

# BRANFORD PARKS & RECREATION

## 2024 Summer Program Brochure

Revised: 6-12-2024



Photo courtesy of: Doc Johnson

Joe Trappaso  
Community House  
46 Church Street  
Branford CT 06405



BranfordRecreation.org  
(203) 488-8304  
recreation@branford-ct.gov





Office Hours: Monday thru Friday  
8:00 AM—4:30 PM

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Branford, CT. 06405

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Web: [www.branfordrecreation.org](http://www.branfordrecreation.org)

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@branfordparksandrecreation

### REFUND POLICY

The following refund policy is in effect:

- ◆ If a program / activity is cancelled by the Parks & Recreation Dept. a full refund will be issued.
- ◆ To avoid classes being cancelled at the last minute due to insufficient enrollment & in order to accommodate waitlist, refund request must be made no later than five (5) business days before the program begins
- ◆ Refunds are generally not given once a program has begun, however in the event of injury or illness, a refund request will be considered if accompanied by a doctor's note. No refunds on tickets, trips or pool passes.
- ◆ Absolutely no refunds will be given for any unused portion of a program/activity.
- ◆ All refunds are subject to a \$10.00 processing fee.
- ◆ When a program/activity is run by a third party vendor, no refunds will be given after 5 business days prior to the start of the program/activity.
- ◆ All refunds are issued back in the original payment format, except cash.

### Weather

If Branford Public Schools are cancelled or dismissed early, all Parks and Recreation programs and activities will be cancelled. If schools have a delay opening, programs will continue as scheduled, except for programs starting prior to 10AM. Please Note: If the BOE cancels their evening activities, it will be at the discretion of our Department to keep evening programs on as scheduled. For the most up to date information, please visit our website or call the office.

### "SMOKE FREE POLICY":

"Smoking is prohibited at all properties under the control of the Branford Parks and Recreation Dept. at all times, including but not limited to: buildings, grounds, entrances, sidewalks, parking lots and beaches. Smoking is defined as the use of cigarettes, pipes, cigars and other devices that produce smoke including electronic cigarettes and water pipes".

## Registration & COVID 19 Information

Information in this brochure will continually be updated as additional information becomes available. Please check our website for updates or call the office at 203-488-8304.

Safety is our #1 priority. Guidelines have been put in place for each program with the safety of staff and program participants in mind. We ask that you adhere to all guidelines for our programs and activities.

All programming will follow State of CT Executive Orders, Local and Town as well as East Shore District Health Department for guidelines and protocols related to COVID-19. Please see your receipt/ attachments for additional COVID-19 guidelines about each program.

### How to Register

You can register by phone, in-person or on-line. Need help creating an account? Call the office at 203-488-8304 or visit us on-line at [www.branfordrecreation.org](http://www.branfordrecreation.org) and click on "Create an Account."



### PARKS AND RECREATION STAFF

**Alex Palluzzi, Jr. – Director**  
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**Nicholas Polastri – Lead Maintainer**

**Jeffrey Sitz – Maintainer**

**Colin Tracy – Maintainer**

**Kyle Lynch – Maintainer**

### Registration Payment

Forms of payment: Cash, Check or Credit Card. VISA & Mastercard are accepted on-line, by mail and in-person. Cash payments are only accepted during office hours. If paying by check, please make checks or money orders payable to "Treasurer, Town of Branford. A \$20 fee will be assessed for returned checks. A non-resident fee may apply.

**FOR MORE INFORMATION  
SCAN WITH YOUR SMART PHONE**



### Branford Parks & Recreation Summer Closings

**Thu.**

**July 4th**

**Independence Day**

**Mon.**

**Sept. 2nd**

**Labor Day**

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# ONE WEEK SUMMER 'MINI CAMPS'



TAKE A LOOK AT OUR SEPERATE  
[2024 SUMMER CAMP BROCHURE PAGES 11-18](#)  
FOR FURTHER DETAILS ON ONE WEEK 'MINI CAMPS!'

CAMPS ARE OFFERED FOR ALL YOUTH AGES DURING  
VARIOUS WEEKS IN JUNE, JULY, & AUGUST! HALF DAY OR  
FULL DAY OPTIONS AVAILABLE FOR CERTAIN CAMPS!

CAMPS INCLUDE DANCE CAMP, STUDIO ONE CAMPS, MOVIE  
CAMP, STEAM CAMPS, AND A HANDFUL OF SPORT CAMPS  
SUCH AS BASEBALL, SOFTBALL, BASKETBALL,  
SOCCER, LACROSSE, SWIMMING, FIELD HOCKEY,  
VOLLEYBALL, MULTI-SPORTS, FISHING & HIKING, GOLF, &  
FENCING!





# **MARY'S CULINARY JUNE COOKING CLASSES FOR KIDS**

**INSTRUCTOR:** Chef Mary Amter

**AGES:** 6 - 13 yrs.

**Fee:** \$40  
per class

Put your aprons on and learn some culinary skills while you make a delicious meal. Join Mary in the kitchen for a unique, hands-on culinary experience that will engage children in creating delicious dinners and desserts. Participants will explore, create, and learn basic cooking techniques!  
Class size is limited.

**DAY:** Tuesday, June 11  
**TIME:** 4:30 PM - 6:30 PM  
**LOCATION:** Joe Trapasso  
Community House

**Students will make Tortellini  
Pesto Pasta Salad and Triple  
Vanilla Brownies**

Register at [BranfordRecreation.org](http://BranfordRecreation.org) or call (203) 488 - 8304



# TODDLER & YOUTH PROGRAMS

## PARENT & ME POTTERY

Instructor: FIRED UP!

