



# 2026 Summer Programs & Events Brochure



Come  
Visit the Foote  
Park Splash  
Pad!

Where the  
Benefits are Endless!

 @Branford Parks, Recreation, &  
Senior Services Department

 @branfordparksreceseniorservices

[BranfordRecreation.org](http://BranfordRecreation.org)  
(203) 488-8304  
[recreation@branford-ct.gov](mailto:recreation@branford-ct.gov)



**Office Hours:** Monday thru Friday  
8:00 AM—4:30 PM

**Address:** 46 Church Street  
Branford, CT. 06405

**Phone:** 203-488-8304 / Fax: 203-315-4017

**Web:** www.branfordrecreation.org

**Email:** recreation@branford-ct.gov

**Follow Us:**

Facebook.com/BranfordParksandRec  
@branfordparksandrecreation

**REFUND POLICY**

The following refund policy is in effect:

- ◆ If a program / activity is cancelled by the Parks & Recreation Dept. a full refund will be issued.
- ◆ To avoid classes being cancelled at the last minute due to insufficient enrollment & in order to accommodate waitlist, refund request must be made no later than five (5) business days before the program begins
- ◆ Refunds are generally not given once a program has begun, however in the event of injury or illness, a refund request will be considered if accompanied by a doctor's note. No refunds on tickets, trips or pool passes.
- ◆ Absolutely no refunds will be given for any unused portion of a program/activity.
- ◆ All refunds are subject to a \$10.00 processing fee.
- ◆ When a program/activity is run by a third party vendor, no refunds will be given after 5 business days prior to the start of the program/activity.
- ◆ All refunds are issued back in the original payment format, except cash.

**Weather**

If Branford Public Schools are cancelled or dismissed early, all Parks and Recreation programs and activities will be cancelled. If schools have a delay opening, programs will continue as scheduled, except for programs starting prior to 10AM. Please Note: If the BOE cancels their evening activities, it will be at the discretion of our Department to keep evening programs on as scheduled. For the most up to date information, please visit our website or call the office.

**Registration Information**

**Parks, Recreation, & Senior Services Staff**

**Dale Izzo** — Director Parks, Recreation, & Senior Services  
dizzo@branford-ct.gov

**Nally Sahin** — Asst. Director of Parks, Recreation, & Senior Services  
nsahin@branford-ct.gov

**Nancy Cohen**— Senior Services Asst. Director  
ncohen@branford-ct.gov

**Ricky DiRago**- Program Supervisor  
rdirago@branford-ct.gov

**Vacant**- Program Coordinator

**Rhiannon Turco**— Senior Services Program Coordinator  
rturco@branford-ct.gov

**Colin Sheehan**— Arts, Culture & Special Events  
csheehan@branford-ct.gov

**Victoria Milsagle**— Program Administrative Asst.  
vmilsagle@branford-ct.gov

**Laura Montone-Roman**— Administrative Asst.  
lmontone@branford-ct.gov

**Joseph Carbone**— Administrative Asst.  
jcarbone@branford-ct.gov

**Kelly Gesuero**—Case Worker  
kgesuero@branford-ct.gov

**Tim Kron**— Transportation Coordinator  
tkron@branford-ct.gov

**Nicholas Polastri**— Lead Maintainer

**Jeffrey Sitz** — Maintainer

**Colin Tracy**-Maintainer

**Kyle Lynch**— Maintainer

**Board of Recreation Members**

**Paul Criscuolo** - Chairman

**Helen "Bimmie" Herget** - Clerk

**Jeanne Crowely**

**Nancy Drevins**

**William T. O'Brien**

Information in this brochure will continually be updated as additional information becomes available. Please check our website for updates or call the office at 203-488-8304.

Safety is our #1 priority. Guidelines have been put in place for each program with the safety of staff and program participants in mind. We ask that you adhere to all guidelines for our programs and activities.

**How to Register**

You can register by phone, in-person or on-line. Need help creating an account? Call the office at **203-488-8304** or visit us on-line at [www.branfordrecreation.org](http://www.branfordrecreation.org) and click on "Create an Account."

**Registration Payment**

Forms of payment: Cash, Check or Credit Card. VISA & MasterCard are accepted on-line, by mail and in-person. Cash payments are only accepted during office hours. If paying by check, please make checks or money orders payable to "Treasurer, Town of Branford. A \$20 fee will be



**FOR MORE INFORMATION  
SCAN WITH YOUR SMART PHONE**



**Branford Parks & Recreation Summer Closings**

**Fri.**

**July 3rd**

**Independence Day**

**Mon.**

**Sept. 7th**

**Labor Day**

**"SMOKE FREE POLICY":**

"Smoking is prohibited at all properties under the control of the Branford Parks and Recreation Dept. at all times, including but not limited to: buildings, grounds, entrances, sidewalks, parking lots and beaches. Smoking is defined as the use of cigarettes, pipes, cigars and other devices that produce smoke including electronic cigarettes and water pipes".

# **TABLE OF CONTENTS**

<b><u>TITLE</u></b>	<b><u>PAGE NO.</u></b>
ONE WEEK 'MINI CAMPS/CLINICS'.....	4
TODDLER & YOUTH PROGRAMS.....	5 - 8
LIFEGUARD COURSES.....	9 - 10
ADULT PROGRAMS .....	11 - 16
SHORELINE THEATRE CO. SHOWS.....	17
COMMUNITY EVENTS.....	18 - 22
HOSPICE POOL PASSES .....	23
WIS POOL SCHEDULE/ JOSEPH TRAPSSO COMMUNITY HOUSE GYM SCHEDULE.....	24 - 25
BEACH RULES/EXPLORE OUR PARKS/ YOUTH SPORTS & CLUBS CONTACT.....	26 - 28



# ONE WEEK SUMMER 'MINI CAMPS/CLINICS'



**TAKE A LOOK AT OUR SEPERATE  
2026 SUMMER CAMP BROCHURE PAGES 12-21  
FOR FURTHER DETAILS ON ONE WEEK 'MINI CAMPS/  
CLINICS!'**

**CAMPS/CLINICS ARE OFFERED FOR ALL YOUTH AGES DURING  
VARIOUS WEEKS IN JUNE, JULY, & AUGUST! HALF DAY OR  
FULL DAY OPTIONS AVAILABLE FOR CERTAIN OFERINGS!**

**CAMPS/CLINICS INCLUDE ART, DANCE, STUDIO ONE, MOVIE,  
STEAM CAMPS/CLINICS, AND A HANDFUL OF SPORT CAMPS/  
CLINICS SUCH AS BASEBALL, SOFTBALL, BASKETBALL,  
TENNIS, SOCCER, LACROSSE, SWIMMING, FIELD HOCKEY,  
VOLLEYBALL, MULTI-SPORTS, FISHING & HIKING, &  
NEW HAVEN BALLET!**



# TODDLER & YOUTH PROGRAMS

## LITTLE LACROSSE STARS

**Instructor:** Jillian Temple

Led by Coach Jill Temple, your child will experience all the introductory fundamentals of the fun game of Lacrosse. Currently a Division II Lacrosse Coach herself at Southern Connecticut University, Jill is extremely passionate of the game and will strive to emphasize fun, teamwork, and proper hand-eye coordination and motor skills of all players in a fun, recess setting. Small lacrosse sticks and bouncy balls will be provided. No additional equipment needed.



