

## **GENERAL INFORMATION**



Office Hours: Monday thru Friday 8AM-4:30PM Address: 46 Church Street, Branford CT 06405 Phone: 203-488-8304/Fax: 203-315-4017

Web: branfordrecreation.org

Email: recreation@branford-ct.gov

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#### **REFUND POLICY**

The following refund policy is in effect:

•If a program/activity is cancelled by The Parks & Recreation Dept., a full refund will be issued.

- To avoid classes being cancelled at the last minute due to insufficient enrollment & in order to accommodate waitlists, refund requests must be made no later than five(5) business days before a program begins.
- •Refunds are generally not given once a program has begun, however, in the event of injury or illness, a refund request will be considered if accompanied by a doctor's note. No refunds on tickets, trips or pool passes.
- •Absolutely no refunds will be given for any unused portion of a program/activity.
- •All refunds are subject to a \$10.00 processing fee.
- •When a program/activity is run by a third party vendor, no refunds will be given after 5 business days prior to the start of program/activity.
- •All refunds are issued back in the original payment format, except cash.



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Weather: If Branford Public Schools are cancelled or dismissed early, all Parks & Recreation programs and activities will be cancelled. If schools have a delayed

opening, programs will continue as scheduled, except for programs starting prior to 10a. **Please note:** If the BOE cancels their evening activities, it will be at the discretion of our Department to keep evening programs on as scheduled. For the most up to date information, please visit our website or call the office.



Branford Parks & Recreation / Register online at branfordrecreation.org

Do you have questions? Contact our Office Staff



Alex Palluzzi- Director Parks & Recreation apalluzzi@branford-ct.gov Dale Izzo- Assistant Direction dizzo@branford-ct.gov Victor Amatori, Jr.- Program Supervisor vamatori@branford-ct.gov Andrea Kenney- Program Coordinator akenney@branford-ct.gov Colin Sheehan- Arts & Culture Coordinator csheehan@branford-ct.gov Monica Sullivan- Administrative Assistant msullivan@branford-ct.gov Megan Cunningham- Administrative Assistant mcunningham@branford-ct.gov

#### Branford Parks & Recreation "SMOKE FREE POLICY"

"Smoking is prohibited at all properties under the control of the Branford Parks and Recreation Dept. at all times, including but not limited to: buildings, grounds, entrances, sidewalks, parking lots and beaches. Smoking is defined as the use of: cigarettes, pipes, cigars and other devices that produce smoke including electronic cigarettes and water pipes."

# **GENERAL INFORMATION**

Branford Parks & Recreation / Register online at branfordrecreation.org

#### COVID-19 REQUIREMENTS FOR ATTENDING CLASSES

1. If you do not feel well, stay home!

- 2. If you have been in contact with someone who has tested positive for COVID-19 within the last 14 days or if you have traveled within the last 14 days to a state on the "State of Connecticut Advisory List", please do not attend class. <u>https://portal.ct.gov/Coronavirus/Travel</u>
- Plan to arrive 10 minutes before class time to be checked in. All participants will have their temperature taken and will sanitize their hands. Any participant with a temperature of 99.5 or higher will be sent home and advised to contact their medical provider.
- Please wear a mask or face covering. Parents /Adults must wear a mask at all times (children under the age of 6 years do not need to wear a mask).
- Only those registered for the class may attend. If you are enrolled in a parent/child class, only one parent may attend with the child. Unfortunately at this time siblings are not able to attend.
- 6. Be prepared for limited access to public restrooms and water fountains. Prepare: "Go Before You Go".
- 7. Please be respectful of other participants.
- 8. Follow CDC's guidance on personal hygiene prior to attending class.
- Cover your cough or sneeze with a tissue or cough/ sneeze into your sleeve.
- 10. All participants must adhere to social distancing requirements of 6 feet or more away from another participant.
- 11. The Parks and Recreation Dept. reserves the right to send any participant home for any reason.
- 12. If you test positive for COVID-19 and are currently registered for a class you will need to test negative before being able to participate in the program and no earlier than 14 days after you first test positive. Negative test results will be required to be submitted to the Director of the Department.
- If you test positive, you must agree to cooperatively participate in any contact tracing program required by the Department of Health.
- 14. Questions related to these requirements may be directed to the Director or Assistant Director of Recreation.
- 15. The Parks and Recreation Department reserve the right to cancel a program at anytime.

