 PM	\$45	Joe Trapasso CH
Saturday Game Night- Saturday, Nov. 29th	7 - 15	6:00 - 9:00 PM	\$40	Milford Studio
Saturday Game Night- Saturday, Dec. 6th	7 - 15	6:00 - 9:00 PM	\$40	Milford Studio

# SPARK BUSINESS ACADEMY AFTER SCHOOL **PROGRAMS**

Instructor: SPARK Business Academy

Session 1- Little Shoppers: Do you like to shop until you drop? Join

SPARK Little Shoppers to get your fill at the marketplace! Students partake in experiential bartering and purchasing to internalize key concepts pertaining to money choices, budgeting, and needs versus wants. Students analyze marketing power, put their cashier computing skills to the test, and create their own unique shops to showcase to their peers.

Session 2- Sport Management: For the sports lover, future team General Manager, sports team owner, ESPN analyst or coach, this unique program helps students view the world of sports from a business perspective. Students actively discuss and analyze different topics, including player contracts, mock drafts, college sports, endorsements, the Nike vs. Under Armour competition, the Super Bowl, e-sports and more!

DATES:	GRADE:	TIME:	FEE:	LOCATION:
Session 1– Tue. Jan. 20th - Mar. 3rd*	K - 2	4:15 - 5:15 PM	\$150	Joe Trapasso CH
Session 2– Wed. Jan. 21st - Feb. 25th	3 - 5	4:15 - 5:15 PM	\$150	Joe Trapasso CH
*skip Feb. 17th				



# NEW HAVEN BALLET WINTER PROGRAMS- TODDLER & YOUTH

# NEW HAVEN BALLET

New Haven Ballet is a premier school for classical ballet training throughout Greater New Haven. They have been providing the highest caliber professional classical ballet training and dance education in southern Connecticut for over thirty years.

Students in the Children's Division will develop a love of dance and music through age-appropriate movement classes. The staff welcomes students who want to learn to dance for the sheer joy and pleasure of movement. For more information about the class <u>dress code</u> and <u>hair requirements</u>, please click the links!

### TINY DANCERS:

Through music, rhythm, and imaginative play, children discover the joy of movement while learning the basic positions and posture of classical ballet. This gentle, creative class nurtures coordination, confidence, and focus in a warm, supportive environment, the perfect first step in your child's ballet journey. Session 1 theme is Music & Movement, Session 2 theme is Stories in Motion, and Session 3 theme is Color & Expression.



DATE:	AGES:	TIME:	FEE:	LOCATION:
Session 1: Tue. Jan. 20th – Feb. 24th*	4 - 5	4:45 - 5:30 PM	\$55	Joe Trapasso CH
Session 2: Tue. Mar. 3rd - Mar. 31st	4 - 5	4:45 - 5:30 PM	\$55	Joe Trapasso CH
Session 3: Tue. Apr. 7th – May. 1sth**	4 - 5	4:45 - 5:30 PM	\$55	Joe Trapasso CH
*skip Feb. 17th				·

# **BALLET BEGINNINGS:**

\*\*skip Apr. 7th

\*\*skip Apr. 7th

Young Dancers build a strong foundation in classical ballet technique while continuing to explore musicality, creativity, and expression. This class balances structure with imagination, helping students develop grace, strength, and confidence as they grow in both skill and artistry. Session 1 theme is Foundations & Flow, Session 2 theme is Dance & Imagination, and Session 3 theme is Strength & Grace.



DATE:	GRADE:	TIME:	FEE:	LOCATION:
Session 1: Tue. Jan. 20th – Feb. 24th*	1 - 2	5:30 - 6:15 PM	\$55	Joe Trapasso CH
Session 2: Tue. Mar. 3rd - Mar. 31st	1 - 2	5:30 - 6:15 PM	\$55	Joe Trapasso CH
Session 3: Tue. Apr. 7th – May. 1st**	1 - 2	5:30 - 6:15 PM	\$55	Joe Trapasso CH
*skip Feb. 17th				•

# SPRING PERFORMANCE OPPORTUNITY!

Dancers enrolled in New Haven Ballet's Branford Classes have the exciting opportunity to participate in New Haven Ballet's spring performance at the Shubert Theatre in downtown New Haven.

To be eligible, students must be registered in ALL three sessions of their classes. An audition will be held on Sunday, January 25, 2025, at the New Haven Ballet's main studio in New Haven. Students will attend three mandatory Sunday afternoon rehearsals leading up to the performance, as well as theatre rehearsals during performance week.

