

A photograph of the Branford Community House building, a two-story brick structure with large glass windows and a covered entrance. The building is framed by a decorative border of colorful autumn leaves in shades of orange, yellow, and red.

COMMUNITY HOUSE

BRANFORD PARKS & RECREATION

2024 FALL PROGRAMS & EVENTS BROCHURE

WHERE THE BENEFITS ARE ENDLESS!

REGISTER TODAY AT
BRANFORDRECREATION.ORG

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@Branford Parks
& Recreation
Department



@branfordparksandrecreation

(203) 488-8304
recreation@branford-ct.gov





Office Hours: Monday thru Friday
8:00 AM—4:30 PM

Address: 46 Church Street
Branford, CT. 06405

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REFUND POLICY

The following refund policy is in effect:

- ◆ If a program/activity is cancelled by the Parks & Recreation Dept. a full refund will be issued.
- ◆ To avoid classes being cancelled at the last minute due to insufficient enrollment & in order to accommodate waitlist, refund request must be made no later than five (5) business days before the program begins
- ◆ Refunds are generally not given once a program has begun, however in the event of injury or illness, a refund request will be considered if accompanied by a doctor's note. No refunds on tickets, trips or pool passes.
- ◆ Absolutely no refunds will be given for any unused portion of a program/activity.
- ◆ All refunds are subject to a \$10.00 processing fee.
- ◆ When a program/activity is run by a third party vendor, no refunds will be given after 5 business days prior to the start of the program/activity.
- ◆ All refunds are issued back in the original payment format, except cash.

WEATHER

If Branford Public Schools are cancelled or dismissed early, all Parks and Recreation programs and activities will be cancelled. If schools have a delay opening, programs will continue as scheduled, except for programs starting prior to 10:00 AM. Please Note: If the BOE cancels their evening activities, it will be at the discretion of our Department to keep evening programs on as scheduled. For the most up to date information, please visit our website or call the office.

Registration & Department Information

Information in this brochure will continually be updated as additional information becomes available. Please check our website for updates or call the office at 203-488-8304.

Safety is our #1 priority. Guidelines have been put in place for each program with the safety of staff and program participants in mind. We ask that you adhere to all guidelines for our programs and activities.

How to Register

You can register by phone, in-person or on-line. Need help creating an account? Call the office at 203-488-8304 or visit us on-line at www.branfordrecreation.org and click on "Create an Account."

Registration Payment

Forms of payment: Cash, Check or Credit Card. VISA & Mastercard are accepted on-line, by mail and in-person. Cash payments are only accepted during office hours. If paying by check, please make checks or money orders payable to "Treasurer, Town of Branford. A \$20 fee will be assessed for returned checks. A non-resident fee may apply.

All programming will follow State of CT Executive Orders, Local and Town as well as East Shore District Health Department for guidelines and protocols related to COVID-19. Please see your receipt/ attachments for additional COVID-19 guidelines about each program.

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FOR MORE INFORMATION
SCAN WITH YOUR SMART PHONE



Branford Parks & Recreation Closings

Monday	Sept. 2nd	Labor Day
Monday	Oct. 14th	Columbus Day
Friday	Nov. 11th	Veterans Day
Thursday	Nov. 28th	Thanksgiving Day
Friday	Nov. 29th	Thanksgiving Holiday
Tuesday	Dec. 24th *	Christmas Eve
Wednesday	Dec. 25th	Christmas Day
Tuesday	Dec. 31st *	New Year's Eve
Wednesday	Jan. 1st	New Year's Day

*office closes at noon (12pm)

"SMOKE FREE POLICY":

"Smoking is prohibited at all properties under the control of the Branford Parks and Recreation Dept. at all times, including but not limited to: buildings, grounds, entrances, sidewalks, parking lots and beaches. Smoking is defined as the use of cigarettes, pipes, cigars and other devices that produce smoke including electronic cigarettes and water pipes."

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TODDLER PROGRAMS

T-BALL FUN:

Instructor: Led by Parks & Recreation Coaches Vic & Ricky

This program is designed to introduce toddlers to the fundamentals of baseball with guardians by their side. Fun drills of running, hitting the ball off a tee, throwing, catching, and much more!



DATE:	AGES:	TIME:	FEE:	LOCATION:
Mon. Sept. 9th - Oct. 7th	3 - 5	11:00 - 11:30 AM	\$50	Hammer Field

TODDLER RECESS PROGRAM:

Instructor: Jillian Temple, Personal Trainer

Let's get moving!!! Bring your little one to the Joe Trapasso Gymnasium and join in as Personal Trainer Jill Temple leads fun physical activities to get your toddler moving! This program is designed for you and your child to get moving in a fun way! Your children will have a blast as they get their wiggles and giggles out in a fun recess setting.



DATE:	AGES:	TIME:	FEE:	LOCATION:
Tue. Sept. 10th - Oct. 8th	1 - 4	11:00 - 11:30 AM	\$50	Hammer Field/Joe Trapasso CH
Tue. Oct. 15th - Nov. 12th*	1 - 4	11:00 - 11:30 AM	\$50	Hammer Field/Joe Trapasso CH
<i>*skip Nov. 5th</i>				
Tue. Nov. 19th - Dec. 10th	1 - 4	11:00 - 11:30 AM	\$50	Hammer Field/Joe Trapasso CH

TODDLER AND ME-CREATIVE MOVEMENT:

Instructors: Ms. Paola Rarick & Studio One Staff

Come join us for a dynamic creative movement class that teaches toddlers the joy of music and dance. The toddlers will be accompanied by an adult. This is a wonderful bonding experience and a great way to introduce our toddlers into new environments. Classes will be held at Studio One, 4 Brushy Plain Road.



DATE:	AGES:	TIME:	FEE:	LOCATION:
Tue. Sept. 10th - Oct. 1st	1.5 - 3	9:30 - 10:00 AM	\$60	Studio One
Tue. Oct. 8th - Oct. 29th	1.5 - 3	9:30 - 10:00 AM	\$60	Studio One
Tue. Nov. 5th - Nov. 26th	1.5 - 3	9:30 - 10:00 AM	\$60	Studio One

PARK & PLAYGROUND PLAY DAY:

Instructor: Led by Parks & Recreation Coaches Vic & Ricky

How many parks in Branford have you been to? Join Coach Vic & Ricky in this five week program where each week you and your toddlers will experience a new park and playground around town!



Different field games and playground games will be instructed at each park in a fun, organized, recess setting as your child develops on their social and motor skills. Pack a lunch so you can hang out in the park with your child after class! Parks to be visited in order (subject to change) are: Parker Park, Bayview Park, Foote Park, Veteran's Park, and Hammer Field.

DATE:	AGES:	TIME:	FEE:	LOCATION:
Wed. Sept. 11th - Oct. 9th	2 - 5	11:00 - 11:30 AM	\$50	See Above

TODDLER PROGRAMS

ULTIMATE BALL TIME:

Instructor: Led by Parks & Recreation Coaches Vic & Ricky

Come have fun with your child in this informational program where any ball game that you can imagine (soccer balls, nerf balls, kick balls, basketballs, baseballs, golf balls, foam balls, and many more) will be used. Children will learn everything there needs to know about balance, hand eye coordination and teamwork. Parent participation is encouraged.



DATE:	AGES:	TIME:	FEE:	LOCATION:
Wed. Oct. 16th - Nov. 13th	2 - 5	11:00 - 11:30 AM	\$50	Hammer Field

PRE-SCHOOL SOCCER SQUIRTS:

Instructor: Led by Parks & Recreation Coaches Vic & Ricky

Calling all adults and children ages three to five... join Coach Vic and Ricky and show off your soccer moves! Basic running, jumping, passing and additional soccer skills will be taught. Parent participation is required.