#### COVID-19 PHYSICAL DISTANCING IN PUBLIC PARKS AND TRAILS

 Do not use parks or trails if you are exhibiting symptoms, have been exposed to COVID-19 or have traveled to one of the states on Connecticut's Travel Advisory List.

2. Follow CDC's guidance on personal hygiene prior to visiting parks and trails.

3. Be prepared for limited access to public restrooms and water fountains. Prepare before you visit: "Go Before You Go".

4. Share the trails/parks. Warn other users of your presence and wear your mask as you pass.

5. Avoid touching your face- eyes, nose, mouth. Be careful what you touch.

6. Cover your cough or sneeze with a tissue or cough/ sneeze into your sleeve.

7. Observe CDC's minimum recommended physical and social distancing of 6 feet from other persons at all times.

8. Wash often for at least 20 seconds with soap and water. If soap is not available, use an alcohol based hand sanitizer.

9. Wear a face covering or mask.

10. Take out what you take in, or use trash cans to dispose of trash. Do not throw trash on the ground.11. Follow all posted signs.

#### •• Looking for a Gift Idea?

Looking for a clever gift idea? Need a last minute birthday present? We have the answer.....

A Branford Parks & Recreation Gift Certificate or "Spread A Little Sunshine" will make the perfect gift!!!!



#### Spread A Little Sunshine!!

Special Occasions, Birthdays, Anniversaries, Thinking of You, Congratulations, "Hang In There Sunshine", etc. Option 1: Spread A Little Sunshine with a personalized video. \$10.00 Option2: Spread A Little Sunshine by sending Sunshine to a loved one. They will receive a special gift and some sunshine. \$25.00 \*Call the office for details; restrictions apply.

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#### Name that Tune Family Night **Rocking through the Decades**

Join us for an evening of fun while we play Name That Tune with songs from 1950 to 1999. This will be a fun family night! Game play will be from your car and safely socially distanced. Were your favorite fashion or fads from the 80"s for extra points!

\*Pre-registration is required. Space is limited. Date Time Fee: 6:30-7:30PM Thurs. Sept. 3 \$12/car Location: Joe Trapasso CH Parking Lot

#### Name that Tune Family Night 21st Century 2000 thru Today

Join us for an evening of family fun while we play Name That Tune. Game play will be from your car and safely socially distanced. \*Pre-registration is required. Space is limited Date Time Fee: 6:30-7:30PM \$12/car Thurs. Oct.8 Location: Joe Trapasso CH Parking Lot

#### **BINGO In The Car**

Join us for a fun family game night of BINGO from the comfort of your car. You will receive game cards. Come play this game of chance in a safe social distancing way.

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Date	Time	Fee:
Fri. Sept. 18	6:30-7:30PM	\$12/car
*Pre-registration i	is required. Space is	s limited.

#### **JUKEBOX Bingo at Home**

From the comfort of your own home, join us for a night of BINGO with music. This is a fun interactive game. Can you guess the songs and unscramble the letters to get BINGO?! Prizes will be awarded. Please register using this link: https://keithalan.com/branford/

Date Time Fee: Tues. Sept. 29 6:30-7:30PM Free \*Pre-registration is required. Space is limited



#### Quest

Scavenger Hunt meets Trivia meets "Let's Make a Deal", and it all comes to life in our parking lot with hosts Colin Sheehan and Chris Lemieux! \*Pre-registration is required. Space is limited. Date Time Fee: Sat. Oct. 3 11AM-12PM \$12/car Location: Joe Trapasso CH parking Lot



#### Family Drive-In Trivia Night

Ready to test your knowledge? Team up, pair up or go solo; join us for a fun hour of Trivia! Played from the comfort of your car using a free app on your smartphone or tablet. There are 3 rounds with between rounds fun and a Sudden Death round. Get ready to answer fast, honk your horn and flash your lights to show off your correct answer! (Game time is 6:45PM.) \*Pre-registration is required. Space is limited. Time Date Fee: Fri. Oct. 16 6-8PM \$12/car

