



BRANFORD PARKS & RECREATION



2024 SPRING AND SUMMER

PROGRAMS & EVENTS BROCHURE



Revised 5-16-24

**NEW PROGRAMS MAY BE
ADDED DURING THE
SEASON! CHECK OUR
WEBSITE FOR
UP-TO-DATE INFO!**

RECREATION@BRANFORD-CT.GOV | (203) 488-8304 | BRANFORDRECREATION.ORG

WHERE THE BENEFITS ARE ENDLESS!

REGISTER ONLINE TODAY!

 @branfordparksandrecreation

@Branford Parks & Recreation Dept. 



Office Hours: Monday thru Friday
8:00 AM—4:30 PM



Address: 46 Church Street
Branford, CT. 06405

Phone: 203-488-8304 / Fax: 203-315-4017

Web: www.branfordrecreation.org

Email: recreation@branford-ct.gov

Follow Us:

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 [@branfordparksandrecreation](https://www.instagram.com/branfordparksandrecreation)

REFUND POLICY

The following refund policy is in effect:

- ◆ If a program/activity is cancelled by the Parks & Recreation Dept. a full refund will be issued.
- ◆ To avoid classes being cancelled at the last minute due to insufficient enrollment & in order to accommodate waitlist, refund request must be made no later than five (5) business days before the program begins
- ◆ Refunds are generally not given once a program has begun, however in the event of injury or illness, a refund request will be considered if accompanied by a doctor's note. No refunds on tickets, trips or pool passes.
- ◆ Absolutely no refunds will be given for any unused portion of a program/activity.
- ◆ All refunds are subject to a \$10.00 processing fee.
- ◆ When a program/activity is run by a third party vendor, no refunds will be given after 5 business days prior to the start of the program/activity.
- ◆ All refunds are issued back in the original payment format, except cash.

WEATHER

If Branford Public Schools are cancelled or dismissed early, all Parks and Recreation programs and activities will be cancelled. If schools have a delay opening, programs will continue as scheduled, except for programs starting prior to 10:00 AM. Please Note: If the BOE cancels their evening activities, it will be at the discretion of our Department to keep evening programs on as scheduled. For the most up to date information, please visit our website or call the office.

"SMOKE FREE POLICY":

"Smoking is prohibited at all properties under the control of the Branford Parks and Recreation Dept. at all times, including but not limited to: buildings, grounds, entrances, sidewalks, parking lots and beaches. Smoking is defined as the use of cigarettes, pipes, cigars and other devices that produce smoke including electronic cigarettes and water pipes."

Registration & COVID 19 Information

Information in this brochure will continually be updated as additional information becomes available. Please check our website for updates or call the office at 203-488-8304.

Safety is our #1 priority. Guidelines have been put in place for each program with the safety of staff and program participants in mind. We ask that you adhere to all guidelines for our programs and activities.

How to Register

You can register by phone, in-person or on-line. Need help creating an account? Call the office at 203-488-8304 or visit us on-line at www.branfordrecreation.org and click on "Create an Account."

Registration Payment

Forms of payment: Cash, Check or Credit Card. VISA & Mastercard are accepted on-line, by mail and in-person. Cash payments are only accepted during office hours. If paying by check, please make checks or money orders payable to "Treasurer, Town of Branford. A \$20 fee will be assessed for returned checks. A non-resident fee may apply.

All programming will follow State of CT Executive Orders, Local and Town as well as East Shore District Health Department for guidelines and protocols related to COVID-19. Please see your receipt/ attachments for additional COVID-19 guidelines about each program.

Parks and Recreation Staff

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Jeffrey Sitz – Maintainer
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FOR MORE INFORMATION
SCAN WITH YOUR SMART PHONE



Branford Parks & Recreation Closings

| | | |
|----------|-----------|------------------|
| Friday | Mar. 29th | Good Friday |
| Monday | May 27th | Memorial Day |
| Thursday | July 4th | Independence Day |
| Monday | Sept. 2nd | Labor Day |

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SPRING RECESS PROGRAMS

FLAG FOOTBALL & BASKETBALL SPRING BREAK CAMP:

Instructor: EJ Sattelberger

Ice Cream Productions is hosting a 1 week flag football and basketball camp. Open to any current K-8th Grader. Players will participate in footwork/fundamental drills, 1 on 1, practice, scrimmages, and games. T-shirt included when registering. A Video Gaming Truck may be on site as well. Players will need to bring a water bottle, and sneakers, or cleats. Sign ups are open until April 1st. Group divided in K-4th & 5th-8th grade groups. K-4th plays FF 9a-11:30a & Basketball 12p-2:30p. Grade 5th-8th plays Basketball 9:00a-11:30a and FF 12p-2:30p



| | | | | |
|--------------------------------|---------|-------------------|-------|--------------|
| Date: | Grade: | Time: | Fee: | Location: |
| Mon. Apr. 8th - Fri. Apr. 12th | K - 8th | 9:00 AM - 2:30 PM | \$150 | Hammer Field |

CHALLENGE ISLAND:



Instructor: Challenge Island

This camp program is designed to meet the needs of today's playful imaginative child. Camp is designed to be comprehensive focusing on social, emotional and intellectual needs through STEAM activities. Your child will tackle challenges using materials, their imaginations, engineering and much more!! Learn more about Challenge Island [here!](#)

| | | | | |
|--------------------------------|-----------|--------------------|-------|-----------------|
| Date: | Grade: | Time: | Fee: | Location: |
| Mon. Apr. 8th - Fri. Apr. 12th | 1st - 5th | 9:00 AM - 12:00 PM | \$200 | Joe Trapasso CH |

MULTI-SPORTS CAMP:

Instructor: Victory Soccer

Instructed by the popular coaches from Victory Soccer, this Spring Recess camp will feature fun sports activities, sport highlight videos that include bloopers or a movie, and small 'break activities' such as board games or coloring. Players will be grouped together with their appropriate age groups. Class will be moved indoors in case of any weather conflicts. Register for a full day or half day. Check out more about Victory Soccer [here!](#)



| | | | | |
|--------------------------------|--------|------------------------------------|-------|--------------|
| Date: | Ages: | Time: | Fee: | Location: |
| Mon. Apr. 8th - Fri. Apr. 12th | 5 - 13 | 9:00 AM - 3:00 PM | \$165 | Hammer Field |
| | | Or 9:00 - 12:00 PM/12:00 - 3:00 PM | \$125 | |

LEGO MINECRAFT ENGINEERING CAMP with PLAY WELL TEK-NOLOGIES:

Instructor: Play Well TEK-nologies



Venture into the world of Minecraft in our unique LEGO experience. Get ready to build your base, craft your tools, use your Minecart to harvest raw resources, and battle to stop the Ender Dragon from ending the world. Come explore the endless possibilities of LEGO® with a trained Play-Well instructor.

| | | | | |
|--------------------------------|-------|--------------------|-------|-----------------|
| Date: | Ages: | Time: | Fee: | Location: |
| Mon. Apr. 8th - Fri. Apr. 12th | 5 - 9 | 9:00 AM - 12:00 PM | \$150 | Joe Trapasso CH |

Register at BranfordRecreation.org

TODDLER PROGRAMS

PEE WEE READ AND MOVEMENT

Instructor: Coach Vic & Parks and Rec Staff

Join us for a morning of reading and fun! Give your child the first stages into enjoying sports and fitness. The first part of class we will read a short story and then get into the groove with a fun fitness activity.



| | | | | |
|-----------------------------|-------|------------------|------|-----------------|
| Dates: | Ages: | Time: | Fee: | Location: |
| Thur. Feb. 29th – Mar. 28th | 2 – 4 | 11:00 – 11:30 AM | \$50 | Joe Trapasso CH |

LITTLE LACROSSE STARS:

Instructor: Jillian Temple

Led by Coach Jill Temple, your child will experience all the introductory fundamentals of the fun game of Lacrosse. Currently a Division II Lacrosse Coach herself at Southern Connecticut University, Jill is extremely passionate of the game and will strive to emphasize fun, teamwork, and proper hand eye coordination and motor skills of all players in a fun, recess setting. Small lacrosse sticks and bouncy balls will be provided. No additional equipment needed.



| | | | | |
|---|-------|------------------|------|---------------------|
| Dates: | Ages: | Time: | Fee: | Location: |
| Session 1: Fri. Mar. 1st– Apr. 5th* *skip Mar. 13th & 29th | 2 – 4 | 11:00 – 11:30 AM | \$50 | Joe Trapasso CH |
| Session 2: Fri. May 17th – Jun. 7th | 2 – 4 | 11:00 – 11:30 AM | \$50 | Foote Memorial Park |

STAYING FIT FOR TODDLER/PRESCHOOL:

