

**Branford Parks and Recreation Department**  
**BranfordRecreation.org | (203) 488 - 8304**

# **SPRING 2023 BROCHURE**

Photo courtesy of: Ashley Abel Photography

Look inside for  
many Summer  
Camps & Clinic  
offerings!!!!





Office Hours: Monday thru Friday

8:00 AM—4:30 PM

Address: 46 Church Street

Branford, CT. 06405

Phone: 203-488-8304 / Fax: 203-315-4017

Web: [www.branfordrecreation.org](http://www.branfordrecreation.org)

Email: [recreation@branford-ct.gov](mailto:recreation@branford-ct.gov)

Follow Us:



[Facebook.com/BranfordParksandRec](https://www.facebook.com/BranfordParksandRec)



[@branfordparksandrecreation](https://www.instagram.com/branfordparksandrecreation)

### REFUND POLICY

The following refund policy is in effect:

- ◆ If a program/activity is cancelled by the Parks & Recreation Dept. a full refund will be issued.
- ◆ To avoid classes being cancelled at the last minute due to insufficient enrollment & in order to accommodate waitlist, refund request must be made no later than five (5) business days before the program begins
- ◆ Refunds are generally not given once a program has begun, however in the event of injury or illness, a refund request will be considered if accompanied by a doctor's note. No refunds on tickets, trips or pool passes.
- ◆ Absolutely no refunds will be given for any unused portion of a program/activity.
- ◆ All refunds are subject to a \$10.00 processing fee.
- ◆ When a program/activity is run by a third party vendor, no refunds will be given after 5 business days prior to the start of the program/activity.
- ◆ All refunds are issued back in the original payment format, except cash.

### WEATHER

If Branford Public Schools are cancelled or dismissed early, all Parks and Recreation programs and activities will be cancelled. If schools have a delay opening, programs will continue as scheduled, except for programs starting prior to 10:00 AM. Please Note: If the BOE cancels their evening activities, it will be at the discretion of our Department to keep evening programs on as scheduled. For the most up to date information, please visit our website or call the office.

### "SMOKE FREE POLICY":

"Smoking is prohibited at all properties under the control of the Branford Parks and Recreation Dept. at all times, including but not limited to: buildings, grounds, entrances, sidewalks, parking lots and beaches. Smoking is defined as the use of cigarettes, pipes, cigars and other devices that produce smoke including electronic cigarettes and water pipes."

## Registration & COVID 19 Information

Information in this brochure will continually be updated as additional information becomes available. Please check our website for updates or call the office at 203-488-8304.

Safety is our #1 priority. Guidelines have been put in place for each program with the safety of staff and program participants in mind. We ask that you adhere to all guidelines for our programs and activities.

### How to Register

You can register by phone, in-person or on-line. Need help creating an account? Call the office at 203-488-8304 or visit us on-line at [www.branfordrecreation.org](http://www.branfordrecreation.org) and click on "Create an Account."

### Registration Payment

Forms of payment: Cash, Check or Credit Card. VISA & Mastercard are accepted on-line, by mail and in-person. Cash payments are only accepted during office hours. If paying by check, please make checks or money orders payable to "Treasurer, Town of Branford. A \$20 fee will be assessed for returned checks. A non-resident fee may apply.

All programming will follow State of CT Executive Orders, Local and Town as well as East Shore District Health Department for guidelines and protocols related to COVID-19. Please see your receipt/ attachments for additional COVID-19 guidelines about each program.

### Parks and Recreation Staff

**Alex Palluzzi, Jr. – Director Parks & Recreation**

[apalluzzi@branford-ct.gov](mailto:apalluzzi@branford-ct.gov)

**Dale Izzo – Assistant Director**

[dizzo@branford-ct.gov](mailto:dizzo@branford-ct.gov)

**Victor Amatori, Jr. – Program Supervisor**

[vamatori@branford-ct.gov](mailto:vamatori@branford-ct.gov)

**Program Coordinator**

[recreation@branford-ct.gov](mailto:recreation@branford-ct.gov)

**Colin Sheehan – Arts, Culture & Special Events**

[csheehan@branford-ct.gov](mailto:csheehan@branford-ct.gov)

**Monica Sullivan – Administrative Assistant**

[msullivan@branford-ct.gov](mailto:msullivan@branford-ct.gov)

**Marissa Dugan – Administrative Assistant**

[mdugan@branford-ct.gov](mailto:mdugan@branford-ct.gov)

**Marcel "Butch" Cote – Lead Maintainer**

**Nicholas Polastri – Maintainer**

**Jeffrey Sitz – Maintainer**

**Colin Tracy – Maintainer**



**FOR MORE INFORMATION  
SCAN WITH YOUR SMART PHONE**



**SCAN ME**

### Branford Parks & Recreation Closings

**Friday**

**April 7th**

**Good Friday**

**Monday**

**May 29th**

**Memorial Day**

**Tuesday**

**July 4th**

**Independence Day**

**Monday**

**Sept. 4th**

**Labor Day**

**Monday**

**Oct. 9th**

**Columbus Day**

**Friday**

**Nov. 10th**

**Veterans Day**

**Thursday**


**Nov. 24th**

**Thanksgiving Day**

**Friday**

**Nov. 25th**

**Thanksgiving Holiday**



CHECK OUR  
WEBSITE OFTEN  
FOR UPDATES!