#### Drive-in Adult Comedy Night

Need a fun night out? We're providing the entertainment! Join us for a night of comedy in the comfort of your own car. \*Pre-registration is required. Space is limited. Date Time Fee: Coming Soon! 6:30-7:30PM \$25/car Location: Joe Trapasso CH Parking Lot

#### Family Drive-in Movie Night

A musical about teens in love in the 1950s. It's California 1958 and greaser Danny Zuko (John Travolta) and Australian Sandy Olsson (Olivia Newton-John) are in love. They spend time at the beach, and when they go back to school, what neither of them knows is that they both now attend Rydell High. Grease is the word!! Date Time Fee: Sat. Sept. 12 7-9:30PM \$15/car Location: BHS Parking Lot

\*Pre-registration is required. Space is limited.

## EARLY CHILDHOOD

#### Buggy Fitness Club: (on-site) Instructor: Erica McNamara

Looking to get out and get active? Join us with your babies or toddlers outside. This will be a fitness walking exercise group. Anyone who enjoys walking and has a stroller with kids is welcome. Your children will enjoy the fresh air while you are able to get in some simple exercises and socialization with others. Space is limited.

Date:TimeFee:Mon.Sept.14-Oct. 59:30-10:30AM\$40Location:Foote Memorial Park

#### **Rockin' Kids at Home:** Ages 1-5 yrs. **Instructor:** Erica McNamara

This class is for toddlers and parents to enjoy songs, dance, and play. Registered participants will enjoy a 30 minute virtual class where you and your toddler can move, shake and sing along with your favorite circle time songs. You'll receive "circle time essentials" at your door that are designed to accompany each week's class. Sign up and get ready for some fun!

Date	Time	Fee:
Tues.Sept.15-Oct. 6	10:30-11AM	\$40
Thurs.Sept.17-Oct. 8	10-10:30AM	\$40

#### **"Booked for Lunch":** Ages 1 to 5 yrs. Instructor: Erica McNamara

Have you ever wondered why <u>Dragons Love</u> <u>Tacos</u> or how meteorologists can predict that it will be <u>Cloudy with a Chance of Meatballs</u>? You'll get to munch your lunch while listening to a live read-aloud of your favorite food focused books! We'll also touch on the importance of eating healthy and the food pyramid. We hope you book your Tuesday lunches with us and we'll see you virtually for 30 minutes. Links will be sent each week. **Date** Time Fee:

Date Tues. Sept. 15-Oct. 6 Time 11:30-12PM

#### Silly Little Scientist (on-site) Ages 2-5yrs. Instructor: Erica McNamara

Outdoor, socially distanced, hands-on fun! Each participant will be given a tray of personal & individualized supplies that we will be using each week. Toddlers and caregivers will be assigned a specific area to participate safely. **NOTE:** Class will be held outside & is limited to one participant with one caregiver; unfortunately siblings are not allowed.

DateTimeFee:Wed. Sept.16-Oct. 710-10:45AM\$40Location: Joe Trapasso CH– Outside

#### Yoga Bunny and You(on-site)Ages 2-5yrs. Instructor: Erica McNamara

You and Yoga Bunny will have a great time exploring many different yoga positions in a socially distanced, outdoor space. We will bend, stretch and relax our way to Namaaste. Toddlers and caregivers will be assigned a specific area to sit. Please bring a yoga mat, blanket or towel to sit on. **NOTE:** Class will be held outside & is limited to one participant with one caregiver; unfortunately siblings are not allowed.

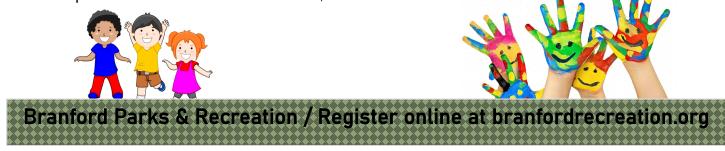
Date	Time	Fee:
Wed. Sept. 16-Oct. 7	11-11:30AM	\$40
Location: Joe Trapasso	CH –Outside	

#### Krafty Kids: Ages 1-5yrs.

Instructor: Erica McNamara

Each week you'll receive a "goodie bag" of supplies to create a simple craft or project. Toddlers and caregivers will log in to complete the simple craft or project together as a class. We will all share (virtually) our masterpieces with each other!