<b>Date:</b>	<b>Ages:</b>	<b>Time:</b>	<b>Fee:</b>	<b>Location:</b>
Fridays, Jun. 5th - Jun. 26th	2 - 4	5:30 - 6:00 PM	\$50	Hammer Field

## MUNCHKINS TENNIS LESSONS:

**Instructor:** Paul Gagliardi

Participants will learn the basics of the game of tennis, through a variety of fun, skill building activities. Children will learn fundamental stroke production and the ABC's (agility, balance, and coordination) of tennis. Participants should bring a water bottle and have their own tennis racquet.



<b>Date:</b>	<b>Ages:</b>	<b>Time:</b>	<b>Fee:</b>	<b>Location:</b>
<b>Session 1:</b> Sat. May 23rd - Jun. 20th	4 - 5	9:00 - 9:45 AM	\$105	BHS
<b>Session 2:</b> Sat. Jun. 27th - Aug. 1st*	4 - 5	9:00 - 9:45 AM	\$105	BHS
<b>Session 3:</b> Sat. Aug. 8th - Sept. 5th	4 - 5	9:00 - 9:45 AM	\$105	BHS

*\*skip Jul. 4th*

## JUNIOR TENNIS LESSONS FOR KIDS:

**Instructor:** Paul Gagliardi

Participants will learn the forehand, backhand, serve and volley with drills, fun games, and game situations. Scoring, strategy and match play for singles and doubles will be incorporated. Participants should bring a water bottle and have their own tennis racquet.

<b>Date:</b>	<b>Ages:</b>	<b>Time:</b>	<b>Fee:</b>	<b>Location:</b>
<b>Session 1:</b> Sat. May 23rd - Jun. 20th	6 - 8	9:45 - 10:45 AM	\$120	BHS
<b>Session 2:</b> Sat. Jun. 27th - Aug. 1st*	6 - 8	9:45 - 10:45 AM	\$120	BHS
<b>Session 3:</b> Sat. Aug. 8th - Sept. 5th	6 - 8	9:45 - 10:45 AM	\$120	BHS

*\*skip Jul. 4th*

## JUNIOR DEVELOPMENT TENNIS LESSONS:

**Instructor:** Paul Gagliardi

Program is open for all skill level players who want to learn or continue to develop on how to serve, keep score, and play a match. Participants should bring a water bottle and have their own tennis racquet.

<b>Date:</b>	<b>Ages:</b>	<b>Time:</b>	<b>Fee:</b>	<b>Location:</b>
<b>Session 1:</b> Sat. May 23rd - Jun. 20th	9 - 13	9:45 - 10:45 AM	\$120	BHS
<b>Session 2:</b> Sat. Jun. 27th - Aug. 1st*	9 - 13	9:45 - 10:45 AM	\$120	BHS
<b>Session 3:</b> Sat. Aug. 8th - Sept. 5th	9 - 13	9:45 - 10:45 AM	\$120	BHS

*\*skip Sat. Jul. 1st*



# TODDLER & YOUTH PROGRAMS

## INTRO TO SOCCER:

**Instructor:** Victory Soccer

Instructed by the popular coaches from Victory Soccer, this program is an introductory program to soccer where coaches will strive to incorporate "Adventure Soccer" to all little, future soccer stars. This consists of fun soccer themed activities, fun games and storytelling. Parent participation is encouraged! Please bring a small soccer ball and sneakers. Check out more about Victory Soccer [here!](#)



<b>Date:</b>	<b>Ages:</b>	<b>Time:</b>	<b>Fee:</b>	<b>Location:</b>
<b>Session 1:</b> Sat. Jun. 27th - Aug. 8th*	2 - 3	9:00 - 9:45 AM	\$85	Veteran's Park
<b>Session 2:</b> Sat. Jun. 27th - Aug. 8th*	4 - 5	9:00 - 9:45 AM	\$85	Veteran's Park

*\*skip Jul. 4th*

## VICTORY SOCCER'S WORLD CUP PROGRAM!

**Instructor:** Victory Soccer

Victory Soccer's new "World Cup Program" will include a fun warm-up, followed by 3v3 or 4v4 games in which players are assigned to World Cup teams. World Cup music and crowd-cheering sound effects will be added to create an exciting World Cup atmosphere! This fun, festive new program will capture the spirit of the World Cup & make kids feel they're on the real World Cup pitch!



<b>Date:</b>	<b>Ages:</b>	<b>Time:</b>	<b>Fee:</b>	<b>Location:</b>
<b>Session 1:</b> Sat. Jun. 27th - Aug. 8th*	6 - 8	10:00 - 11:00 AM	\$85	Veteran's Park
<b>Session 2:</b> Sat. Jun. 27th - Aug. 8th*	9 - 10	10:00 - 11:00 AM	\$85	Veteran's Park

*\*skip Jul. 4th*

## SUMMER SWIM LESSONS & AQUATIC ACTIVITIES LOCATED ON PAGES 7 - 8



# TODDLER & YOUTH PROGRAMS - "LEARN TO SWIM"



**American Red Cross**

Swim lessons are offered through our "Learn to Swim Program" taught by American Red Cross certified staff. We believe that all children need basic aquatic safety and swimming skills. Classes are held at the **Hospice Pool (100 Double Beach Road in Branford)**. Only the parent and the child will be allowed to attend classes. Levels include water safety topics & basic water skills. Children must be in a swim diaper if not potty trained. Classes will be held rain or shine and will NOT run if there is thunder or lightning. Please see staff for directions once at the pool. Fee: \$65.00 per session

**Parent-Infant/Toddler Swim Lessons:** 6 mos. - 3yrs.

Class is 20 mins.

Child will be introduced to the water & encouraged to feel comfortable through water play, songs & games. Classes are not designed to teach them to swim or to survive in the water. A parent must be in the water with their child.

**Preschool Aquatics:** 4 & 5 years old

Class is 20 mins.