Instructor: Personal Trainer Jill Temple

Let's get moving!!!! Bring your little one to the Joe Trapasso Community House/ Hammer Field and join in as Personal Trainer Jill Temple leads fun physical activities to get your toddler moving. Your child will have a blast as they get their wiggles and giggles out in a fun, recess setting!



| | | | | |
|--------------------------------------|-------|------------------|------|------------------------|
| Date: | Ages: | Time: | Fee: | Location: |
| Session 1: Tue. Mar. 5th – Mar. 26th | 1 – 4 | 11:00 – 11:30 AM | \$50 | Joe Trapasso CH |
| Session 2: Tue. Apr. 16th – May 7th | 1 – 4 | 11:00 – 11:30 AM | \$50 | Joe Trapasso CH/Hammer |
| Session 3: Tue. May 14th – Jun. 4th. | 1 – 4 | 11:00 – 11:30 AM | \$50 | Joe Trapasso CH/Hammer |

ART EXPLORATION WITH ABRAKADOODLE:

Instructor: Abrakadoodle

Abrakadoodle Classes offer enrichment opportunities this Winter for toddlers by incorporating art education in a fun way. Classes will increase socialization and imagination, all in a fun environment. Young Abrakadoodle toddler artists will create a masterpiece each week to a special theme using many different materials. Let's have fun together creating and making new friends.



| | | | | |
|---|--------------------|-----------------------------|-----------------|----------------------------|
| Date : | Ages: | Time: | Fee: | Location: |
| Session 1: Mon. Apr. 15th – May 20th | 1.5 – 4 | 10:00 – 10:45 AM | \$80 | Joe Trapasso CH |
| Session 2: Tue. Apr. 16th – May 21st | 1.5 – 4 | 10:00 – 10:45 AM | \$80 | Joe Trapasso CH |

Register at BranfordRecreation.org

TODDLER PROGRAMS

FOOTE PARK PLAY DAY:

Instructor: Coach Vic & The Parks and Recreation Staff

Join Coach Vic as he hosts play days at Foote Park. Children and caregivers will meet to play and socialize at the park. Please bring a water bottle and wear sneakers to class.



| | | | | |
|--------------------------|-------|------------------|------|------------|
| Date: | Ages: | Time: | Fee: | Location: |
| Mon. Apr. 15th - May 6th | 2 - 5 | 11:00 - 11:30 AM | \$50 | Foote Park |

STUDIO ONE TODDLER & ME CREATIVE MOVEMENT:

Instructor: Studio One

Come join us for a dynamic creative movement class that teaches toddlers the joy of music and dance. The toddlers must be accompanied by an adult. This is a wonderful bonding experience and a great way to introduce our toddlers into new environments.



| | | | | |
|--------------------------|---------|-----------------|------|------------|
| Date: | Ages: | Time: | Fee: | Location: |
| Tue. Apr. 16th - May 7th | 1.5 - 3 | 9:30 - 10:00 AM | \$60 | Studio One |

ULTIMATE BALL TIME:

Instructor: Coach Vic & The Parks and Recreation Staff

Introduce your little superstar to this multi-sports class (t-ball, basketball, soccer, football, etc.) which uses age appropriate games and activities to explore sports skills and child development. Parent participation is encouraged. Please bring a water bottle and wear sneakers to class.



| | | | | |
|-------------------------------------|-------|------------------|------|------------------------------|
| Date: | Ages: | Time: | Fee: | Location: |
| Session 1: Wed. Apr. 17th - May 8th | 2 - 5 | 11:00 - 11:30 AM | \$50 | Joe Trapasso CH/Hammer Field |
| Session 2: Wed. May 15th - Jun. 5th | 2 - 5 | 11:00 - 11:30 AM | \$50 | Joe Trapasso CH/Hammer Field |

SOCCER SQUIRTS:

Instructor: Coach Vic & The Parks and Recreation Staff

This program is your child's perfect introduction to the most popular sport in the world. Boys and girls will learn the fundamentals of soccer (dribbling, passing, shooting, and defending). Please bring a water bottle and wear sneakers to class



| | | | | |
|--------------------------|-------|------------------|------|------------------------------|
| Date: | Ages: | Time: | Fee: | Location: |
| Thu. Apr. 18th - May 9th | 2 - 5 | 11:00 - 11:30 AM | \$50 | Joe Trapasso CH/Hammer Field |

T-BALL FUN:

Instructor: Coach Vic & The Parks and Recreation Staff

This class is the perfect introduction to baseball and softball. T-ball will develop skills including hitting, catching, throwing, and base-running. Using age-appropriate equipment, children will learn the fundamentals and rules of the game in a safe and fun environment. Please bring a water bottle and wear sneakers to class.



| | | | | |
|----------------------------|-------|------------------|------|------------------------------|
| Date: | Ages: | Time: | Fee: | Location: |
| Fri. April 19th - May 10th | 2 - 5 | 11:00 - 11:30 AM | \$50 | Joe Trapasso CH/Hammer Field |

Register at BranfordRecreation.org

TODDLER PROGRAMS

"LITTLE KICKS" SOCCER

Instructor: Victory Soccer

Instructed by the popular coaches from Victory Soccer, "Little Kicks" is an introductory program to soccer where coaches will strive to incorporate "Adventure Soccer" to all little, future soccer stars. This consists of fun soccer themed activities, fun games and storytelling. Parent participation is encouraged! Check out more about Victory Soccer [here!](#)



| Date: | Ages: | Time: | Fee: | Location (TBD): |
|---------------------------------------|-------|------------------|-------|---------------------|
| Session 1: Sun. Apr. 21st – Jun. 2nd* | 2 - 3 | 9:00 - 10:00 AM | \$100 | Hammer or Vets Park |
| Session 2: Sun. Apr. 21st – Jun. 2nd* | 4 - 5 | 10:00 - 11:00 AM | \$100 | Hammer or Vets Park |

**skip May 26th*

SPRING SWIM LESSONS LOCATED ON PAGE 20



***SUMMER CLASSES WILL BE HELD AT
WIS POOL & HOSPICE POOL.
CHECK BACK SOON FOR FURTHER DETAILS!***

Register at BranfordRecreation.org

TODDLER & YOUTH PROGRAMS

MUNCHKINS TENNIS LESSONS:

Instructor: Paul Gagliardi

Participants will learn the basics of the game of tennis, through a variety of fun, skill building activities. Children will learn fundamental stroke production and the ABC's (agility, balance, and coordination) of tennis. Participants should bring a water bottle and have their own tennis racquet.

| Date | Ages: | Time: | Fee: | Location: |
|--|-------|----------------|------|-----------|
| Session 1: Sat. Apr. 6th - May 4th | 4 - 6 | 9:00 - 9:45 AM | \$95 | BHS |
| Session 2: Sat. May 18th - Jun. 15th | 4 - 6 | 9:00 - 9:45 AM | \$95 | BHS |
| Session 3: Sat. Jun. 29th - Jul. 27th | 4 - 6 | 9:00 - 9:45 AM | \$95 | BHS |
| Session 4: Sat. Aug. 3rd - Aug. 31st | 4 - 6 | 9:00 - 9:45 AM | \$95 | BHS |
| Session 5: Sat. Sept. 14th - Oct. 12th | 4 - 6 | 9:00 - 9:45 AM | \$95 | BHS |

JUNIOR TENNIS LESSONS FOR KIDS:

Instructor: Paul Gagliardi

Participants will learn the forehand, backhand, serve and volley with drills, fun games, and game situations. Scoring, strategy and match play for singles and doubles will be incorporated. Participants should bring a water bottle and have their own tennis racquet.

| Date: | Ages: | Time: | Fee: | Location: |
|--|-------|-----------------|-------|-----------|
| Session 1: Sat. Apr. 6th - May 4th | 7 - 8 | 9:45 - 10:45 AM | \$110 | BHS |
| Session 2: Sat. May 18th - Jun. 15th | 7 - 8 | 9:45 - 10:45 AM | \$110 | BHS |
| Session 3: Sat. Jun. 29th - Jul. 27th | 7 - 8 | 9:45 - 10:45 AM | \$110 | BHS |
| Session 4: Sat. Aug. 3rd - Aug. 31st | 7 - 8 | 9:45 - 10:45 AM | \$110 | BHS |
| Session 5: Sat. Sept. 14th - Oct. 12th | 7 - 8 | 9:45 - 10:45 AM | \$110 | BHS |

ADVANCED JUNIOR DEVELOPMENT TENNIS LESSONS:

Instructor: Paul Gagliardi

Participants will continue to improve on their forehand, backhand, serve and volley with drills, fun games, and game situations. Scoring, strategy and match play for singles and doubles will be incorporated. Participants should bring a water bottle and have their own tennis racquet.