Imagine the fun we can pack into 30 minutes!DateTimeFee:Thurs. Sept. 17-Oct. 810:45-11:15AM\$40



\$40



## YOUTH PROGRAMS

Circuit Makers 101: Ages: 6-8 yrs. Let's get creative with electricity! In this handson electronics class, students will gain experience creating their own electronics: designing custom light-up greeting cards, electric games, mazes, & more. Classes consists of a circuitry lesson & hands-on electronics projects, using components like wires, lights, switches & motors. Circuit Labs staff will guide participants through projects that they can be proud of to keep & use. Materials are included and will be sent to you. ZOOM links will be sent weekly for live 75 minute instruction. Date Time Fee: Mon. \*Sept.14-Nov. 2 4:30-5:45PM \$165

\*Note: No class 9/28 or 10/12.

#### Munchkin Tennis: Ages: 4-7 yrs. Instructor: Paul Gagliardi

Player is introduced to the forehand, backhand, serve and volley with drills, fun games and game situations. Participants should bring a water bottle and their own tennis racquet. Date Time Fee: Sat. Sept. 12-Oct.10 9-10AM \$100 Location: Foote Memorial Park

#### The Great Cake Bake Off:

Have fun in the kitchen creating a masterpiece cake. We'll provide the basic ingredients: cake mix, frosting & decorating items. The sky is the limit! Submit a picture entry on or before Oct. 16th. All entries are eligible for a prize drawing. Must register before September 30th Note: Choice of chocolate or vanilla cake mix and frosting. Fee:\$10

#### Halloween Cookie Decorating:

Have fun decorating your very own cookies in the comfort of your kitchen. "Sweets on Main" will supply decorating kits which included: 6 cookies, icing, sprinkles & instructions. Kit pick up will be at the Parks & Recreation Office. Date: Fee: \$25

Register before Oct. 16th Pick up Date: Oct. 20 & 21

#### **Kidscapades ZOOM Classes**

Have fun creating with Elena Biglo and the Kidscapades staff. There is an activity for everyone! Class materials list and ZOOM links will be sent out a few days before the class begins. Be sure to gather your materials in advance.

Fairies & Potions: Ages: 3-4 yrs. This class is perfect for boys & girls to make a magical fairy/wizard potions, sparkling fairy dust and a wand fit for both fairies and wizards! Date Time Fee: Wed. Sept.16 10-10:30AM \$15

#### Create a Calm Box: Stress/Anxiety Relief for Kids Ages: 5-8 yrs.

A hands-on approach to relieve the stress and anxiety kids are feeling these days by incorporating sensory calming activities into their day. Sensory calming activities will ease your child's feelings of restlessness, anger and frustration and may help prevent meltdowns. In this class we will create a calming putty and a calming bottle to keep inside the 'Calm Box' for future use. Date Time Fee: Wed. Sept.16 4:30-5:30PM \$15

#### Pirates Adventures: Ages: 3-4 yrs.

Our adventure leads us to create a one of a kind treasurer box, a pirate hat and a sword. The adventure concludes with a treasure bottle eruption! Date Time Fee: Wed. Oct. 21 10-10:30AM \$15

#### Spooky Science: Ages: 5-8 yrs.

Science is super fun, especially during Halloween! Get into the spirit of both by conjuring up a witch's potion, making a ghostly bubble concoction and creating a haunted light show! Ghosts and goblins will have so much fun, they won't realize they're learning too!





## **/OUTH PROGRAMS**

#### Munchkin Tennis: Ages: 4-7 yrs.

Instructor: Paul Gagliardi Player is introduced to the forehand, backhand, serve and volley with drills, fun games and game situations. Participants should bring a water bottle and their own tennis racquet.

Date	Time	Fee:
Sat. Sept. 12-Oct. 10	9-10AM	\$100
Location: Foote Memo	orial Park	

#### Junior Tennis: Ages: 8-14 yrs.

Instructor: Paul Gagliardi

Player is introduced to the forehand, backhand, serve and volley with drills, fun games and game situations. Participants should bring a water bottle and their own tennis racquet.