DATE:	AGES:	TIME:	FEE:	LOCATION:
Thu. Oct. 17th - Nov. 14th	2 - 5	11:00 - 11:30 AM	\$50	Hammer Field

INTRO TO SOCCER:

Instructor: Victory Soccer

Instructed by the popular coaches from Victory Soccer, this program is a fun introductory class to soccer where coaches will strive to incorporate "Adventure Soccer" to all little, future soccer stars. This consists of fun soccer themed activities, fun games and storytelling. Parent participation is encouraged! Check out more about Victory Soccer [here!](#)



DATE:	AGES:	TIME:	FEE:	LOCATION:
Sun. Sept. 15th - Oct. 27th* <i>*skip Oct. 13rd</i>	2 - 5	10:00 - 10:45 AM	\$100	Veteran's Park

STUDIO ONE TODDLER TUMBLING & ACROBATICS:

Instructors: Ms. Paola Rarick & Studio One Staff

Come join us for a dynamic acrobatics and tumbling class! Classes area for students who want to learn tumbling skills and a wonderful way to enhance your dance with a tumbling tricks and techniques.



DATE:	AGES:	TIME:	FEE:	LOCATION:
Fri. Sept. 20th - Oct. 18th	3 - 6	5:00 - 5:45 PM	\$75	Studio One



**SWIM LESSONS
LOCATED ON PAGE 12**



YOUTH PROGRAMS

MUNCHKIN TENNIS LESSONS:

Instructor: BHS Boys Tennis Coach, Paul Gagliardi

Participants will learn the basics of the game of tennis, through a variety of fun, skill building activities. Children will learn the fundamental stroke production and the ABS's (Agility, balance and coordination) of tennis. Participants should bring a water bottle and have their own tennis racquet.



DATE:	AGES:	TIME:	FEE:	LOCATION:
Sat. Sept. 14th - Oct. 12th	4 - 6	9:00 - 9:45 AM	\$95	BHS Courts

JUNIOR CHILDREN'S TENNIS LESSONS:

Instructor: BHS Boys Tennis Coach, Paul Gagliardi

Participants will learn the forehand, backhand, serve and volley with drills, fun games, and game situations. Scoring, strategy and match play for singles and doubles will be incorporated. Participants should bring a water bottle and have their own tennis racquet.

DATE:	AGES:	TIME:	FEE:	LOCATION:
Sat. Sept. 14th - Oct. 12th	7 - 8	9:45 - 10:45 AM	\$110	BHS Courts

JUNIOR DEVELOPMENT:

Instructor: BHS Boys Tennis Coach, Paul Gagliardi

Program is open for all skill level players who want to learn or continue to develop on how to serve, keep score, and play a match. Participants should bring a water bottle and have their own tennis racquet.

DATE:	AGES:	TIME:	FEE:	LOCATION:
Mon. Sept. 16th - Oct. 14th	9 - 13	5:00 - 6:00 PM	\$110	Foot Park Clay Courts
Sat. Sept. 21st - Oct. 19th	9 - 13	10:45 - 11:45 AM	\$110	BHS Courts

LEGO ADVENTURES W/ PLAY-WELL TEKNOLOGIES:

Instructor: Play-Well TEKologies

Let your imagination run wild with tens of thousands of LEGO® parts! Build engineer-designed projects and use special pieces to create your own unique designs! Projects are rotated seasonally to ensure that both new and returning students can explore the endless creative possibilities of the LEGO® building system.



DATE:	AGES:	TIME:	FEE:	LOCATION:
Session 1: Wed. Sept. 18th - Oct. 23rd	5 - 9	4:00 - 5:00 PM	\$140	Joe Trapasso CH
Session 2: Wed. Oct. 30th - Dec. 11th*	5 - 9	4:00 - 5:00 PM	\$140	Joe Trapasso CH

*skip Nov. 27th

WIZARDS SCHOOL OF MAGIC & 1/2 DAY FUN DAY

Instructor: Tom O'Brien & Parks and Recreation Staff

Join us on the 1/2 days from school! The first half of this day participants will learn 3 magic tricks in a fun and safe way from a professional magician. Each class will teach a new set of tricks! Participants will receive a magic kit containing the props necessary to perform what they learned. Then, spend time with Parks and Rec staff to practice your magic further or participate in a variety of group games.



DATE:	GRADES:	TIME:	FEE:	LOCATION:
Wednesday Sept 25th	1st - 5th	2:00 - 4:00 PM	\$45	Joe Trapasso CH
Wednesday Oct. 30th	1st - 5th	2:00 - 4:00 PM	\$45	Joe Trapasso CH
Wednesday Dec. 11th	1st - 5th	2:00 - 4:00 PM	\$45	Joe Trapasso CH

YOUTH PROGRAMS

MARY'S CULINARY KIDS COOKING CLASSES:

Instructor: Chef Mary

Put your aprons on and learn some culinary skills while you make a delicious meal. Join Mary in the kitchen for a unique, hands-on culinary experience that will engage children in creating delicious dinners and desserts. Participants will explore, create, and learn basic cooking techniques! Class size is limited.



DATE:	AGES:	TIME:	FEE:	LOCATION:
Session 1: Monday Sept. 16th <i>Back-To-School Celebration Fried Dough & Brownies</i>	6 - 13	4:30 - 6:30 PM	\$40	Joe Trapasso CH
Session 2: Monday Oct. 7th <i>Honey Garlic Glazed Pork Tenderloin & Blueberry Ghost Hand Pies</i>	6 - 13	4:30 - 6:30 PM	\$40	Joe Trapasso CH
Session 3: Monday Nov. 25th <i>Cream Cheese Penne & Chocolate Turkey Truffles</i>	6 - 13	4:30 - 6:30 PM	\$40	Joe Trapasso CH
Session 4: Monday Dec. 9th <i>Santa Pizza & Whoville Cupcakes</i>	6 - 13	4:30 - 6:30 PM	\$40	Joe Trapasso CH

SUNFISH SWIM CLUB:

Instructor: Sally Noel, BHS Girls Swim Coach

The sunfish swim club is a good introduction to a swim team environment that includes teaching and refining the different strokes, fundamentals of flip turns, dives, and the cooperation of a swim practice all while having fun! Participants must be able to swim at least one lengths of the pool freestyle & backstroke.



DATE:	GRADES:	TIME:	FEE:	LOCATION:
Sat. Sept. 21st - Dec. 14th* <i>*skip Oct. 5th, 12th, 26th, Nov. 9th & 30th</i>	3rd - 8th	10:20 - 11:20 AM	\$85	WIS Pool

SPRINGBOARD DIVING LESSONS:

Instructor: Stephen Ferreira, Former Diver and Lehigh Men's Diving Coach

Are you looking for a fun and exciting way for your child to learn the fundamentals of springboard diving? Our class is designed to introduce kids to the sport of diving in a fun and safe environment. Begin or continue your springboard diving journey by choosing a certain class level. This diving programs welcomes all skill levels as we aim to teach introductory dives and advance participants based on ability. Sign up for the level you think you're comfortable at. However, participants should be able to swim the length of the pool unassisted for either level.



DATE:	AGES:	TIME:	FEE:	LOCATION:
<u>Beginners:</u>				
Sat. Oct. 5th - Nov. 23rd*	8 - 18	11:00 - 12:15 PM	\$110	WIS Pool
Mon. Oct. 7th - Nov. 18th**	8 - 18	6:30 - 7:15 PM	\$110	WIS Pool
<u>Advanced:</u>				
Sat. Oct. 5th - Nov. 23rd*	8 - 18	12:15 - 1:00 PM	\$110	WIS Pool
Mon. Oct. 7th - Nov. 18th**	8 - 18	7:15 - 8:00 PM	\$110	WIS Pool
<i>*skip Sat. Oct. 12th, 26th & Nov. 9th</i>				
<i>**skip Mon. Oct. 14th & Nov. 4th</i>				

YOUTH PROGRAMS

MARTIAL ARTS FOR BEGINNERS:

Instructor: Master Donte Branch, Victory Martial Arts Academy
Join Master Donte Branch in this after school beginner martial arts class designed for students to gain physical benefits of strength, flexibility, & improve their cardiovascular capacity while teaching life skills, modifying behavior, and reinforcing character development.