Join FIRED UP pottery staff for an evening of fun and creativity with you and your little one(s). You'll create your very own pottery masterpiece with guided instruction. Pre-registration is required. Please wear sneakers and clothes that can get dirty and bring an old towel with you.

Date:	Ages:	Time:	Fee:	Location:
Friday, June 7th	5+	6:00 - 7:30 PM	\$30	Joe Trapasso CH

## MUNCHKINS TENNIS LESSONS:

Instructor: Paul Gagliardi

Participants will learn the basics of the game of tennis, through a variety of fun, skill building activities. Children will learn fundamental stroke production and the ABC's (agility, balance, and coordination) of tennis. Participants should bring a water bottle and have their own tennis racquet.

Date	Ages:	Time:	Fee:	Location:
Session 1: Sat. Jun. 29th - Jul. 27th	4 - 6	9:00 - 9:45 AM	\$95	BHS
Session 2: Sat. Aug. 3rd - Aug. 31st	4 - 6	9:00 - 9:45 AM	\$95	BHS
Session 3: Sat. Sept. 14th - Oct. 12th	4 - 6	9:00 - 9:45 AM	\$95	BHS

## JUNIOR TENNIS LESSONS FOR KIDS:

Instructor: Paul Gagliardi

Participants will learn the forehand, backhand, serve and volley with drills, fun games, and game situations. Scoring, strategy and match play for singles and doubles will be incorporated. Participants should bring a water bottle and have their own tennis racquet.



Date:	Ages:	Time:	Fee:	Location:
Session 1: Sat. Jun. 29th - Jul. 27th	7 - 8	9:45 - 10:45 AM	\$110	BHS
Session 2: Sat. Aug. 3rd - Aug. 31st	7 - 8	9:45 - 10:45 AM	\$110	BHS
Session 3: Sat. Sept. 14th - Oct. 12th	7 - 8	9:45 - 10:45 AM	\$110	BHS

## JUNIOR DEVELOPMENT TENNIS LESSONS:

Instructor: Paul Gagliardi

Program is open for all skill level players who want to learn or continue to develop on how to serve, keep score, and play a match. Participants should bring a water bottle and have their own tennis racquet.

Date:	Ages:	Time:	Fee:	Location:
Session 1: Mon. Jun. 24th - Jul. 22nd	9 - 13	5:30 - 6:30 PM	\$110	BHS
Session 2: Mon. Aug. 5th - Sept. 9th*	9 - 13	5:30 - 6:30 PM	\$110	BHS
Session 3: Mon. Sept. 16th - Oct. 14th	9 - 13	5:30 - 6:30 PM	\$110	BHS

\*skip Mon. Sept. 2nd



**A VARIETY OF ONE WEEK SUMMER TENNIS 'MINI CAMPS' ARE BEING OFFERED!**  
**VIEW DETAILS IN OUR [2024 SUMMER CAMP BROCHURE PAGES 11-18](#)**

# TODDLER & YOUTH PROGRAMS

## "STAYING FIT" FOR TODDLERS!

Instructor: Jillian Temple

Let's get moving!!! Bring your little one to the Hammer Field and join in as Personal Trainer Jill Temple leads fun physical activities to get your toddler moving! This program is designed for you and your child to get moving in a fun way! Your children will have a blast as they get their wiggles and giggles out in a fun recess setting.



Date:	Ages:	Time:	Fee:	Location:
Session 1: Tuesdays, Jul. 2nd - Jul. 23rd	1 - 4	11:00 - 11:30 AM	\$50	Hammer Field
Session 2: Tuesdays, Aug. 13th - Sept. 3rd	1 - 4	11:00 - 11:30 AM	\$50	Hammer Field
Session 3: Tuesdays, Sept. 10th - Oct. 8th	1 - 4	11:00 - 11:30 AM	\$50	Hammer Field

## LITTLE LACROSSE STARS

Instructor: Jillian Temple

Led by Coach Jill Temple, your child will experience all the introductory fundamentals of the fun game of Lacrosse. Currently a Division II Lacrosse Coach herself at Southern Connecticut University, Jill is extremely passionate of the game and will strive to emphasize fun, teamwork, and proper hand-eye coordination and motor skills of all players in a fun, recess setting. Small lacrosse sticks and bouncy balls will be provided. No additional equipment needed.



Date:	Ages:	Time:	Fee:	Location:
Fridays, Jul. 5th - Jul. 26th	2 - 4	11:00 - 11:30 AM	\$50	Hammer Field

## LITTLE TRACK STARS

Instructor: Jillian Temple

Does your child love to move? Try out this new class led by Coach Jill Temple! Held at Foote Park, you and your little ones will follow the beautiful walking paths in the park as they move (and even run!) alongside Coach Jill. Class will involve various running exercises and games that will get your little ones moving non-stop like a Track & Field star. Burn off that energy in a fun & safe recess setting & enjoy the beautiful Summer weather with Coach Jill!



Date:	Ages:	Time:	Fee:	Location:
Fridays, Aug. 9th - Aug. 30th	1 - 4	11:00 - 11:30 AM	\$50	Foote Park

## CAKE DECORATING WITH THE BRITISH BAKER:

Instructor: Alison Luciana, The British Baker

The British Baker is back to teach students how to create this amazing 3-layer Taylor Swift themed cake. Students will learn how to stack a cake, frost, and decorate using different colors and piping tips, plus decorations. Students leave with their own cake in a cake box. All supplies are included.