Ages: 8-10 years Date Time Fee: Mon. Sept.14-Oct. 12 5-6PM \$100 Location: Foote Memorial Park

#### Ages: 11-14 years

Date	Time	Fee:
Mon. Sept.14-Oct. 12	5-6PM	\$100
Location: Foote Memo	rial Park	

#### Autumn With Ashley: Grades: K-4

Hosts: Vic Amatori, Jr. & Ashley Baylor Are your children fascinated by the weather? Are they curious how meteorologists report on weather conditions? Then join this fun and educational class with WTNH-TV's Meteorologist Ashley Baylor as she explains the weather and answers questions in an interactive video session via ZOOM.

Date	Time	Fee:
Thurs. Sept. 24	4-4:30PM	Free

#### Hoops at the House: Grades: K-4

Instructor: Vic Amatori, Jr.

Learn the basic skills for the game of Basketball in a non-traditional way. Basketballs included (pick up at CH). ZOOM links will be sent prior to the first day of class.

Date	Time	Fee:
Wed. Sept 9-Sept 30	4-4:30PM	\$20

#### Paint Night Instruction via ZOOM:



Ages: 13 yrs. and up Instructor: Pam from Pam's Picasso's Join us for a fun night of painting via ZOOM. Step by step instruction will be given to create a beautiful fall scene. Kits to be picked up prior to class at the Parks and Rec. office.

Date	Time	Fee:
Wed. Oct. 7	7-8:30PM	\$32

Talking with Tyler: Grades: K-6



Host: Vic Amatori, Jr. & Tyler Hackett Have you always dreamed of meeting a professional hockey player? Join Tyler Hackett, a Branford native & professional hockey player with the Danbury (CT) Hat Tricks of the Federal Prospects Hockey League. You will be able to meet Tyler and ask guestions in a 30 minute Q and A session via ZOOM.

Date	Time	Fee:
Wed. *Sept. 23	6:30-7PM	Free
*Date subject to ch	ange due to	game schedule

#### **Dungeons & Dragons:**

**Instructor:** Chris Lemieux Coming in Late October.....



#### Wizards School of Magic: Ages: 5yrs. & up Instructor: Tom O'Brien

Learn 5 magic tricks in a fun and safe way from a professional magician. This virtual magic workshop is a one on one 30-40 minute session which includes all materials (including a magic wand!) mailed to you prior to the live instruction class. Class date and time will be picked with the Magician upon registering. Fee: \$30

#### Kicks for Kids Soccer: Grades: K-4th Instructor: Vic Amatori, Jr.

Learn the basic skills for the game of Soccer in a non traditional way. Instruction and soccer ball included. ZOOM links will be sent prior to the first day of class.

Date	Time	Fee:
Thurs. *Sept 10-Oct 8	4-4:30PM	\$20
*Note: No class Sept.	24	C





#### **Adult Tennis Lessons**

#### Instructor: Paul Gagliardi

**Beginner:** The participant will learn the forehand, backhand, serve and volley with drills, fun games, and game situations. Scoring, strategy and match play for singles and doubles will be incorporated. Participants should bring a water bottle and have their own tennis racquet.

Date	Time	Fee
Mon. Sept.14-Oct. 12	6-7PM	\$100
Location: Foote Memorial Park		

#### Intermediate:

The participant will improve the forehand, backhand, serve and volley with drills, fun games, and game situations. Scoring, strategy and match play for singles and doubles will be incorporated. Participants should bring a water bottle and have their own tennis racquet.

Date	Time	Fee
Mon. Sept.14-Oct. 12	6-7PM	\$100
Location: Foote Memorial Park		

#### Staying Fit - Do Your Best Training Instructor: Jillian Temple

Beach workout! Come start your weekend right with a sunrise workout. Class will include cardio, strength training, and stretching. No equipment needed, just 60 minutes of beach fun. Bring a towel or mat with you to class.

Date	Time	Fee:
Sat. Sept.12-Oct. 3	7-8AM	\$50
Location: Branford Po	oint/Parker Pa	rk

# Time for

#### **Yoga in the Park**

Yoga classes are taught by Sally Noel. She has been practicing and teaching yoga since 1999. She loves sharing the tools of insight meditation, breath work, and calming yoga to help people release stress and tension in their bodies and minds, and welcome more peace.