| Date: | Ages: | Time: | Fee: | Location: |
|--|--------|------------------|-------|-----------|
| Session 1: Sat. Apr. 6th - May 4th | 9 - 13 | 10:30 - 11:30 AM | \$110 | BHS |
| Session 2: Sat. May 18th - Jun. 15th | 9 - 13 | 10:30 - 11:30 AM | \$110 | BHS |
| Session 3: Mon. Jun. 24th - Jul. 22nd | 9 - 13 | 5:30 - 6:30 PM | \$110 | BHS |
| Session 4: Mon. Aug. 5th - Sept. 9th* | 9 - 13 | 5:30 - 6:30 PM | \$110 | BHS |
| Session 5: Mon. Sept. 16th - Oct. 14th | 9 - 13 | 5:30 - 6:30 PM | \$110 | BHS |

*skip Mon. Sept. 2nd



Register at BranfordRecreation.org

YOUTH PROGRAMS

LEGO "SPRING INTO STEM" WITH PLAY-WELL TEKNOLOGIES:

Instructor: Play-Well TEKologies

Celebrate the coming of Spring with Play-Well and tens of thousands of LEGO® parts! Build chirping birds, design blossoming flowers, and take a ride on a paddle boat. Design and build as never before and explore your craziest ideas.



| | | | | |
|---------------------------|--------------|----------------|-------------|------------------|
| Date: | Ages: | Time: | Fee: | Location: |
| Wed. Mar. 6th - Mar. 27th | 5 - 9 | 4:00 - 5:00 PM | \$100 | Joe Trapasso CH |

INTRO TO FUTSAL

Instructor: Victory Soccer

Have you ever heard of Futsal? Now's your chance to learn this fun game!

Instructed by the popular coaches from Victory Soccer, Futsal is similar to soccer, but the ball that players use is a special, no bounce Futsal ball that's specifically made for gymnasium surfaces or any indoor field space. This program will combine ball skills, technical training and conclude with small scrimmages/games or a small round-robin tournament! Players will be grouped together with their appropriate age groups. Check out more about Victory Soccer's Futsal program [here!](#)



| | | | | | |
|--------------------------|-------------|------------------|----------------|--------------|-----------------|
| Dates: | Fee: | Location: | Ages: | Time: | |
| Wed. Mar. 6th - Apr. 3rd | 8 - 11 | | 4:00 - 5:00 PM | \$70 | Joe Trapasso CH |

PARENT & ME CHARCUTERIE BOARD WORKSHOP:

Instructor: Andrea & Courtney from Perfectly Planned Parties

A fun twist to a popular, adult workshop! A parent, guardian, or other adult member, along with their little one(s), will discover the art of creating a beautiful charcuterie board! Participants will learn how to display various types of cheeses, meats, breads, and incorporate seasonal items to make the perfect board. All items and supplies provided and you can bring your beautiful creation home. Impress your guests with instructors Andrea Savino and Courtney Rosenberg from Perfectly Planned Parties. Please only register each child(ren), but an adult must attend with the child(ren).



Cancelled

| | | | | |
|--------------------------|--------------|----------------|-------------|------------------|
| Date: | Ages: | Time: | Fee: | Location: |
| Session 1: Tue. Apr. 9th | 6 & older | 5:30 - 7:00 PM | \$55 | Joe Trapasso CH |
| Session 2: Tue. May 14th | 6 & older | 5:30 - 7:00 PM | \$55 | Joe Trapasso CH |

**SPRING SWIM LESSONS & AQUATIC ACTIVITIES
LOCATED ON PAGES 20 & 21**

**SUMMER CLASSES WILL BE HELD AT
WIS POOL & HOSPICE POOL.
CHECK BACK SOON FOR FURTHER
DETAILS!**



Register at BranfordRecreation.org

YOUTH PROGRAMS

MARY'S CULINARY COOKING CLASSES FOR KIDS:

Instructor: Chef Mary

Put your aprons on and learn some culinary skills while you make a delicious meal. Join Mary in the kitchen for a unique, hands-on culinary experience that will engage children in creating delicious dinners and desserts. Participants will explore, create, and learn basic cooking techniques! Class size is limited.



| Date & Theme: | Ages: | Time: | Fee: | Location: |
|---|-------|----------------|------|-----------------|
| Session 1: Tues. Apr. 2nd <i>Meatloaf 'Cupcakes' and Cookie 'Hamburgers'</i> | 6-13 | 4:30 - 6:30 PM | \$40 | Joe Trapasso CH |
| Session 2: Tues. Apr. 23rd <i>Garlic Parmesan Pasta with Spinach & Mushrooms and Peep Cupcakes</i> | 6-13 | 4:30 - 6:30 PM | \$40 | Joe Trapasso CH |
| Session 3: Tues. May 7th <i>Lazy man's Lasagna and Boston Cream Pie Lasagna</i> | 6-13 | 4:30 - 6:30 PM | \$40 | Joe Trapasso CH |
| Session 4: Tues. May 21st <i>White Chicken Enchiladas and Flower Cookies</i> | 6-13 | 4:30 - 6:30 PM | \$40 | Joe Trapasso CH |
| Session 5: Tues. Jun. 11th <i>Tortellini Pesto Pasta Salad and Triple Vanilla Brownies</i> | 6-13 | 4:30 - 6:30 PM | \$40 | Joe Trapasso CH |

JUNIOR GOLF LESSONS

Instructor: GO GOLF Academy PGA Instructors

First Swings Golf Clinic: (Ages 4-7) Entry level group instruction centered around the basics. This is a program for juniors that are new to golf or haven't received much instruction. The "First Swings" program is essentially the same as we do in the fall. Juniors work from the U.S. Kids Curriculum used in our full blown academy where there is a list of different skills needed to progress forward. Each session has a theme. These themes are centered around the basics of the golf swing. Juniors are also exposed to topics such as etiquette, parts of the golf course and general strategy such as aim and light course management.



Junior Golf Mastery Clinic (Ages 8-12): This program is for juniors that have received a bit of instruction and understand the basics. The idea behind this group is that juniors have "graduated" from "First Swings" to "Junior Golf Mastery." These juniors already possess the knowledge of grip, aim and setup and need more golf swing instruction. The sessions still have a specific topic dedicated to each meeting. Juniors also do some light course management through our Trackman Simulator. These course management sessions are in a group/team environment. There is a goal the group must achieve that may or may not be tied to scoring. The overall idea is to get juniors thinking more like golfers.

| Date: | Ages: | Time: | Fee: | Location: |
|-------------------------|--------|----------------|-------|---------------------|
| Sat. Apr. 6th - May 4th | 4 - 7 | 1:00 - 2:00 PM | \$210 | Fairways Golf Range |
| Sat. Apr. 6th - May 4th | 8 - 12 | 2:00 - 3:00 PM | \$210 | Fairways Golf Range |

Register at BranfordRecreation.org

YOUTH PROGRAMS

CUPCAKE DECORATING WITH THE BRITISH BAKER

Instructor: Alison Luciana, The British Baker

The British Baker from the Great British Cupcake LLC, will be teaching young bakers how to utilize a specialize Spring-themed cupcake. Each participant will leave with a fully decorated cupcake or a pack of cupcakes. All supplies are included.



Cancelled

| | | | | |
|---------------|--------|--------------------|------|-----------------|
| Date: | Ages: | Time: | Fee: | Location: |
| Sat. Apr. 6th | 7 - 13 | 11:00 AM - 1:00 PM | \$50 | Joe Trapasso CH |

"FIRED UP" POTTERY MAKING

Instructor: Fired Up

Join FIRED UP pottery staff for an evening of fun and creativity with you and your little one(s). You'll create your very own pottery masterpiece with guided instruction. Pre-registration is required. Please wear sneakers and clothes that can get dirty and bring an old towel with you.



| | | | | |
|--------------------------|-----------|----------------|------|-----------------|
| Date: | Ages: | Time: | Fee: | Location: |
| Session 1: Fri. Apr. 5th | 5 & older | 6:00 - 7:30 PM | \$30 | Joe Trapasso CH |
| Session 2: Fri. Jun. 7th | 5 & older | 6:00 - 7:30 PM | \$30 | Joe Trapasso CH |

NEWLY ADDED CLASS!

"KIDS ZONE NIGHT ON MAY 3RD"- View our 'Kids Zone Night' flyer on the next page where instructors from FIRED UP will instruct a 'Star Wars' theme pottery craft on May 3rd for Grades K-4!

YOUTH PROGRAMS

Branford Parks & Recreation



SPRING DATES

Friday Nights!

- Mar. 22nd

- Apr. 19th

- **May 3rd ('May the 4th'

Be With You Theme

Night!)

Adults...Enjoy a night out going to dinner or holiday shopping while we take care of your children! Your child will enjoy a night of entertainment, refreshments, arts & crafts, games, movies and more!!!