04	TODDLER PROGRAMS
06	SPRING BREAK PROGRAMS
08	AFTER SCHOOL PROGRAMS
09	KIDS NIGHT OUT!
10	LEGACY THEATRE ARTS PROGRAMS
11	PARKS & RECREATION SUMMER CAMP PROGRAMS
16	SHORELINE THEATRE COMPANY
17	SUMMER PROGRAMS AND SPORTS CLINICS
26	COMMUNITY & FAMILY EVENTS
30	COOKING PROGRAMS FOR KIDS & ADULTS
35	ADULT CLASSES AND CLUBS
36	ADULT FITNESS PROGRAMS
41	ADULT SPRING BASKETBALL LEAGUE
42	LIFEGUARDING COURSE
43	USCG AUXILIARY SAFE BOATER COURSE
44	UPCOMING EVENTS ON THE TOWN GREEN
45	EXPLORE BRANFORD'S PARKS & BEACHES
47	YOUTH SPORTS & CLUBS CONTACTS



## TODDLER SPORTS CLASSES WITH COACH VIC

### FOOTE PARK PLAY DAY: Ages 2 - 5 yrs.

Instructor: Coach Vic & The Parks and Recreation Staff

Join Coach Vic as he hosts play days at Foote Park. Children and caregivers will meet to play and socialize at the park. Please bring a water bottle and wear sneakers to class.



Date:	Time:	Fee:	Location:
Fri. April 21st - May 19th	11:00 am - 11:30 am	\$50	Foote Park



### T-BALL FUN: Ages 2 - 5 yrs.

Instructor: Coach Vic & The Parks and Recreation Staff

This class is the perfect introduction to baseball and softball. T-ball will develop skills including hitting, catching, throwing, and base-running. Using age-appropriate equipment, children will learn the fundamentals and rules of the game in a safe and fun environment.

Please bring a water bottle and wear sneakers to class.

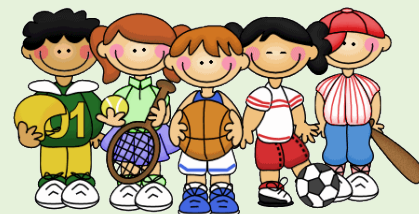
Date:	Time:	Fee:	Location:
Tues. April 4th - May 9th*	11:00 am - 11:30 am	\$50	Hammer Field/Gym
*no class 4/11			

### TOTS SPORTS R' US: Ages 2 - 5 yrs.

Instructor: Coach Vic & The Parks and Recreation Staff

Introduce your little superstar to this multi-sports class (t-ball, basketball, soccer, football, etc. which uses age appropriate games and activities to explore sports skills and child development. Parent participation is encouraged.

Please bring a water bottle and wear sneakers to class.



Date:	Time:	Fee:	Location:
Wed. April 19th - May 10th*	11:00 am - 11:30 am	\$50	Hammer Field/Gym



### SOCCER SQUIRTS: Ages 2 - 5 yrs.

Instructor: Coach Vic & The Parks and Recreation Staff

This program is your child's perfect introduction to the most popular sport in the world. Boys and girls will learn the fundamentals of soccer (dribbling, passing, shooting, and defending). Please bring a water bottle and wear sneakers to class.

Date:	Time:	Fee:	Location:
Thur. April 20th - May 18th	11:00 am - 11:30 am	\$40	Hammer Field/Gym

## EXERCISE CLASSES FOR TODDLER/PRESCHOOL AGE

### STAYING FIT FOR TODDLER/PRESCHOOL IT'S SPRING RECESS!!!

Instructor: Personal Trainer Jill Temple

Let's get moving!!!! Bring your little one to the Joe Trapasso Gymnasium/Hammer Field and join in as Personal Trainer Jill Temple leads fun physical activities to get your toddler moving. Your child will have a blast as they get their wiggles and giggles out! Bring a mat or towel and a water bottle with you.

Ages: 1 - 4 yrs.



Date:	Time:	Fee:	Location:
Tues. Mar.21st-Apr. 11th	11:15 am - 12:00 am	\$50	Joe Trapasso Gymnasium / Hammer Field
Tues. Apr. 25th-May 16th	11:15 am - 12:00 am	\$50	Joe Trapasso Gymnasium / Hammer Field





### **TODDLER AND ME—CREATIVE MOVEMENT:**

Instructors: Ms. Paola Rarick & Studio One Staff

Come join us for a dynamic creative movement class that teaches toddlers the joy of music and dance. The toddlers will be accompanied by an adult. This is a wonderful bonding experience and a great way to introduce our toddlers into new environments. Class is held at Studio One, 4 Brushy Plain Road.

Date:	Age:	Time:	Fee:	Location:
Session 1: Tues. Mar. 7th - 28th	1-3 yrs.	9:00 am - 9:30 am	\$60	Studio One
Session 2: Tues. Apr. 4th - April 25th	1-3 yrs.	9:00 am - 9:30 am	\$60	Studio One

## **WIZARDS SCHOOL OF MAGIC**

Instructor: Tom O'Brien

Grades: 1st-5th

Don't know what to do on a half day? Try your hand at magic! Participants will learn magic tricks from Tom O'Brien and receive their own magic kit containing props necessary to perform at home.

Note: Magic School runs 2:00-3:00pm, followed by practice, fun & friends from 3:00-4:00pm.



