

BRANFORD PARKS & RECREATION

www.branfordrecreation.org

May, June and July 2022 Programs



Photo courtesy of: Ashley Abel Photography





Office Hours: Monday thru Friday
8:00 AM—4:30 PM

Address: 46 Church Street
Branford, CT. 06405

Phone: 203-488-8304 / Fax: 203-315-4017

Web: www.branfordrecreation.org

Email: recreation@branford-ct.gov

Follow Us:



Facebook.com/BranfordParksandRec
@branfordparksandrecreation

REFUND POLICY

The following refund policy is in effect:

- ◆ If a program / activity is cancelled by the Parks & Recreation Dept. a full refund will be issued.
- ◆ To avoid classes being cancelled at the last minute due to insufficient enrollment & in order to accommodate waitlist, refund request must be made no later than five (5) business days before the program begins
- ◆ Refunds are generally not given once a program has begun, however in the event of injury or illness, a refund request will be considered if accompanied by a doctor's note. No refunds on tickets, trips or pool passes.
- ◆ Absolutely no refunds will be given for any unused portion of a program/activity.
- ◆ All refunds are subject to a \$10.00 processing fee.
- ◆ When a program/activity is run by a third party vendor, no refunds will be given after 5 business days prior to the start of the program/activity.
- ◆ All refunds are issued back in the original payment format, except cash.

Weather

If Branford Public Schools are cancelled or dismissed early, all Parks and Recreation programs and activities will be cancelled. If schools have a delay opening, programs will continue as scheduled, except for programs starting prior to 10AM. Please Note: If the BOE cancels their evening activities, it will be at the discretion of our Department to keep evening programs on as scheduled. For the most up to date information, please visit our website or call the office.

Registration & COVID 19 Information

Information in this brochure will continually be updated as additional information becomes available. Please check our website for updates or call the office at 203-488-8304.

Safety is our #1 priority. Guidelines have been put in place for each program with the safety of staff and program participants in mind. We ask that you adhere to all guidelines for our programs and activities.

How to Register

You can register by phone, in-person or on-line. Need help creating an account? Call the office at 203-488-8304 or visit us on-line at www.branfordrecreation.org and click on "Create an Account."

Registration Payment

Forms of payment: Cash, Check or Credit Card. VISA & Mastercard are accepted on-line, by mail and in-person. Cash payments are only accepted during office hours. If paying by check, please make checks or money orders payable to "Treasurer, Town of Branford. A \$20 fee will be assessed for returned checks. A non-resident fee may apply.

All programming will follow State of CT Executive Orders, Local and Town as well as East Shore District Health Department for guidelines and protocols related to COVID-19. Please see your receipt/ attachments for additional COVID-19 guidelines about each program.

Parks and Recreation Staff

Alex Palluzzi, Jr. – Director Parks & Recreation
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Marcel "Butch" Cote – Lead Maintainer
Nicholas Polastri – Maintainer

Jeffrey Sitz – Maintainer
Colin Tracy – Maintainer



FOR MORE INFORMATION
SCAN WITH YOUR SMART PHONE



SCAN ME

Branford Parks & Recreation Closings

Mon.
Mon.
Mon.
Mon.
Fri.
Thurs.-Fri.
Fri.
Fri-Mon.
Fri.-Mon.

May 30th
July 4th
Sept. 5th
Oct. 10th
Nov. 11th
Nov. 24th & 25th
Nov. 25th
*Dec. 23rd-26th
*Dec. 30th-Jan. 2nd

Memorial Day
4th of July
Labor Day
Columbus Day
Veteran's Day
Thanksgiving
Thanksgiving Recess
Christmas Recess
New Years Recess

* Dec. 23rd & Dec. 30th our office will closed at noon.

"SMOKE FREE POLICY":

"Smoking is prohibited at all properties under the control of the Branford Parks and Recreation Dept. at all times, including but not limited to: buildings, grounds, entrances, sidewalks, parking lots and beaches. Smoking is defined as the use of cigarettes, pipes, cigars and other devices that produce smoke including electronic cigarettes and water pipes".

TODDLER SPORTS CLASSES WITH COACH VIC

LITTLE YOUNGSTERS IN ACTION : Ages 2 - 4 years

Instructor: Coach Vic & The Parks and Recreation Staff

Join Coach Vic and show off your moves as we run, jump, spin and more. This activity will take place outside, so dress for the weather. Parents or guardians are required to stay.



Date:	Time:	Fee:	Location:
Tues. May 17th - June 14th	11:00 am - 11:30 am	\$30	Hammer Field



T-BALL FUN: Ages 2 - 4 years

Instructor: Coach Vic & The Parks and Recreation Staff

This program is designed to introduce toddlers to the fundamentals of baseball with parents by their side. Fun drills of hitting off a tee, running the bases, throwing and catching will be taught. This activity will take place outside so dress for the weather.

Parents or guardians are required to stay.