The performance takes place at the Shubert Theatre, 247 College Street, New Haven, on Saturday, May 23, 2025, at 1:00 PM. A performance fee includes costume rental and participation in this unforgettable experience. Performing on stage is a wonderful way for young dancers to grow in confidence, teamwork, and joy. We encourage all eligible students to audition!

# YOUTH WINTER PROGRAMS

# LIFEGUARD TRAINING CLASS



# American Red Cross CERTIFIED LIFEGUARD

To register and receive online training materials email rathsacklisak@sbcglobal.net

# CLASS SCHEDULE

# Location: Walsh Intermediate School John O'Connor Pool

- 5:30-8:30 pm, Wed 12/10 & Fri 12/12
- 10 am-1:30 pm, Sat 12/13
- 5:30-8:30 pm, Mon 12/15, Wed 12/17 & Fri 12/19
- 11:30 am-1:30 pm, Sat 12/20

Fee: \$200 (refundable upon successful employment with Branford Park & Rec)

Must be 15 years old by the last day of class, able to complete a sequence including a 200 yard swim and two minute tread w/out hands, and timed brick retriavel from the deep end.

# **ADULT WINTER PROGRAMS**

# ATTITUDE DANCE & FITNESS

Instructor: Robyn Dinatale & Mike Griffin from Attitude Dance & Fitness

Power Barre (Mon.): A total body workout mix of low to no impact movements structured with an element of basic ballet. Combine with light hand-held weights and the result is toned, lean muscle. The ultimate fun fat burner. All levels of experience welcome. Weights are limited, so please come with your own if possible. Bring a mat.



<u>Strength Fusion(Wed.)</u>: This strength training class helps build bone and muscle vital to the aging process and ulilizes various resistance tools including dumbbells, resistance bands and even your own body weight. There's always something different and something for everyBODY! All levels of experience welcome. Weights are limited, so please come with your own if possible. Bring a mat.

<u>Qi-Gong (Mon. or Wed.)</u>: Qigong is an ancient Chinese practice that involves the cultivation and balance of Qi, pronounced (Chee), the body's vital energy. Coordination of body-posture, body movement, breathing, and meditation are involved in this exercise as you improve on your physical and emotional well-being. Register for one day or both days. Class is taught by Mike Griffin.

DATE:	AGES:	TIME:	FEE:	LOCATION:
Power Barre: Mon. Nov. 17th - Dec. 15th	18+	5:45 - 6:45 PM	\$50	Joe Trapasso CH
Strong & Lean: Wed. Nov. 19th - Dec. 17th	18+	5:45 - 6:45 PM	\$50	Joe Trapasso CH
Qi-gong: Mon. Nov. 10th - Dec. 22nd	18+	6:45 - 7:45 PM	\$50	Joe Trapasso CH
Qi-gong: Wed. Nov. 5th - Dec. 17th	18+	6:45 - 7:45 PM	\$50	Joe Trapasso CH

# **AED/CPR SKILLS TRAINING COURSE:**

Instructor: Randy McNamara, Shoreline CPR Services
This AED & CPR skills training course will cover the



techniques to successfully perform CPR in conjunction with the use of an Automated External Defibrillator (AED). Participants will develop the skills necessary to effectively perform CPR & operate an AED in an emergency situation. You could be a life saver for your love ones! This is a perfect learning experience for all to partake in. Please note this is a skills training course!! For those choosing to take this course for Red Cross certification or re-certification, an additional \$30 cost must be paid to the instructor day-of.

DATE: AGES: TIME: FEE: LOCATION: Tuesday Dec. 9th 14+ 6:00 PM - 8:30 PM \$60 Joe Trapasso CH

# **ADULT WINTER PROGRAMS**

# ADULT COOKIE DECORATING W/ CAKES BY CHRISTINA:

Instructor: Christina Cretella from Cakes By Christina

Join Baker Christina Cretella as you learn the art of cookie decorating! This class will teach students how to make royal icing, learn about different consistencies, and learn different techniques of piping. Everyone will get to take home six different cookies and step-by-step instructions on how to decorate them. There will be a different cookie theme each session!