Date:	Grade:	Time:	Fee:	Location:
Wed. April 26th	1st-5th	2:00 - 4:00 pm	\$30	Joe Trapasso Community House

## **UKULELE LESSONS FOR KIDS**

Instructor: Phyllis Nolan

Grades: 3rd - 8th

Learn to play this wonderful instrument. The Ukulele will make you smile. Easy to learn and so rewarding. You will be able to play a song before you leave the first class.

Come and join this fun class. Must bring a ukulele, tuner and notebook to class.



Date:	Time:	Fee:	Location:
Session 1: Mon. March 6th - 27th	4:30 pm - 6:00 pm	\$70	Joe Trapasso CH
Session 2: Mon. April 3rd - 24th	4:30 pm - 6:00 pm	\$70	Joe Trapasso CH

# SPRING BREAK!

## CAMPS & EXERCISE PROGRAMS

### 7v7 FLAG FOOTBALL SPRING BREAK CAMP:

Instructor: Eric Sattelberger

Ice Cream Productions is hosting a 1 week flag football camp. Open to any current 1st-10th grader. Players will participate in footwork drills, 1 on 1, practice, scrimmages, and 7v7 games. Snacks and drinks will be provided. A Video Gaming Truck will be on site as well. Players will need to bring water bottle, and cleats.

Sign ups are open until April 6th.



Date:	Grade:	Time:	Fee:	Location:
Session 1: Apr. 10th-14th	1st - 4th	8:30 am - 10:30 am	\$100	Hammer Field
Session 2: Apr. 10th-14th	5th - 7th	10:30 am - 1 :00 pm	\$100	Hammer Field
Session 3: Apr. 18th-22nd	8th - 10th	1:00 pm - 3:30 pm	\$100	Hammer Field

## SPRING YOUTH TENNIS PROGRAMS

### MUNCHKINS TENNIS LESSONS:

Instructor: Paul Gagliardi

Participants will learn the basics of the game of tennis, through a variety of fun, skill building activities. Children will learn fundamental stroke production and the ABC's (agility, balance, and coordination) of tennis. Participants should bring a water bottle and have their own tennis racquet.

Date	Age:	Time:	Fee:	Location:
Sat. May 6th - June 3rd	4 - 6 yrs.	9:00 am - 9:45 am	\$95	BHS

### JUNIOR TENNIS LESSONS FOR KIDS:

Instructor: Paul Gagliardi

Participants will learn the forehand, backhand, serve and volley with drills, fun games, and game situations. Scoring, strategy and match play for singles and doubles will be incorporated. Participants should bring a water bottle and have their own tennis racquet.



Date:	Age:	Time:	Fee:	Location:
Sat: May 6th - June 3rd	7 - 8 yrs.	9:45 am - 10:45 am	\$100	BHS

Date:	Age:	Time:	Fee:	Location:
Mon: May 8th - Jun. 12th	9 - 12 yrs.	5:30 pm - 6:30pm	\$100	BHS

\*Note: No class 5/29

## SPRING YOUTH TENNIS PROGRAMS



### ADVANCED JUNIOR DEVELOPMENT:

Instructor: Paul Gagliardi

This class is for advance players who can serve, keep score, and play a match.

Participants should bring a water bottle and have their own tennis racquet.

Date:	Age:	Time:	Fee:	Location:
Wed. May 10th - Jun. 14th	10 - 14 yrs.	6:00 pm - 7:30 pm	\$150	BHS

## DODGEBALL NIGHT

### DODGEBALL NIGHT:

Instructor: Victor Amatori & Staff

Come join us for a Friday night out at the Joe Trapasso Gym for an evening of fun ,playing dodgeball, socialization, pizza and more! Open to boys and girls in grades 3rd-5th. Please wear comfortable clothing, sneakers and bring a water bottle with you.

Date:	Grade:	Time:	Fee:	Location:
Fri. April 28th	3rd - 5th	5:30 pm - 7:30 pm	\$20	Joe Trapasso CH



## AFTER SCHOOL FLOOR HOCKEY FOR GRADES 3 & 4

### FLOOR HOCKEY: Grades 3 - 4

Instructor: Coach Vic & The Parks and Recreation Staff

Students in grades 3 and 4 are invited to play in our fun, non-competitive floor hockey program. No experience is needed. Emphasis is placed on skill development, participation, teamwork and good sportsmanship. Please bring a water bottle and wear sneakers to class.

Date:	Time:	Fee:	Location:
Mon. April 3rd - May 8th	4:00 pm - 4:45 pm	\$40	Joe Trapasso CH

\*No class 4/10



**Keep an eye on our website for  
more programs to come!**


**BRANFORDRECREATION.ORG**



## AFTERSCHOOL ART AND YOGA CLASSES

# KIDS CREATIVE ART CLASSES

LOCAL ARTIST AND EDUCATOR KRISTIN CAFFERTY BRINGS BEAUTIFUL, FUN, ONE-LESSON PROJECTS TO AGES 7 TO 11. LEARN THE BASICS OF CREATING A MASTERPIECE AND USE YOUR IMAGINATION! ALL SUPPLIES INCLUDED.