This class is designed to familiarize the child with the water and prepare them for success. Classes are designed to build upon and improve skills learn while increasing knowledge of water safety and working to combine arm and leg motions on the front and back.

**Level 1: Water Exploration:** 6yrs. & up

Class is 30 mins.

Students will begin to develop self confidence, good swimming habits & learn safe practices in & around the water.

**Level 2: Fundamental Aquatics:** 6yrs. & up

Class is 30 mins.

**Must** have completed Level 1. Participants gain success with fundamentals skills including learning how to float without support & recover to a vertical position.

**Level 3: Stroke Development:** 6yrs. & up

Class is 30 mins.

**Must** have completed Level 2. Through additional guided practice and building on previous skills, this level will help improve swimming skills in deeper water.

**Level 4: Stroke Refinement :** 6yrs. & up

Class is 45 mins.

**Must** have completed Level 3. Through additional guided practice and building on previous skills, this level will help improve swimming skills in deeper water.

**Level 5: Stroke Refinement :** 6-12yrs.

Class is 45 mins.

**Must** have successfully completed Level 4. Participants will further refine strokes and gain endurance. New skills including flip turns and head-first surface dives are introduced.

**Teen Beginner:** 13- 18yrs.

Class is 45min.

For teens who have aged out of our Learn to Swim program & are still looking to work on their basic aquatic & swimming skills

## SATURDAYS JuL. 11—Aug. 15

LEVEL	TIME
Parent & Infant/Toddler	10:40a-11:00a
Level 1	11:05-11:35a
Preschool Aquatics	11:40a-12:00p
Level 2	12:05p - 12:35p
Level 3	12:40p - 1:10p

## SUNDAYS Jul. 12 - Aug. 16

LEVEL	TIME
Level 1	10:05a - 10:35a
Level 2	10:40a - 11:10a
Parent & Infant/Toddler	11:15a - 11:35a
Preschool Aquatics	11:40a - 12:00p
Level 3	12:05p - 12:35p
Level 4	12:40p - 1:25p

## MONDAYS Jul. 6—Aug. 10

LEVEL	TIME
Level 1	5:15p - 5:45p
Level 2	5:15p - 5:45p
Level 2	5:50 - 6:20p
Level 3	5:50p - 6:20p
Preschool Aquatics	6:25p - 6:45p
Level 1	6:25p - 6:55p

## TUESDAYS & THURSDAYS Jul. 14—Jul. 30

LEVEL	TIME
Preschool Aquatics	9:30a-9:50a, 10:00a-10:20a, 10:30a-10:50a

## TUESDAYS Jul. 7 - Aug. 11

LEVEL	TIME
Level 4	5:15p - 6:00p
Teen Beginner	6:05p - 6:35p
Level 5	6:40p - 7:25p

# SUNFISH

## SWIM CLUB SUMMER 2026

INSTRUCTOR: SALLY NOEL, BHS GIRLS SWIM COACH

THE SUNFISH SWIM CLUB IS A GOOD INTRODUCTION TO A SWIM TEAM ENVIRONMENT DESIGNED TO GET YOUR YOUNG SWIMMER SKILLED AT SWIMMING ALL 4 STROKES. THIS 4-WEEK PROGRAM IS A SWIM PRACTICE TWICE A WEEK OFFERING GREAT PHYSICAL ACTIVITY TO GET YOUR CHILD MOVING, STRONGER, AND MORE CONFIDENT IN THE WATER. SEE DETAILS BELOW OF EACH SESSION!

PREREQUISITE: MUST BE ABLE TO SWIM AT LEAST ONE LENGTH OF THE POOL FREESTYLE AND BACKSTROKE OR COMPLETION OF LEVEL 4 SWIM LESSONS

**SESSION 1 (AGES 8-10): TUE & THU, JULY 7 - JULY 30,  
5:00-5:45PM**

**SESSION 2 (AGES 11-14): TUE & THU, JULY 7 - JULY 30,  
5:45-6:45PM**

**LOCATION: WALSH INTERMEDIATE SCHOOL POOL**



REGISTER TODAY AT [BRANFORDRECREATION.ORG](http://BRANFORDRECREATION.ORG) OR CALL THE OFFICE AT (203) 488 - 8304

[BranfordRecreation.org](http://BranfordRecreation.org)

# LIFEGUARD COURSES

**EARN A JOB AS AN AMERICAN  
RED CROSS CERTIFIED LIFEGUARD**



# LIFEGUARD TRAINING CLASS

**LIFE SKILLS SAVE LIVES!**

Start your lifelong career as a lifeguard today!!

*CLASS WILL TAKE PLACE AT THE  
WALSH INTERMEDIATE SCHOOL POOL*

*To register and to receive online training materials,  
please email Lisa at [rathsacklisak@sbcglobal.net](mailto:rathsacklisak@sbcglobal.net)  
\$200 payment after completion of pre-requisites*



## CLASS REQUIREMENTS

- \*At least 15 years of age by the last class
- \*Access to a computer
- \*Swim 200 yards continuously
- \*Tread water for 2 minutes ~ legs only
- \*Complete a timed brick retrieval task in the deep end

CLASS OFFERINGS- Choose one or both sessions  
(MUST ATTEND ALL DATES IN EACH SESSION!)

Summer Session  
Wed 6/17 - Tue 6/23 (except  
Sat & Sun), 9:00a-2:00pm

Any questions, please contact the office at 203-488-8304 or  
email [recreation@branford-ct.gov](mailto:recreation@branford-ct.gov)

BranfordRecreation.org

## LIFEGUARD COURSES

# LIFEGUARD RECERTIFICATION CLASSES!



## GET YOUR ARC LIFEGUARD RECERTIFICATION! JOIN A SESSION BELOW!

Session 1: Must attend ALL sessions. MUST register by May 31st  
Tue June 2nd, Wed June 3rd, Thu, June 4th, & Fri June 5th, 6:30-8:30pm each day  
Walsh Intermediate School Pool, \$125 per person

Session 2: Must attend ALL sessions. MUST register by July 9th  
Sat Jul 11th & Sun Jul 12th, 2:00-7:00pm each day  
Hospice Pool, \$125 per person

- \*HIP PACK, WHISTLE, AND POCKET MASKS FOR ADULT AND INFANT ARE REQUIRED.
- \*MUST HAVE AMERICAN RED CROSS ISSUED LIFEGUARD CERTIFICATION THAT IS CURRENT OR EXPIRED BY NO MORE THAN 30 DAYS FROM THE LAST DAY OF CLASS.
- \*BLENDED LEARNING (ONLINE) SESSIONS 1-16 MUST BE COMPLETED PRIOR TO THE IN-PERSON SESSIONS/WATER SKILLS AND WRITTEN TEST. (THESE WILL BE EMAILED AFTER REGISTERING)
- \*REGISTER WITH AN ACCURATE EMAIL

FOR MORE INFORMATION GO TO [BRANFORDRECREATION.ORG](http://BRANFORDRECREATION.ORG)  
OR CALL OUR OFFICE AT (203) 488 - 8304

[BranfordRecreation.org](http://BranfordRecreation.org)

# ADULT PROGRAMS

## ADULT BEGINNER/INTERMEDIATE TENNIS LESSONS:

**Instructor: Paul Gagliardi**

Participants will be introduced to, or enhance on, the basics of forehand, backhand, serve and volley with drills, fun games, and game situations. Scoring, strategy and match play for singles and doubles will be incorporated. Participants will be grouped by skill level, need to bring their own water bottle, and have their own tennis racquet.