Date:	Time:	Fee:	Location:
Wed. May 18th - June 15th	11:00 am - 11:30 am	\$30	Hammer Field

PEEWEE SPORTS & READ: Ages 2 - 4 years

Instructor: Coach Vic & The Parks and Recreation Staff

Join Coach Vic for a morning of reading and sports fun. Give your child the first steps into enjoying sports and fitness! The first part of class we will read a short story and then we will get into the groove with a fun activity. This activity will take place outside so dress for the weather and bring a blanket to sit on. Parents or guardians are required to stay.



Date:	Time:	Fee:	Location:
Thurs. May 19th - June 16th	10:00 am - 10:30 am	\$30	Hammer Field



TIKES SOCCER: Ages 3 - 4 years

Instructor: Coach Vic & The Parks and Recreation Staff

Join Coach Vic for a fun-oriented class focused on developing motor skills, promoting physical fitness and learning the basics of soccer. This activity will take place outside so dress for the weather. Parents or guardians are required to stay.

Date:	Time:	Fee:	Location:
Fri. May 20th - June 17th	11:00 am - 11:30 am	\$30	Hammer Field

HOOPS AT THE Q-HOUSE



HOOPS AT THE Q-HOUSE: Grades K-2

Instructor: Coach Vic & The Parks and Recreation Staff

Learn the basic skills for the game of basketball in a non-traditional way. Participants will have fun running, dribbling, shooting and more! Please wear sneakers and bring a water bottle.

Date:	Time:	Fee:	Location:
Mon. May 16th - June 20th*	4:00 pm - 4:45 pm	\$30	Joe Trapasso Gymnasium

*No class 5/30

YOUTH PROGRAMS

TODDLER AND ME—CREATIVE MOVEMENT:

Instructors: Ms. Paola Rarick & Studio One Staff

Come join us for a dynamic creative movement class that teaches toddlers the joy of music and dance. The toddlers will be accompanied by an adult. This is a wonderful bonding experience and a great way to introduce our toddlers into new environments.



Date:	Age:	Time:	Fee:	Location:
Tues. May 3rd - 24th	18 mo. - 3 yrs.	9:00 am - 9:30 am	\$60	Studio One

MARY'S CULINARY COOKING CLASSES

MARY'S CULINARY COOKING CLASSES: Ages 6 - 13 yrs.

Instructor: Chef Mary Amter

Put your aprons on and learn some culinary skills while you make a delicious meal. Join Mary in the kitchen for a unique hands-on culinary experience engaging children in creating delicious dinners and desserts. Participants will explore, create, and learn basic cooking techniques! They will enjoy each meal they cook with some left overs to take home. Class size is limited.

FRIED MOZZARELLA AND OREO BOMBS

Date:	Time:	Fee:	Location:
Monday, May 2nd	4:30 pm - 6:30 pm	\$40	Joe Trapasso Community House

GNOCCHI WITH GARLIC PARMESAN SAUCE AND OOEY GOOEY LEMON COOKIES

Date:	Time:	Fee:	Location:
Thursday, May 19th	4:30 pm - 6:30 pm	\$40	Joe Trapasso Community House

LEMON FETTUCCINE ALFREDO AND CREAM CHEESE LEMONADE PIE

Date:	Time:	Fee:	Location:
Thursday, May 26th	4:30 pm - 6:30 pm	\$40	Joe Trapasso Community House



"No one is born a great cook, one learns by doing!" - Julia Child

MARY'S CULINARY COOKING CAMP DAYS



Carve out some time this summer in a fun way! Join Mary as she shares her passion for cooking with you. Campers will learn kitchen etiquette, basic techniques of preparing food and using equipment. Additionally they will use math, reading and problem solving, cooperation and working as a team to prepare two meals in a safe and fun way. Participations will prepare breakfast and lunch and best of all, they will get to enjoy their very own creation with their peers. Put on your chefs hat and join us in the kitchen this summer! Be sure to sign up early to ensure a spot! Students should wear comfortable clothing, hair should be tied back and no flip flops.

French Toast Roll Ups & Eggplant Parmesan

Date:	Age:	Time:	Fee:	Location:
Mon. July 11th	8 - 13 yrs.	9:00 am - 12:30 pm	\$55	Joe Trapasso Community House

Bacon and Egg Biscuit Bread & Mini Lasagna Cups

Date:	Age:	Time:	Fee:	Location:
Tues. July 12th	8 - 13 yrs.	9:00 am - 12:30 pm	\$55	Joe Trapasso Community House

Cinnamon Roll Pancakes & Chicken Francaise

Date:	Age:	Time:	Fee:	Location:
Thurs. July 14th	8 - 13 yrs.	9:00 am - 12:30 pm	\$55	Joe Trapasso Community House

Note: Register for all three classes and save \$10.00

STUDIO ONE DANCE CAMP

FANTASY DANCE SUMMER CAMP:

Instructors: Ms. Paola Rarick & Studio One Staff

Let your child explore their creativity and imagination at StudioOne's Fantasy Camp. This fun and exciting dance camp for boys and girls will consist of a daily dance class where the participants will also learn a dance routine centered around a fantasy character such as a mermaid, fairies, princes and knights. We will also have a story time portion of the day with arts and crafts.