Date:	AGES:	TIME:	FEE:	LOCATION:
<i>Thanksgiving Cookies</i> - Friday, Nov. 14th	18+	6:00 - 8:00 PM	\$60	Joe Trapasso CH
*Winter Cookies- Thursday, Dec. 11th	18+	6:00 - 8:30 PM	\$65	Joe Trapasso CH
*each student leaves with a tray of cookies tha	t thev'll be mak	ing (Italian Anginetti. :	7 Laver Bars.	White Chocolate Cranberry

# STAYING FIT- "DO YOUR BEST TRAINING" SUNRISE WORKDAY WORKOUTS:

Instructor: Jill Temple, Personal Trainer

& thumbprints)

Let's get moving!!! Start your day in the best possible way... exercise classes with Personal Trainer Coach Jill! Indulge in body-weight routines that will challenge, motivate and energize you. Bring a mat and water bottle.



DATE:	AGES:	TIME:	FEE:	LOCATION:
Session 1 : Tue & Thu Dec. 2 – Dec. 23	18+	6:30 - 7:30 AM	\$100	Joe Trapasso CH
Session 2: Tue & Thu Jan. 6 – Jan. 29	18+	6:30 - 7:30 AM	\$100	Joe Trapasso CH
Session 3: Tue & Thu Feb. 3 – Feb. 26*	18+	6:30 - 7:30 AM	\$100	Joe Trapasso CH
Session 4: Tue & Thu Mar. 3 – Mar. 31	18+	6:30 - 7:30 AM	\$100	Joe Trapasso CH
*skip Feb. 17th				

### ADULT BEGINNER PICKLEBALL LESSONS

Instructor: Bill Sadick, PPR Certified Instructor

This class is for those who have limited experience or have never played the game of pickleball. This 4 week class will focus on game rules, understanding the court, scoring, paddle use, dinking, serving and return of serve, transition, third shot drop, blocking the bangers, punch volley and more!



DATE:	AGES:	TIME:	FEE:	LOCATION:
Session 1: Mon. Jan. 7 - Feb. 2nd*	18+	9:30 - 10:30 AM	\$140	Joe Trapasso CH
Session 2: Mon. Feb. 9 - Mar. 9th**	18+	9:30 - 10:30 AM	\$140	Joe Trapasso CH
Session 3: Mon. Mar. 16 - Apr. 6th	18+	9:30 - 10:30 AM	\$140	Joe Trapasso CH
*skip Jan. 19th				•

<sup>\*\*</sup>skip Feb. 16th

# 2025/2026 INDOOR PICKLEBALL MEMBERSHIP

CHOOSE BETWEEN THE FOLLOWING MEMBERSHIPS:

SEASON MEMBERSHIP (\$40): NOV. 10TH - APR. 10TH

MONTHLY MEMBERSHIP (\$12 PER MONTH): NOV./DEC.; JAN.; FEB.; MAR./APR.

MONDAY EVENING PLAY ONLY (\$10): NOV. 10TH - APR. 6TH, 7:45-9:15PM

\*Play offered on Mon afternoons & evenings, Wed mornings, & Fri mornings

\*\*schedule subject to change. View the full gym schedule at BranfordRecreation.org

\*\*\*No Open Play Nov. 11, 27, & 28, Dec. 15, Dec. 23 - Jan. 1, Jan. 19, Feb. 16, No Evening Play During

Annual Bradley/Kinney Basketball Tournament (dates TBD, held in late Feb/early Mar)

Come enjoy playing on three indoor Pickleball Courts at the Joseph Trapasso Community House Gym during the Winter months! Choose your membership based on your availability/interest. All players must scan in upon arrival and follow all gym rules. Space is limited. Join today!

JOSEPH TRAPASSO COMMUNITY HOUSE CYMNASIUM 46 CHURCH ST BRANFORD, CT 06405



You MUST call the office at (203) 488 - 8304 or come in person to claim your membership!



# SNEAK PEEK OF UPCOMING PROGRAMS



# Sneak Peek!



# TODDLER PROGRAMS

- ⇒ STEM Activities
- ⇒ Family Resource Center Play Group
  - ⇒ Additional Studio One Classes
    - ⇒ Swim Lessons

# YOUTH PROGRAMS

- ⇒ Chef Mary Cooking Classes
  - ⇒ Enrichment Programs
    - ⇒ Esports
    - ⇒ Kids Zone Nights
  - ⇒ Legacy Theatre Classes
    - ⇒ Swim Lessons
    - ⇒ WS Tidal Waves

# ADULT PROGRAMS

- ⇒ *Aquacise*
- ⇒ Attitude Dance & Fitness
- ⇒ Chef Mary Adult Unified Cooking Class
  - ⇒ Mahjong Lessons & Players Club
    - ⇒ Swim Lessons
    - ⇒ Sunrise Workout
      - ⇒ Yoga

# BUS TRIPS FOR ALL AGES! STAY TUNED!

BranfordRecreation.org

# WIS POOL SCHEDULE





# WALSH INTERMEDIATE SCHOOL POOL FALL SCHEDULE Sept. 8th, 2025 - Dec. 20th, 2025

To access the pool, please park in the rear of the building and enter through Door 157. You can access the pool and locker rooms from this hallway. Branford Residents Only.