Date:	Ages:	Time:	Fee:	Location:
Sat. Jul. 20	6 - 16	2:00 - 4:00 PM	\$50	Joe Trapasso CH



# TODDLER & YOUTH PROGRAMS– LEGACY THEATRE

We are excited to partner with Legacy Theatre to offer many opportunities for the community to expand your creative arts and theatre experiences. Join a class today!



## LEGACY THEATRE EDUCATION

The greatest legacy is not what we leave  
for people but what we leave *within* people

### TODDLER TIME!

Instructor: Chelsea Dacey and Nick Fetherston

A stimulating and engaging theatre, movement, and music class, designed for toddlers, with a new theme explored each week such as Rainbow Day, Silly Outfit Day, Under the Sea Day, and Disney Day! Engage in creative play with ribbons and scarves, enjoy singing familiar songs, and learn age-appropriate choreography in a nurturing and supportive environment. Please note there won't be a final performance for this class.

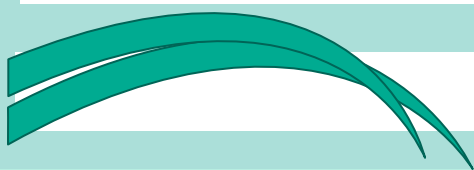
Date:	Ages:	Time:	Fee:	Location:
Sat. Jul. 13th - Aug. 3rd	3 - 5	9:15 - 10:00 AM	\$150	Joe Trapasso CH

### SUMMER ELEMENTARY THEATRE


Instructor: Chelsea Dacey and Nick Fetherston

For elementary school ages, this theatre class is for those beginning or looking to hone their theatre craft. Each week will explore a different theme of musical theatre perfect for those learning to explore the stage from singing, movement, acting and improvisation. Week themes include Singing, Acting, Dancing, and Improv. No prior experience needed.

Date:	Grades:	Time:	Fee:	Location:
Sat. Jul. 13th - Aug. 3rd	K - 5	10:00 - 10:45 AM	\$150	Joe Trapasso CH



# TODDLER & YOUTH PROGRAMS - "LEARN TO SWIM"

 **American Red Cross** Swim lessons are offered through our "Learn to Swim Program" taught by American Red Cross certified staff. We believe that all children need basic aquatic safety and swimming skills. Classes are held at the **Hospice Pool (100 Double Beach Road in Branford)**. Only the parent and the child will be allowed to attend classes. Levels include water safety topics & basic water skills. Children must be in a swim diaper if not potty trained. Classes will be held rain or shine and will NOT run if there is thunder or lightning. Please see staff for directions once at the pool. Fee: \$60.00 per session

## **Parent-Infant/Toddler Swim Lessons:** 6 mos. - 3yrs.

Class is 20 mins.

Child will be introduced to the water & encouraged to feel comfortable through water play, songs & games. Classes are not designed to teach them to swim or to survive in the water. A parent must be in the water with their child.

## **Preschool Aquatics:** 4 & 5 years old

Class is 20 mins.

This class is designed to familiarize the child with the water and prepare them for success. Classes are designed to build upon and improve skills learn while increasing knowledge of water safety and working to combine arm and leg motions on the front and back.

## **Level 1: Water Exploration:** 6yrs. & up

Class is 30 mins.

Students will begin to develop self confidence, good swimming habits & learn safe practices in & around the water.

## **Level 2: Fundamental Aquatics:** 6yrs. & up

Class is 30 mins.

**Must** have completed Level 1. Participants gain success with fundamentals skills including learning how to float without support & recover to a vertical position.

## **Level 3: Stroke Development:** 6yrs. & up

Class is 30 mins.

**Must** have completed Level 2. Through additional guided practice and building on previous skills, this level will help improve swimming skills in deeper water.

## **Level 4: Stroke Refinement :** 6yrs. & up

Class is 40 mins.

**Must** have completed Level 3. Through additional guided practice and building on previous skills, this level will help improve swimming skills in deeper water.

### SATURDAYS -Jun. 29 - Aug. 3

LEVEL	TIME
Parent & Infant/Toddler	11:15a - 11:35a
Preschool Aquatics	11:40a - 12:00p
Level 1	10:40a - 11:10a
Level 2	12:05p - 12:35p

### SUNDAYS -Jun. 30 - Aug. 4

LEVEL	TIME
Parent & Infant/Toddler	11:10a - 11:30a
Preschool Aquatics	11:35a - 11:55a
Level 1	10:00a - 10:30a
Level 2	10:35a - 11:05a
Level 3	12:00p - 12:30p
Level 4	12:35p - 1:15p

### MONDAYS -Jul. 8 - Aug. 12

LEVEL	TIME
Preschool Aquatics	5:50p - 6:10p
Level 1	5:15p - 5:45p
Level 2	6:15p - 6:45p

WE ARE ALSO OFFERING A ONE WEEK SWIM CLINIC THE WEEK OF JUNE 17TH FOR GRADES 3RD-8TH! VIEW DETAILS IN OUR [2024 SUMMER CAMP BROCHURE PAGES 11-18](#)

# **SUNFISH SWIM CLUB**

**INSTRUCTOR: SALLY NOEL, BHS GIRLS SWIM COACH**

**WE WELCOME CURRENT SWIMMERS AND SWIMMERS WHO ARE READY TO LEARN MORE ABOUT THE SPORT OF COMPETITIVE SWIMMING. THE SUNFISH SWIM CLUB IS A GOOD INTRODUCTION TO A SWIM TEAM ENVIRONMENT THAT INCLUDES TEACHING AND REFINING THE DIFFERENT STROKES, FUNDAMENTALS OF FLIP TURNS, DIVES AND THE COOPERATION OF A SWIM PRACTICE ALL WHILE HAVING FUN! OFFERED FOR GRADES 3RD - 12TH AT THE BELOW DAYS.**

