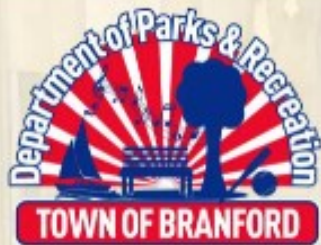


JANUARY 5, 2026 - APRIL 2, 2026\*\*



# JOE TRAPASSO GYM SCHEDULE

## MONDAYS:

8:30a - 9:30a  
9:30a - 11:30a  
11:45a - 1:45p  
\*2:00p - 3:30p  
3:30p - 5:15p  
5:15p - 7:30p  
\*7:45p - 9:15p

Canoe Brook Senior Activities  
Parks & Recreation Programming  
Canoe Brook Senior Activities  
\*Adult Open Pickleball Courts  
Afterschool Activities  
Branford Junior Basketball  
\*Adult Open Pickleball Courts

## TUESDAYS:

6:30a - 7:30a  
8:30a - 10:45a  
11:00a - 12:30p  
12:30p - 2:30p  
3:30p - 5:15p  
5:15p - 9:00p

Parks & Recreation Programming  
Canoe Brook Senior Activities  
Parks & Recreation Programming  
Lunchtime Basketball- Adults 18+  
Afterschool Activities  
Branford Junior Basketball

## WEDNESDAYS:

8:30a - 10:00a  
10:30a - 11:15a  
\*11:30a - 1:30p  
3:30p - 5:15p  
5:15p - 9:00p

Canoe Brook Senior Activities  
Parks & Recreation Programming  
\*Adult Open Pickleball Courts  
Afterschool Activities  
Branford Junior Basketball

## THURSDAYS:

6:30a - 7:30a  
8:30a - 10:45a  
11:00a - 12:30p  
12:30p - 2:30p  
3:30p - 5:15p  
5:15p - 9:00p

Parks & Recreation Programming  
Canoe Brook Senior Activities- Pickleball  
Parks & Recreation Programming  
Lunchtime Basketball- Adults 18+  
Afterschool Activities  
Branford Junior Basketball

## FRIDAYS:

\*8:30a - 10:30a  
11:00a - 12:30p  
1:00p - 2:30p  
3:30p - 5:15p  
5:15p - 9:00p

\*Adult Open Pickleball Courts  
Parks & Recreation Programming  
Canoe Brook Senior Activities  
Afterschool Activities  
Branford Junior Basketball

## SATURDAYS:

8:00a - 7:30p  
7:30p - 9:00p

Parks & Recreation Programming/BFD JR Basketball  
Open Play Basketball Courts- Ages 18+

**\*Branford Residents Only: Parks & Rec Indoor Membership Required**

**\*\*NOTE: Beginning mid-February the schedule will change due to the Annual Kinney/Bradly Basketball Tournaments!**

revised 12-19-25

SCHEDULE: SUBJECT TO CHANGE | BRANFORD RESIDENTS ONLY

46 CHURCH STREET | BRANFORDRECREATION.ORG | OFFICE #: (203) 488 - 8304