Date:	Age:	Time:	Fee:	Location:
<b>Session 1:</b> Mon. May 18th - Jun. 22nd*	18+	6:30 - 7:30 PM	\$120	Foote Clay
<b>Session 2:</b> Mon. Jun. 29th - Jul. 27th	18+	6:30 - 7:30 PM	\$120	BHS
<b>Session 3:</b> Mon. Aug. 3rd - Aug 31st <i>*skip May 25th</i>	18+	6:30 - 7:30 PM	\$120	BHS

## ADULT CAPP TENNIS:

**Instructor: Paul Gagliardi**

CAPP point play is a game-based tennis cardio workout. It is designed for Intermediate/Advanced players who want a fun and challenging tennis workout. Participants should bring a water bottle and have their own tennis racquet.



Date:	Age:	Time:	Fee:	Location:
<b>Session 1:</b> Thu. May 14 - Jun. 11th	18+	6:15 - 7:45 PM	\$120	Foote Clay
<b>Session 2:</b> Sun. May 17th - Jun. 14th	18+	8:30 - 10:00 AM	\$120	BHS
<b>Session 3:</b> Tue. May 19th - Jun. 16th	18+	6:15 - 7:45 PM	\$120	Foote Clay
<b>Session 4:</b> Sun. Jun. 21st - Jul. 26th	18+	8:30 - 10:00 AM	\$120	BHS
<b>Session 5:</b> Tue. Jun. 23rd - Jul. 21st	18+	6:15 - 7:45 PM	\$120	Foote Clay
<b>Session 6:</b> Thu. Jun. 25th - Jul. 23rd	18+	6:15 - 7:45 PM	\$120	Foote Clay
<b>Session 7:</b> Tue. July. 28th - Aug. 25th	18+	6:15 - 7:45 PM	\$120	Foote Clay
<b>Session 8:</b> Thu. Jul. 30th - Aug. 27th	18+	6:15 - 7:45 PM	\$120	Foote Clay
<b>Session 9:</b> Sun. Aug 2nd - Aug. 30th	18+	8:30 - 10:00 AM	\$120	BHS

## "STAYING FIT- DO YOUR BEST TRAINING" WEEKDAY SUNRISE

### FITNESS WORKOUTS:

**Instructor: Personal Trainer, Jillian Temple**

Start your week in the best possible way... an exercise class with Personal Trainer Jill Temple! Class will involved body-weight routines that will challenge, motivate and energize you. Bring a mat and water bottle.



Date:	Ages:	Time:	Fee:	Location:
<b>Session 1:</b> Tue & Thu, Jun. 2nd - Jun. 25th	18+	6:30 - 7:30 AM	\$100	Foote Park
<b>Session 2:</b> Tue & Thu, Jun. 30th - Jul. 23rd	18+	6:30 - 7:30 AM	\$100	Foote Park

## SMART START FOR SAFE PADDLING:

**Instructor: US Coast Guard Auxiliary Instructors**

This 2-hour class will cover key aspects of safe paddling with reference to paddling in the local area, including in and around the Thimble Islands, and local lakes and rivers. In addition to the "top five" messages: *Wear a life*

*jacket that is properly fitted, Take an introductory on-water paddling class, Paddle with a safety-conscious group, Plan for the weather and the water temperature, & Paddle sober.* Other topics will include: Gear, Skills, Planning, & Decision Making.



Date:	Ages:	Time:	Fee:	Location:
Tuesday, Jun. 9th	18+	6:00 - 8:00 PM	\$30	Joe Trapasso CH

# ADULT PROGRAMS

## **MAHJONG PLAYERS CLUB:**

Love the game of Mahjong? Continue playing the game you love with others this Spring/Summer season while improving on your Mahjong skillset. Sets will be provided. There is no game instruction.



<b>Date:</b>	<b>Ages:</b>	<b>Time:</b>	<b>Fee:</b>	<b>Location:</b>
Daytime Session: Tue. May 5th - Aug. 25th	18+	12:30 - 3:00 PM	\$15	Joe Trapasso CH
Evening Session: Wed. May 6th - Aug. 26th	18+	5:30 - 9:00 PM	\$15	Joe Trapasso CH

## **MAHJONG BEGINNER LESSONS:**

**Instructor: Elizabeth Santoro**

Interested in learning how to play American Mah Jongg? Taught by Elizabeth Santoro, she will lead this 6-week Mahjong course which includes game basics such as set up, play, and strategies. This game is of Chinese origin, played with tiles similar physically to those used in dominoes, but engraved with Chinese symbols & characters. Each week will build off the previous week's lesson, so it's important students try their best to attend every week! ***Students MUST also have their own 2026 Player's Card.*** If you don't already own one, you can purchase one with the link on our website. Sets will be provided. Sign up today!

<b>Date:</b>	<b>Ages:</b>	<b>Time:</b>	<b>Fee:</b>	<b>Location:</b>
Thu. Jul. 9th - Aug. 13th	18+	6:00 - 8:00 PM	\$70	Joe Trapasso CH

## **ATTITUDE DANCE & FITNESS CLASSES:**

**Instructor: Robyn Dinatale & Mike Griffin from Attitude Dance & Fitness**

***Power Barre (Mon.):*** A total body workout mix of low to no impact movements structured with an element of basic ballet. Combine with light hand-held weights and the result is toned, lean muscle. The ultimate fun fat burner. All levels of experience welcome. Weights provided. Bring a mat.

***Strength Fusion (Wed.):*** A fun twist on strength training utilizing an eclectic mix of weights, bands, bodyweight and even a hint of dance. Helps build and maintain strong bones and lean muscle. All ages and fitness levels welcome. No two-classes are ever the same!