\$20 PER  
CLASS

**Tues. March 14th Texture Metal Design**

**Tues. April 18th Fantasy Mushrooms**

**Tues. May 9th Seahorse Watercolor Collage**

**EACH CLASS RUNS FROM  
4:30 PM - 5:30 PM AT THE  
JOE TRAPASSO COMMUNITY HOUSE  
46 CHURCH STREET, BRANFORD, CT**

# AFTERSCHOOL YOGA

Open to Boys & Girls grades 3rd-4th. Class will be a balance of quiet and active poses combined with mindful activities and simple breaths, meditation and rest.



### Date

Tuesdays ~ March 21st - May 2nd

### Time

3:45 pm to 4:45pm

### Location

Joe Trapasso Community House

### Note:

Students from Sliney can be walked over with Parks & Recreation Staff. Please call the office for details.



**\$60**





**KIDS NIGHT OUT!**

**Branford Parks & Recreation Staff**



# Kidz Zone Nights

**KIDS NIGHT OUT!**



**DATES:**  
March 24th  
April 21st  
May 19th  
June 2nd

Adults...Enjoy a night out going to dinner or shopping while we take care of your children! Your child will enjoy a night of entertainment, refreshments, arts & crafts, games movies and more!!!



**Grades:**  
K thru 4th

**Time:**  
5:30p-8:30p

**Fee:**  
\$20  
per night/per child

**Pre-registration is required. Space is limited!**

Made with PosterMyWall.com

# LEGACY THEATRE ARTS PROGRAMS

We are excited to partner with Legacy Theatre to offer many opportunities for the community to expand your creative arts and theatre experiences. Join a class today!



## LEGACY THEATRE'S TODDLER TIME!

Ages 3 - 5 yrs.

Instructor: Chelsea Dacey

Sing and dance! Each week will explore a new theme - Princesses and Princes, Pajama Week, Rainbow Day, etc. Class will include singing and dancing with ribbons, learning pitch and notes, sing-a-longs, and make believe games perfect for your toddler.

Date:	Time:	Location:	Fee:
Sat. April 1st - June 3rd	9:15am - 10:00am	Joe Trapasso Community House	\$125

## LEGACY THEATRE'S FAIRY TALE MUSICAL:

Ages 6 - 11 yrs.

Instructor: Chelsea Dacey

Learn all about musicals and plays using classic and familiar Fairy Tales, while preparing to perform at the end of the session at the Legacy Theatre! All levels of experience welcome.

Date:	Time:	Location:	Fee:
Sat. April 1st - June 3rd	10:15am - 11:00am	Joe Trapasso Community House	\$125

## LEGACY THEATRE'S AUDITIONING CLASS FOR PLAYS & MUSICALS:

Ages 12 - 17 yrs.

Instructor: Chelsea Dacey

Prepare your audition for your school or community play with Chelsea! Practice scenes, songs, and monologues for audition prep and just for fun!

Date:	Time:	Location:	Fee:
Sat. April 1st - June 3rd	11:15am - 12:00pm	Joe Trapasso Community House	\$125

## INTRO TO IMPROV:

Ages 16 yrs. and up

Instructor: Mary Lou Lauricella

Enjoy the exploration of Improvisation in fun, supportive, and engaging exercises and scenes. This class will teach basic improv skills, helping one to get out of one's head, embrace spontaneity, sharpen listening skills, and build confidence. Through exercises and scene work, this class will work to deepen themes, emotions and characters - all necessary tools to stage long form improv pieces.

Date:	Time:	Location:	Fee:
Sat. April 1st - June 3rd	12:15pm - 1:15pm	Joe Trapasso Community House	\$175

## SCENE STUDY WORKSHOP: Acting for Film & TV:

Ages 9 - 18 yrs.

Instructor: Kevin McCormick

Students will develop their performance and acting abilities in the classroom through fun and engaging exercise, while also having the chance to work on scene materials outside of class with a partner to further hone their craft. Open to all experience levels.

Date:	Time:	Location:	Fee:
Wed. April 19th - May 24th	5:00 pm - 6:00 pm	Joe Trapasso Community House	\$325



## WHEEL LIFE THEATRE TROUPE:

All ages

Instructor: Julie Fitzpatrick and Keely Baisden Knudsen

Join our group of actors who use assisted devices (and their buddies!) as we explore storytelling with original and classic works. Pre-Registration is required. Please email [keely@legacytheatre.org](mailto:keely@legacytheatre.org) for more information.

Date:	Time:	Location:	Fee:
Sat. January 14th - March 18th	11:00am - 12:00pm	Joe Trapasso Community House	FREE



## PARKS & RECREATION SUMMER CAMPS

# LITTLE EXPLORERS



**8:30 AM - 1:30 PM**

SESSION 1	JUNE 26th - JULY 7th
SESSION 2	JULY 10th - JULY 21st
SESSION 3	JULY 24th - AUGUST 4th

Our half-day camp provides your child with the opportunity to move and explore! This camp provides a nurturing environment for your little explorer to make new friends. Camp consists of theme days, arts & crafts, music, social interaction, and creative play!