Date:	Age:	Time:	Fee:	Location:
July 11th - 15th	5 - 8 yrs.	9:00 am - 12:00 pm	\$150	Studio One

PRINCESS TEA PARTY DANCE CAMP:

Instructors: Ms. Paola Rarick & Studio One Staff

Come join the magic of our Princess Tea Party Dance Camp. Throughout the week the children will enjoy dance and movement classes centered around a princess theme. There will be daily tea parties, games to exercise the imagination and crafts to tie into our theme.

Date:	Age:	Time:	Fee:	Location:
July 25th - 29th	3 - 6 yrs.	9:00 am - 12:00 pm	\$150	Studio One

SPRING TENNIS PROGRAMS

MUNCHKINS TENNIS LESSONS:

Instructor: Paul Gagliardi

Participants will learn the basics of the game of tennis, through a variety of fun, skill building activities. Children will learn fundamental stroke production and the ABC's (agility, balance, and coordination) of tennis. Participants should bring a water bottle and have their own tennis racquet.



Date	Age:	Time:	Fee:	Location:
Session 1: Sat. Apr. 30th - Jun. 4th	4 - 6 yrs.	9:00 am - 9:45 am	\$110	BHS

JUNIOR TENNIS LESSONS FOR KIDS:

Instructor: Paul Gagliardi

Participants will learn the forehand, backhand, serve and volley with drills, fun games, and game situations. Scoring, strategy and match play for singles and doubles will be incorporated. Participants should bring a water bottle and have their own tennis racquet.

Date:	Age:	Time:	Fee:	Location:
Session 1: Sat. Apr. 30th - Jun. 4th	7 - 8 yrs.	9:45 am - 10:45 am	\$110	BHS

Date:	Age:	Time:	Fee:	Location:
Session 1: Mon: May 2nd - Jun. 6th	8 - 10 yrs.	5:30 pm - 6:30 pm	\$100	BHS

*Note: No class 5/30

Date	Age:	Time:	Fee:	Location:
Session 1: Mon: May 2nd - Jun. 6th	11 - 13 yrs.	5:30 pm - 6:30 pm	\$100	BHS

*Note: No class 5/30

ADVANCED JUNIOR DEVELOPMENT:

Instructor: Paul Gagliardi

This class is for advance players who can serve, keep score, and play a match. Participants should bring a water bottle and have their own tennis racquet.

Date:	Age:	Time:	Fee:	Location:
Session 1: Wed. May 4th - Jun. 8th	10 - 14 yrs.	6:00 pm - 7:30 pm	\$150	BHS

JUNIOR TENNIS DEVELOPMENT CAMP

Instructor: BHS Boys Tennis Coach Paul Gagliardi

These programs are designed for intermediate and advanced players who can serve and play matches.

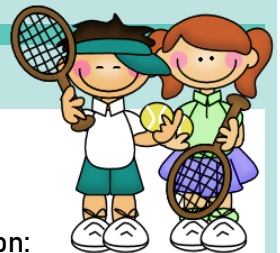
Date:	Age:	Time:	Fee:	Location:
Session 1: June 27th - 30th	8 - 14 yrs.	9:30 am - 12:00 pm	\$175	BHS Tennis Courts
Session 2: July 5th - 8th	8 - 14 yrs.	9:30 am - 12:00 pm	\$175	BHS Tennis Courts

JUNIOR TENNIS DEVELOPMENT PROGRAM

Instructor: BHS Boys Tennis Coach Paul Gagliardi

These programs are designed for intermediate and advanced players who can serve and play matches.

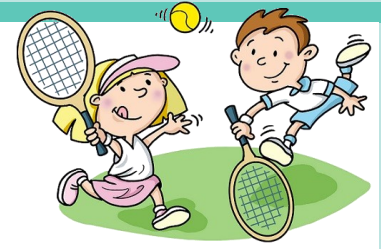
Date:	Age:	Time:	Fee:	Location:
Wed. June 22nd - August 3rd	10 - 14 yrs.	6:00 pm - 7:30 pm	\$160	BHS Tennis Courts



SUMMER TENNIS LESSONS FOR KIDS

Instructor: Paul Gagliardi

The participant will learn the forehand, backhand, serve and volley with drills, fun games, and game situations. Scoring, strategy and match play for singles and doubles will be incorporated. Participants should bring a water bottle and have their own tennis racquet.



MUNCHKINS TENNIS LESSONS: Ages 4 - 6 yrs.

Date:	Time:	Fee:	Location:
Sat. June 18th - July 23rd	9:00 am - 9:45 am	\$110	BHS - Tennis Courts

JUNIOR TENNIS: Ages 7 & 8 yrs.

Date:	Time:	Fee:	Location:
Sat. June 18th - July 23rd	9:45 am - 10:45 am	\$110	BHS - Tennis Courts

JUNIOR TENNIS: Ages 8 - 10 yrs.

Date:	Time:	Fee:	Location:
Mon. June 20th - August 1st	5:30 pm - 6:30 pm	\$110	Foote Park

JUNIOR TENNIS: Ages 11 - 14 yrs.