DATE: Fridays, Oct. 4th - Nov. 15th* <i>*skip Oct. 11th</i>	GRADES: 1 - 5	TIME: 4:30 - 5:30 PM	FEE: \$95	LOCATION: Joe Trapasso CH
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TAYLOR SWIFT THEMED CUPCAKE DECORATING WITH THE BRITISH BAKER:

Instructor: Alison Luciano, The British Baker
The British baker from the Great British Cupcake LLC is back to teach students how to make these fun Taylor Swift inspired cupcakes. Taylor's songs will play in the class so 'swifties' can sing along as they create these fun cupcakes. All students leave with their own 6 cupcakes in a cupcake carrier. All supplies are included.



DATE: Saturday Oct. 12th	AGES: 6 - 16	TIME: 2:00 - 4:00 PM	FEE: \$50	LOCATION: Joe Trapasso CH
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HOLIDAY POTTERY DAYS WITH FIRED UP:

Instructor: Fired Up!
Join Fired Up Pottery for a night of various holiday-themed pottery crafts and create your own piece!



DATE: Halloween: Wednesday Oct. 23rd Thanksgiving: Wednesday Nov. 20th Christmas/Hanukkah: Tuesday Dec. 10th	GRADE: K - 5 K - 5 K - 5	TIME: 6:00 - 7:30 PM 6:00 - 7:30 PM 6:00 - 7:30 PM	FEE: \$32 \$32 \$32	LOCATION: Joe Trapasso CH Joe Trapasso CH Joe Trapasso CH
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HOOPS AT THE Q-HOUSE:

Led by Parks & Rec Staff, learn basic skills for the game of basketball in a non-traditional way. Participants will have fun running, dribbling, shooting, and more! Please wear sneakers and bring your own water bottle. *DUE TO LIMITED SPACE IN THIS PROGRAM, PLEASE REGISTER FOR ONLY ONE SESSION.*



DATE: Session 1: Tue. Dec. 3rd - Jan. 21st* <i>*skip Dec. 24th & 31st</i> Session 2: Thu. Dec. 5th - Jan. 16th* <i>*skip Dec. 24th</i>	GRADES: K - 1 K - 1	TIME: 4:00 - 4:45 PM 4:00 - 4:45 PM	FEE: \$60 \$60	LOCATION: Joe Trapasso Gym Joe Trapasso Gym
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YOUTH PROGRAMS



Join Re-Loved Designs
Craft Classroom

Tree Ornament Workshop

At Branford Parks & Rec. Department

Wed. Dec. 11th
10am-12pm or 6-8pm
\$30 per person

Join us for a festive ornament workshop where you'll create an adorable collection of tree-themed ornaments. All materials are included, with a variety of embellishments to customize each piece to match your holiday style. Make 6 trees.

This class is open to both kids (ages 10 & up) and adults, making it the perfect creative experience for all ages.



BranfordRecreation.org

YOUTH PROGRAMS

Branford Parks & Recreation



DATES:

Friday Nights!

Sept. 27th

Oct. 25th

Nov. 22nd

Dec. 13th

*Adults...Enjoy a night out to yourselves while we take care of your children! Your child will enjoy a night of entertainment, refreshments, arts & crafts, games, movies and more!!!
Open to Residents only!*



Grades:
K thru 4th

Time:
5:30p-8:30p

Fee:
\$30
per night/per child

Pre-registration is required. Space is limited!

BranfordRecreation.org

TODDLER & YOUTH PROGRAMS - NEW HAVEN BALLET

CREATIVE BALLET 1 & 2:

For students entering pre-kindergarten and kindergarten in the Fall of 2024. Creative Ballet promotes the development of a child's natural creativity, focusing on motor skill development and musical awareness. Students are encouraged to discover the joy of movement while building the basic foundation for classical dance. Students with excellent attendance can audition and perform in *The Nutcracker* and Spring Performances at the Shubert Theatre.

DATE:	AGES:	TIME:	FEE:	LOCATION:
Tue. Aug. 27th - Jan. 14th	4 - 5	4:45 - 5:30 PM	\$434	Joe Trapasso CH

(Payment Plans Available)

PRE-BALLET & PRIMARY BALLET:

For students entering 1st and 2nd grade in the Fall of 2024. Pre-Ballet and Primary offer an exciting introduction to more formal classical ballet training. Using age-appropriate movement, basic ballet vocabulary is introduced and the foundation of excellent technique is established, fostering each child's technical and artistic growth and progress. Students with excellent attendance can audition and perform in *The Nutcracker* and Spring Performances at the Shubert Theatre.

DATE:	AGES:	TIME:	FEE:	LOCATION:
Tue. Aug. 27th - Jan. 14th	6 - 8	5:30 - 6:15 PM	\$459	Joe Trapasso CH

(Payment Plans Available)

LEVEL 1 BALLET:

Students entering 3rd grade in the Fall of 2024 or those new to classical training begin formalized ballet in Level 1. New Haven Ballet's grade curriculum allows students to expand their vocabulary and mastery of steps and promotes the development of a clean and strong classical technique. Students learn correct body placement and alignment, port de bras, and develop foot and leg strength and lines. This emphasis on strong techniques is a necessary component and the foundation for all dance genres. Students with excellent attendance can audition and perform in *The Nutcracker* and Spring Performances at the Shubert Theatre.

DATE:	AGES:	TIME:	FEE:	LOCATION:
Tue. Aug. 27th - Jan. 14th	9 - 11	6:15 - 7:30 PM	\$613	Joe Trapasso CH

(Payment Plans Available)



BranfordRecreation.org

TODDLER & YOUTH PROGRAMS - LEGACY THEATRE

We are excited to partner with Legacy Theatre to offer many opportunities for the community to expand your creative arts and theatre experiences. PLEASE NOTE: The last two classes of each below session will be held at Legacy Theatre, which includes a showcase on the final day! Join a class today!



INTRO TO TODDLER TIME! & TODDLER TIME!:

Instructor: Chelsea Dacey and Nick Fetherston

Sing and dance! Each week will explore a new theme - Princesses and Princes, Pajama Week, Rainbow Day, etc. Class will include singing and dancing with ribbons, learning pitch and notes, sing-a-longs, and make believe games perfect for your toddler. The last two classes will be held at Legacy Theatre!

DATE:	AGES:	TIME:	FEE:	LOCATION:
Intro to Toddler Time: Sat. Oct. 19th - Dec. 7th*	2 - 3	9:30 - 10:00 AM	\$140	Joe Trapasso CH
Toddler Time: Sat. Oct. 19th - Dec. 7th*	4 - 5	10:00 - 10:45 AM	\$150	Joe Trapasso CH

**skip Nov. 30th*

ELEMENTARY THEATRE:

Instructor: Chelsea Dacey and Nick Fetherston

For elementary school ages, this theatre class is for those beginning or looking to hone their theatre craft. Each week will explore a different theme of musical theatre perfect for those learning to explore the stage from singing, movement, acting and improvisation. Week themes include Singing, Acting, Dancing, and Improv. No prior experience needed.

DATE:	GRADES:	TIME:	FEE:	LOCATION:
Sat. Oct. 19th - Dec. 7th*	K - 2nd	10:45 - 11:30 AM	\$150	Joe Trapasso CH
Sat. Oct. 19th - Dec. 7th*	2nd - 4th	11:30 AM - 12:15 PM	\$150	Joe Trapasso CH

**skip Nov. 30th*

MUSICAL THEATRE DANCE:

Instructors: Chelsea Dacey

Students will dive into musical theatre songs and explore how to connect to their songs in meaningful ways.

DATE:	GRADES:	TIME:	FEE:	LOCATION:
Sat. Oct. 19th - Dec. 7th*	2nd - 6th	12:15 - 1:00 PM	\$150	Joe Trapasso CH

**skip Nov. 30th*

INTRO TO IMPROV FOR MIDDLE SCHOOLERS/HIGH SCHOOLERS:

Instructors: Nick Fetherston

Enter the exciting world of improv with this introductory class! Engage in fun exercises and scenes to explore self-expression and build confidence on stage. Great for beginners!