**CAMP LOCATION:**  
Joe Trapasso  
Community House

**FEE: \$250 per session\***

**CHILDREN AGES 4 & 5**  
**That have not completed kindergarten**

\*\$125 deposit due at registration  
per child

**REGISTRATION OPENS MARCH 1ST!**



## PARKS & RECREATION SUMMER CAMPS

# SUMMER PLAYGROUND CAMP



**JULY 5th - AUGUST 11th**

**8:30 AM - 4:00 PM**

**BRANFORD RESIDENTS ONLY. AGES 5 - 12**  
**(Must have completed Kindergarten)**

### CAMP LOCATIONS:

Hammer Field  
Veteran's Park  
Foote Park  
Stony Creek

We all deserve some summer fun! Let's ditch the screens and replace them with games, arts & crafts, water play, our imaginations, and more.. Join us for six weeks of fun! Camp will be packed with engaging activities, field trips, and more designed for fun, skill building, and character development.

LAKE COMPOUNCE: July 18th

\*space is limited\*  
Additional fee of \$65 and  
pre-registration is required.

ALL CAMP LOCATIONS ARE  
CLOSED ON THIS DAY.



FEE: \$525\*

All field trips outside of  
Lake Compounce are  
included in registration

\*\$125 deposit due at registration  
April 1st: \$200 due  
May 1st: \$200 due

**TO REGISTER GO TO [BRANFORDRECREATION.ORG](http://BRANFORDRECREATION.ORG)**  
**OR CALL THE OFFICE AT (203) 488 - 8304**

**REGISTRATION OPENS MARCH 1ST!**



## PARKS & RECREATION SUMMER CAMPS

# TEEN TRAVEL PROGRAM

**TUESDAYS & THURSDAYS**

**JULY & AUGUST**

This program is the cure to the summertime blues and boredom. Travel with your friends to many exciting places! Fee includes admissions, transportation, most meals and guaranteed fun. Itinerary and times to be determined.

### DATES OF TRAVEL:

Thursday	July 6th
Tuesday	July 11th
Thursday	July 13th
Tuesday	July 18th
Thursday	July 20th
Tuesday	July 25th
Thursday	July 27th
Tuesday	August 1st
Thursday	August 3rd



DETAILED ITINERY & ACTIVITIES TO FOLLOW.

AGES - 7TH GRADE AND UP AS OF SEPT. 2023

FEE - \$550\*

\*\$150 deposit due at registration.  
\$200 due April 1st  
\$200 due May 1st



REGISTRATION OPENS MARCH 1ST  
[BRANFORDRECREATION.ORG](http://BRANFORDRECREATION.ORG)



## PARKS & RECREATION SUMMER CAMPS

# CIT PROGRAM

**JULY 5th - AUGUST 11th**

**8:30 AM - 4:00 PM**

AGES: 14 & 15 as of June 1st

The Counselor in Training (CIT) Program is designed to offer qualified teens an opportunity to prepare for a position as a summer camp counselor. Emphasis is placed on leadership skills, learning to become a role model and an impactful counselor to younger campers. For more information and our complete application process go to [branfordrecreation.org](http://branfordrecreation.org)

Applications will be accepted from March 1st - March 31st.

Upon review, selected applicants will be granted an interview.  
Selections will be made and participants will be notified in April.

A mandatory meeting/training will be held at the Joe Trapasso Community House. The date and time will be determined once the CIT selection process is complete.

Upon selection & notification, the cost to participate is \$250, due May 1st.

**CAMP LOCATIONS:**  
**SUMMER PLAYGROUND CAMP**  
Hammer Field  
Veteran's Park  
Foote Park  
Stony Creek

**LITTLE EXPLORERS**  
Joe Trapasso Community House



ALL FIELD TRIPS ARE INCLUDED IN THE REGISTRATION FEE. LAKE COMPOUNCE ON JULY 18TH IS A REWARD FOR AN EXCELLENT PERFORMANCE AS A CIT.

**REGISTRATION OPENS MARCH 1ST!**



## PARKS & RECREATION SUMMER CAMPS

# SHORELINE THEATRE CO.

### SUMMER THEATRE CAMP

GRADES: Entering 3rd - 9th Grades  
PERFORMANCES: JULY 26th & 27th  
FEE: \$525\*

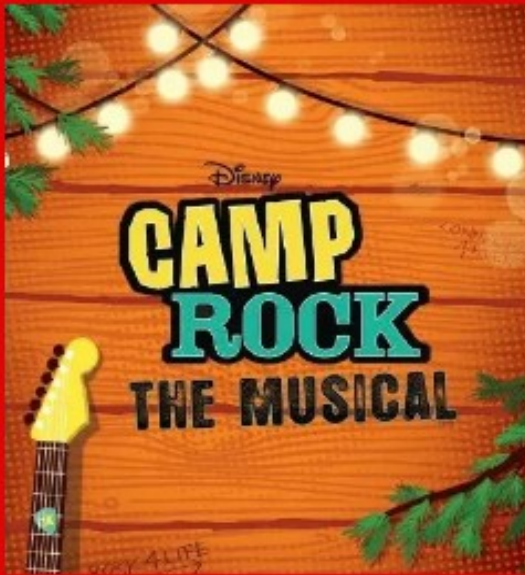
**JUNE 26th - JULY 28th**  
**8:30 am - 4:00 pm**

This camp will include instruction in movement, voice, character development, and dialogue delivery as campers prepare a musical production of Camp Rock the Musical. Emphasis will be placed on the rehearsal process and development. There is NO CAMP July 3rd and 4th.

\*\$125 deposit due at registration.

April 1st: \$200 due

May 1st: \$200 due



Based on the hit Disney Channel movies, two bands battle it out in a rockin' summer they will never forget.