***Qi-Gong (Mon. and/or Wed.):*** Qigong is an ancient Chinese practice that involves the cultivation and balance of Qi, pronounced (Chee), the body's vital energy. Coordination of body-posture, body movement, breathing, and meditation are involved in this exercise as you improve on your physical and emotional well-being. Register for one day or both days.



<b>Date:</b>	<b>Ages:</b>	<b>Time:</b>	<b>Fee:</b>	<b>Location:</b>
Power Barre: Mon. Jun. 22nd - Jul. 27th	18+	5:45 - 6:45 PM	\$60	Joe Trapasso CH
Strength Fusion: Wed. Jun. 3rd - Jul. 15th*	18+	5:45 - 6:45 PM	\$60	Joe Trapasso CH
Qi-gong: Mon &/or Wed. Jun. 3rd - Jul. 27th*	18+	6:45 - 7:45 PM	\$50	Joe Trapasso CH

\*skip Jun. 17th



# ADULT PROGRAMS

## **ADULT PICKLEBALL BEGINNER LESSONS:**

**Instructor:** Bill Sadick, PPR Certified Coach

This class is for those who have limited experience or have never played the game of pickleball. This 4 week class will focus on game rules, understanding the court, scoring, paddle use, dinking, serving and return of serve, transition, third shot drop, blocking the bangers, punch volley and more!



<b>Date:</b>	<b>Ages:</b>	<b>Time:</b>	<b>Fee:</b>	<b>Location:</b>
<b>Session 1:</b> Tue. May 26th - Jun. 16th	18+	5:00 - 6:30 PM	\$140	Veteran's Park

## **ADULT PICKLEBALL BEGINNER II LESSONS:**

**Instructor:** Bill Sadick, PPR Certified Coach

*Must have completed a Beginner-level clinic.* Players will be given further instruction on the skills they've adopted in the Beginner Clinic and spend time playing and becoming confident in using them. Our goal is to give you the ability to hop on any court and have fun playing pickleball. You'll also receive your DUPR Pickleball Rating ... so you know what level player you've become.

<b>Date:</b>	<b>Ages:</b>	<b>Time:</b>	<b>Fee:</b>	<b>Location:</b>
<b>Session 1:</b> Tue. May. 26th - Jun. 16th	18+	6:30 - 8:00 PM	\$140	Veteran's Park

## **ADULT PICKLEBALL ADVANCED OPEN COACHING:**

**Instructor:** Bill Sadick, PPR Certified Coach

Take your game to the next level in this small-group coaching program designed for players who are already on the court and ready to sharpen their skills. Each week, you'll practice alongside players at a similar level while receiving personalized coaching to target the areas that matter most to your development. Over the course of four sessions, we'll work through key techniques including the serve, slice, return, topspin, and more — giving you the structured repetition and expert feedback needed to build real confidence in your game.



<b>Date:</b>	<b>Ages:</b>	<b>Time:</b>	<b>Fee:</b>	<b>Location:</b>
<b>Session 1:</b> Sat. May 23rd - Jun. 13th	18+	11:30 AM - 1:00 PM	\$140	Veteran's Park

## **OPEN PLAY PICKLEBALL:**

Pickleball courts are located at Foote Park (12 Melrose Ave ) as well at Veteran's Memorial Park (120 Brushy Plain Rd). Courts are available for open play on a first come, first serve basis outside of scheduled recreational programs. The Parks & Rec department reserves the right to close courts at their discretion at any time (weather, court conditions, park events, etc). Players must bring paddles & balls. Parks & Rec supplies nets. Visit our website at [BranfordRecreation.org](http://BranfordRecreation.org) to know in advance if courts reserved for any scheduled programs or athletic events.

# ADULT PROGRAMS

## AQUACISE:

Join our low-impact, high energy water aerobics workout. This class is held in shallow water with a medium to low intensity. This is a total body workout alternating cardio and muscle conditioning.



Date:	Ages:	Time:	Fee:	Location:
Session 1: Sat. Jun. 27 - Aug. 22*	18+	9:30 - 10:30 AM	\$80	Hospice Pool
Session 2: Wed. Jul. 1 - Aug. 19	18+	6:00 - 7:00 PM	\$80	Hospice Pool

*\*skip Jul. 4th*

## DEEP WATER AQUACISE:

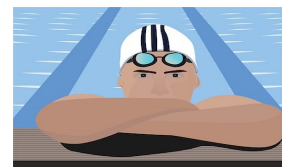
Join our low-impact, high energy water aerobics workout in the deep end of the Hospice Pool. This class is a higher intensity workout (compared to normal aquacise) involving a total body workout while alternating cardio and muscle conditioning.

Date:	Ages:	Time:	Fee:	Location:
Sun. Jun. 28 - Aug. 23rd*	18+	9:00 - 10:00 AM	\$80	Hospice Pool

*\*skip Jul. 5th*

## ADULT SWIM LESSONS:

**Beginner:** This is an introduction to basic aquatic skills and swimming strokes including floats, glides, the front crawl (free style), breaststroke, and elementary backstroke, in a comfortable and supportive class setting.



**Intermediate:** Work on gaining the skills needed to swim one length of the pool using strokes including front crawl, breaststroke, elementary backstroke, back crawl and sidestroke. Participants should be comfortable swimming with their face in the water and be able to use combined arm and leg motions.

**Advanced (NEW!):** Work on refining your swim strokes! This level is offered for adults who can comfortably swim a full length pool using front crawl/freestyle, back crawl/backstroke, and breaststroke.

DATE:	AGES:	TIME:	FEE:	LOCATION:
Beginner: Thu. Jul. 9th - Aug. 13th	18+	6:00 - 6:30 PM	\$75	Hospice Pool
Intermediate: Thu. Jul. 9th - Aug. 13th	18+	6:30 - 7:15 PM	\$75	Hospice Pool
Advanced: Thu. Jul. 9th - Aug. 13th	18+	7:15 - 8:00 PM	\$75	Hospice Pool

**WANT TO LEARN MORE ABOUT OUR SENIOR ADULT (60+) ACTIVITIES?? MAKE SURE TO CHECK OUT THE SENIOR CENTER'S CURRENT [CANOE BROOK NEWSLETTER HERE!](#)**

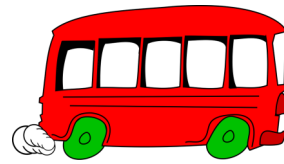


**STOP BY OUR OFFICE TO SIGN UP TO BECOME A MEMBER TODAY OR CREATE AN ACCOUNT AT [BRANFORDRECREATION.ORG](http://BRANFORDRECREATION.ORG)**

# ADULT PROGRAMS– BUS TRIPS

## THEATRE THURSDAYS

Join Colin Sheehan (Arts, Culture & Special Events Coordinator) for Theatre Thursdays at the historic Goodspeed Opera House (East Haddam, CT) and the Ivoryton Playhouse (Ivoryton, CT). Each matinee performance begins at 2:00 PM. We will meet at the Joseph Trapasso Community House at noon on the day of the performance. Transportation will be provided by the Senior Center Shuttles. Please read carefully below! See details of each show and sign up for your interested show.