DATE:	GRADES:	TIME:	FEE:	LOCATION:
Sat. Oct. 19th - Dec. 7th*	5th - 12th	12:30 - 1:30 PM	\$160	Joe Trapasso CH

**skip Nov. 30th*

TODDLER & YOUTH PROGRAMS - SWIM LESSONS



American Red Cross

We offer swim lessons through our “Learn to Swim Program” taught by American Red Cross certified staff. We believe that all participants need basic aquatic safety and swimming skills. Classes are held at the Walsh Intermediate School, 185 Damascus Road, Branford.

Please make sure that you park in the parking lot (not in any NO PARKING ZONES) and enter through Door 157. Classes include water safety topics, basic water skills and stroke techniques. The prerequisite for each level is successful demonstration of the skills from the preceding level. If there is a wrong enrollment, every effort will be made to transfer into the appropriate level depending on space.

PARENT-INFANT/TODDLER SWIM LESSONS: 6mos. - 3yrs.

Children will be introduced to the water and encouraged to feel comfortable through water play, songs & games. Classes are designed to familiarize the child with the water and prepare them for Preschool Aquatics levels as they age up. Classes are not designed to teach them to swim or to survive in the water. A parent must be in the water with their child. (Class is 20 mins.)

PRESCHOOL AQUATICS SWIM LESSONS: 4 & 5 years old

Preschoolers will be oriented to the aquatic environment while building upon basic aquatic skills and being safe around the water. (Class is 20 mins.)

LEVEL 1 - INTRODUCTION TO WATER SKILLS: 6 YEARS & UP

Students will begin to develop self confidence, good swimming habits & learn safe practices in and around the water.

LEVEL 2 - FUNDAMENTAL AQUATICS: 6 YEARS & UP

Must have completed Level 1. Participants gain success with fundamental skills, including learning how to float without support and to recover to a vertical position.

LEVEL 3 - STROKE DEVELOPMENT: 6 YEARS & UP

Must have completed Level 2. Through additional guided practice and building on previous skills, this level will help improve swimming skills in deeper water.

LEVEL 4 - STROKE REFINEMENT : 6 YEARS & UP

Must have completed Level 3. Through additional guided practice and building on previous skills, this level will help improve swimming skills in deeper water.

MONDAYS \$65	
Oct. 7th—Nov 18th	
(skip 10/14)	
LEVEL	TIME
Pre-School Aquatics	6:30p-6:50p
Level 1	6:55p-7:25p

SATURDAYS \$65	
Oct. 5th—Dec. 7th	
(skip 10/12, 10/26, 11/16, & 11/30)	
LEVEL	TIME
Parent Infant/Toddler	10:00a-10:20a
Pre-School Aquatics	10:00a-10:20a
Level 2	10:25a-10:55a
Level 1	10:30a-11:00a
Pre-School Aquatics	11:10a-11:30a
Level 3	11:10a-11:40a
Level 4	11:45a-12:30p

WEDNESDAYS \$65	
Oct. 2nd—Nov 6th	
LEVEL	TIME
Pre-School Aquatics	6:30p-6:50p
Level 2	6:30p-7:00p
Level 1	7:00p-7:30p
Level 3	7:00p-7:30p



WIS POOL SCHEDULE



WALSH INTERMEDIATE SCHOOL POOL SCHEDULE

Sept.9, 2024 –Dec. 20, 2024

NEW NEW NEW NEW NEW NEW NEW NEW NEW

To access the pool please park in the rear of the building and enter through door 157. You can access the pool and locker rooms from this hallway.

MONDAYS:	6:30p-8:30p 6:30p-7:25p 6:30p-8:00p 7:30p-8:30p	PUBLIC SWIM – Adults Only (18+) 2 Lap Lanes only Learn to Swim Classes (pre-registration required) Learn to Dive Lessons (pre-registration required) Aquacise (pre-registration required)
TUESDAYS:	6:30a -*7:30a 6:30p-8:30p	Morning Adult Swim Only (18+) <i>*you must be out of the building by 7:45 a.m.</i> Adult Swim Only (18+)
WEDNESDAYS:	6:30p-8:30p 6:30p-7:30p 7:30p-8:30p 7:30p-8:30p	Learn to Swim Classes * pre-registration required PUBLIC SWIM-All Ages PUBLIC SWIM – Adults Only (18+) 2 Lap Lanes Only Aquacise (pre-registration required)
THURSDAYS:	6:30a -*7:30a 6:30p-8:00P 6:30p-8:30p	Morning Adult Swim Only (18+) <i>*you must be out of the building by 7:45 a.m.</i> Adult Learn to Swim Classes (pre-registration required) Adult Swim Only (18+) Lap Lanes Only
FRIDAYS:	6:30p-8:30p	PUBLIC SWIM – All Ages
SATURDAYS:	10:00a-11:30a 10:00-12:30p 11:30a-1:30p	Adult Swim Only (18+) 2 Lap Lanes Only Learn to Swim Classes (pre-registration required) PUBLIC SWIM – All Ages

SCHEDULED POOL CLOSINGS: (Subject to change)

Sept. 10, Oct. 4, 11, 14, 31, Nov. 5, 27-29, Dec. 23-Jan. 1

****ADDITIONAL CLOSINGS MAY OCCUR FOR SCHOOL FUNCTIONS, STAFFING ISSUES AND WEATHER CONDITIONS****

Revised: 8/20/2024

JOSEPH TRAPASSO INDOOR GYM SCHEDULE

AUGUST 26th - OCTOBER 19th, 2024



JOE TRAPASSO GYM SCHEDULE

MONDAYS:	9:30a - 12:00p 3:00p - 5:30p 5:30p - 9:00p	Parks & Recreation Programming Afterschool Activities Adult Pickleball Lessons (<i>pre-registration required</i>)
TUESDAYS:	6:30a - 7:30a 9:30a - 12:00p 3:00p - 5:30p 5:30p - 9:00p 6:30p - 8:00p	Parks & Recreation Programming Parks & Recreation Programming Afterschool Activities Adult Pickleball Lessons (<i>pre-registration required</i>) *Adult Corn Hole League (<i>pre-registration required</i>) *starts Sept. 17th
WEDNESDAYS:	9:30a - 12:00p 3:00p - 5:30p 6:45p - 9:00p	Parks & Recreation Programming Afterschool Activities *Adult Men's Basketball League (<i>pre-registration required</i>) *starts Oct. 2nd
THURSDAYS:	6:30a - 7:30a 9:30a - 12:00p 3:00p - 5:30p 6:30p - 8:30p	Parks & Recreation Programming Parks & Recreation Programming Afterschool Activities Adult Pickleball Open Play (<i>resident only</i>)
FRIDAYS:	9:30a - 12:00p 3:00p - 5:30p 7:30p - 9:30p	Parks & Recreation Programming Afterschool Activities Open Play Basketball - Grades 5th-8th
SATURDAYS:	8:00a - 12:00p 1:00p - 3:00p 3:00p - 5:00p 5:00p - 7:00p 7:00p - 9:00p	Parks & Recreation Programming Open Play Basketball - Grades K-4th (<i>resident only</i>) Open Play Basketball - Grades 5th-8th (<i>resident only</i>) Open Play Basketball - Grades 9th-12th (<i>resident only</i>) Open Play Basketball - Adults 18+ (<i>resident only</i>)

SCHEDULE: SUBJECT TO CHANGE | BRANFORD RESIDENTS ONLY

46 CHURCH STREET | BRANFORDRECREATION.ORG | OFFICE #: (203) 488 - 8304

ADULT PROGRAMS

MAHJONG PLAYERS CLUB & LESSONS:

Continue playing the game you love with others to improve your game. Sets will be provided. Please note there is no game instruction provided in the Players Club.



DATE:	AGE:	TIME:	FEE:	LOCATION:
Club: Wed. Aug. 14th - Oct. 16th	18+	5:30 - 9:00 PM	\$30	Joe Trapasso CH
Lessons: Tue. Oct. 29th - Dec. 3rd	18+	5:00 - 6:30 PM	\$60	Joe Trapasso CH

STAYING FIT- "DO YOUR BEST TRAINING" SUNRISE WORKDAY WORKOUTS:

Instructor: Jill Temple, Personal Trainer

Let's get moving!!! Start your day in the best possible way... exercise classes with Personal Trainer Coach Jill! Indulge in body-weight routines that will challenge, motivate and energize you. Bring a mat and water bottle.