Date:	Time:	Fee:	Location:
Mon. June 20th - August 1st	5:30 pm - 6:30 pm	\$110	Foote Park

FLAG FOOTBALL SPRING/SUMMER CLINIC



Instructor: EJ Sattelberger

Grades: 5th - 8th currently

This spring/summer clinic will focus on footwork relative to all sports in preparation for students fall athletic season and a chance to compete in 7v7 flag football games.

Date:	Time:	Fee:	Location:
Tues./Thurs. May 10th - June 21st	3:00 pm - 5:30 pm	\$60	Walsh Intermediate School Field

LACROSSE CAMP FOR BOYS & GIRLS

Grades: 3rd - 8th as of Fall 2022

Boys Clinic Instructors: Branford Boys' Head Coach Jim May and current BHS boys' lacrosse players

Girls Clinic Instructors: Branford Girls' Head Coach Caitlin O'Brien and current BHS girls' lacrosse players



The Branford Lacrosse Clinic is dedicated to work with young Branford athletes to give them the experience to play for the High School coaches, and give them an opportunity to play with and learn from the current High School players. This clinic will provide youth athletes a fun opportunity to enhance their skills or play lacrosse for the first time. Athletes will be separated by boys' and girls', and also by age groups. Athletes will be given the opportunity to be taught the game of lacrosse, grow as a player, and learn the drills and rules that are used at the High School level. Field and goalie specific training will be offered. Athletes will work on their stick skills, foot work, field play and small sided games.



Date:	Time:	Fee:	Location:
July 11th - 14th	9:00 am - 11:00 am	\$110	Branford High School - Turf

SUMMER ACTIVITIES FOR KIDS

BASEBALL CAMP



Instructor: BHS Baseball Coach Steve Malafronte, his staff & players
Players attending camp will have the opportunity to engage in a number of drills to improve their baseball skills. Throughout the day the kids will be broken up by age to work on Hitting, Pitching, Infield, & Outfield skills through the use of stations. Each child will learn proper technique and form to continue their development as ball players. Participants will also engage in instructive scrimmages to help better their baseball IQ in live game situations.

Date:	Age:	Time:	Fee:	Location:
August 15th - 19th	7 - 12 yrs.	9:00 am - 12:00 pm	\$75	Sliney Field

DANCE CAMP

Instructor: BHS Dance Coach Megan Palluzzi
Open to Boys and Girls...Join the Branford High School Dance Team as they host a week of summer camp! Move 'n' Groove Summer Camp will introduce participants to indoor and outdoor games, activities, crafts and a "Dance of the Day" to show off!
No dance experience is necessary.



Date:	Grade:	Time:	Fee:	Location:
August 15th - 19th	K - 5	9:00 am - 12:00 pm	\$125	Joe Trapasso CH

VICTORY SOCCER CAMP



Five, 2 hour plus days of Fun and Learning. Modern methods and exercises Directed by Bob Dikranian, former college coach at Southern Ct. State University. Helping win 6 National Championship. Staff coaches all have playing and coaching experiences. The program include all aspects of technical skill combined with small sided exercises that require decision making. Simple tactics and positioning are taught in game play. Prizes are awarded for league winners, contests and best campers. Additional awards are given for Super fan day. Each camper receives a Victory t-shirt, and camp pictures.

Date:	Age:	Time:	Fee:	Location:
July 11th - 15th	6 - 14 yrs.	6:00 pm - 8:15 pm	\$110	Veteran's Memorial Park

CHESS WIZARDS!

Grades: 1st - 5th

Join us this summer for tons of challenging chess lessons, exciting games and cool prizes. You will improve your chess skills, meet new friends and work out your most powerful muscle - your brain! Our camps include fun team chess games (like bughouse), recess time (of course), snacks, tournaments and puzzles. Each camper receives a Chess Wizard T-shirt, trophy and puzzle folder. Unleash your brain power and spend some of your break time with chess Wizards!



Date:	Time:	Fee:	Location:
Session 1: June 27th - July 1st	9:00 am - 3:00 pm	\$300	John B. Sliney Elementary School
Session 2: August 15th - 19th	9:00 am - 3:00 pm	\$300	Joe Trapasso Community House

SUMMER ACTIVITIES FOR KIDS

GIRLS BASKETBALL CAMP



Instructor: Alyson Medeiros, BHS Assistant Coaches, BHS Players

Grades: 2nd - 8th as of September 2022

We are excited to offer a girls basketball clinic where we will look to introduce fundamentals to beginners and strengthen the skills of the experienced while expanding the participants passion for the game. At the same time we will equipping them with the necessary skills to compete on and off the court. During this clinic, players will be exposed to shooting drills, passing drills, dribbling drills and much more. We will engage in fun competitions while focusing on skill development and fitness. High school players will be there to assist in the development of our players and will also help to build a rapport with our future high school players and future team mates.

Date:
June 27th - July 1st

Time:
9:00 am - 11:30 am

Fee:
\$25

Location:
Joe Trapasso Community House

BOYS BASKETBALL CAMP

Instructor: BHS Coach Chris Burnham

Grades: 3rd - 5th as of September 2022

Development of basketball skills from ball handling, learning to shoot including foot work drills. Introduce the game to young kids. Fun games in competing in different skill challenges. Introduce sportsmanship and teamwork. Camp is designed to be fun through competition.