Disney's Camp Rock The Musical, a combination of The Disney Channel's "Camp Rock" and "Camp Rock 2: The Final Jam" (starring teen idols, Demi Lovato and the Jonas Brothers) will fire up your stage with over a dozen songs, including "This Is Me," "Can't Back Down," "It's On" and "We Rock."

A classic story of rivalry and power, Disney's Camp Rock The Musical opens with Mitchie and her friends arriving at Camp Rock, ready to spend another summer jamming out and having the time of their lives. But the new, flashy Camp Star across the lake now threatens Camp Rock's very existence. To keep the doors open, Mitchie steps up, rallies her fellow Camp Rockers and gets them into top shape for the ultimate showdown!

### STAGEHAND APPRENTICE (CIT)

GRADES: 9th - 12th

FEE: \$250 \*

\* Upon selection & notification, the cost to participants will be due by May 1st.

Under the direction of Music Director Mike Martone Jr. and Directors Colin Sheehan & Chris Lemieux, learn the insides of directing and producing a summer camp experience for campers attending the Summer Theatre Camp. Must have theatre experience. Space is limited. CIT Application required.

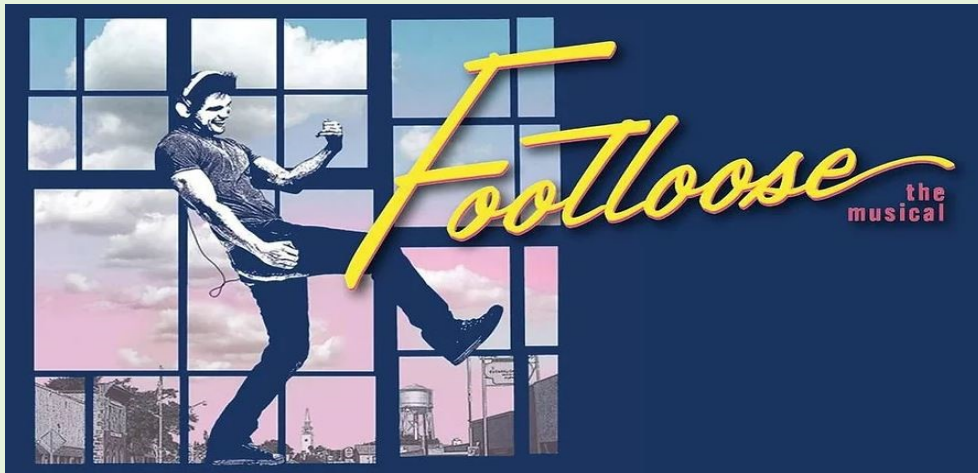
VISIT [BRANFORDRECREATION.ORG](http://BRANFORDRECREATION.ORG) FOR TICKETS TO THE PERFORMANCES!

**REGISTRATION OPENS MARCH 1ST!**



BRANFORD PARKS AND RECREATION

# SHORELINE THEATRE COMPANY



**June 29th & 30th**

**@ 7:00 PM**

**July 6th & 7th @ 7:00 PM**

**Adults (18+): \$15**

**Under 17 yrs. Old: \$10**

**Summer Camp  
Performance**

**July 26th & July 27th  
@ 7:00 pm**

**Adults (18+): \$15**

**Under 17 yrs. Old: \$10**



**Get your tickets  
NOW!**

**At [BranfordRecreation.org](http://BranfordRecreation.org)**





# SUMMER Programs



## DANCE CAMP



Instructor: BHS Dance Coach Megan Palluzzi

Grades: K - 5th

Open to Boys and Girls...Join the Branford High School Dance Team as they host a week of summer camp! Move 'n' Groove Summer Camp will introduce participants to indoor and outdoor games, activities, crafts and a "Dance of the Day" to show off! No dance experience is necessary.

Dates:  
June 26th-30th

Age:  
K-5th as of Sept. 23

Time:  
9:00 am- 12:00 pm

Fee:  
\$125

Location:  
Joe Trapasso CH

## SUMMER CAMPS WITH STUDIO ONE



Fantasy Dance Summer Camp:

Instructors: Ms. Paola Rarick & Studio One Staff

Let your child explore their creativity and imagination at StudioOne's Fantasy Camp. This fun and exciting dance camp for boys and girls will consist of a daily dance class where the participants will also learn a dance routine centered around a fantasy character such as a mermaid, fairies, princes and knights. We will also have a story time portion of the day with arts and crafts.

Date:  
July 17th-21st

Age:  
5-8yrs.

Time:  
9:00 am- 12:00 pm

Fee:  
\$150

Location:  
Studio One

Princess Tea Party Dance Camp:

Instructors: Ms. Paola Rarick & Studio One Staff

Come join the magic of our Princess Tea Party Dance Camp. Throughout the week the children will enjoy dance and movement classes centered around a princess theme. There will be daily tea parties as well as games to exercise the imagination and crafts to tie into our theme.

Date:  
June 19th-23rd

Age:  
3-6yrs.

Time:  
9:00 am- 12:00 pm

Fee:  
\$150

Location:  
Studio One

Exploring Dance Camp:

Instructors: Ms. Paola Rarick & Studio One Staff

Come join us for a wonderful experience at StudioOne where your little ones can explore different genres of dance. We will explore Ballet, Tap, Jazz/Hip Hop and Acrobatics. The kids will learn fun warm ups and choreography for each genre of dance. What a wonderful way to expose your child to all forms of dance!