DATE:	AGES:	TIME:	FEE:	LOCATION:
Tue./Thu. Sept. 3rd - Oct. 3rd	18+	6:30 - 7:30 AM	\$100	Foot Park
Tue./Thu. Oct. 8th - Nov. 7th*	18+	6:30 - 7:30 AM	\$100	Joe Trapasso CH

*skip Tue. Nov. 5th

STAYING FIT- "DO YOUR BEST TRAINING" SATURDAY FITNESS WORKOUTS:

Instructor: Jillian Temple, Personal Trainer

Let's get moving!!! Start your weekend in the best possible way with an exercise class. Personal Trainer Jill Temple will demonstrate in body-weight routines that will challenge, motivate and energize you. Please bring a mat and water bottle. All levels welcome!

Date:	Ages:	Time:	Fee:	Location:
Sat. Sept. 7th - Sept. 28th	18+	8:00 - 9:00 AM	\$50	Branford Point/Parker Park
Sat. Oct. 5th - Oct. 26th	18+	8:00 - 9:00 AM	\$50	Joe Trapasso CH

ATTITUDE DANCE & FITNESS CLASSES:

Instructor: Robyn Dinatale & Mike Griffin from Attitude Dance & Fitness

Power Barre (Mon.): A total body workout mix of low to no impact movements structured with an element of basic ballet. Combine with light hand-held weights and the result is toned, lean muscle. The ultimate fun fat burner. All levels of experience welcome. Weights are limited, so please come with your own if possible. Bring a mat.



Strong & Lean (Wed.): This strength training class helps build bone and muscle vital to the aging process and utilizes various resistance tools including dumbbells, resistance bands and even your own body weight. There's always something different and something for everyBODY! All levels of experience welcome. Weights are limited, so please come with your own if possible. Bring a mat.

Qi-Gong (Mon. and/or Wed.): Qigong is an ancient Chinese practice that involves the cultivation and balance of Qi, pronounced (Chee), the body's vital energy. Coordination of body-posture, body movement, breathing, and meditation are involved in this exercise as you improve on your physical and emotional well-being. Register for one day or both days.

Date:	Ages:	Time:	Fee:	Location:
Power Barre: Mon. Sept. 9th - Nov. 4th*	18+	5:45 - 6:45 PM	\$55	Joe Trapasso CH
Strong & Lean: Wed. Sept. 4th - Oct. 23rd	18+	5:45 - 6:45 PM	\$55	Joe Trapasso CH
Qi-gong: Mon &/or Wed. Sept. 4th - Nov. 4th*	18+	6:45 - 7:45 PM	\$50	Joe Trapasso CH

*skip Mon. Oct. 14th

ADULT PROGRAMS

(IN RED, NEW CLASS INFO!!!)

ADULT BEGINNER TENNIS:

Instructor: Paul Gagliardi, BHS Boys Tennis Coach

The participant will learn the forehand, backhand, serve and volley with drills, fun games, and game situations. Scoring, strategy and match play for singles and doubles will be incorporated. Participants should bring a water bottle and have their own tennis racquet.



DATE:	AGE:	TIME:	FEE:	LOCATION:
Tue. Sept. 17th - Oct. 15th	18+	5:30 - 6:30 PM	\$110	Veteran's Memorial Park

ADULT INTERMEDIATE TENNIS LESSONS:

Instructor: Paul Gagliardi, BHS Boys Tennis Coach

The participant will improve the forehand, backhand, serve and volley with drills, fun games, and game situations. Scoring, strategy and match play for singles and doubles will be incorporated. Participants should bring a water bottle and have their own tennis racquet.

DATE:	AGE:	TIME:	FEE:	LOCATION:
Mon. Sept. 23rd - Oct. 21st	18+	9:30 - 10:30 AM	\$110	Footo Park Clay Courts

ADULT CAPP TENNIS POINT PLAY:

Instructor: Paul Gagliardi, BHS Boys Tennis Coach

CAPP point play is a game based tennis cardio workout. It designed for Intermediate/Advanced players who want a fun and challenging tennis workout. Participants should bring a water bottle and have their own tennis racquet.

DATE:	AGE:	TIME:	FEE:	LOCATION:
Tue. Sept. 17th - Oct. 15th	18+	6:30 - 8:00 PM	\$110	Veteran's Memorial Park
Fri. Sept. 27th - Oct. 18th	18+	9:30 - 11:00 AM	\$95	Footo Park Clay Courts

ADULT PICKLEBALL LESSONS

All Classes are taught by PPR Certified Coach Bill Sadick. Classes are held at Veteran's Memorial Park. Each class costs \$125 and are for ages 18+.



Beginner: This class is for those who have limited experience or have never played the game of pickleball. This 4 week class will focus on game rules, understanding the court, scoring, paddle use, dinking, serving and return of serve, transition, third shot drop, blocking the bangers, punch volley and more!

Beginner II: (Must have completed Beginner level) Players will be given further instruction on the skills they've adopted in the Beginner Clinic and spend time playing and becoming confident in using them. Our goal is to give you the ability to hop on any court and have fun playing pickleball. You'll also receive your DUPR Pickleball Rating.

Advanced Beginner: (Must have completed Beginner or Beginner II Level) Four sessions on instruction to help you hone your Pickleball game. An overall footwork and positioning in the court with weekly drills targeting specific aspects of the game. Adding Spin to the ball, Defending the 3rd Shot Drop using the Roll Volley, Returning the Lob Shot, Returning the Overhead High Shots, Resetting, the backhand, Court and Partner Positioning, Getting rated and more!

MONDAYS	
Session 1: Oct. 7th - Oct. 28th	
Session 2: Nov. 4th - Nov. 25th	
LEVEL	TIME
Beginner	5:00p - 6:30p
Advanced Beginner	6:30p - 8:00p

TUESDAYS	
Session 1: Oct. 8th - Oct. 29th	
Session 2: Nov. 5th - Nov. 26th	
LEVEL	TIME
Beginner	5:00p - 6:30p
Beginner II	6:30p - 8:00p

ADULT PROGRAMS

CARDIO KICKBOXING:

Instructor: Annie Marchitto, Kickboxing Instructor

Do you like to sweat? If so then this us your class. Learn kickboxing technique in a high intensity, high impact, high calorie-burning workout covering footwork, balance, endurance, agility, body strength training and improving your cardio. This is a full body workout. No experience needed. Please bring a jump rope, floor mat and a water bottle with you to each class. All levels welcome.



DATE:	AGES:	TIME:	FEE:	LOCATION:
Thu. Sept. 19th - Nov. 21st	18+	6:00 PM - 7:00 PM	\$120	Joe Trapasso CH

MARY'S ADULT UNIFIED COOKING & SOCIAL NIGHTS:

Instructor: Chef Mary

This young adult inclusive "Cooking with Friends" class is a great opportunity for young adults to develop skills needed to live on their own. Participants will learn to follow a recipe, measure, chop, combine ingredients, learn team building, and operate a burner to cook a simple meal. Join Chef Mary as she teaches you to prepare a basic dinner recipes. After making the perfect dinner, participants will eat together and have fun socializing, playing board games and more!



Date:	AGES::	Time:	Fee:	Location:
Session 1: Wednesday Sept. 11th	18+	5:00 - 6:30 PM	\$30	Joe Trapasso CH
Session 2: Monday Oct. 28th	18+	5:00 - 6:30 PM	\$30	Joe Trapasso CH
Session 3: Thursday Nov. 7th	18+	5:00 - 6:30 PM	\$30	Joe Trapasso CH
Session 4: Wednesday Dec. 4th	18+	5:00 - 6:30 PM	\$30	Joe Trapasso CH

STRETCH & "STROLLER-CISE":

Instructors: Ms. Paola Rarick & Studio One Staff

Join this brand new, fun, and exciting stationary aerobic & dance fitness class with Paola from Studio One that includes a variety of moving, stretching, and toning exercise routines... with your stroller! What makes this class so unique is that you can bring your little one with you in their stroller as you workout right



beside them! Although we are open to bringing any little-aged child to class, please know it's a requirement that all children **MUST** remain in their stroller during the duration of class. Thus, we recommend children to be around 2 years & younger, but we won't deny those that are a little older. You only need to register yourself. Sign up today!