(203) 488-8304

RECREATION@BRANFORD-CT.GOV



Grades:
K thru 4th

Time:
5:30p-8:30p

Fee:
\$30 (**\$60)
per night/per child

Pre-registration is required. Space is limited!

Register at BranfordRecreation.org

LEGACY THEATRE ARTS PROGRAM– ALL AGES

We are excited to partner with Legacy Theatre to offer many opportunities for the community to expand your creative arts and theatre experiences. Join a class today! Please note, the final two classes of each below session may be held at Legacy Theatre! Confirmation will be addressed when the dates approach.



LEGACY THEATRE EDUCATION

The greatest legacy is not what we leave *for* people but what we leave *within* people

TODDLER TIME!

Instructor: Chelsea Dacey and Nick Fetherston

Sing and dance! Each week will explore a new theme - Princesses and Princes, Pajama Week, Rainbow Day, etc. Class will include singing and dancing with ribbons, learning pitch and notes, sing-a-longs, and make believe games perfect for your toddler (parent must stay throughout class).

| Date: | Ages: | Time: | Fee: | Location: |
|--------------------------------------|-------|-----------------|-------|-----------------|
| Session 1: Sat. Apr. 20th - May 18th | 3 - 5 | 9:15 - 10:00 AM | \$150 | Joe Trapasso CH |
| Session 2: Tue. Apr. 23rd - May 21st | 3 - 5 | 9:00 - 9:45 AM | \$150 | Joe Trapasso CH |

DRAMA CLASS!

Instructor: Chelsea Dacey and Nick Fetherston

A perfect intro to theatre! Students will explore scenes, music and dance from musicals and plays.

| Date: | Grades: | Time: | Fee: | Location: |
|--------------------------------------|---------|---------------------|-------|-----------------|
| Session 1: Sat. Apr. 20th - May 18th | K - 2 | 10:15 - 11:00 AM | \$150 | Joe Trapasso CH |
| Session 2: Sat. Apr. 20th - May 18th | 3 - 5 | 11:15 AM - 12:00 PM | \$150 | Joe Trapasso CH |

MUSICAL THEATER PERFORMANCE!

Instructor: Chelsea Dacey

Students will dive into musical theatre songs and explore how to connect to their songs in meaningful ways.

| Date: | Grades: | Time: | Fee: | Location: |
|---------------------------|---------|-----------------|-------|-----------------|
| Sat. Apr. 20th - May 18th | 6 - 10 | 12:15 - 1:15 PM | \$160 | Joe Trapasso CH |

CREATING YOUR OWN SOLO SHOW

Instructor: Julie Fitzpatrick

Over the course of this small class (max of 6 students), we will explore our life stories and dramatize a moment or happening within them, focusing on a ten minute excerpt which will be staged in the final week of class.

| Date: | Ages: | Time: | Fee: | Location: |
|---------------------------|-------|----------------|-------|-----------------|
| Mon. Apr. 22nd - May 20th | 12+ | 6:00 - 7:30 PM | \$175 | Joe Trapasso CH |

ADULT IMPROV

Instructor: Mary Lou Lauricella

Enjoy the exploration of improvisation in four weeks of fun and engaging exercises and scenes. Let yourself play again while improving your spontaneity, listening skills, and ability to be more present through the art of improvisation.

| Date: | Ages: | Time: | Fee: | Location: |
|----------------------------|-------|------------------|-------|-----------------|
| Sat. Apr. 20th - May 18th* | 18+ | 10:00 - 11:30 AM | \$175 | Joe Trapasso CH |

*skip May 4th

Register at BranfordRecreation.org

ADULT PROGRAMS

ADULT BEGINNER TENNIS LESSONS:

Instructor: Paul Gagliardi

Participants will be introduced to the basic of forehand, backhand, serve and volley with drills, fun games, and game situations. Scoring, strategy and match play for singles and doubles will be incorporated.

Participants should bring a water bottle and have their own tennis racquet.

| Date: | Age: | Time: | Fee: | Location: |
|--|------|----------------|-------|------------|
| Session 1: Tue. Apr. 2nd - Apr. 30th | 18+ | 5:30 - 6:30 PM | \$110 | Foote Hard |
| Session 2: Tue. May 14th - Jun. 11th | 18+ | 5:30 - 6:30 PM | \$110 | Foote Clay |
| Session 3: Tue. Jun. 25th - Jul. 23rd | 18+ | 5:15 - 6:15 PM | \$110 | Foote Clay |
| Session 4: Tue. Aug. 6th - Sept. 3rd | 18+ | 5:15 - 6:15 PM | \$110 | Foote Clay |
| Session 5: Tue. Sept. 17th - Oct. 15th | 18+ | 5:00 - 6:00 PM | \$110 | Foote Clay |

ADULT INTERMEDIATE TENNIS LESSONS:

Instructor: Paul Gagliardi

The participant will improve the forehand, backhand, serve and volley with drills, fun games, and game situations. Scoring, strategy and match play for singles and doubles will be incorporated. Participants should bring a water bottle and have their own tennis racquet.

| Date | Age: | Time: | Fee: | Location: |
|--|------|----------------|-------|------------|
| Session 1: Mon. Apr. 1st - Apr. 29th | 18+ | 6:30 - 7:30 PM | \$110 | BHS |
| Session 2: Mon. May 13th - Jun. 17th | 18+ | 6:30 - 7:30 PM | \$110 | BHS |
| Session 3: Mon. Jun. 24th - Jul. 22nd | 18+ | 6:30 - 7:30 PM | \$110 | BHS |
| Session 4: Mon. Aug. 5th - Sept. 9th* | 18+ | 6:30 - 7:30 PM | \$110 | Foote Clay |
| Session 5: Mon. Sept. 16th - Oct. 14th | 18+ | 6:30 - 7:30 PM | \$110 | Foote Clay |

**skip Mon. Sept. 2nd*

ADULT CAPP TENNIS:

Instructor: Paul Gagliardi

CAPP point play is a game-based tennis cardio workout. It is designed for Intermediate/Advanced players who want a fun and challenging tennis workout. Participants should bring a water bottle and have their own tennis racquet.

| Date: | Age: | Time: | Fee: | Location: |
|---|------|----------------|-------|------------|
| Session 1: Tue. Apr. 2nd - Apr. 30th | 18+ | 6:30 - 8:00 PM | \$110 | Foote Hard |
| Session 2: Thur. May 2nd - May. 30th | 18+ | 6:30 - 8:00 PM | \$110 | Foote Clay |
| Session 3: Tue. May 14th - Jun. 11th | 18+ | 6:30 - 8:00 PM | \$110 | Foote Clay |
| Session 4: Tue. Jun. 25th - Jul. 23rd | 18+ | 6:15 - 7:45 PM | \$110 | Foote Clay |
| Session 5: Tue. Aug. 6th - Sept. 3rd | 18+ | 6:15 - 7:45 PM | \$110 | Foote Clay |
| Session 6: Thur. Sept. 12th - Oct. 10th | 18+ | 6:00 - 7:30 PM | \$110 | Foote Clay |
| Session 7: Tue. Sept. 17th - Oct. 15th | 18+ | 6:00 - 7:30 PM | \$110 | Foote Clay |



Register at BranfordRecreation.org

ADULT PROGRAMS

ADULT PICKLEBALL BEGINNER LESSONS:

Instructor: Bill Sadick, PPR Certified Coach

This class is for those who have limited experience or have never played the game of pickleball. This 4 week class will focus on game rules, understanding the court, scoring, paddle use, dinking, serving and return of serve, transition, third shot drop, blocking the bangers, punch volley and more!

Ages: 18+



| Date: | Time: | Fee: | Location: |
|---------------------------------------|-----------------|-------|-----------------|
| Session 1: Mon. Apr. 15th - May 6th | 9:00 - 10:30 AM | \$125 | Joe Trapasso CH |
| Session 2: Mon. Apr. 15th - May 6th | 5:00 - 6:30 PM | \$125 | Veteran's Park |
| Session 3: Tue. Apr. 16th - May 7th | 5:00 - 6:30 PM | \$125 | JTCH/Veteran's |
| Session 4: Mon. May 13th - Jun. 10th* | 5:00 - 6:30 PM | \$125 | Veteran's Park |
| <i>*skip Mon. May 27th</i> | | | |
| Session 5: Tue. May 14th - Jun. 4th | 5:00 - 6:30 PM | \$125 | Veteran's Park |
| Session 6: Mon. Jun. 17th - Jul. 8th | 5:00 - 6:30 PM | \$125 | Veteran's Park |
| Session 7: Tue. Jun. 18th - Jul. 9th | 5:00 - 6:30 PM | \$125 | Veteran's Park |

ADULT PICKLEBALL ADVANCED BEGINNER LESSONS:

Instructor: Bill Sadick, PPR Certified Coach

Four sessions on instruction to help you hone your Pickleball game. An overall focus will stress footwork and positioning in the court with weekly drills targeting specific aspects of the game. Adding Spin to the ball, Defending the 3rd Shot Drop using the Roll Volley, Returning the Lob Shot, Returning the Overhead High Shots, Resetting, the backhand, Court and Partner Positioning, Getting rated and more!