Date:  
Aug. 7th-11th

Age:  
3-5yrs.

Time:  
9:00 am- 12:00 pm

Fee:  
\$150

Location:  
Studio One



# SUMMER Programs



## JUNIOR TENNIS DEVELOPMENT CAMP

Instructor: BHS Boys Tennis Coach Paul Gagliardi

These programs are designed for intermediate and advanced players who can serve and play matches. Camp runs Monday through Thursday with a rain make-up date on Friday.

Date:	Age:	Time:	Fee:	Location:
Session 1: June 19th - 22nd	9 - 14 yrs.	9:30 am - 12:00 pm	\$175	BHS Tennis Courts
Session 2: June 26th - 29th	9 - 14 yrs.	9:30 am - 12:00 pm	\$175	BHS Tennis Courts

## JUNIOR TENNIS DEVELOPMENT PROGRAM



Instructor: BHS Boys Tennis Coach Paul Gagliardi

This six week program is designed for intermediate and advanced players who can serve and play matches.

Date:	Age:	Time:	Fee:	Location:
Wed. June 28th - August 2nd	10 - 14 yrs.	6:00 pm - 7:30 pm	\$150	BHS Tennis Courts

## SUMMER TENNIS LESSONS FOR KIDS



Instructor: BHS Boys Tennis Coach Paul Gagliardi

The participant will learn the forehand, backhand, serve and volley with drills, fun games, and game situations. Scoring, strategy and match play for singles and doubles will be incorporated. Participants should bring a water bottle and have their own tennis racquet.

**MUNCHKINS TENNIS LESSONS:** Ages: 4 - 6 yrs.

Date:	Time:	Fee:	Location:
Sat. June 17th - July 22nd	9:00 am - 9:45 am	\$110	BHS - Tennis Courts

**JUNIOR TENNIS:** Ages: 7 - 8 yrs.

Date:	Time:	Fee:	Location:
Sat. June 17th - July 22nd	9:45 am - 10:45 am	\$120	BHS - Tennis Courts

**JUNIOR TENNIS:** Ages: 9 - 12 yrs.

Date:	Time:	Fee:	Location:
Mon. June 26th - August 7th*	5:30 pm - 6:30 pm	\$110	BHS - Tennis Courts

\*no class 7/3



# SUMMER Programs



## BASEBALL CAMP



**Instructor:** BHS Baseball Coach Steve Malafronte, his staff & players  
 Players attending camp will have the opportunity to engage in a number of drills to improve their baseball skills. Throughout the day the kids will be broken up by age to work on Hitting, Pitching, Infield, & Outfield skills through the use of stations. Each child will learn proper technique and form to continue their development as ball players. Participants will also engage in instructive scrimmages to help better their baseball IQ in live game situations.

<b>Date:</b>	<b>Age:</b>	<b>Time:</b>	<b>Fee:</b>	<b>Location:</b>
August 14th - 18th	7 - 12 yrs.	9:00 am - 12:00 pm	\$75	Slincy Field

## VICTORY SOCCER CAMP

**Instructor:** Bob Dikranian, former college coach at Southern Ct. State University  
 Five, 2 hour plus days of Fun and Learning. Modern methods and exercises directed by Bob Dikranian, former college coach at Southern Ct. State University. Helping win 6 National Championship. Staff coaches all have playing and coaching experiences. The program include all aspects of technical skill combined with small sided exercises that require decision making. Simple tactics and positioning are taught in game play. Prizes are awarded for league winners, contests and best campers. Additional awards are given for Super fan day. Each camper receives a Victory t-shirt, and camp pictures.



<b>Date:</b>	<b>Age:</b>	<b>Time:</b>	<b>Fee:</b>	<b>Location:</b>
July 10th - 14th	6 - 14 yrs.	6:00 pm - 8:15 pm	\$110	Veteran's Memorial Park

## RUNNING & AGILITY CONDITIONING CLINIC

**Instructor:** Jillian Temple, Personal Trainer, SCSC Woman's Assistant Lacrosse Coach  
 Join Jill and "Do Your Best Training"! Get stronger for your sport or get in shape with a proper body weight exercise circuit training clinic. Participants will learn proper form through different exercises. Join a class today!

<b>Date:</b>	<b>Grade:</b>	<b>Time:</b>	<b>Fee:</b>	<b>Location:</b>
June 26th-29th	6th-8th	8:30 am - 10:00 am	\$75	Foot Park
June 26th-29th	9th-12th	10:00 am - 11:30 am	\$75	Foot Park
Aug. 14th-17th	6th-8th	8:30 am - 10:00 am	\$75	Foot Park
Aug. 14th-17th	9th-12th	10:00 am - 11:30 am	\$75	Foot Park







# SUMMER Programs



## GIRLS BASKETBALL CAMP



Instructor: Alyson Medeiros, BHS Assistant Coaches, BHS Players, Assistant Coaches & WIS Head Coach

We are excited to offer a girls basketball clinic where we will look to introduce fundamentals to beginners and strengthen the skills of the experienced while expanding the participants passion for the game. At the same time we will equipping them with the necessary skills to compete on and off the court. During this clinic, players will be exposed to shooting drills, passing drills, dribbling drills and much more. We will engage in fun competitions while focusing on skill development and fitness. High school

players will be there to assist in the development of our players and will also help to build a rapport with our future high school players and high school team mates.