**PREREQUISITE: MUST BE ABLE TO SWIM AT LEAST ONE LENGTH OF THE POOL FREESTYLE AND BACKSTROKE**

**JUNE 25TH - JULY 31ST  
WALSH INTERMEDIATE SCHOOL POOL  
GRADES: 3RD-8TH - TUES & THU  
GRADES: 9TH-12TH - TUES/WED/THU  
5:00PM-6:00PM EACH DAY\*  
\*NO CLASS 7/4**



**REGISTER TODAY AT [BRANFORDRECREATION.ORG](http://BRANFORDRECREATION.ORG) OR CALL THE OFFICE AT (203) 488 - 8304**



# ADULT PROGRAMS

## SOUL CHILL YOGA:

Instructor: Sally Noel, certified Yoga Instructor & owner of Raven's Wing Yoga

Surrender to the flow. This session is a balance of soothing release and awakening key strength to stimulate your energy. Class is appropriate for beginners and beyond working to open the body and focus the mind in a kind way.



Date:	Ages:	Time:	Fee:	Location:
Tue. May 28 - Jul. 2nd	18+	7:00 - 8:00 PM	\$65	Joseph Trapasso CH

## BEGINNER MAHJONG LESSONS & PLAYERS CLUB:

Instructor: Allison Friday

Players Club: Continue playing the game you love with others to improve your game. Sets will be provided for you. (no instruction)

Lessons: Learn how to play the American version of the Chinese tile based game. This game is fun, exciting and challenging. In this six week class, participants will learn the basics: set up, playing and scoring.



Date:	Ages:	Time:	Fee:	Location:
Players Club: Wed. June 5th- July 2nd	18+	5:30 - 9:00 PM	\$30	Joseph Trapasso CH
Lessons: Wed. June 19th-July 24th	18+	7:00- 8:30 PM	\$60	Joseph Trapasso CH

## ATTITUDE DANCE & FITNESS CLASSES:

Instructor: Robyn Dinatale & Mike Griffin from Attitude Dance & Fitness



Power Barre (Mon.): A total body workout mix of low to no impact movements structured with an element of basic ballet. Combine with light hand-held weights and the result is toned, lean muscle. The ultimate fun fat burner. All levels of experience welcome. Weights provided. Bring a mat.

Strong & Lean (Wed.): This strength training class helps build bone and muscle vital to the aging process and utilizes various resistance tools including dumbbells, resistance bands and even your own body weight. There's always something different and something for everyBODY! All levels of experience welcome. Weights provided. Bring your own mat.

Qi-Gong (Mon. and/or Wed.): Qigong is an ancient Chinese practice that involves the cultivation and balance of Qi, pronounced (Chee), the body's vital energy. Coordination of body-posture, body movement, breathing, and meditation are involved in this exercise as you improve on your physical and emotional well-being. Register for one day or both days.

Date:	Ages:	Time:	Fee:	Location:
Power Barre: Mon. Jun. 17th- Aug. 5th	18+	5:45 - 6:45 PM	\$55	Joe Trapasso CH
Strong & Lean: Wed. Jun. 19th - Jun. 7th	18+	5:45 - 6:45 PM	\$55	Joe Trapasso CH
Qi-gong: Mon &/or Wed. Jun. 17th - Aug. 7th	18+	6:45 - 7:45 PM	\$50	Joe Trapasso CH

# ADULT PROGRAMS

## UNIFIED COOKING WITH FRIENDS & GAME NIGHT:

Instructor: Chef Mary

This unified "Cooking with Friends" class is a great opportunity for young adults to develop skills needed to live on their own in an accessible environment. Participants will learn to follow a recipe, measure, chop, combine ingredients, learn team building, and operate a burner to cook a simple meal. Join Chef Mary as she teaches you a basic recipes. After making the perfect dinner, participants will eat together and have fun socializing, playing board games, BINGO or enjoying a movie.



Date:	Age:	Time:	Fee:	Location:
Fri. Jun. 3rd	18+	5:00 - 7:00 PM	\$30	Joe Trapasso CH

## "STAYING FIT- DO YOUR BEST TRAINING" WEEKDAY SUNRISE FITNESS WORKOUTS:

Instructor: Personal Trainer, Jillian Temple

Start your week in the best possible way... an exercise class with Personal Trainer Jill Temple! Class will involved body-weight routines that will challenge, motivate and energize you. Bring a mat and water bottle.



Date:	Ages:	Time:	Fee:	Location:
Session 1: Tue & Thu, Jun. 11th - Jul. 16th*	18+	6:30 - 7:30 AM	\$100	Foot Park
*skip Jul. 4th				
Session 2: Tue & Thu, Jul. 23rd - Aug. 22nd	18+	6:30 - 7:30 AM	\$100	Foot Park
Session 3: Tue & Thu, Aug. 27th - Sept. 26th	18+	6:30 - 7:30 AM	\$100	Foot Park

## "STAYING FIT- DO YOUR BEST TRAINING" SATURDAY FITNESS WORKOUTS:

Instructor: Personal Trainer, Jillian Temple

Start your weekend in the best possible way... an exercise class with Personal Trainer Jill Temple! Class will involved body-weight routines that will challenge, motivate and energize you. Bring a mat and water bottle.