Date:
August 22nd - 25th

Time:
9:00 am - 11:30 am

Fee:
\$75

Location:
Joe Trapasso Community House

FIELD HOCKEY CLINIC



Our youth field hockey clinics will improve your field hockey skills no matter what age or your current skill level. We are here to expand your field hockey skill and enjoyment of this great game! Our clinics are designed to provide top level instruction along with a fun competitive environment. Players will be given detailed skill instruction, with fundamental and top level tactics, combined with exciting game play. Players will be challenged and have a blast at the same time! Learn how the BEST athletes train, compete and win! Players should bring a stick, mouth guard and shin guards with you.

The instructors will have a limited supply of sticks on hand for first time clinic participants.

Date:
July 11th - 15th
July 11th - 15th

Grade:
2nd - 4th
5th - 8th

Time:
5:30 pm - 6:30 pm
5:30 pm - 7:00 pm

Fee:
\$60
\$75

Location:
Branford High School
Branford High School

Keep an eye on our website for more programs to come!

www.branfordrecreation.org



Over
100 Games Available



BRANFORD SUMMER

PROGRAM

VIDEO GAMES CLUB

LIMITED SPACE AVAILABLE

ALL AGES

This afternoon program will provide an opportunity for youth to socialize and have fun together based on their hobby of playing video games and outdoor games. Students will have an opportunity to play multi and single player games like Fortnite, Madden, NBA 2K WWE, MLB The Show & More!

If your child is attending BOE Summer Enrichment, they will be able to attend after morning sessions.

Monday - Friday
12:30 pm - 3:30 pm

Session 1:

June 27th - July 1st

Session 2:

July 4th - July 8th

Session 3:

July 11th - July 15th

Session 4:

July 18th - July 22nd

\$100 per session

**Held at Francis Walsh
Intermediate School**

www.branfordrecreation.org

INCREDIFLIX

MOVIE CAMP

JUNE 27TH - JULY 1ST

LIVE ACTION FLIX

9:00am - 12:00 pm | \$190

Discover your filmmaking talents! We'll guide you through the Hollywood process to create, direct, film, act and more. You won't just make an incredible movie, you'll have the skills to make your own movies with friends.



LEGO FLIX

1:00pm - 4:00pm | \$190

Bring Lego worlds to life! We provide Legos, you provide your imagination. Work in groups to create a Lego set with Lego characters for a stop-motion movie you'll storyboard, shoot and add voice-overs too.



LIVE ACTION & LEGO FLIX

9:00am - 4:00 pm | \$355

Join us for the full day combo for a discount plus free lunch supervision! Bring a lunch, snacks and drinks with you.



HERO CAMP



Hometown, Emergency Responders, Occupation Camp

The Branford Parks & Recreation, has collaborated with the Branford Fire Department, Branford Police Department, ESDHD & The Dan Cosgrove Animal Shelter to offer an Emergency Responders Summer Camp Experience.

Learn alongside Branford's Finest & Bravest!

Do you have an interest or considered a career as an EMT / paramedic, police or fire personal, or simply have an interest in exploring more about Emergency Services & Responders careers?

Camp is desgined so you can explore the many different aspects of the emergency medical / public service field and various careers you can choose from. Firefighter, Paramedic, Law Enforcement, Animal Control Officer, Health Professionals and much more!

During this hands-on camp expereince, participants will engage in some of the following:

* critical techniques used in an emergency * CPR, * bacis first aid * splinting * Stop the Bleed
* care for a sick animal * investigate a crime * examine challenges associated with disease
out breaks * problem solving * effective communication * group games, and much more!

Monday - Friday
Aug. 1st-Aug. 12th
8:30 am - 4:00 pm

Boys & Girls
12-15 years

Program Fee: \$250



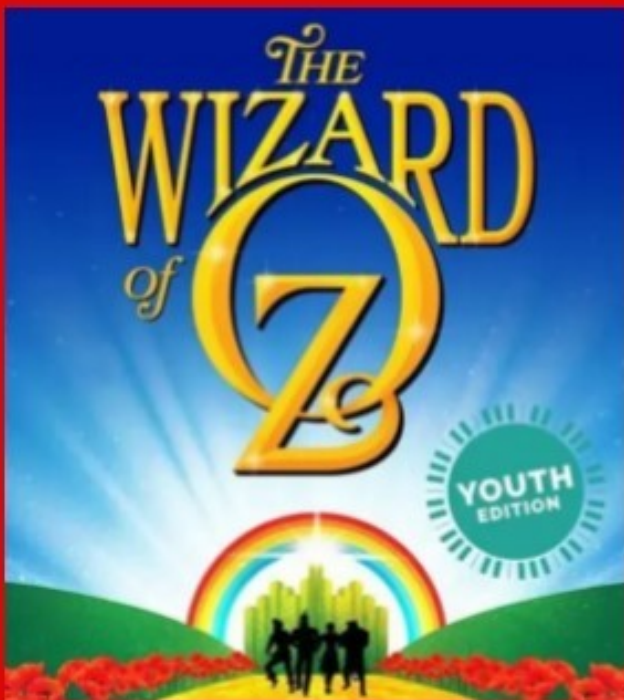
www.branfordrecreation.org

SUMMER THEATRE CAMP

GRADES: Entering 2nd - 9th Grades
PERFORMANCES: JULY 27th & 28th
FEE: \$525

JUNE 27th - JULY 29th
8:30 am - 4:00 pm

This camp will include instruction in movement, voice, character development, and dialogue delivery as campers prepare a musical production of The Wizard of Oz. Emphasis will be placed on the rehearsal process and development. The session will conclude with a showcase performance.