#### Soul Chill Yoga:

Allow this healthy & calming time for yourself. Release tension & awaken inner strength with a mindful yoga session suitable for all levels of practice. Feel the benefits of stress release & focused awareness. Neuroscience proves that meditative practices help our inner resiliency, especially needed during stressful times. Date Time Fee: Wed. Sept. 9-30 6-7PM \$50 Location: Foote Memorial Park

#### Morning Yoga to Center & Calm:

A soothing session of mindful movement, yoga postures, breathing & meditation accessible to all levels of practice. We'll stretch and open the body, inviting vital energy to flow and peacefully focus the mind. Allow this time for yourself to rejuvenate, ground & calm your body and mind. Date Time Fee: Sun. Sept.13-Oct.4 8-9AM \$50 Location: Branford Point / Parker Park

#### Chair Yoga:

Enjoy the peace, strength and focus a rejuvenating yoga practice can give you from the comfort of your own home via ZOOM. Low physical impact but high emotional impact! Date Time: Fee: Coming Soon TBA \$50

\* Call the office for information.





### **ADULT PROGRAMS**



#### Pottery in the Park with Fired-Up!

Instructor: Jenna Cheslock

Create your very own pottery piece. All supplies will be provided for you. Be creative and relax in a safe social distanced environment.

Date		Time	Fee:
Mon.	Sept. 28	5:30-7PM	\$25/piece
Mon.	Oct. 26	5:30-7PM	\$25/piece
Location: Joe Trapasso CH Parking Lot			

#### Paint Night In the Park:

**Instructor:** Pam from Pam's Picasso's Take a break from quarantine and join us for a safe relaxing paint night! You will be given step by step instructions to help you create a pretty fall painting. No experience necessary. All materials included.

Date	Time	Fee:
Wed. Sept. 16	5:50PM	\$30
Location: Vetera	an's Memoria	al Park Pavilion

#### Paint Night Instruction via ZOOM: Ages 13 & up

**Instructor:** Pam from Pam's Picasso's. Join Pam for a fun night of painting via ZOOM. Step by step instruction will be given to create a beautiful fall scene. Kit pick up will be at the Parks and Recreation office.

Date	Time	Fee:
Wed. Oct. 7	7-8:30PM	\$32

#### String Art:

Fee: \$20/kit

Instructor: Courtney Rosenberg

Create your very own DIY project with string!. The process is simple: hammer your nails, string the floss around the nails and hang your creation. Are you ready to create your own masterpiece? All the materials and instructions are included. Share your creation with us at *recreation@branfordct.gov.* Kits created by Courtney from Re-Loved Designs **Design Choices:** Mason Jar,



Paw Print, Home, Arrows, Anchor or Heart



**Beginner Guitar Lesso** 

Instructor: Carl Fazzio Develop a deeper appreciation for music by learning the fundamentals of classical & folk guitar. Topics covered: right/left hand techniques, major scales, beats, notes and more. Participants will learn to play songs using strumming & finger picking techniques. Date Time Fee: Tues. Sept.29-Oct. 27 10:15-11:15AM \$50 Location: Joe Trapasso CH Parking Lot



Looking for a clever gift idea? Need a last minute birthday present? We have the answer..... A Branford Parks & Recreation Gift Certificate or "Spread A Little Sunshine" will make the perfect gift!!!!

#### Spread A Little Sunshine!!

Special Occasions, Birthdays, Anniversaries, Thinking of You, Congratulations, "Hang In There Sunshine", etc. **Option 1:** Spread A Little Sunshine with a personalized video. \$10.00

**Option2:** Spread A Little Sunshine by sending Sunshine to a loved one. They will receive a special gift and some sunshine. \$25.00 \*Call the office for details; restrictions apply.



#### Kind Calls:

Branford Parks & Recreation / Register online at branfordrecreation

Instructor: Parks & Rec Staff

If you or a loved one would like someone to talk to on the phone, please let us know. A staff member will call individuals, as requested to chat and provide resources. Call the office for more details and to schedule a time: 203.488.8304