Date:	Ages:	Time:	Fee:	Location:
Sat, Jun. 22th - Jul. 13th	18+	8:00 - 9:00 AM	\$50	Parker Memorial Park

## CO-ED OPEN PLAY VOLLEYBALL:

Come on out to the Branford High School Gym every Wednesday night this Summer to play some friendly open play Volleyball.

Come play with friends or meet new ones in this brand new program! All equipment is provided with an on-site supervisor.

No instruction is provided. Teams are formed each night by the players. Registration is required.



Date:	Ages:	Time:	Fee:	Location:
Wed. Jul. 3rd - Aug. 21st	18+	6:00 - 8:00 PM	\$55	Branford HS Gym

# ADULT PROGRAMS

## KICKBOXING FOCUS PAD & CONDITIONING

Instructor: Annie Marchitto & Jim Lyons

Learn Kickboxing fundamental skills including foundation in punching and kicking technique, agility, circuits, core training, and cardio to allow you to gain skills to help improve physically and mentally while having fun.

Medicine ball work will be included in some of the classes for added strength training. Participants must bring a jump rope, water bottle, fitness mat, Ringside Mexcian Style Hand Wraps 180 ([can be bought here](#)), and a Ringside Apex Boxing Glove ([can be bought here](#)) or bring your own boxing glove). Both can be found on Amazon.



Date:	Ages:	Time:	Fee:	Location:
Tue. Jun. 18 - Aug. 6	18+	6:00 - 7:00 PM	\$160	Joseph Trapasso CH

## CARDIO KICKBOXING:



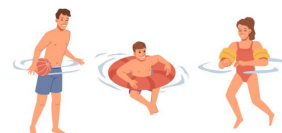
Instructor: Annie Marchitto

Do you like to sweat? If so then this us your class. Learn kickboxing technique in a high intensity, high impact, high calorie-burning workout covering footwork, balance, endurance, agility, body strength training and improving your cardio. This is a full body workout. No experience needed. Please bring a jump rope, floor mat and a water bottle with you to each class. All levels welcome.

Date:	Ages:	Time:	Fee:	Location:
Thu. Jul. 18 - Aug. 22*	18+	6:00 - 7:00 PM	\$65	Joseph Trapasso CH
*skip 8/8				

## AQUACISE:

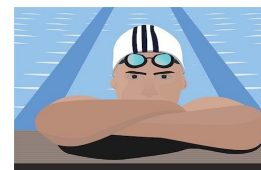
Join our low-impact, high energy water aerobics workout. This class is held in shallow water with a medium to low intensity. This is a total body workout alternating cardio and muscle conditioning.



Date:	Ages:	Time:	Fee:	Location:
Session 1: Sat. Jun.. 29 - Aug. 17	18+	9:30 - 10:30 AM	\$80	Hospice Pool
Session 2: Wed. Jul. 10 - Aug. 28	18+	6:00 - 7:00 PM	\$80	Hospice Pool

## ADULT SWIM LESSONS:

**Beginner Adult Swim Lessons:** This is an introduction to basic aquatic skills and swimming strokes including floats, glides, the front crawl (free style), breaststroke, and elementary backstroke, in a comfortable and supportive class setting.



**Intermediate Adult Swim Lessons:** Work on gaining the skills needed to swim one length of the pool using strokes including front crawl, breaststroke, elementary backstroke, back crawl and sidestroke. Participants should be comfortable swimming with their face in the water and be able to use combined arm and leg motions.

Date:	Ages:	Time:	Fee:	Location:
Beg.: Thu. Jul. 11 - Aug. 15	18+	6:00 - 6:45 PM	\$72	Hospice Pool
Inter.: Thu. Jul. 11 - Aug. 15	18+	6:45 - 7:30 PM	\$72	Hospice Pool



# ADULT PROGRAMS



## ADULT BEGINNER TENNIS LESSONS:

Instructor: Paul Gagliardi

Participants will be introduced to the basic of forehand, backhand, serve and volley with drills, fun games, and game situations. Scoring, strategy and match play for singles and doubles will be incorporated.

Participants should bring a water bottle and have their own tennis racquet.

Date:	Age:	Time:	Fee:	Location:
Session 1: Tue. Jun. 25th - Jul. 23rd	18+	5:15 - 6:15 PM	\$110	Foot Clay
Session 2: Tue. Aug. 6th - Sept. 3rd	18+	5:15 - 6:15 PM	\$110	Foot Clay
Session 3: Tue. Sept. 17th - Oct. 15th	18+	5:00 - 6:00 PM	\$110	Foot Clay

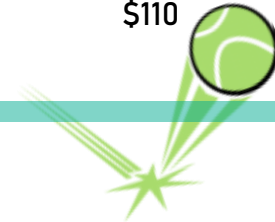
## ADULT INTERMEDIATE TENNIS LESSONS:

Instructor: Paul Gagliardi

The participant will improve the forehand, backhand, serve and volley with drills, fun games, and game situations. Scoring, strategy and match play for singles and doubles will be incorporated. Participants should bring a water bottle and have their own tennis racquet.

Date	Age:	Time:	Fee:	Location:
Session 1: Mon. Jun. 24th - Jul. 22nd	18+	6:30 - 7:30 PM	\$110	BHS
Session 2: Mon. Aug. 5th - Sept. 9th*	18+	6:30 - 7:30 PM	\$110	Foot Clay
Session 3: Mon. Sept. 16th - Oct. 14th	18+	6:30 - 7:30 PM	\$110	Foot Clay

*\*skip Mon. Sept. 2nd*

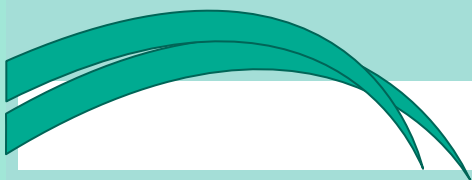


## ADULT CAPP TENNIS:

Instructor: Paul Gagliardi

CAPP point play is a game-based tennis cardio workout. It is designed for Intermediate/Advanced players who want a fun and challenging tennis workout. Participants should bring a water bottle and have their own tennis racquet.