Dorothy Gale, a young girl living on a Kansas farm with her Aunt Em and Uncle Henry, dreams of escaping her mundane life. The family's mean neighbor, Miss Gulch, threatens to impound Dorothy's cherished dog, Toto, so Dorothy and Toto run away, getting swept up into the wonderful world of Oz. In Oz, Dorothy meets Glinda, the Good Witch of the North. Apparently, Dorothy's house has landed upon – and fatally stricken – the Wicked Witch of the East. The Munchkins, now freed from the Wicked Witch of the East, celebrate and hail Dorothy as their new heroine. The celebration is interrupted as the Wicked Witch of the West suddenly appears, seeking vengeance. Dorothy, seeking a way back home to Kansas, sets off to see the Wizard of Oz. Along the way, Dorothy meets three new friends, The Scarecrow, The Tinman, and the Lion, each of whom lacks a crucial characteristic. Together, the four new companions make their way towards the Emerald City to meet the Wizard. Follow these companions as they discover “there's no place like home.”

STAGEHAND APPRENTICE (CIT)

GRADES: 9th - 12th
FEE: \$225 *

* Upon selection & notation, the cost to participants will be due

Under the direction of Music Director Mike Martone Jr. and Directors Colin Sheehan & Chris Lemieux, learn the insides of directing and producing a summer camp experience for campers attending the Summer Theatre Camp. Must have theatre experience. Space is limited. CIT Application required.

VISIT SHORELINETHEATRECOMPANY.COM
FOR MORE INFORMATION AND TO MEET THE STAFF!

www.branfordrecreation.org

BRANFORD PARKS AND RECREATION

SHORELINE THEATRE COMPANY

CHICAGO

— THE MUSICAL —

June 23rd & 24th @ 7:00 PM
June 25th @ 1:00 PM

Adults (18+): \$15
Under 17 yrs. old: \$10

show is rated PG-13

July 8th @ 7:30 PM
July 9th @ 2:00 & 7:30 PM

Adults (18+): \$15
Under 17 yrs. old: \$10

Show is rated PG-13



Get your tickets
NOW!

LET'S GET CREATIVE!

In times of disconnection, we need to reconnect with collective wisdom, kindness, and a sense of purpose. Join Anna Ramirez, artist and founder of CreativeDistruptions LLC for weekly coffee, community and creative projects.

10:30 am - 11:30 am | Joe Trapasso CH | \$45 per class

MAY 18

MINDFULNESS AND THE ART OF MANDALA DRAWING

MAY 24

PLAYING WITH A PURPOSE! COME MAKE A VISION BOARD

JUN 01

RESISTANCE TO RECREATION WITH WATERCOLOR PAINTING

JUN 07

CONTENTMENT AND CREATIVITY, MIXED MEDIA SCRAP JOURNAL



www.branfordrecreation.org

ADULT CARD GAMES AND LESSONS

BRIDGE CLASS: "DEFENSE IN THE 21st CENTURY THE HEART SERIES" PART 2

Instructor: Donald Brueggemann

Defensive play is very important – at least 50% of Bridge play is based on defense but is usually overlooked. Starting on Friday, May 13, 2022, at 10:00 AM, lessons on Defensive Play (Part 2) will be held at Branford Community House. This class is based on the ACBL Bridge Series book "Defense in the 21st Century: the Heart Series" (order at RJ Julia, also available at amazon.com). This book is the 3rd in the American Contract Bridge League's series of bridge books for beginning and advancing players. There will be a series of 5 lessons lasting for approximately 1 and ½ hours. This class will focus on defensive signals, developing defensive tricks, interfering with declarer, and making a defensive plan. The lessons will consist of a discussion of the material in the book and a set of pre-arranged hands prepared for the students to play prepared in advance based on the material covered. You may enroll in this class without having taken Part 1.



Date:	Time:	Fee:	Location:
Fri. May 13th - June 17th	10:00 am - 11:30 am	\$50	Joe Trapasso Community House

ADULT EXERCISE PROGRAMS

Staying Fit "Do Your Best Training" with Personal Trainer Jill Temple

SATURDAY FITNESS WORKOUTS

Let's get moving!!! Start your weekend in the best possible way with an exercise class. Personal Trainer Jill Temple will demonstrate in body-weight routines that will challenge, motivate and energize you. Please bring a mat and water bottle.