Ages: 18+

| Date: | Time: | Fee: | Location: |
|---------------------------------------|----------------|-------|----------------|
| Session 1: Mon. Apr. 15th - May 6th | 6:30 - 8:00 PM | \$125 | Veteran's Park |
| Session 2: Tue. Apr. 16th - May 7th | 6:30 - 8:00 PM | \$125 | JTCH/Veteran's |
| Session 3: Mon. May 13th - Jun. 10th* | 6:30 - 8:00 PM | \$125 | Veteran's Park |
| <i>*skip Mon. May 27th</i> | | | |
| Session 4: Tue. May 14th - Jun. 4th | 6:30 - 8:00 PM | \$125 | Veteran's Park |
| Session 5: Mon. Jun. 17th - Jul. 8th | 6:30 - 8:00 PM | \$125 | Veteran's Park |
| Session 6: Tue. Jun. 18th - Jul. 9th | 6:30 - 8:00 PM | \$125 | Veteran's Park |

BRANFORD SPRING FLING PICKLEBALL TOURNAMENT:

Sat. & Sun. May 4th (Rain Date May 5th) at Foote Park. Click the link below for further details and to register!

<https://pickleballbrackets.com/ptd.aspx?eid=d835dc90-7013-400b-8155-321bf3b0e4f3>

OPEN PLAY PICKLEBALL:

Pickleball courts are located at Foote Park (12 Melrose Ave) as well at Veteran's Memorial Park (120 Brushy Plain Rd).

Courts are available for open play on a first come, first serve basis outside of scheduled recreational programs. The Parks & Rec department reserves the right to close courts at their discretion at any time (weather, court conditions, park events, etc). Players must bring paddles & balls. Parks & Rec supplies nets.

Register at BranfordRecreation.org

ADULT PROGRAMS

"STAYING FIT- DO YOUR BEST TRAINING" SUNRISE FITNESS WORKOUTS:

Instructor: Personal Trainer, Jillian Temple

Begin your day in the best possible way. Join personal Trainer, Jill Temple in body weight routines that will challenge, motivate and energize you. A full body workout mixed with Cardio! Please bring a mat and water bottle. All levels welcome!

| Date: | Ages: | Time: | Fee: | Location: |
|--|-------|----------------|-------|-----------------|
| Session 1: Tue./Thu. Apr. 16th - May 9th | 18+ | 6:30 - 7:30 AM | \$100 | Joe Trapasso CH |
| Session 2: Tue./Thu. May 14th - Jun. 6th | 18+ | 6:30 - 7:30 AM | \$100 | Foot Park |

"STAYING FIT- DO YOUR BEST TRAINING" SATURDAY FITNESS WORKOUTS:

Instructor: Personal Trainer, Jillian Temple

Let's get moving!!! Start your weekend in the best possible way with an exercise class. Personal Trainer Jill Temple will demonstrate in body-weight routines that will challenge, motivate and energize you. Please bring a mat and water bottle. All levels welcome!

| Date: | Ages: | Time: | Fee: | Location: |
|----------------------------|-------|-------------------|------|----------------------------|
| Sat. Jun. 22nd - Jul. 13th | 18+ | 8:00 am - 9:00 am | \$50 | Branford Point/Parker Park |

ATTITUDE DANCE & FITNESS CLASSES:

Instructor: Robyn Dinatale & Mike Griffin from Attitude Dance & Fitness

Power Barre (Mon.): A total body workout mix of low to no impact movements structured with an element of basic ballet. Combine with light hand-held weights and the result is toned, lean muscle. The ultimate fun fat burner. All levels of experience welcome. Weights provided. Bring a mat.

Strong & Lean (Wed.): This strength training class helps build bone and muscle vital to the aging process and utilizes various resistance tools including dumbbells, resistance bands and even your own body weight. There's always something different and something for everyBODY! All levels of experience welcome. Weights provided. Bring your own mat.

Qi-Gong (Mon. and/or Wed.): Qigong is an ancient Chinese practice that involves the cultivation and balance of Qi, pronounced (Chee), the body's vital energy. Coordination of body-posture, body movement, breathing, and meditation are involved in this exercise as you improve on your physical and emotional well-being. Register for one day or both days.

| Date: | Ages: | Time: | Fee: | Location: |
|---|-------|----------------|------|-----------------|
| Power Barre: Mon. Apr. 15th - Jun. 10th* | 18+ | 5:45 - 6:45 PM | \$50 | Joe Trapasso CH |
| Strong & Lean: Wed. Apr. 17th - Jun. 5th | 18+ | 5:45 - 6:45 PM | \$50 | Joe Trapasso CH |
| Qi-gong: Mon &/or Wed. Apr. 15th - Jun. 10th* | 18+ | 6:45 - 7:45 PM | \$50 | Joe Trapasso CH |

*skip Mon. May 27th



Register at BranfordRecreation.org

ADULT PROGRAMS

CARDIO KICKBOXING:

Instructor: Annie Marchitto



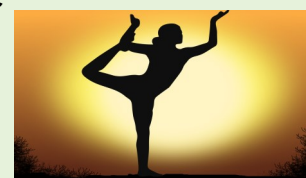
This energizing and uplifting yoga class will take you on a journey of sun salutations, warrior series and detoxifying twists. Suitable for all levels; modifications will be given to allow the practitioner to develop their foundational poise in each posture allowing them to access the more challenging postures as the class matures. Bliss out in a final relaxation to culminate a well-deserved repose. Please bring a jump rope, yoga mat, and water bottle.

| | | | | |
|---|---------------------|--------------------------------|----------------------|-------------------------------------|
| Date: Thur. Apr. 18th - Jun. 27th* <i>*skip May 30th</i> | Ages: 18+ | Time: 6:00 - 7:00 PM | Fee: \$100 | Location: Joe Trapasso CH |
|---|---------------------|--------------------------------|----------------------|-------------------------------------|

VINYASA FLOW YOGA:

Instructor: Dr. Audra Stawicki, Doctor of Physical Therapy, Certified Yoga Instructor & Wellness Enthusiast

This energizing and uplifting yoga class will take you on a journey of sun salutations, warrior series and detoxifying twists. Suitable for all levels; modifications will be given to allow the practitioner to develop their foundational poise in each posture allowing them to access the more challenging postures as the class matures. Find tranquility, cultivate equanimity.



Cancelled

| | | | | |
|---|---------------------|--------------------------------|----------------------|-------------------------------------|
| Date: Wed. Apr. 17th - May 22nd | Ages: 13+ | Time: 6:00 - 7:00 PM | Fee: \$100 | Location: Joe Trapasso CH |
|---|---------------------|--------------------------------|----------------------|-------------------------------------|

SOUL CHILL YOGA:

Instructor: Sally Noel, certified Yoga Instructor & owner of Raven's Wing Yoga

Classes focus on stress relief while promoting key strength and balance.

Release your tension with movement and poses, beginning meditation, breath awareness and relaxation techniques. All are welcome, practiced and beginners alike. Modifications offered for all to enjoy. Please bring a mat or towel, and a water bottle.



| | | | | |
|---|----------------|---------------------------|-----------------|----------------------------|
| Date: | Ages: | Time: | Fee: | Location: |
| Session 1: Tue. Mar. 19 - Apr. 30th* | 18+ | 7:00 - 8:00 PM | \$65 | Joe Trapasso CH |
| Session 2: Tue. May 28th - Jul. 2nd | 18+ | 7:00 - 8:00 PM | \$65 | Joe Trapasso CH |

**skip Apr. 9th*

INTRO TO BEGINNERS MAT PILATES:

Instructor: Cindy Kondziela, Certified Pilates Instructor

Join Cindy Kondziela as she shares her love of pilates with you. Participants will learn the 18 beginner classical Pilates exercises in this introduction class. Pilates strengthens the core and improves flexibility, balance and posture. Lower back pain could even be alleviated. Classes are designed for beginners and to go at your own pace. Please bring a blanket or towel, yoga mat and water.



| | | | | |
|--|----------------|---------------------------|-----------------|----------------------------|
| Date: | Ages: | Time: | Fee: | Location: |
| Session 1: Thur. Mar. 7th - Apr. 11th | 18+ | 6:00 - 6:45 PM | \$70 | Joe Trapasso CH |
| Session 2: Thur. Apr. 18th - May 23rd | 18+ | 6:00 - 6:45 PM | \$70 | Joe Trapasso CH |