## IVORYTON PLAYHOUSE (\$50/ticket):

***LADY DAY AT EMERSON'S BAR AND GRILL*** by Lanie Robertson

**May 28, 2026**

Step back in time to South Philadelphia in 1959. *Lady Day at Emerson's Bar and Grill* is a Tony award winning play that brings to life the soul and struggles of jazz legend, Billie Holiday. Featuring a selection of Billie's iconic songs including "Strange Fruit" and "God Bless the Child", this acclaimed play with music transports the audience on a spellbinding journey for one of the jazz legend's final concerts.

***1776*** by Sherman Edwards and Peter Stone

**July 9, 2026**

Celebrating America 250 with the founding fathers who come alive in **1776** - this classic, award-winning Broadway musical. Join John Adams, Benjamin Franklin, and Thomas Jefferson as they fight for independence against a deadlocked Continental Congress in a retelling filled with humor, romance, pathos, and nail-biting tension. It's revolutionary!

***COME FROM AWAY*** by Irene Sankoff and David Hein

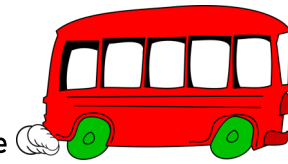
**September 3, 2026**

*Come From Away* tells the true story of 7,000 airline passengers stranded in the remote town of Gander, Newfoundland in the aftermath of September 11, 2001. In a moment filled with fear and uncertainty, joy and resilience prevail as the tiny community of Gander pulls together and strangers become friends. Through music, humor and heart this show celebrates the power of human connection, reminds us that kindness can bring people together in the most difficult of times, and affirms that hope can arise in the unlikeliest of places.

# ADULT PROGRAMS— BUS TRIPS

## THEATRE THURSDAYS

Join Colin Sheehan (Arts, Culture & Special Events Coordinator) for Theatre Thursdays at the historic Goodspeed Opera House (East Haddam, CT) and the Ivoryton Playhouse (Ivoryton, CT). Each matinee performance begins at 2:00 PM. We will meet at the Joseph Trapasso Community House at noon on the day of the performance. Transportation will be provided by the Senior Center Shuttles. Please read carefully below! See details of each show and sign up for your interested show.



## GOODSPEED OPERA HOUSE (\$70/ticket):

### *Jesus Christ Superstar* by Andrew Lloyd Webber & Tim Rice

The International Sensation!

**May 21, 2026**

A cultural phenomenon that shook the world. An electrifying rock score that captured the spirit of a generation. Telling the final days of Jesus through the eyes of Judas and featuring iconic songs like “Superstar” and “I Don’t Know How to Love Him,” *Jesus Christ Superstar* is a bold story of devotion and doubt. **Experience the legendary musical that has captivated audiences for over 50 years!**

### *Crazy For You* by George & Ira Gershwin

**August 6, 2026**

The Tap-Dancing Gershwin Hit! Put on your dancing shoes because *Crazy For You*, the multiple Tony Award®-winning musical comedy is tapping its way onto the Goodspeed stage. When Broadway hopeful Bobby Child is sent to Nevada to foreclose on an abandoned theatre, he hatches a plan to save the town and get the girl—by putting on a show! **Featuring glorious Gershwin melodies including “I Got Rhythm,” “Embraceable You,” and “Someone To Watch Over Me,” it’s a spectacular celebration of classic song-and-dance musicals.** Who could ask for anything more?

### *The Snow Goose* by Scott Gilmour & Claire McKenzie

**October 1, 2026 (World Premiere!)**

On the windswept coast of England an unlikely bond forms between Philip, a reclusive artist shunned by society, and Frith, a resilient orphan girl, when they rescue a wounded snow goose. With World War II looming, their friendship allows her to imagine a life beyond her village, and him to confront his own humanity as he sets sail on a daring journey to save soldiers trapped at Dunkirk. **Discover an unforgettable new musical with a soaring score that will fill your heart.**

### *Annie* by Thomas Meehan, Charles Strouse & Martin Charnin

**Dec 10, 2026**

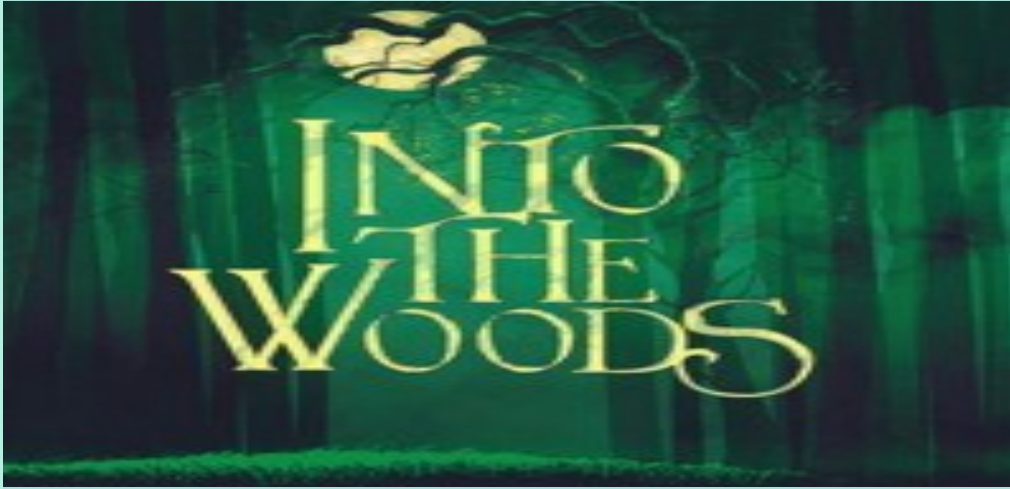
**The 50th Anniversary of Goodspeed's Greatest Hit!**

**Leapin' Lizards! The musical that stole America’s heart comes home to celebrate its 50th anniversary on the stage where it all began!** With pluck and positivity, Annie escapes Miss Hannigan’s orphanage in search of her parents and finds a new family with her lovable mutt Sandy and billionaire Oliver Warbucks. This dazzling new production bursts with joy and timeless songs like “Tomorrow,” “It’s the Hard Knock Life,” and “Maybe.” You can bet your bottom dollar—it’s the can’t-miss event of the season!