Date:	Age:	Time:	Fee:	Location:
Session 1: Tue. Jun. 25th - Jul. 23rd	18+	6:15 - 7:45 PM	\$110	Foot Clay
Session 2: Tue. Aug. 6th - Sept. 3rd	18+	6:15 - 7:45 PM	\$110	Foot Clay
Session 3: Thur. Sept. 12th - Oct. 10th	18+	6:00 - 7:30 PM	\$110	Foot Clay
Session 4: Tue. Sept. 17th - Oct. 15th	18+	6:00 - 7:30 PM	\$110	Foot Clay



# ADULT PROGRAMS

## ADULT PICKLEBALL BEGINNER LESSONS:

Instructor: Bill Sadick, PPR Certified Coach

This class is for those who have limited experience or have never played the game of pickleball. This 4 week class will focus on game rules, understanding the court, scoring, paddle use, dinking, serving and return of serve, transition, third shot drop, blocking the bangers, punch volley and more!



Date:	Ages:	Time:	Fee:	Location:
Session 1: Mon. Jun. 17th - Jul. 8th	18+	5:00 - 6:30 PM	\$125	Veteran's Park
Session 2: Tue. Jun. 18th - Jul. 9th	18+	5:00 - 6:30 PM	\$125	Veteran's Park
Session 3: Mon. Jul. 22nd - Aug. 12th	18+	5:00 - 6:30 PM	\$125	Veteran's Park
Session 4: Tue. Jul. 23rd - Aug. 13th	18+	5:00 - 6:30 PM	\$125	Veteran's Park

## ADULT PICKLEBALL ADVANCED BEGINNER LESSONS:

Instructor: Bill Sadick, PPR Certified Coach

Four sessions on instruction to help you hone your Pickleball game. An overall focus will stress footwork and positioning in the court with weekly drills targeting specific aspects of the game. Adding Spin to the ball, Defending the 3rd Shot Drop using the Roll Volley, Returning the Lob Shot, Returning the Overhead High Shots, Resetting, the backhand, Court and Partner Positioning, Getting rated and more!

Date:	Ages:	Time:	Fee:	Location:
Session 1: Mon. Jun. 17th - Jul. 8th	18+	6:30 - 8:00 PM	\$125	Veteran's Park
Session 2: Tue. Jun. 18th - Jul. 9th	18+	6:30 - 8:00 PM	\$125	Veteran's Park
Session 3: Mon. Jul. 22nd - Aug. 12th	18+	6:30 - 8:00 PM	\$125	Veteran's Park
Session 4: Tue. Jul. 23rd - Aug. 13th	18+	6:30 - 8:00 PM	\$125	Veteran's Park

## INTRO TO BEGINNER MAT PILATES:

Instructor: Cindy Kondziela

Participants will learn the 18 beginner classical Pilates exercises in this introduction class. Pilates strengthens the core and improves flexibility, balance and posture. Lower back pain could even be alleviated. Classes are designed for beginners and to go at your own pace. Join us today!



Date:	Ages:	Time:	Fee:	Location:
Thu. Jul. 11 - Aug. 15	18+	6:00 - 6:45 PM	\$70	Joseph Trapasso CH

BRANFORD PARKS AND RECREATION

# SHORELINE THEATRE COMPANY



## Adult Production

June 20th, 21st,

27th & 28th

7:00 PM

Adults (18+): \$20

## Summer Camp

### Performance

#### July 31st:

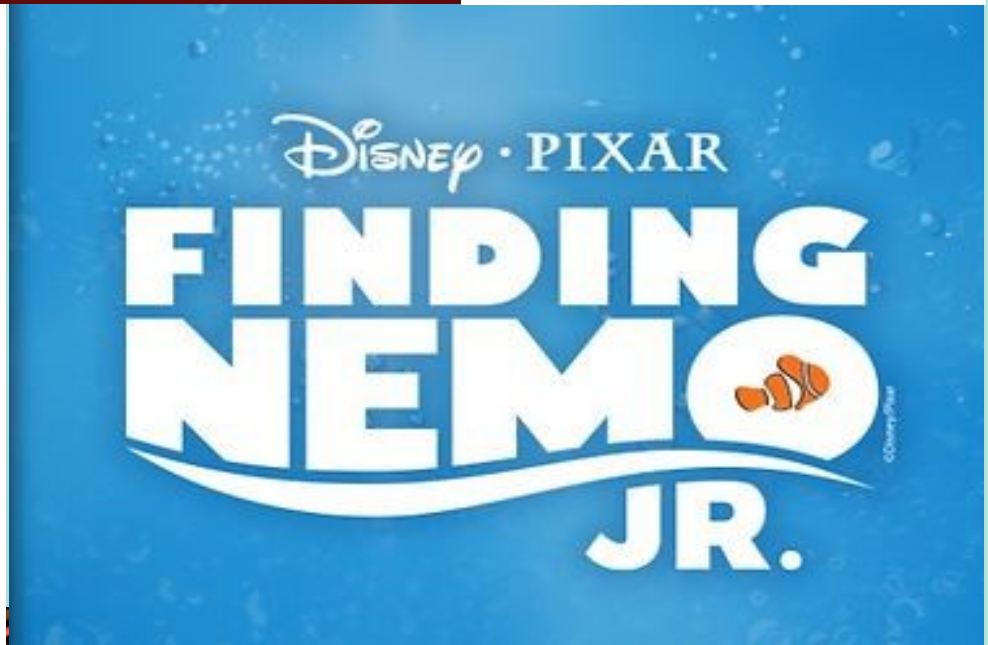
Reef Cast 5:30 PM

Coral Cast 7:00 PM

#### August 1st

Coral Cast 5:30 PM

Reef Cast 7:00 PM



Get your tickets  
**NOW!**

Visit [BranfordRecreation.org](http://BranfordRecreation.org)