Register at BranfordRecreation.org

ADULT PROGRAMS

ADULT CHARCUTERIE BOARD WORKSHOPS

Instructor: Andrea & Courtney from Perfectly Planned Parties

Discover the art of creating a beautiful charcuterie board to impress your guests with Perfectly Planned Parties! Participants will learn how to display various types of cheeses, style cured meats, and incorporate seasonal items to make the perfect holiday board. This workshop includes cheese, meats, accompaniments, a 10" palm leaf plate and box to take your beautiful creation home. Join us for a night out with friends, family, co-workers, or other groups while you learn to create beautiful and delicious boards!



| Date: | Ages: | Time: | Fee: | Location: |
|--|----------------|---------------------------|-----------------|----------------------------|
| Easter Theme: Thur. Mar. 28th | 18+ | 6:00 - 8:00 PM | \$55 | Joe Trapasso CH |
| Spring Theme: Thur. Apr. 25th | 18+ | 6:00 - 8:00 PM | \$55 | Joe Trapasso CH |

MARY'S ADULT UNIFIED COOKING & GAMES CLASS

Instructor: Chef Mary

This young adult inclusive "Cooking with Friends" class is a great opportunity for young adults to develop skills needed to live on their own. Participants will learn to follow a recipe, measure, chop, combine ingredients, learn team building, and operate a burner to cook a simple meal. Join Chef Mary as she teaches you to prepare a basic Chicken Dish & Salad. After making the perfect dinner, participants will eat together and have fun socializing, playing board games and more!



| Date: | Ages: | Time: | Fee: | Location: |
|--|-------|----------------|------|-----------------|
| Session 1: Mon. Apr. 8th <i>Meatloaf 'Cupcakes'</i> | 18+ | 5:00 - 7:00 PM | \$30 | Joe Trapasso CH |
| Session 2: Mon. May 6th <i>Creamy Spinach & Tomato Tortellini</i> | 18+ | 5:00 - 7:00 PM | \$30 | Joe Trapasso CH |
| Session 3: Mon. Jun. 3rd <i>Lemon Pepper Fettucine</i> | 18+ | 5:00 - 7:00 PM | \$30 | Joe Trapasso CH |

CAKE DECORATING WITH THE BRITISH BAKER

Instructor: Alison Luciana, The British Baker

The British Baker, from the Great British Cupcake LLC, will be teaching adult students how to build a specialize Spring-themed cake. Each participant will leave with a fully decorated cake or a pack of cakes. All supplies are included.



| Date: | Ages: | Time: | Fee: | Location: |
|----------------|-------|----------------|------|-----------------|
| Thur. May 23rd | 18+ | 7:00 - 9:00 PM | \$65 | Joe Trapasso CH |

COOKIE DECORATING WITH MY ONE DELIGHT! BAKERY

Instructor: My One Delight! Bakery

Join Baker Jenna Moulton and learn how to decorate cookies! Each student will learn how to decorate with royal icing like a pro! Join the fun and learn the tips-and-tricks of cookie decorating such as piping and precise decorating with guide step-by-step instruction. All students will be able to bring their cookies home.



| Date: | Ages: | Time: | Fee: | Location: |
|--------------|-------|-----------------|------|-----------------|
| Sat. May 4th | 18+ | 9:00 - 10:45 AM | \$68 | Joe Trapasso CH |

Register at BranfordRecreation.org

ADULT PROGRAMS

MAHJONG PLAYERS CLUB:

Love the game of Mahjong? Continue playing the game you love with others while improving on your Mahjong skillset. Sets will be provided. There is no game instruction.

| Date: | Ages | Time: | Fee: | Location: |
|-----------------------------------|------|----------------|------|-----------------|
| Spring: Wed. Mar. 27th - May 29th | 18+ | 5:30 - 9:00 PM | \$30 | Joe Trapasso CH |
| Summer: Wed. Jun. 5th - Aug. 7th | 18+ | 5:30 - 9:00 PM | \$30 | Joe Trapasso CH |

MAHJONG LESSONS (ADVANCED BEGINNER):

Instructor: Allison Friday

Advanced Beginning Mahjong is designed for players who already have a basic working knowledge of the game, have some experience playing the game, and wish to further develop their skills. We will work on strategies for defensive/offensive play, learn how to select a hand more easily, and develop skills to increase the speed of play. We will play as much as possible; that's the best way to learn! Every student should purchase the 2024/25 Mah Jongg card when it becomes available. Please be sure to order from the National Mah-Jongg League at: www.nationalmahjonggleague.org. The large card is preferred. A note of caution: *Although ordering cards on Amazon might be easier, there have been times fake cards are unwittingly purchased on there!*

| Date: | Ages | Time: | Fee: | Location: |
|--------------------------|------|----------------|------|-----------------|
| Wed. Apr. 17th - May 8th | 18+ | 6:00 - 7:30 PM | \$45 | Joe Trapasso CH |

BRIDGE LESSONS: CONVENTIONS YOU SHOULD KNOW

Instructor: Don Brueggeman

Conventions are tools that help us better communicate with our partner. It is important to learn how to use our tools effectively. This eight week class will consist of discussions and a set of pre-arranged hands prepared for the students to play prepared in advance. In addition to practicing the use of conventions, the exercises will also involve bidding, declarer play and defense.

| Date: | Ages | Time: | Fee: | Location: |
|---------------------------|------|------------------|-------|-----------------|
| Mon. Mar. 25th - May 13th | 18+ | 10:00 - 11:30 AM | \$100 | Joe Trapasso CH |



Register at BranfordRecreation.org

ADULT PROGRAMS

Men's Spring Basketball League

Announcing the Adult Spring Basketball League at the Joe Trapasso Community House invites all men 18+ to register

Location: Joe Trapasso Community House

The 2024 season begins on or around Monday, April 15th

Players Draft will be held on Monday, March 25th

Game Times : 6:30, 7:30 and/or 8:30 PM

Game Location: Joe Trapasso Community House

Registration open to the first 48 players

Copy of photo ID required for draft.

REGISTRATION FEE: \$110.00

**LIMITED TO THE FIRST 48
PLAYERS REGISTERED.**

To register visit :

www.BranfordRecreation.org

OFFICE: (203)488-8304



ADULT PROGRAMS

NEW!

ADULT CO-ED

CORNHOLE
LEAGUE

\$125
PER TEAM*

WED
APR 17 - MAY 29
(PLAYOFFS
JUNE 5)

HAMMER FIELD
6:30 - 8:00PM

**ONLY THE TEAM CAPTAIN NEEDS TO REGISTER*

MIN OF 2, MAX OF 4 PER TEAM | CHAMPIONSHIP BELT TO WINNING TEAM!

REGISTER AT BRANFORDRECREATION.ORG
RECREATION@BRANFORD-CT.GOV | (203) 488-8304

AQUATICS—LEARN TO SWIM CLASSES



American Red Cross

Swim lessons are offered through our "Learn to Swim Program" taught by American Red Cross certified staff. We believe that all children need basic aquatic safety and swimming skills. Classes are held at the **Walsh Intermediate School** 185 Damascus Road (enter through door 165). Please make sure that you park in the parking lot and not in any NO PARKING ZONES). Only the parent and the child will be allowed to attend classes. Levels include water safety topics & basic water skills. Children must be in a swim diaper if not potty trained. Classes will be held rain or shine and will NOT run if there is thunder or lightning. All Parents/Caregivers will not be allowed on deck during the lessons. They will be able to sit in the bleacher area during the lessons. Please see staff for directions once at the pool.

Parent-Infant/Toddler Swim Lessons: 6 mos. - 3yrs. Class is 20 mins.
Child will be introduced to the water & encouraged to feel comfortable through water play, songs & games. Classes are not designed to teach them to swim or to survive in the water. A parent must be in the water with their child.

Preschool Aquatics: 4 & 5 years old Class is 20 mins.
This class is designed to familiarize the child with the water and prepare them for Preschool Aquatics levels. Classes are designed to build upon and improve skills learn while increasing knowledge of water safety and working to combine arm and leg motions on the front and back.

Level 1: Introduction to Water Skills: 6yrs. & up
Students will begin to develop self confidence, good swimming habits & learn safe practices in & around the water.

Level 2: Fundamental Aquatics: 6yrs. & up
Must have completed Level 1. Participants gain success with fundamentals skills: learning to float without support & recover to a vertical position.

Level 3: Stroke Development: 6yrs. & up
Must have completed Level 2. Through additional guided practice and building on previous skills, this level will help improve swimming skills in deeper water.

Level 4: Stroke Refinement : 6yrs. & up
Must have completed Level 3. Students will gain confidence while improving their strokes & learning additional aquatic skills.