BRANFORD PARKS AND RECREATION

# SHORELINE

## THEATRE COMPANY



**Adult Production:**  
**INTO THE WOODS**

**June 25th, 26th,  
& 27th @ 7:00 PM**  
**WIS Auditorium**

**Adults (18+): \$20**  
**Under 17 yrs. : \$15**

**Summer Camp Performance:**  
**Shrek Jr. The Musical**

**July 29th:**

**Once Upon A Time Cast 6:00 PM**  
**Happily Ever After 7:30 PM**

**July 30th:**

**Once Upon A Time Cast 6:00 PM**  
**Happily Ever After 7:30 PM**

**Adults (18+): \$15**  
**Under 17 yrs. Old: \$10**



Get your tickets

**SOON!**

## COMMUNITY EVENTS

# Musical Mondays

Behind Town Hall from 6:00 pm - 8:00 pm\*

\*WEATHER PERMITTING

### SAVE THE DATES!

JUL 06

**BRANFORD ROCK ENSEMBLE**

JUL 13

**VICTOR ROLAND**

JUL 20

**BLUE RHYTHM BAND**

JUL 27

**BROKEDOWN**

AUG 03

**ROB GLASSMAN BAND**

AUG 10

**WANGO TANGO**

AUG 17

**JUST US**

AUG 24

**CHRIS MARRA AND THE FOUNDING FATHERS**

AUG 31

**BRANFORD ROCK ENSEMBLE**

Enjoy some music while supporting  
our local Main Street merchants!

(203) 488-8304 | recreation@branford-ct.gov | BranfordRecreation.org



## The 42nd Branford Festival Returns in 2026!

We are so excited to bring this  
amazing event back to Hammer Field  
on June 19th, 20th, and 21st, 2026!



Visit [BranfordFestival.com](http://BranfordFestival.com) for the latest information!

COMMUNITY EVENTS



**Branford**  
**FIRE**  
**WORKS**

**9:00p**

**Saturday, June 27th**  
**Parker Memorial Park**  
**Branford Point Beach**

*Rain Date Sunday, June 28th*

**Food Trucks! Music!**

**Come early and  
enjoy the beach,  
bocce, playscape, and  
a picnic dinner!**

*Shuttle buses available at Branford High School & Cherry Hill  
Commuter Lot beginning at 5:30 pm*

[BranfordRecreation.org](http://BranfordRecreation.org)

# COMMUNITY EVENTS



Behind Town Hall  
Every Thu Night  
6:00-8:00 pm

branford  
**jazz**



(203) 488-8304  
recreation@branford-ct.gov  
BranfordJazz.com

## 2026 LINEUP

JUN 25

**ROB ZINN**

JUL 02

**GREG ABATE QUARTET**

JUL 09

**JESSE J.**

JUL 16

**LINDSAY WEBSTER**

JUL 23

**CHRIS DEPINO QUINTET**

JUL 30

**KAHLIL KWAMEL BELL**

AUG 06

**SEAN NELSON JAZZ ORCHESTRA**

AUG 13

**PHIL DENNY**

AUG 20

**LAO TIZER**

AUG 27

**RAIN DATE**

[BranfordRecreation.org](http://BranfordRecreation.org)

COMMUNITY EVENTS

250<sup>th</sup>  
BRANFORD, CT.  
CELEBRATES AMERICA

# America's Picnic

Celebrating 250 years of America

*July 5th, 4-6pm on The Green Behind Town Hall*



Live music by The  
Middletown Symphonic  
Band



Visit [BranfordRecreation.com](http://BranfordRecreation.com) for more information.

[BranfordRecreation.org](http://BranfordRecreation.org)

COMMUNITY EVENTS

Shake, Rattle, and Roll...

# WAY BACK WEDNESDAYS

Featuring classic hits from the 50's and 60's  
spun by DJ Dennis Nardella

July 1st, 8th, 15th, 22nd, & 29th  
6:00 - 8:00 PM

**Branford Point / Parker Memorial Park**

*\*weather permitting*

Including a  
Car Show!



To participate in  
the car show, email:  
NardellasMusic@aol.com

[BranfordRecreation.org](http://BranfordRecreation.org)

# HOSPICE POOL PASSES

## REGISTRATION BEGINS MARCH 5TH

Pool Passes **MUST** be purchased in -person at our office and will go on sale beginning March 5<sup>th</sup>.

**BRANFORD RESIDENTS ONLY.** Proof of residency required.



## FAMILY POOL PASS - \$160

For family member living at the same address, with a maximum of two adults & all unmarried children under the age of 21 living in the same household

## INDIVIDUAL ADULT PASS - \$80

For ages 18-59

## SENIOR INDIVIDUAL PASS - \$55

For ages 60+

## SENIOR CENTER MEMBER INDIVIDUAL PASS - \$45

For those individuals who have an active membership to the Senior Center

**2026 Pool Schedule TBD Pool dates is June 29th Sept. 7<sup>th</sup>**

[BranfordRecreation.org](http://BranfordRecreation.org)

# WIS SUMMER POOL SCHEDULE



## WALSH INTERMEDIATE SCHOOL SUMMER POOL SCHEDULE June 23, 2026 – Aug. 7, 2026

Branford Residents Only All residents should enter through **Door #157**  
**\*\*you MUST be out of the building in the mornings by 7:45 am and evenings by 8:00 pm**

**NOTE:** The Walsh Intermediate School is for Branford Residents ONLY. Children under the age of 16 will not be allowed in the building/pool or locker rooms without a parent or guardian. No exceptions!

<b>MONDAYS:</b>	Closed	
<b>TUESDAYS:</b>	6:30a -7:30a**	Morning Adult Swim Only (18+)
	5:00p-6:45p*	Sunfish Swim Club ~ *Pre-registration required
	6:00p-7:45p	Adult Swim Only (18+)
<b>WEDNESDAYS:</b>	5:45p -7:45p	PUBLIC SWIM - All Ages
<b>THURSDAYS:</b>	6:30a -7:30a**	Morning Adult Swim Only (18+)
	5:00p-6:45p*	Sunfish Swim Club ~ *Pre-registration required
	6:00p-7:45p	Adult Swim Only (18+)
<b>FRIDAYS:</b>	5:45p-7:45p	PUBLIC SWIM – All Ages
<b>SATURDAYS:</b>	Closed	