DATE:	AGES:	TIME:	FEE:	LOCATION:
Session 1: Thu. Sept. 12th - Oct. 3rd	18+	9:30 - 10:15 AM	\$75	Foot Park
Session 2: Thu. Oct 10th - Oct. 31st	18+	9:30 - 10:15 AM	\$75	Joe Trapasso Gym



ADULT PROGRAMS

AED/CPR SKILLS TRAINING COURSE:

Instructor: Randy McNamara, Shoreline CPR Services

This AED & CPR skills training course will cover the techniques

to successfully perform CPR in conjunction with the use of an

Automated External Defibrillator (AED). Participants will develop the skills necessary to effectively perform CPR & operate an AED in an emergency situation. You could be a life saver for your love ones!

This is a perfect learning experience for all to partake in. Please note this is a skills training course!!

For those choosing to take this course for Red Cross certification or re-certification, an additional \$30 cost must be paid to the instructor day-of.

SHORELINE CPR SERVICES
CPR & AED Training



DATE:	AGES:	TIME:	FEE:	LOCATION:
Session 1: Tuesday Sept. 17th	14+	6:00 PM - 8:30 PM	\$60	Joe Trapasso CH
Session 2: Tuesday Oct. 15th	14+	6:00 PM - 8:30 PM	\$60	Joe Trapasso CH
Session 3: Tuesday Nov. 19th	14+	6:00 PM - 8:30 PM	\$60	Joe Trapasso CH
Session 4: Tuesday Dec. 17th	14+	6:00 PM - 8:30 PM	\$60	Joe Trapasso CH

RE-LOVED DESIGNS- CRAFTS WITH COURTNEY

Instructor: Courtney Rosenberg, Re-Loved Designs

Faux pumpkin Centerpiece: Participants will learn how to make a large faux pumpkin with succulents and embellishments. All materials are included.

Holiday Mason Jar Craft Class: Come create your very own holiday mason jars. 3 glass jars and riser to paint and decorate using a wide selection of holiday and winter theme decor; 1 floral jar, 1 candy jar & 1 scene jar. You will be able to decorate them with your favorite holiday or winter embellishments. All materials included.

Adult Crushed Glass Christmas Tree Craft Class: This unique class gets participants to bring out their festive creativity as you customize Christmas trees out of assorted colored crushed glass, sand, add-ins, and decorative embellishments in a 5x7 frame to suit your holiday décor style. All materials included.



DATE:	AGES:	TIME:	FEE:	LOCATION:
<u>Faux Pumpkin Classes:</u>				
Tuesday Sept. 17th	17+	10:00 AM - 12:00 PM	\$50	Joe Trapasso CH
Tuesday Sept. 17th	17+	6:00 - 8:00 PM	\$50	Joe Trapasso CH
<u>Holiday Mason Jar Craft Class:</u>				
Tuesday Nov. 19th	17+	10:00 AM - 12:00 PM	\$50	Joe Trapasso CH
Tuesday Nov. 19th	17+	6:00 - 8:00 PM	\$50	Joe Trapasso CH
<u>Adult Crushed Glass Christmas Tree Craft Class:</u>				
Thursday Nov. 21st	17+	10:00 AM - 12:00 PM	\$60	Joe Trapasso CH
Thursday Nov. 21st	17+	6:00 - 8:00 PM	\$60	Joe Trapasso CH

ADULT PROGRAMS

SALSA DANCING:

Instructor: Rob Marone, 10+ years of dancing experience

Level I: Don't miss out on this exciting new salsa dancing class that promises to be fun and dynamic! This is a beginner level class, geared toward those with little to no salsa dancing experience. Participants will be introduced to a social style of salsa dancing, including steps such as Basic, Cumbia, Suzie Q, Left Turn/Right, Cross Body Lead, and more. Partner work will be focused on the fundamentals of leading and following. If you are looking to expand your social opportunities and take your new moves out to the dance floor, or simply wish to burn some calories and relieve some stress, this class will be the friendly, inclusive, and encouraging environment to do so in! Participants are encouraged, but not required, to register with a friend, group of friends, and/or significant other!



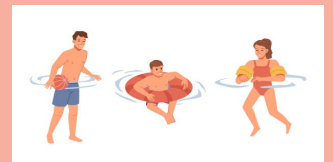
Level II: Level II Salsa is geared toward dancers that have previous experience with the basic fundamentals of Salsa Dancing. Level II Salsa will not only help you brush up on your Left Turns, Right Turns, and Cross Body Leads, but you will be introduced to more intricate footwork, moves, and combinations to add to your Salsa Dancing repertoire. If you enjoyed the Level I Beginners Class and are looking to continue your Salsa Dancing journey, or you are looking to build on previous Salsa Dancing experiences you may already have, then Salsa Dancing Level II assures to be a positive, high-energy, and fun class that you do not want to miss! Participants are encouraged, but not required, to register with a friend, group of friends, and/or significant other!

DATE:	AGE:	TIME:	FEE:	LOCATION:
Level I: Tue. Sept. 24th - Nov. 26th*	18+	5:45 - 6:45 PM	\$100	Joe Trapasso CH
Level II: Tue. Sept. 24th - Nov. 26th*	18+	7:00 - 8:00 PM	\$100	Joe Trapasso CH

**skip Oct. 8th & Nov. 5th*

AQUACISE:

Join this low-impact, high energy water aerobics workout. This class is held in shallow water with a medium to low intensity. This is a total body workout alternating cardio and muscle conditioning.



DATE:	AGES:	TIME:	FEE:	LOCATION:
Session 1: Wed. Oct. 2nd - Nov. 20th	18+	7:30 - 8:30 PM	\$80	WIS Pool
Session 2: Mon. Oct. 7th - Dec. 2nd*	18+	7:30 - 8:30 PM	\$80	WIS Pool

**skip Oct. 14th*

ADULT SWIM LESSONS:

Beginner: This is an introduction to basic aquatic skills and swimming strokes including floats, glides, the front crawl (free style), breaststroke, and elementary backstroke, in a comfortable and supportive class setting.

Intermediate: Work on gaining the skills needed to swim one length of the pool using strokes including front crawl, breaststroke, elementary backstroke, back crawl and sidestroke. Participants should be comfortable swimming with their face in the water and be able to use combined arm and leg motions.



DATE:	AGES:	TIME:	FEE:	LOCATION:
<u>Beginner:</u> Thu. Oct. 3rd - Nov. 7th	18+	6:30 - 7:15 PM	\$75	WIS Pool
<u>Intermediate:</u> Thu. Oct. 3rd - Nov. 7th	18+	7:15 - 8:00 PM	\$75	WIS Pool

ADULT PROGRAMS

COOKIE DECORATING WITH MY ONE DELIGHT:

Instructor: Jenna Moulton from My One Delight

October Session: Want to get scary good at sugar cookies? Come to the Halloween Cookie Class and learn to decorate like a pro! In class, we'll learn cookie tips and tricks, practice piping, and decorate six cookies with step-by-step, guided instructions. Beginners are welcome! You'll leave class with My One Delight's award-winning sugar cookie and icing recipes, a gift bag, and your spooky cookies in a bakery pastry box. You'll be amazed at what you can do!

December Session: Sweeten up your cookie game just in time for the holidays! At the Christmas Cookie Class, we'll learn new icing techniques, practice piping, and decorate six festive cookies with step-by-step, guided instructions. Beginners are welcome! You'll leave class with a gift bag, award-winning cookie and icing recipes, and your Santa-approved cookies in a bakery pastry box.