MONDAYS \$60.00
Mar. 25-May. 6 (no class 4/8)

| LEVEL | TIME |
|---------------------|-------------|
| Pre-School Aquatics | 6:00p-6:20p |
| Pre-School Aquatics | 6:25p-6:45p |

WEDNESDAYS \$60
Apr. 17-May 22

| LEVEL | TIME |
|---------------------|-------------|
| Pre-School Aquatics | 6:00p-6:20p |
| Level 2 | 6:15p-6:45p |
| Level 1 | 6:30p-7:00p |
| Level 3 | 6:50p-7:20p |

SATURDAYS \$60.00
Apr.6-May 18 (no class 4/13)

| LEVEL | TIME |
|-----------------------|---------------|
| Parent Infant/Toddler | 9:00a-9:20a |
| Level 1 | 9:25a-9:55a |
| Level 2 | 10:00a-10:30a |
| Pre-School Aquatics | 10:00a-10:20a |
| Level 1 | 10:30a-11:00a |
| Level 3 | 10:35a-11:05a |
| Level 4 | 11:10a-11:55a |
| Pre-School Aquatics | 11:10a-11:30a |
| Parent Infant/Toddler | 12:00p-12:20p |

Register at BranfordRecreation.org

AQUATICS—LEARN TO SWIM & ADULT CLASSES

AQUACISE:

Instructor: Lisa Rathsack

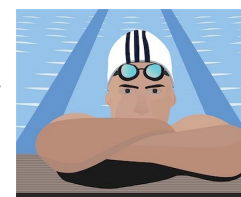
Join this low-impact, high energy water aerobics workout. This class is held in shallow water with a medium to low intensity. This is a total body workout alternating cardio and muscle conditioning.



| Date: | Ages: | Time: | Fee: | Location: |
|--|-------|----------------|------|-----------|
| Session 1: Mon. Mar. 25th - May 20th* | 18+ | 6:00 - 7:00 PM | \$80 | WIS Pool |
| Session 2: Wed. Mar. 27th - May 29th** | 18+ | 7:30 - 8:30 PM | \$80 | WIS Pool |
| <i>*skip Apr. 8th</i> | | | | |
| <i>**skip Apr. 3rd & 10th</i> | | | | |

ADULT SWIM LESSONS:

Beginner: This is an introduction to basic aquatic skills and swimming strokes including floats, glides, the front crawl (free style), breaststroke, and elementary backstroke, in a comfortable and supportive class setting.



Intermediate: Work on gaining the skills needed to swim one length of the pool using strokes

including front crawl, breaststroke, elementary backstroke, back crawl and sidestroke. Participants should be comfortable swimming with their face in the water and be able to use combined arm and leg motions.

| Date: | Ages: | Time: | Fee: | Location: |
|--------------------------------------|-------|----------------|------|-----------|
| Begin.: Thurs. Mar. 28th - May 16th* | 18+ | 7:00 - 7:45 PM | \$72 | WIS Pool |
| Inter.: Thurs. Mar. 28th - May 16th* | 18+ | 7:45 - 8:30 PM | \$72 | WIS Pool |
| <i>*skip Apr. 11th & May 9th</i> | | | | |

SUNFISH SWIM CLUB- NIGHT PROGRAM:

Instructor: Sally Noel, BHS Girls Swim Coach & BHS Girls Swim Team Members
Calling all current swimmers and swimmers who are ready to learn more about the sport of competitive swimming. Sunfish Swim Club is a good introduction to a swim team environment. This club will include teaching of swim stroke refinement, fundamentals of flip turns, dives, and the cooperation of a swim practice all while having fun!



| Date: | Grades: | Time: | Fee: | Location: |
|---------------------------|-----------|----------------|------|-----------|
| Mon. Apr. 15th - May 13th | 3rd - 8th | 6:00 - 7:00 PM | \$60 | WIS Pool |

WIS TIDAL WIVES- AFTER SCHOOL CLUB:

Instructor: Sally Noel, BHS Girls Swim Coach & BHS Girls Swim Team Members

We welcome all current swimmers and swimmers who are ready to learn more about the sport of competitive swimming. Tidal Waves introduces a swim team environment where teaching of swim stroke refinement, fundamentals of flip turns, dives, and the cooperation of a swim practice will occur... all while having fun! Our mission is to support the fun and empowerment of swimming while helping you to grow stronger mentally and physically. Participants must be a WIS student and be able to complete 1 freestyle lap (25 yards) of the pool with your face in the water.



| Date: | Grades: | Time: | Fee: | Location: |
|----------------------------------|-----------|----------------|------|-----------|
| Tue. & Thu. Apr. 16th - May 23rd | 5th - 8th | 3:00 - 3:45 PM | \$50 | WIS Pool |

Cancelled

Register at BranfordRecreation.org

AQUATICS

HOSPICE POOL PASSES

REGISTRATION BEGINS MARCH 1ST

***Pool Passes MUST be purchased in-person at our office
Questions? Call (203) 488 -8304***

2024 Hospice Pool Passes

Hospice pool passes will go on sale for Branford residents only on March 1st. Proof of residency will be required. MUST be purchased in-person.

2024 Pool Schedule: TBD

FAMILY SWIM POOL PASS \$150

For all family members living at the same address, with a maximum of two adults, & all unmarried children under the age of 21 living in the same household.

INDIVIDUAL ADULT PASS \$75.00

For Ages 18 - 59

INDIVIDUAL SENIOR CITIZEN PASS \$50

For Ages 60 and older



BranfordRecreation.org

BOATING CERTIFICATE COURSE BY U.S. COAST GUARD AUXILIARY

Think Summer.....It will be here before we know it!



Boat America is a boating certificate class that offers an in-depth and interesting boating safety course, and provides the knowledge needed to obtain a boating certificate. This is an 8 hour course, split over 3 days, approved by CT DEEP for CT boating license. Taught by USCG Auxiliary instructors. (Some insurance companies offer discounts on boating insurance to boaters who successfully complete this course).

Course topics include:

- * Introduction to Boating: Types of power boats, boating vocabulary, sailboats, paddle boats, powering boats, and engine types.
- * Boating Law: Boat registration, regulations, hull identification numbers, required safety equipment, Federal boating law, state boating law, and reporting accidents.
- * Safety Equipment: Life jackets, fire extinguishers, sound-producing devices, visual distress signals, anchors, and other safety equipment.
- * Safe Operation & Navigation: Buoys and beacons, aids to navigation, navigation rules, docking, and the dangers of alcohol on the water.
- * Boating Emergencies: Hypothermia, boating accidents, man overboard, capsizing, emergency radio calls, carbon monoxide dangers, and weather.
- * Trailering: Types of trailers, lights, hitches, towing a trailer.
- * Sports & Boating: Water-skiing, hunting and hunting gear, PWC operation, and other boating tips.

APRIL SESSIONS

Fee: \$60 total per person (must attend all three sessions)

| Date: | Ages | Time: | Location: |
|-----------------|------|--------------------|-----------------|
| Tue. Apr. 23rd | 18+ | 6:30 - 8:45 PM | Joe Trapasso CH |
| Thur. Apr. 25th | 18+ | 6:30 - 8:45 PM | Joe Trapasso CH |
| Sat. Apr. 27th | 18+ | 8:30 AM - 12:00 PM | Joe Trapasso CH |

Link to course information: <http://www.cgaux.org/boatinged/classes/2011/ba.php>



Register at BranfordRecreation.org

SPRING COMMUNITY & FAMILY EVENTS

BRANFORD PARKS AND RECREATION
PRESENTS...

**JEANNETTE L. PALLUZZI
ANNUAL MEMORIAL**

**SPELLING
BEE**

**SATURDAY,
MARCH
16TH**

**JOE TRAPASSO
COMMUNITY
HOUSE**

A traditional, old fashion and fun spelling
bee honoring one of Branford's
loyal and loving educators.

9:30 AM 3RD GRADE
10:00 AM 4TH GRADE
10:30 AM 5TH & 6TH GRADE
11:00 AM 7TH & 8TH GRADE
11:30 AM HIGH SCHOOL & ADULTS



TO REGISTER GO TO BRANFORDRECREATION.ORG
OR CALL THE OFFICE AT (203) 488 - 8304

SPRING COMMUNITY & FAMILY EVENTS

The Robert Marston

EASTER EGG

HUNT

RAIN DATE: March 30th

SAT.
March
23rd

FREE

11 AM
SHARP

AGES: 10 & under | Foote Park | Starts at 11:00 am

The Branford Parks and Recreation Department is proud to sponsor the Robert Marston Easter Egg Hunt with the American Legion, Corcoran Sundquist Post #83.

The program is free for all Branford residents. No registration required. All girls and boys should arrive at least 15 minutes prior to the start of the hunt.

An allergy free hunt will also be offered.