# COMMUNITY EVENTS

## MAY LINEUP



MUSIC ON THE BRANFORD TOWN GREEN \*  
6:00 - 8:00 PM



MAY 3 MISS BEHAVIN'

MAY 10 TIMMY MAIA



MAY 17 TRAINWRECK

MAY 24 SOULS ON FIRE



MAY 31 STEAMROLLER

\*WEATHER PERMITTING

MUSIC ON THE TOWN GREEN IS SPONSORED BY  
GUILFORD SAVINGS BANK AND THE BRANFORD COMMUNITY FOUNDATION



BRANFORD  
Community Foundation

## SEPTEMBER LINEUP



MUSIC ON THE BRANFORD TOWN GREEN  
ON FRIDAY NIGHTS!\*

5:00-7:00

SEPT 6 MIX IT UP BAND!

SEPT 13 LEAF JUMPERS

SEPT 20 THE RED PLANET

SEPT 27 THE HEAVY HITTERS

\*WEATHER PERMITTING

MUSIC ON THE TOWN GREEN IS SPONSORED BY  
GUILFORD SAVINGS BANK AND THE BRANFORD COMMUNITY FOUNDATION



BRANFORD  
Community Foundation

## COMMUNITY EVENTS

# SAVE THE DATE! Musical Mondays

on the Branford Green from 6:00 pm - 8:00 pm\*

\*WEATHER PERMITTING



JUL 01  
**JOHN SPIGNESI BAND**

JUL 08  
**MAME & COMPANY TRIO**

JUL 15  
**BLUE RHYTHM BAND**

JUL 22  
**MIX IT UP BAND**

JUL 29  
**NOT BROKEDOWN**

AUG 05  
**RGB- JERRY GARCIA NIGHT**

AUG 12  
**THE MEDIUMS**

AUG 19  
**THE BLACK KITES**

AUG 26  
**WANGO TANGO**

**Enjoy some music while supporting  
our local Main Street merchants!**

(203) 488-8304 | [recreation@branford-ct.gov](mailto:recreation@branford-ct.gov) | [BranfordRecreation.org](http://BranfordRecreation.org)



## The 40th Branford Festival Returns in 2024!

We are so excited to bring this  
amazing event back to our Town  
Green on June 14th, 15th, and 16th, 2024!



**Visit [BranfordFestival.com](http://BranfordFestival.com) for the latest information!**



## COMMUNITY EVENTS



Branford Green  
6:30 - 8:30 pm



(203) 488-8304  
recreation@branford-ct.gov  
BranfordJazz.com

### 2024 LINEUP

JUN 27

**DAN PUGACH BIG BAND**

JUL 11

**NEW LONDON BIG BAND**

JUL 18

**KJ DENHERT**

JUL 25

**SHERRY WINSTON**

AUG 01

**WILLIE BRADLEY**

AUG 08

**DAVID DAVIS**

AUG 15

**JEFF KASHWA**

AUG 22

**BLAKE AARON**

AUG 29

**LAO TIZER**

[BranfordRecreation.org](http://BranfordRecreation.org)



## COMMUNITY EVENTS



**Branford**  
**FIRE**  
**WORKS**

**9:15p**

**Saturday, June 22nd**  
**Parker Memorial Park**  
**Branford Point Beach**

*Rain Date Sunday, June 23rd*

**Food Trucks! Music!**

Come early and  
enjoy the beach,  
bocce, playscape, and  
a picnic dinner!

*Shuttle buses available at Branford High School & Cherry Hill  
Commuter Lot beginning at 5:30 pm*

[BranfordRecreation.org](http://BranfordRecreation.org)



## COMMUNITY EVENTS

**Shake, Rattle, and Roll...**

# **WAY BACK WEDNESDAYS**

**Featuring classic hits from the 50's and 60's  
spun by DJ Dennis Nardella**

**July 3rd, 10th, 17th, 24th, & 31st**

**6:00 - 8:00 PM**

**ON TOWN GREEN**

*weather permitting*

*Including a  
Car Show on  
Town Hall  
Drive*



To participate in  
the car show, email:  
[NardellasMusic@aol.com](mailto:NardellasMusic@aol.com)

[BranfordRecreation.org](http://BranfordRecreation.org)

## HOSPICE POOL PASSES

# HOSPICE POOL PASSES

PASSES ARE NOW ON SALE!

*Pool Passes MUST be purchased in-person at our office*

### **2024 Hospice Pool Passes**

Hospice pool passes are now on sale!  
Proof of residency will be required. MUST be purchased in-person.

2024 Pool Schedule: TBD & viewable to pass holders only  
Pool tentatively scheduled to open July 1st

#### **FAMILY SWIM POOL PASS \$150**

For all family members living at the same address, with a maximum of two adults, & all unmarried children under the age of 21 living in the same household.