DATE:	AGE:	TIME:	FEE:	LOCATION:
Session 1: Saturday, Oct. 26th	18+	9:00 - 10:45 AM	\$68	Joe Trapasso CH
Session 2: Saturday, Dec. 14th	18+	9:00 - 10:45 AM	\$68	Joe Trapasso CH

ADULT CAKE DECORATING WITH THE BRITISH BAKER:

Instructor: Alison Luciano, The British Baker

The Great British Cupcake LLC owner, Alison Luciana, is back to teach students how to create this four layer fall inspired cake. You will learn how to mask a cake in buttercream, work with fondant and learn the tips and tricks of the professionals. Each student will leave with their own cake and it can be frozen for Thanksgiving dessert.



DATE:	AGES:	TIME:	FEE:	LOCATION:
Thursday Nov. 14th	18+	7:00 - 9:00 PM	\$55	Joe Trapasso CH

***ADULT OPEN PLAY VOLLEYBALL
MORE INFORMATION TO COME!***



***VIEW DIFFERENT SPORT LEAGUES
ON PAGES 23 & 24***



ADULT PROGRAMS – BRIDGE CLASSES

INTRODUCTION TO “TWO OVER ONE”:

Instructor: Don Brueggemann

This class will be an introduction – or a review for some – to the use of 2/1 in your bidding. What is “Two Over One”? This is a system of modern bidding that allows responder to establish a game force at the first bid. This gives the partners bidding room to explore distributional advantages that may lead to a slam. This system is easy to learn and use as it requires the use of only one new convention –

Forcing No Trump – that is not part of “Standard American”. This class we will use the book 2 Over 1 Game Force by Audrey Grant and Eric Rodwell. In this class, you will discover the fundamentals and advantages of using 2/1 in your bidding with your partner or improve your understanding of S/A.



DATE:	AGES:	TIME:	FEE:	LOCATION:
Mon. Sept. 9th - Sept. 30th	18+	10:00 AM - 11:30 AM	\$50	Joe Trapasso CH

LEARN TO PLAY BRIDGE:

Instructor: Rick Seaburg

This class is for people who have never played bridge or would like to brush up on the fundamentals after a layoff from the game. The class will include basic bidding, and playing bridge hands. At the end of the class you will be able to play bridge with your friends or join the local bridge club and make new friends. The book for the class is Bridge Basics 1 by Audrey Grant.

DATE:	AGES:	TIME:	FEE:	LOCATION:
Fri. Sept. 27th - Nov. 15th	18+	10:30 AM - 11:30 AM	\$120	Joe Trapasso CH

INTRODUCTION TO COMPETITIVE BRIDGE BIDDING:

Instructor: Rick Seaburg

This class is for players with some bridge bidding and playing experience. The topics to be covered are, preemptive bids and responses, overcalls and responses, Rebids by overcaller and advancer, as well as scoring and decision making for part score, game or slam. The book for the class is Bridge Basics 2 competitive bidding by Audrey Grant.

DATE:	AGES:	TIME:	FEE:	LOCATION:
Thu. Sept. 19th - Oct. 17th*	18+	10:30 AM - 12:00 PM	\$60	Joe Trapasso CH

**skip Oct. 3rd*

INTRODUCTION TO DOUBLES:

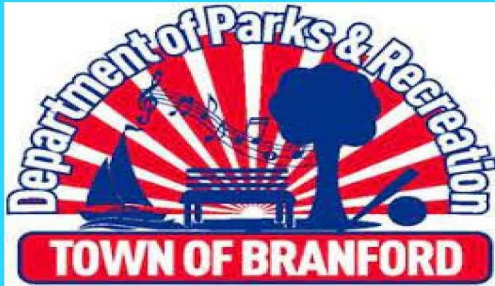
Instructor: Rick Seaburg

Doubles are NOT just for penalty anymore. They are an integral part of bidding. This class is for players with a basic understanding of bridge bidding. The topics covered will be, take out doubles and responses, negative doubles and responses, support doubles and responses, cue bids, stolen bid doubles, doubles to show a big hand, bidding patterns for the different doubles. The book for the class is Bridge Basics 2, competitive bidding by Audrey Grant.

DATE:	AGES:	TIME:	FEE:	LOCATION:
Thu. Oct. 31st - Nov. 21st	18+	10:30 AM - 12:00 PM	\$60	Joe Trapasso CH

ADULT PROGRAMS

LIFEGUARD TRAINING CLASS



EARN A JOB AS AN
American Red Cross
CERTIFIED LIFEGUARD

To register and receive online training materials
email rathsacklisak@sbcglobal.net

CLASS SCHEDULE

**Location: Walsh Intermediate School
John O'Connor Pool
Time: 5:30-8:30 pm**

**Dates: Mon, Sep 9, Wed, Sep 11, Fri, Sep 13, Sat, Sep 14 (10
am-1:30 pm), Mon, Sep 16, Wed, Sep 18, Fri, Sep 20**

Must be 15 years old by the last day of class, able to swim 200 yards, tread water for two minutes using only legs, and complete timed brick retrieval from the deep end

ADULT PROGRAMS



Cancelled

\$125
PER TEAM*

TUE
SEPT 17 - OCT 22
PLAYOFFS
OCT 20



**JOE TRAPASSO
COMMUNITY HOUSE GYM
6:30 - 8:00PM**
**ONLY THE TEAM CAPTAIN NEEDS TO REGISTER*
MIN OF 2, MAX OF 4 PER TEAM | PRIZE TO WINNING TEAM!
REGISTER AT BRANFORDRECREATION.ORG
RECREATION@BRANFORD-CT.GOV | (203) 488-8304

BranfordRecreation.org

ADULT PROGRAMS

Men's Fall Basketball League

Announcing the Adult Fall Basketball League at the Joe Trapasso Community House invites all men 18+ to register

Location: Joe Trapasso Community House
The 2024 season begins on or around Wednesday, October 2nd
Players Draft will be held on Wednesday, September 18th.

Game Times : 6:30, 7:30 and/or 8:30 PM
Game Location: Joe Trapasso Community House
Registration open to the first 48 players

Copy of photo ID required for draft.

REGISTRATION FEE: \$110.00

**LIMITED TO THE FIRST 48
PLAYERS REGISTERED.**

To register visit :

www.BranfordRecreation.org

OFFICE: (203)488-8304



BranfordRecreation.org

September Events

on the Branford Green from 5:00 pm - 7:00 pm*

***WEATHER PERMITTING**

SEP 04

WAY BACK WEDNESDAY

SEP 05

WANGO TANGO BAND

SEP 06

LUNCHBOX

SEP 11

WAY BACK WEDNESDAY

SEP 12

JAZZ - DAVID DAVIS (5:30-7:30)

SEP 13

LEAF JUMPERS

SEP 18

WAY BACK WEDNESDAY

SEP 20

THE RED PLANET

SEP 25

WAY BACK WEDNESDAY

SEP 27

THE HEAVY HITTERS (FOOD TRUCKS)

**Enjoy some music while supporting
our local Main Street merchants!**

(203) 488-8304 | recreation@branford-ct.gov | BranfordRecreation.org



FALL COMMUNITY & FAMILY EVENTS

Shake, Rattle, and Roll...

WAY BACK WEDNESDAYS

Featuring classic hits from the 50's and 60's
spun by DJ Dennis Nardella

September 4th, 11th, 18th & 25th

5:00 - 7:00 PM

ON THE BRANFORD TOWN GREEN

weather permitting

Including a
Car Show on
Town Hall
Drive



To participate in
the car show, email:
NardellasMusic@aol.com

BranfordRecreation.org

FALL COMMUNITY & FAMILY EVENTS



TGIF



MUSIC ON THE BRANFORD TOWN GREEN
ON FRIDAY NIGHTS!*

5:00-7:00

SEPT 6

LUNCHBOX

SEPT 13

LEAF JUMPERS

SEPT 20

THE RED PLANET

SEPT 27

THE HEAVY HITTERS



*WEATHER PERMITTING

**MUSIC ON THE TOWN GREEN IS SPONSORED BY
GUILFORD SAVINGS BANK AND THE BRANFORD COMMUNITY FOUNDATION**



BranfordRecreation.org

FALL COMMUNITY & FAMILY EVENTS

FINAL TGIF

CONCERT ON THE BRANFORD TOWN GREEN
THIS FRIDAY NIGHT, SEPT 27TH!