SPRING COMMUNITY & FAMILY EVENTS



**Branford Parks and Recreation
and
The Branford Elks Club**

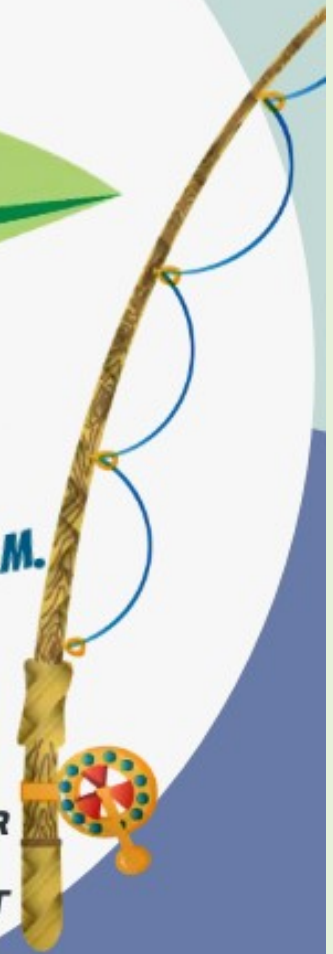


KIDS FISHING DERBY



at Chet's Pond
SATURDAY MAY 11, 2024
CHECK-IN 8:30 A.M.
HOOKS IN THE WATER 9:00 A.M TO 11:00 A.M.
AWARDS 11:15 A.M

**OPEN TO AGES: 15 OR UNDER. (AGES 10 AND UNDER
MUST BE ACCOMPANIED BY AN ADULT)
BRING YOUR FISHING POLE, BAIT, CHAIR, & BUCKET**



**PRIZES FOR THE BIGGEST TROUT, FIRST
BOY AND FIRST GIRL TO CATCH A FISH & THE
MOST FISH CAUGHT**

Register online at : www.branfordrecreation.org or 203-488-8304

SUMMER COMMUNITY & FAMILY EVENTS



TGIF



MUSIC ON THE TOWN GREEN ON FRIDAY NIGHTS!*
TIMES & LINEUP TO BE ANNOUNCED IN SPRING!

SAVE THE DATE!

MAY 3

BAND TBD

MAY 10

BAND TBD

MAY 17

BAND TBD

MAY 24

BAND TBD

MAY 31

BAND TBD

SEPT 6

BAND TBD

SEPT 13

BAND TBD

SEPT 20

BAND TBD

SEPT 27

BAND TBD

**WEATHER PERMITTING*

**MUSIC ON THE TOWN GREEN IS SPONSORED BY
GUILFORD SAVINGS BANK AND THE BRANFORD COMMUNITY FOUNDATION**



BranfordRecreation.org

SUMMER COMMUNITY & FAMILY EVENTS



WE ARE BACK IN 2024!

**Thursday nights from Jun. 27th—Aug. 29th (exc. July 4th) around 6:30pm
Weather Permitting**

EXACT LINEUP TO BE ANNOUNCED IN SPRING!



Photo courtesy of: Bill O'Brien

The 40th Branford Festival!

We are so excited to bring this amazing event back to our Town Green on June 14th, 15th, and 16th, 2024!



Visit www.BranfordFestival.com for the latest information!

SAVE THE DATE!

Musical Mondays

on the Branford Green from 6:00 pm - 8:00 pm*

*WEATHER PERMITTING

JUL 01
JOHN SPIGNESI BAND

JUL 29
NOT BROKEDOWN

JUL 08
MAME & COMPANY TRIO

AUG 05
RGB- JERRY GARCIA NIGHT

JUL 15
BLUE RHYTHM BAND

AUG 12
THE MEDIUMS

JUL 22
MIX IT UP BAND

AUG 19
THE BLACK KITES

AUG 26
BAND TBD

**Enjoy some music while supporting
our local Main Street merchants!**

(203) 488-8304 | recreation@branford-ct.gov | BranfordRecreation.org



Shake, Rattle, and Roll...

WAY BACK WEDNESDAYS

**Featuring classic hits from the 50's and 60's
spun by DJ Dennis Nardella**

July 3rd, 10th, 17th, 24th, & 31st

6:00 - 8:00 PM

ON TOWN GREEN

weather permitting

*Including a
Car Show on
Town Hall
Drive*



To participate in
the car show, email:
NardellasMusic@aol.com

BranfordRecreation.org



BRANFORD, CT
BEACH
RULES

**PLEASE ENJOY OUR
BEACHES, AND WHEN
YOU LEAVE, LEAVE
NOTHING BUT
FOOTPRINTS.**

PLEASE OBEY ALL BEACH ORDINANCES/RULES

- **NO ALCOHOLIC BEVERAGES**
- **DOGS ARE NOT ALLOWED ON THE BEACHES OR IN THE PARKS**
- **PLEASE DO NOT LEAVE TRASH, GARBAGE, OR WASTE AT THE BEACH USE THE TRASH CANS PROVIDED**
- **NO FIRES**
- **NO FISHING**

**BRANFORD POINT RESIDENT STICKERS ARE
AVAILABLE AT TOWN HALL IN THE
TAX COLLECTORS OFFICE**

Explore our Parks

Hammer Field, Pardee Park, Branford Hills, Riverside Foote Park, Lyons Park, Veteran's Memorial Park, and Flax Mill
Email: recreation@branford-ct.gov
Website: branfordrecreation.org
Contact #: 203-488-8304

Branford Point / Parker Park
Matt Radulski
Email: mattrad0491@yahoo.com
Website: Branford-ct.gov
Contact #: 203-927-3255

Foote Memorial Park
Email: recreation@branford-ct.gov
Website: branfordrecreation.org
Contact #: 203-488-8304

Young's Pond
Geoff Hotz
Contact #: 203-410-5764

Stony Creek Park Association
Dan Bullard
Contact #: 203-488-2147 or 203-671-6282

Supply Pond
Ainsley Highman
Contact #: 203-483-6939

WALK THE BRANFORD TRAILS

Join us for hikes in town and out of town and enjoy the great outdoors, socialization, exercise and more! Walks meet at 8:45 AM and hiking starts at 9:00 AM from the site locations. All hikers must practice social distancing. If you wish to stay for lunch, bring a bag lunch and a folding chair. Questions about individual hikes should be addressed to the walk leader. Please check the website for updated schedules, directions and times or call the office. Questions about individual hikes should be addressed to the group leader. For more information visit the our website or call the office.

Website: www.branfordrecreation.org
Office: 203-488-8304

Photo courtesy of: Ashley Abel Photography

BRANFORD GIRLS SOFTBALL REGISTRATION

2024 *Fast Pitch*



SIGNUPS



Spring and Summer Seasons

All Skill Levels Welcome Ages 6-18

Pricing per player:

Jan 1 till Feb 29, 2024 \$150

Mar 1 till Mar 31, 2024 \$175

No registrations will be accepted after Mar 31, 2024



Two ways to register
Scan QR Code
or visit us at



www.branfordgirlssoftball.com

BRANFORD YOUTH SPORTS & CLUBS CONTACTS



**BRANFORD
LITTLE LEAGUE**
Branford Little League
Tony Colagiovanni
Email: tonycolagiovanni008@gmail.com
Website: branfordlittleleague.net
Contact #: 203-627-8797



**BRANFORD
GIRLS
SOFTBALL**
Branford Girls Softball
Dave Falcigno
Email: davidfalcigno@gmail.com
Website: www.branfordgirlssoftball.com
Contact #: 203-627-1424



**BRANFORD
CHEERLEADING**
Branford Youth Cheerleading
Diana Vaicunas
Email: byccoordinator@gmail.com
Website: www.branfordyouthfootball.org



**BRANFORD
EST. 1972**
Branford Soccer
Katie Buckley
Email: president@branfordsoccer.org
Website: www.branfordsoccer.org
Contact #: 203-500-0953



Cub Scouts/Scouts BSA (Boys & Girls Troop)
Crystal & Michael Loffredo
Email: scoutmaster@troop633ct.org
Website: www.pack633ct.org / www.troop633ct.org



**BRANFORD
YOUTH LACROSSE**
Branford Youth Lacrosse
Vinnie Giordano
Email: vgs@giordano.build
Website: www.branfordyouthlax.com
Contact #: 203-627-6182



**BRANFORD
Jr. Hornets
BASEBALL**
Jr. Hornets Baseball
Don Lawrence
Email: dlawrence06@snet.net
Contact #: 203-804-5029



**B
FOOTBALL**
Flag Football
Dave Malick
Email: dave@cleancutlandscaping.com
Website: www.branfordyouthfootball.org
Contact #: 203-410-5680



**B
FOOTBALL**
Youth Football
Dave Malick
Email: dave@cleancutlandscaping.com
Website: www.branfordyouthfootball.org
Contact #: 203-410-5680



BRANFORD BASKETBALL
Junior/Travel Basketball
Kevin Fitzpatrick
Email: info@branfordbasketball.com
Website: www.branfordbasketball.com