#### **INDIVIDUAL ADULT PASS \$75**

For Ages 18 - 59

#### **INDIVIDUAL SENIOR CITIZEN PASS \$50**

For Ages 60 and older

No guests passes will be sold at this time.



[BranfordRecreation.org](http://BranfordRecreation.org)



## BEACH RULES

# BRANFORD, CT BEACH RULES

PLEASE ENJOY OUR  
BEACHES, AND WHEN  
YOU LEAVE, LEAVE  
NOTHING BUT  
FOOTPRINTS.



**PLEASE OBEY ALL BEACH ORDINANCES/RULES**

- NO ALCOHOLIC BEVERAGES
- DOGS ARE NOT ALLOWED ON THE BEACHES OR IN THE PARKS
- PLEASE DO NOT LEAVE TRASH, GARBAGE, OR WASTE AT THE BEACH USE THE TRASH CANS PROVIDED
- NO FIRES
- NO FISHING

**BRANFORD POINT RESIDENT STICKERS ARE  
AVAILABLE AT TOWN HALL IN THE  
TAX COLLECTORS OFFICE**

[BranfordRecreation.org](http://BranfordRecreation.org)



# Explore our Parks

Hammer Field, Pardee Park, Branford Hills, Riverside Foote Park, Lyons Park, Veteran's Memorial Park, and Flax Mill

Email: [recreation@branford-ct.gov](mailto:recreation@branford-ct.gov)

Website: [branfordrecreation.org](http://branfordrecreation.org)

Contact #: 203-488-8304

Branford Point / Parker Park

Matt Radulski

Email: [mattrad0491@yahoo.com](mailto:mattrad0491@yahoo.com)

Website: [Branford-ct.gov](http://Branford-ct.gov)

Contact #: 203-927-3255

Foote Memorial Park

Email: [recreation@branford-ct.gov](mailto:recreation@branford-ct.gov)

Website: [branfordrecreation.org](http://branfordrecreation.org)

Contact #: 203-488-8304

Young's Pond

Geoff Hotz

Contact #: 203-410-5764

Stony Creek Park Association

Dan Bullard

Contact #: 203-488-2147 or 203-671-6282

Supply Pond

Ainsley Highman

Contact #: 203-483-6939

## WALK THE BRANFORD TRAILS

Join us for hikes in town and out of town and enjoy the great outdoors, socialization, exercise and more! Walks meet at 8:45 AM and hiking starts at 9:00 AM from the site locations. All hikers must practice social distancing. If you wish to stay for lunch, bring a bag lunch and a folding chair. Questions about individual hikes should be addressed to the walk leader. Please check the website for updated schedules, directions and times or call the office. Questions about individual hikes should be addressed to the group leader. For more information visit the our website or call the office.

Website: [BranfordRecreation.org](http://BranfordRecreation.org)

Office: 203-488-8304

Photo courtesy of: Ashley Abel Photography

# BRANFORD YOUTH SPORTS & CLUBS CONTACTS



**Branford Little League**  
 Tony Colagiovanni  
 Email: [tonycolagiovanni008@gmail.com](mailto:tonycolagiovanni008@gmail.com)  
 Website: [branfordlittleleague.net](http://branfordlittleleague.net)  
 Contact #: 203-627-8797



**Branford Girls Softball**  
 Dave Falcigno  
 Email: [davidfalcigno@gmail.com](mailto:davidfalcigno@gmail.com)  
 Website: [www.branfordgirlssoftball.com](http://www.branfordgirlssoftball.com)  
 Contact #: 203-627-1424



**Branford Youth Cheerleading**  
 Katy Gomes  
 Email: [byccoordinator@gmail.com](mailto:byccoordinator@gmail.com)  
 Website: [www.gomotionapp.com/team/vtbyc/page/home](http://www.gomotionapp.com/team/vtbyc/page/home)



**Branford Soccer**  
 Katie Buckley  
 Email: [president@branfordsoccer.org](mailto:president@branfordsoccer.org)  
 Website: [www.branfordsoccer.org](http://www.branfordsoccer.org)  
 Contact #: 203-500-0953



**Cub Scouts/Scouts BSA (Boys & Girls Troop)**  
 Crystal & Michael Loffredo  
 Email: [scoutmaster@troop633ct.org](mailto:scoutmaster@troop633ct.org)  
 Website: [www.pack633ct.org](http://www.pack633ct.org) / [www.troop633ct.org](http://www.troop633ct.org)



**Branford Youth Lacrosse**  
 Vinnie Giordano  
 Email: [vgs@giordano.build](mailto:vgs@giordano.build)  
 Website: [www.branforyouthlax.com](http://www.branforyouthlax.com)  
 Contact #: 203-627-6182



**Jr. Hornets Baseball**  
 Don Lawrence  
 Email: [dlawrence06@snet.net](mailto:dlawrence06@snet.net)  
 Contact #: 203-804-5029



**Flag Football**  
 Dave Malick  
 Email: [dave@cleancutlandscaping.com](mailto:dave@cleancutlandscaping.com)  
 Website: [www.branforyouthfootball.org](http://www.branforyouthfootball.org)  
 Contact #: 203-410-5680



**Youth Football**  
 Dave Malick  
 Email: [dave@cleancutlandscaping.com](mailto:dave@cleancutlandscaping.com)  
 Website: [www.branforyouthfootball.org](http://www.branforyouthfootball.org)  
 Contact #: 203-410-5680



**Junior/Travel Basketball**  
 Kevin Fitzpatrick  
 Email: [info@branfordbasketball.com](mailto:info@branfordbasketball.com)  
 Website: [www.branfordbasketball.com](http://www.branfordbasketball.com)