**WEATHER PERMITTING*



THE HEAVY HITTERS

A PARTY/DANCE BAND

5:00-7:30pm

TGIF FINALE! ACTIVITIES WILL INCLUDE:

- FOOD TRUCKS:
EAST COAST PIZZA TRUCK, SHORELINE PRIME, MILKCRAFT, & MERIANO'S CANNOLI TRUCK
- INFLATABLE AXE THROWING
- CORN HOLE & SPIKEBALL
- GLOW-IN-THE-DARK MINI PUMPKIN PAINTING

**MUSIC ON THE TOWN GREEN IS SPONSORED BY
GUILFORD SAVINGS BANK AND THE BRANFORD COMMUNITY FOUNDATION**



BRANFORD
Community Foundation

BranfordRecreation.org

FALL COMMUNITY & FAMILY EVENTS



Branford Elks Soccer Shoot-Out

Ages 4 to 13
Free Admission

Sat. September 14, 2024

Hammer Field
8:00 a.m. to 12 noon



JOIN THE BRANFORD ELKS IN THIS SINGLE DAY EVENT FOR AN ACCURACY SKILLED ACTIVITY KICKING INTO DIFFERENT SIZED NETS/GOALS. PRE-REGISTRATION IS PREFERRED. SAME DAY REGISTRATION WILL BE ACCEPTED.



(203) 488-8304 | RECREATION@BRANFORD-CT.GOV | BRANFORDRECREATION.ORG

BranfordRecreation.org

FALL COMMUNITY & FAMILY EVENTS

TOWN FUN DAYS

We're offering special discounts so you can visit us again before the end of the season!



Get an ALL DAY RIDE PASS for just **\$10!**

Valid for one of the following days:

9/28 & 9/29

From 11am to 5pm



SCAN TO BUY ONLINE!

Use promo code:

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BranfordRecreation.org

FALL COMMUNITY & FAMILY EVENTS



Branford
Counseling Center
& Branford Parks
and Recreation



PRESENTS

The Pat Andriole Family

FUN DAY

SEPTEMBER 29, 2024
BRANFORD TOWN GREEN
1019 MAIN STREET
12 NOON TO 4:00 P.M.



OUTDOOR GAMES,
ENTERTAINMENT, FOOD, FACE
PAINTING, INTERACTIVE
GAMES AND MUCH MORE

FREE
Event

(203) 488-8304 recreation@branford-ct.gov

BRANFORDRECREATION.ORG



2024 GREAT GOBLIN GIVEAWAY

SPONSORED BY THE BRANFORD
PARKS & RECREATION DEPARTMENT

For all Branford boys and girls in Grades K-2...

Beware on Halloween!!!!

You may receive a special treat in the mail from the Goblin.

Check your mailbox if you dare!

It just might be the Goblin coming your way!

You **MUST** pre-register by **OCTOBER 25TH**

Your treat will be delivered via mail in time for Halloween!

Visit branfordrecreation.org to sign up

(203) 488-8304 recreation@branford-ct.gov

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BranfordRecreation.org



BRANFORD PARKS & RECREATION'S
HALLOWEEN
HOUSE HUNT
OCTOBER 21ST - 30TH

Do you love to decorate for Halloween? Be a part of Branford's **SECOND** annual Halloween House Hunt! Share your spooky spirit and register your house/business to be included as one of our official stops on our map! Decorate, be creative, and share your Halloween decorations with all! Visit us online at BranfordRecreation.org or call the office at 203-488-8304 to register by October 15TH.

THE HALLOWEEN HOUSE HUNT MAP WILL BE AVAILABLE ONLINE STARTING OCTOBER 21ST!

BranfordRecreation.org

HOLIDAY EVENTS



KEEP A LOOKOUT FOR OUR HOLIDAY & WINTER BROCHURE FOR MORE DETAILS OF THE NUMEROUS HOLIDAY EVENTS THIS YEAR!

RETURNING ANNUAL EVENTS INCLUDE HOLIDAY PARADE & TREE LIGHTING, BEDTIME STORIES WITH MRS. CLAUS, HOLIDAY CARDS FOR SENIORS, LIGHT UP BRANFORD, HAPPY HANUKKAH MENORAH LIGHTING, PEPPERMINT THE ELF, SANTA GIFT DELIVERY, SANTA HOTLINE, SANTA'S WORKSHOP, SNOWFLAKE SCAVENGER HUNT, TODDLER REINDEER GAMES, WRITE TO SANTA, FIRST NIGHT BONFIRE, & MORE!

EXPLORE OUR PARKS

Join us for hikes in town and out of town and enjoy the great outdoors, socialization, exercise and more!

Walks meet at 8:45 AM and hiking starts at 9:00 AM from the site locations. All hikers must practice social distancing. If you wish to stay for lunch, bring a bag lunch and a folding chair. Questions about individual hikes should be addressed to the walk leader. Please check the website for updated schedules, directions and times or call the office. Questions about individual hikes should be addressed to the group leader. For more information visit the our website or call the office.

Website: BranfordRecreation.org
Office: 203-488-8304

Explore our Parks

Branford Point / Parker Park

Matt Radulski
Email: mattrad0491@yahoo.com
Website: Branford-ct.gov
Contact #: 203-927-3255

Foote Memorial Park

Email: recreation@branford-ct.gov
Website: BranfordRecreation.org
Contact #: 203-488-8304

Hammer Field, Pardee Park, Branford Hills, Riverside Foote Park, Lyons Park, Veteran's Memorial Park, and Flax Mill

Email: recreation@branford-ct.gov
Website: BranfordRecreation.org
Contact #: 203-488-8304

Young's Pond

Geoff Hotz
Contact #: 203-410-5764

Supply Pond

Ainsley Highman
Contact #: 203-483-6939

Stony Creek Park Association

Photo courtesy of: Ashley Abel Photography

BranfordRecreation.org

BRANFORD YOUTH SPORTS & CLUBS CONTACTS



**BRANFORD
LITTLE LEAGUE**
Branford Little League
Tony Colagiovanni
Email: tonycolagiovanni008@gmail.com
Website: branfordlittleleague.net
Contact #: 203-627-8797



**BRANFORD
GIRLS
SOFTBALL**
Branford Girls Softball
Dave Falcigno
Email: davidfalcigno@gmail.com
Website: www.branfordgirlssoftball.sportssignup.com
Contact #: 203-627-1424



**BRANFORD
CHEERLEADING**
Branford Youth Cheerleading
Katy Gomes
Email: byccoordinator@gmail.com
Website: www.gomotionapp.com/team/vtbyc/page/home



**BRANFORD
EST. 1972**
Branford Soccer
Katie Buckley
Email: president@branfordsoccer.org
Website: www.branfordsoccer.org
Contact #: 203-500-0953



Cub Scouts/Scouts BSA (Boys & Girls Troop)
Crystal & Michael Loffredo
Email: scoutmaster@troop633ct.org
Website: www.pack633ct.org / www.troop633ct.org



**BRANFORD
YOUTH LACROSSE**
Branford Youth Lacrosse
Vinnie Giordano
Email: vgs@giordano.build
Website: www.branfordyouthlax.com
Contact #: 203-627-6182



**BRANFORD
JUNIOR HORNETS
BASEBALL**
Jr. Hornets Baseball
Don Lawrence
Email: dlawrence06@snet.net
Contact #: 203-804-5029



**B
FOOTBALL**
Flag Football
Dave Malick
Email: dave@cleancutlandscaping.com
Website: www.branfordyouthfootball.org
Contact #: 203-410-5680



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Email: dave@cleancutlandscaping.com
Website: www.branfordyouthfootball.org
Contact #: 203-410-5680



BRANFORD BASKETBALL
Junior/Travel Basketball
Kevin Fitzpatrick
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Website: www.branfordbasketball.com