### SCHEDULED POOL CLOSINGS (*Subject to change*): June 30th & July 3rd

**\*\*\*ADDITIONAL CLOSINGS MAY OCCUR FOR SCHOOL FUNCTIONS, STAFFING ISSUES AND WEATHER CONDITIONS\*\*\***

**Scheduled was revised as of 5-11-26**

# JOSEPH TRAPSSO COMMUNITY HOUSE GYM SCHEDULE



# JOE TRAPASSO GYM SCHEDULE

MON APRIL 20TH - SAT JUNE 13th, 2026

<b>MONDAYS:</b>	3:00p - 5:00p 5:00p - 9:00p	Afterschool Activities Adult Pickleball Lessons ( <i>registration required</i> )
<b>TUESDAYS:</b>	10:00a - 11:00a 12:30p - 2:30p 3:00p - 5:00p 5:00p - 9:00p	Parks & Rec Programming Lunchtime Open Play Basketball—Adults 18+ Afterschool Activities Adult Pickleball Lessons ( <i>registration required</i> )
<b>WEDNESDAYS:</b>	10:00a - 11:00a 1:00p - 2:00p 3:00p - 5:30p	Parks & Recreation Programming Wednesday Walkers Afterschool Activities
<b>THURSDAYS:</b>	10:00a - 12:00p 12:30p - 2:30p  3:00p - 5:30p 6:30p - 9:00p	Parks & Recreation Programming Lunchtime Open Play Basketball—Adults 18+ & Senior Center Activities Afterschool Activities Adult Men's Basketball League ( <i>registration required</i> )
<b>FRIDAYS:</b>	3:00p - 5:30p	Afterschool Activities
<b>SATURDAYS:</b>	8:00a - 1:00p 1:00p - 3:00p 3:00p - 5:00p 5:00p - 7:00p 7:00p - 9:00p	Parks & Recreation Programming Open Play Basketball— Grades K-4th ( <i>resident only</i> ) Open Play Basketball— Grades 5th-8th ( <i>resident only</i> ) Open Play Basketball— Grades 9th-12th ( <i>resident only</i> ) Open Play Basketball— Adults 18+ ( <i>resident only</i> )

SCHEDULE: SUBJECT TO CHANGE | BRANFORD RESIDENTS ONLY

46 CHURCH STREET | BRANFORDRECREATION.ORG | OFFICE #: (203) 488 - 8304

Revised: 4-17-2026

# BEACH RULES



## **BRANFORD, CT** **BEACH** **RULES**

**PLEASE ENJOY OUR  
BEACHES, AND WHEN  
YOU LEAVE, LEAVE  
NOTHING BUT  
FOOTPRINTS.**

**PLEASE OBEY ALL BEACH ORDINANCES/RULES**

- **NO ALCOHOLIC BEVERAGES**
- **DOGS ARE NOT ALLOWED ON THE BEACHES OR IN THE PARKS**
- **PLEASE DO NOT LEAVE TRASH, GARBAGE, OR WASTE AT THE BEACH USE THE TRASH CANS PROVIDED**
- **NO FIRES**
- **NO FISHING**

**BRANFORD POINT RESIDENT STICKERS ARE  
AVAILABLE AT TOWN HALL IN THE  
TAX COLLECTORS OFFICE**

[BranfordRecreation.org](http://BranfordRecreation.org)

# Explore our Parks

**Hammer Field, Pardee Park, Branford Hills, Riverside Foote Park, Lyons Park, Veteran's Memorial Park, and Flax Mill**

Email: [recreation@branford-ct.gov](mailto:recreation@branford-ct.gov)

Website: [branfordrecreation.org](http://branfordrecreation.org)

Contact #: 203-488-8304

## **Branford Point / Parker Park**

Matt Radulski

Email: [mattrad0491@yahoo.com](mailto:mattrad0491@yahoo.com)

Website: [Branford-ct.gov](http://Branford-ct.gov)

Contact #: 203-927-3255

## **Foote Memorial Park**

Email: [recreation@branford-ct.gov](mailto:recreation@branford-ct.gov)

Website: [branfordrecreation.org](http://branfordrecreation.org)

Contact #: 203-488-8304

## **Young's Pond**

Geoff Hotz

Contact #: 203-410-5764

## **Stony Creek Park Association**

Dan Bullard

Contact #: 203-488-2147 or 203-671-6282

## **Supply Pond**

Ainsley Highman

Contact #: 203-483-6939

## WALK THE BRANFORD TRAILS

Join us for hikes in town and out of town and enjoy the great outdoors, socialization, exercise and more! Walks meet at 8:45 AM and hiking starts at 9:00 AM from the site locations. All hikers must practice social distancing. If you wish to stay for lunch, bring a bag lunch and a folding chair. Questions about individual hikes should be addressed to the walk leader. Please check the website for updated schedules, directions and times or call the office. Questions about individual hikes should be addresses to the group leader. For more information visit the our website or call the office.

**Website:** [BranfordRecreation.org](http://BranfordRecreation.org)

**Office:** 203-488-8304

Photo courtesy of: Ashley Abel Photography

# BRANFORD YOUTH SPORTS & CLUBS CONTACTS



**Branford Little League**  
Tony Colagiovanni  
Email: [tonycolagiovanni008@gmail.com](mailto:tonycolagiovanni008@gmail.com)  
Website: [branfordlittleleague.net](http://branfordlittleleague.net)  
Contact #: 203-627-8797



**Branford Youth Lacrosse**  
Erica Palmer  
Email: [erica.palmer6@gmail.com](mailto:erica.palmer6@gmail.com)  
Website: [www.branfordyouthlax.com](http://www.branfordyouthlax.com)  
Contact #: (203) 464-5395



**Branford Girls Softball**  
Dave Falcigno  
Email: [davidfalcigno@gmail.com](mailto:davidfalcigno@gmail.com)  
Website: [www.branfordgirlssoftball.com](http://www.branfordgirlssoftball.com)  
Contact #: 203-627-1424



**Youth Tackle & Flag Football**  
Sean Rabinowitz  
Website: <https://branfordyouthfootball.sportngin.com>



**Branford Youth Cheerleading**  
Katy Gomes  
Email: [byccoordinator@gmail.com](mailto:byccoordinator@gmail.com)  
Website: [www.gomotionapp.com/team/vtbyc/page/home](http://www.gomotionapp.com/team/vtbyc/page/home)



**Branford Soccer**  
Katie Buckley  
Email: [president@branfordsoccer.org](mailto:president@branfordsoccer.org)  
Website: [www.branfordsoccer.org](http://www.branfordsoccer.org)  
Contact #: 203-500-0953



**Junior/Travel Basketball**  
Jennifer Orlando  
Email: [youthbasketballbranford@gmail.com](mailto:youthbasketballbranford@gmail.com)  
Website: [www.branfordbasketball.com](http://www.branfordbasketball.com)



[BranfordRecreation.org](http://BranfordRecreation.org)