

BRANFORD PARKS, RECREATION AND SENIOR SERVICES

SENIOR CENTER&CANOE BROOK CAFE MENU

SEPTEMBER 2025

Breakfast:\$3.00
Lunch:\$5.00

We are happy to offer breakfast and lunch services in the Canoe Brook Cafe.

Breakfast is served Monday, Wednesday,& Fridays from **8:30AM-10:30AM**

Lunch is served from **12:00PM-1:00PM** Tuesday &Thursdays.

Here is how to register:
1.You must **Pre-register** for meals by **12PM** the day before! **Please Call** the office at

203-481-3429

2.Payment can be made via cash, check, or credit card.
3.If you need assistance, please ask the staff.

Bon Appetit!!!
The menu is subject to change.

MON	TUE	WED	THU	FRI
BREAKFAST CLOSED 1	LUNCH Chicken Marsala Mashed Potatoes Dessert 2	BREAKFAST Oatmeal Bar with fresh fruit 3	LUNCH Salmon Rice Veg Medley Dessert 4	BREAKFAST Waffles Bacon Sausage 5
MON BREAKFAST Bread Pudding Whipped Cream 8	LUNCH Stuffed Shells Spinach Bread Dessert 9	BREAKFAST Frittata Veggies Potatoes Dessert 10	LUNCH Meatloaf Potatoes Broccoli Dessert 11	BREAKFAST Biscuits Sausage Gravy 12
MON BREAKFAST French Toast Sausage Bacon Hash Browns 15	LUNCH Shrimp Over Mac N Cheese Dessert 16	BREAKFAST Pancakes Sausage Bacon Home Fries 17	LUNCH Chicken Parmesan Pasta Salad Dessert 18	BREAKFAST Eggs Benedict 19
MON BREAKFAST Scrambled Eggs Bacon Sausage Toast 22	LUNCH Coq Au Vin Mashed Potatoes Dessert 23	BREAKFAST Crepes Fruit Filling 24	LUNCH Pasta & Meatballs Bread Dessert 25	BREAKFAST Egg Sandwich Bacon Sausage Cheese 26
MON BREAKFAST Bakery Day Muffins Scones Gallettes 29	LUNCH Quiche Salad Dessert 30	NOTES: Limited take home meals available. Please see kitchen staff.		