MONDAYS:	6:30p-8:30p	PUBLIC SWIM - Adults Only (18+)- 2 Lap Lanes only
	6:30p-7:30p	Learn to Swim Classes (pre-registration required)
	7:30p-8:30p	Aquacise Classes (pre-registration is required)
TUESDAYS:	6:30a -7:30a*	Morning Adult Swim Only (18+)
		*you must be out of the building by 7:45 a.m.
	6:30p-8:30p	PUBLIC SWIM – Adults Only (18+)- 2 Lap Lanes only
	6:30p-7:30p	Sunfish Swim Club (pre-registration required)
WEDNESDAYS:	6:30p-7:30p	PUBLIC SWIM – All Ages
	6:30p-7:30p	Learn to Swim Classes (pre-registration required)
	7:30p-8:30p	PUBLIC SWIM - Adults Only (18+)- 2 Lap Lanes only
	7:30p-8:30p	Aquacise Classes (pre-registration is required)
THURSDAYS:	6:30a -7:30a*	Morning Adult Swim Only (18+)
		*you must be out of the building by 7:45am
	6:30p-7:30p	Sunfish Swim Club (pre-registration required)
	6:30p-8:30p	PUBLIC SWIM – Adults Only (18+)- 2 Lap Lanes only
	6:30p-8:30p	Adult/Teen Swim Lessons (pre-registration required)
FRIDAYS:	6:30p-8:30p	PUBLIC SWIM – All Ages
SATURDAYS:	10:00a-11:30a	PUBLIC SWIM – Adults Only (18+)- 2 Lap Lanes only
	10:00a-12:05p	Learn to Swim Classes (pre-registration required)
	11:30a-1:30p	PUBLIC SWIM – All Ages

SCHEDULED POOL CLOSINGS: (Subject to change) Sept. 11 (PM swim only), Oct. 13, Nov. 4, Nov. 26-29

\*\*ADDITIONAL CLOSINGS MAY OCCUR FOR SCHOOL FUNCTIONS, STAFFING ISSUES AND WEATHER CONDITIONS\*\*

Last revised 8-26-2025

# JOE TRAPASSO INDOOR GYM SCHEDULE

OCTOBER 20th - DECEMBER 22nd, 2025



# JOE TRAPASSO GYM SCHEDULE

MONDAYS: 8:30a - 9:30a (starts Nov. 10)

9:30a - 11:30a

5:15p - 7:30p

11:45a - 1:45p (starts Nov. 10) \*2:00p - 3:30p (starts Nov. 10)

3:30p - 5:15p

\*7:45p - 9:15p (starts Nov. 10)

TUESDAYS: 6:30a - 7:30a

8:30a - 10:45a (starts Nov. 18)

11:00a - 12:30p 12:30p - 2:30p 3:30p - 5:15p 5:15p - 9:00p

WEDNESDAYS: 8:30a - 9:30a (starts Nov. 12)

10:30a - 11:15a

\* 11:30a - 1:30p (starts Nov. 12)

3:30p - 5:15p 5:15p - 6:15p 6:15p - 9:00p

THURSDAYS: 6:30a - 7:30a

8:30a - 10:45a (starts Nov. 13)

11:00a - 12:30p 12:30p - 2:30p 3:30p - 5:15p 5:15p - 9:00p

FRIDAYS: \*8:30a - 10:30a (starts Nov. 14)

11:00a - 12:30p

1:00p - 2:30p (starts Nov. 14)

3:30p - 5:15p 5:15p - 9:00p

SATURDAYS: 8:00a - 7:30p (\*starts Dec. 6)

1:00p - 3:00p (ends Nov. 22) 3:00p - 5:00p (ends Nov. 22) 5:00p - 7:00p (ends Nov. 22) 7:00p - 9:00p (ends Nov. 22) Canoe Brook Senior Activities
Parks & Recreation Programming
Canoe Brook Senior Activities

\*Adult Open Pickleball Courts

Afterschool Activities
Branford Youth Basketball
\*Adult Open Pickleball Courts

Parks & Recreation Programming

Canoe Brook Senior Activities
Parks & Recreation Programming
Lunchtime Basketball- Adults 18+