Date:	Time:	Fee:	Location:
Sat. May 14th - June 4th	8:00 am - 9:00 am	\$50	Branford Point Beach
Sat. June 11th - July 2nd	8:00 am - 9:00 am	\$50	Branford Point Beach

Staying Fit for Toddler/Preschool Mom & Me Exercise Classes

Instructor: Personal Trainer Jill Temple

Let's get moving!!!! Bring your little one to the Joe Trapasso Gymnasium and join in as Personal Trainer Jill Temple leads fun physical activities to get your toddler moving. Your child will have a blast as they get their wiggles and giggles out! Bring a mat or towel and a water bottle with you.



Date:	Time:	Fee:	Location:
Tues. May 3rd - May 24th	9:00 am - 9:30 am	\$40	Joe Trapasso Gymnasium / Hammer Field
Tues. May 31st - June 21st	9:00 am - 9:30 am	\$40	Joe Trapasso Gymnasium / Hammer Field

Keep an eye on our website for adult cake decorating classes in the future!

www.branfordrecreation.org

SOUL CHILL YOGA FOR ALL



Instructor: Sally Noel, certified Yoga Instructor & owner of Raven's Wing Yoga
Classes focus on stress relief while promoting key strength and balance. Release your tension with movement and poses, beginning meditation, breath awareness and relaxation techniques. All are welcome, practiced and beginners alike. Modifications offered for all to enjoy. Please bring a mat or towel, and a water bottle.

Date:	Time:	Fee:	Location:
Tues. May 3rd - May 31st	7:00 pm - 8:00 pm	\$63	Joe Trapasso Community House

YOGA PROGRAMS WITH DR. AUDRA STAWICKI

SPORTS PERFORMANCE TRAINING: Yoga for athletic teens! Ages 13 - 19 yrs.

INSTRUCTOR: Dr. Audra Stawicki, Doctor of Physical Therapy, Certified Yoga Instructor & Wellness Enthusiast
Specifically designed for the teenage athlete! Prevent injury, enhance performance, play longer, and maximize potential. Follow in the footsteps of Tom Brady, Aaron Rogers, Hope Solo, and LeBron James to name a few among the fittest, most successful athletes on the planet. Yoga facilitates proper posture and alignment, enhances circulation, boosts mood and concentration, improves muscle flexibility, fosters balance and enhances strength. Stay in the game - be unstoppable!

Date:	Time:	Fee:	Location:
Session 1: Mon. May 2nd - 23rd	4:45 pm - 5:45 pm	\$50	Joe Trapasso CH
Session 2: Mon. June 6th - 27th	4:45 pm - 5:45 pm	\$50	Joe Trapasso CH

VINYASA POWER YOGA:

INSTRUCTOR: Dr. Audra Stawicki, Doctor of Physical Therapy, Certified Yoga Instructor & Wellness Enthusiast
Celebrate life with this energizing and uplifting Vinyasa Power Yoga class. Find your inner strength through sun salutations, warrior series and detoxifying twists. Suitable for all levels; modifications will be given to allow the practitioner to develop their foundational poise in each posture allowing them to access the more challenging postures as the class matures. Please bring a yoga mat and water bottle.

Date:	Time:	Fee:	Location:
Session 1: Mon. May 2nd - 23rd	6:00 pm - 7:00 pm	\$50	Joe Trapasso CH
Session 2: Mon. June 6th - 27th	6:00 pm - 7:00 pm	\$50	Joe Trapasso CH

YOGA FOR GOLFERS: Accelerate your drive!

INSTRUCTOR: Dr. Audra Stawicki, Doctor of Physical Therapy, Certified Yoga Instructor & Wellness Enthusiast
Improve agility, flexibility, core and hip strength, steadiness of breath and focus of mind, all crucial elements for your golf game. Yoga postures and breath work will emphasize skills and movement patterns fundamental for the elite or weekend golfer's game. This series is suitable for anyone looking for a challenging mind and body workout. Please bring a yoga mat and water bottle.

Date:	Time:	Fee:	Location:
Session 1: Sat. May 7th - 28th	8:30 am - 9:30 am	\$50	Joe Trapasso CH
Session 2: Sat. June 4th - 25th	8:30 am - 9:30 am	\$50	Joe Trapasso CH



ADULT EXERCISE PROGRAMS

CARDIO KICKBOXING:

INSTRUCTOR: Annie Lyons

Do you like to sweat? If so, then this is your class! Learn kickboxing techniques in a high intensity, high calorie-burning workout covering footwork, balance, endurance, body strength training and stretching. This is a full body workout. No experience needed. Please bring a mat and a water bottle with you to each class.

Date:	Time:	Fee:	Location:
Wed. Mar. 23rd - May 11th	6:00 pm - 7:00 pm	\$80	Joe Trapasso Community House



ADULT SPRING TENNIS PROGRAMS

ADULT TENNIS LESSONS:

Participants will learn the forehand, backhand, serve and volley with drills, fun games, and game situations. Scoring, strategy and match play for singles and doubles will be incorporated. Participants should bring a water bottle and have their own tennis racquet.

INTERMEDIATE

Date:	Time:	Fee:	Location:
Mon: May 2nd - Jun. 6th	6:30 pm - 7:30 pm	\$110	Branford High School

*Note: No class 5/30

BEGINNERS

Date:	Time:	Fee:	Location:
Mon: May 2nd - Jun. 6th	6:30 pm - 7:30 pm	\$110	Branford High School

*Note: No class 5/30

ADULT CAPP TENNIS:

CAPP point play is a game-based tennis cardio workout. It is designed for Intermediate/Advanced players who want a fun and challenging tennis workout.

Date:	Time:	Fee:	Location:
Tues: May 3rd - May 24th	6:00 pm - 7:30 pm	\$85	Branford High School



SUMMER TENNIS LESSONS FOR ADULTS

The participant will learn the forehand, backhand, serve and volley with drills, fun games, and game situations. Scoring, strategy and match play for singles and doubles will be incorporated. Participants should bring a water bottle and have their own tennis racquet.

BEGINNERS

Date:	Time:	Fee:	Location:
Mon. June 20th - August 1st	6:30 pm - 7:30 pm	\$110	Footie Park

INTERMEDIATE

Date:	Time:	Fee:	Location:
Mon. June 20th - August 1st	6:30 pm - 7:30 pm	\$110	Footie Park



MUSIC ON THE GREEN

MAY 19

THE SYNDICATE DUO

MAY 26

THE ELM CITY BIG BAND

JUN 02

RGB - ROB GLASSMAN BAND

JUN 09

LUNCHBOX

JUN 23

MAME + CO. TRIO

JUN 30

SUMMER JAZZ SERIES KICKOFF!

6:00 pm to
8:00 pm

The 38th Branford Festival Returns in 2022!



After two years we are excited to bring this amazing event back to our town green on June 17th, 18th and 19th.

Visit www.BranfordFestival.com for the latest information!

• branford jazz

on the green series



Starting at 6:30 pm

www.branfordjazz.com

JUN 30

JESSY J

JUL 07

NEW LONDON BIG BAND

JUL 14

KIM SCOTT

JUL 21

ISABELLA MENDES QUINTET

JUL 28

ABE OVADIA ORGAN TRIO

AUG 04

MATT MARSHAK

AUG 11

JAZMIN GHENT

AUG 18

RONNIE SMITH

AUG 25

SPECIAL EFX FEAT. CHIELI MINUCCI

Explore our Parks

Hammer Field, Pardee Park, Branford Hills, Riverside Foote Park, Lyons Park, Veteran's Memorial Park, and Flax Mill

Email: recreation@branford-ct.gov

Website: branfordrecreation.org

Contact #: 203-488-8304

Branford Point / Parker Park

Matt Radulski

Email: mattrad0491@yahoo.com

Website: Branford-ct.gov

Contact #: 203-927-3255

Foote Memorial Park

Andrea Kenney

Email: recreation@branford-ct.gov

Website: branfordrecreation.org

Contact #: 203-488-8304

Young's Pond

Geoff Hotz

Contact #: 203-410-5764

Stony Creek Park Association

Dan Bullard

Contact #: 203-488-2147 or 203-671-6282

Supply Pond

Ainsley Highman

Contact #: 203-483-6939

Photo courtesy of: Ashley Abel Photography

WALK THE BRANFORD TRAILS

Join us for hikes in town and out of town and enjoy the great outdoors, socialization, exercise and more! Walks meet at 8:45 AM and hiking starts at 9:00 AM from the site locations. All hikers must practice social distancing. If you wish to stay for lunch, bring a bag lunch and a folding chair. Questions about individual hikes should be addressed to the walk leader. Please check the website for updated schedules, directions and times or call the office. Questions about individual hikes should be addressed to the group leader. For more information visit the our website or call the office.

Website: www.branfordrecreation.org

Office: 203-488-8304



BRANFORD YOUTH SPORTS & CLUBS CONTACTS



Branford Little League
 Tricia Lougal
 Email: tricia23lougal@aol.com
 Website: branfordlittleleague.net
 Contact #: 203-645-5286



Branford Girls Softball
 Dave Falcigno
 Email: davidfalcigno@gmail.com
 Website: www.branfordgirlssoftball.sportssignup.com
 Contact #: 203-627-1424



Branford Youth Cheerleading
 Diana Vaicunas
 Email: byccordinator@gmail.com
 Website: www.branforyouthfootball.org



Branford Soccer
 Katie Buckley
 Email: president@branfordsoccer.org
 Website: www.branfordsoccer.org
 Contact #: 203-500-0953



Junior/Travel Basketball
 Joe Chandler
 Email: coach.jchan12@gmail.com
 Website: www.branfordbasketball.com
 Contact #: 203-980-8021



Branford Youth Lacrosse
 Vinnie Giordano
 Email: vgs@giordano.build
 Website: www.branforyouthlax.com
 Contact #: 203-627-6182



Jr. Hornets Baseball
 Don Lawrence
 Email: dlawrence06@snet.net
 Contact #: 203-804-5029



Flag Football
 Dave Malick
 Email: dave@cleancutlandscaping.com
 Website: www.branforyouthfootball.org
 Contact #: 203-410-5680



Youth Football
 AJ Pace
 Email: apace@defibtech.com
 Website: www.branforyouthfootball.org
 Contact #: 203-927-2072



www.branfordrecreation.org