Afterschool Activities Branford Youth Basketball

Canoe Brook Senior Activities

Parks & Recreation Programming
\*Adult Open Pickleball Courts

Afterschool Activities Branford Youth Basketball

Parks & Recreation-Men's Basketball League

Parks & Recreation Programming Canoe Brook Senior Activities

Parks & Recreation Programming Lunchtime Basketball-Adults 18+

Afterschool Activities Branford Youth Basketball

\*Adult Open Pickleball Courts

Parks & Recreation Programming Canne Brook Senior Activities

Afterschool Activities

Branford Youth Basketball

Parks & Recreation Programming/\* BFD JR Basketball

Open Play Basketball Courts – Grades K-4 Open Play Basketball Courts – Grades 5-8 Open Play Basketball Courts – Grades 9-12 Open Play Basketball Courts – Adults 18+

\*Branford Residents Only: Indoor Membership Required

revised 10-15-25

SCHEDULE: SUBJECT TO CHANGE | BRANFORD RESIDENTS ONLY

# **GIFT CARDS**

# BRANFORD PARKS, RECRETION, & SENIOR SERVICES DEPTMENT

# GIFT Cards

Gift Cards make the best gift!

\$25, \$30, or \$50 - VALUES-



203-488-8304 recreation@branford-ct.gov BranfordRecreation.org

Gift a family member, friend, neighbor, coworker, or anyone else a Branford Parks, Recreation, & Senior Services Gift Card this Holiday Season! Choose between a \$25, \$30, or \$50 value. Gift Cards can be applied towards our programs or events (excludes party/room rentals). Visit our website or call the office today to get yours!

# SAVE THE DATE! SUMMER CAMP REGISTRATION!













# SUMMER CAMPS 2026

# Registration Begins March 2nd

camp dates to be announced

Payment Plans & Limited Scholarships Available

LITTLE EXPLORERS CAMP! Ages 4-5
SUMMER PLAYGROUND CAMP! Ages 5-12

SHORELINE THEATER CO. YOUTH CAMP! Grades 3-9

TEEN TRAVEL CAMP! Ages 11-14







VISIT BRANFORDRECREATION.ORG OR CALL 203-488-8304 FOR MORE INFORMATION!

# WALK THE BRANFORD TRAILS

Join us for hikes in town and out of town and enjoy the great outdoors, socialization, exercise and more! Walks meet every Friday at 8:45 AM and hiking starts at 9:00 AM from the site locations.

Please check the Parks, Recreation, & Senior Services website for updated monthly schedules or call the office (203-488-8304)

Questions about individual hikes should be addressed to the group leader when you arrive.

For more information visit the our website or call the office.

Website: BranfordRecreation.org

Office: 203-488-8304



# **BRANFORD YOUTH SPORTS & CLUBS CONTACTS**



Branford Little League Tony Colagiovanni Email: tonycolagiovani008@gmail.com Website: branfordlittleleague.net

Contact #: 203-627-8797



Branford Girls Softball

Dave Falcigno

Email: davidfalcigno@gmail.com

Website: www.branfordgirlssoftball.sportssignup.com



Contact #: 203-627-1424

Branford Youth Cheerleading Katy Gomes

Email: byccoordinator@gmail.com
Website: www.gomotionapp.com/team/vtbyc/page/home



Branford Soccer
Katie Buckley
Email: president@branfordsoccer.org
Website: www.branfordsoccer.org
Contact #: 203-500-0953



Cub Scouts/Scouts BSA (Boys & Girls Troop)
Crystal & Michael Loffredo
Email:scoutmaster@troop633ct.org
Website: www.pack633ct.org / www.troop633ct.org



Branford Youth Lacrosse
Erica Palmer
Email: erica.palmer6@gmail.com
Website: www.branfordyouthlax.com
Contact #: (203) 464-5395



Jr. Hornets Baseball
Don Lawrence
Email: dlawrence06@snet.net
Contact #: 203-804-5029



Flag Football
Dave Malick
Email: dave@cleancutlandscaping.com
Website: www.branfordyouthfootball.org
Contact #: 203-410-5680



Youth Football
Dave Malick
Email: dave@cleancutlandscaping.com
Website: www.branfordyouthfootball.org
Contact #: 203-410-5680



Junior/Travel Basketball
Jennifer Orlando
Email: info@branfordbasketball.com
Website: www.branfordbasketball.com