Date :	Grade:	Time:	Fee:	Location:
June 19th-23rd	2nd-8th as of Sept. 23	9:00am-11:30am	\$75	Joe Trapasso CH

## BOYS BASKETBALL CAMP



Instructor: BHS Coach Chris Burnham

Development of basketball skills from ball handling, learning to shoot including foot work drills. Introduce the game to young kids. Fun games in competing in different skill challenges. Introduce sportsmanship and teamwork. Camp is designed to be fun through competition.

Grades:	Date:	Time:	Fee:	Location:
3rd & 4th	June 19th - 23rd	9:30 am - 12:00 pm	\$90	BHS/Joe Trapasso CH
5th & 6th	June 26th - 29th	9:30 am - 12:00 pm	\$85	BHS/Joe Trapasso CH

## FIELD HOCKEY CLINICS



Our youth field hockey clinics will improve your field hockey skills no matter what age or your current skill level. We are here to expand your field hockey skill and enjoyment of this great game! Our clinics are designed to provide top level instruction along with a fun competitive environment. Players will be given detailed skill instruction, with fundamental and top level tactics, combined with exciting game play. Players will be challenged and have a blast at the same time! Learn how the BEST athletes train, compete and win! Players should bring a stick, mouth guard and shin guards with you. The instructors will have a limited supply of sticks on hand for first time clinic participants.

Details: TBA

Check back often for updates!

[www.branfordrecreation.org](http://www.branfordrecreation.org)





**Grades: 3rd - 8th as of Fall 2023**

**Boys Clinic Instructors: Branford Boys' Head Coach Jim May and current BHS boys' lacrosse players**

**Girls Clinic Instructors:** Branford Girls' Head Coach Caitlin O'Brien and current BHS girls' lacrosse players



The Branford Lacrosse Clinic is dedicated to work with young Branford athletes to give them the experience to play for the High School coaches, and give them an opportunity to play with and learn from the current High School players. This clinic will provide youth athletes a fun opportunity to enhance their skills or play lacrosse for the first time.

Athletes will be separated by boys' and girls', and also by age groups. Athletes will be given the opportunity to be taught the game of lacrosse, grow as a player, and learn the drills and rules that are used at the High School level. Field and goalie specific training will be offered. Athletes will work on their stick skills, foot work, field play and small sided games.



Date:  
July 10th - 13th

Time:  
9:00 am - 11:00 am

**Fee:**  
**\$110**

Location:  
Branford High School - Turf

**Instructor: EJ Sattelberger**

Grades: 5th - 8th currently

This spring/summer clinic will focus on footwork relative to all sports in preparation for students fall athletic season and a chance to compete in 7v7 flag football games.

Details: TBA

**Check back often for updates!**

**Grades: 1st - 5th**

Join us this summer for tons of challenging chess lessons, exciting games and cool prizes. You will improve your chess skills, meet new friends and work out your most powerful muscle - your brain! Our camps include fun team chess games, recess time, snacks, tournaments and puzzles. Each camper receives a Chess Wizard T-shirt, trophy and puzzle folder. Unleash your brain power and spend some of your break time with Chess Wizards! Register for a full day or one of our half day options.

Date:  
Session 1: June 26th - 30th  
Half day options

Time:	Fee:
9:00 am - 3:00 pm	\$350
9:00 am - 12:00 pm or 12:00 pm-3:00pm	\$240

Location:  
Joe Trapasso CH

Session 2: August 14th - 18th  
Half day options

9:00 am - 3:00 pm	\$350
9:00 am - 12:00 pm or 12:00 pm-3:00 pm	\$240

Joe Trapasso CH

21



# SUMMER Programs



## SWIM CLINIC

Boys & Girls Grades 3rd-8th

**ENROLL  
NOW**



Join Branford High School Girls Swim Coach, Sally Noel & BHS Girl Swim Team Members for a fun Swim Clinic.

### CLINIC DETAILS

This swim clinic will teach basic water safety & foundations of swimming skills to build confident swimmers. Daily participants will focus on refining stroke techniques, learn starts and turns, improve upon endurance and speed and so much more!!!

Note: Swimmers must be able to swim one length of the pool.



### Dates:

June 19th-June 23rd

### Session 1:

Grades: 3rd-4th  
9:00 am - 10:00 am  
Fee: \$75

### Location

Walsh Intermediate  
School Pool

### Session 1:

Grades: 5th-8th  
10:15 am - 12:15 pm  
Fee: \$75





# SUMMER Programs



## INCREDIFLIX MOVIE CAMP JUNE 26TH - JUNE 30TH

### ANIMATION FLIX ACTION FLIX

1:00pm - 4:00 pm | \$190

Discover your filmmaking talents! We'll guide you through the Hollywood process to create, direct, film, act and more. You won't just make an incredible movie, you'll have the skills to make your own movies with friends. Production fee included and your Flix will be emailed to you a month after the program ends



### LEGO FLIX

9:00am - 12:00pm | \$190

Bring Lego worlds to life! We provide Legos. you provide your imagination. Work in groups to create a Lego set with Lego characters for a stop-motion movie you'll storyboard, shoot and add voice-overs too. Production fee included and your Flix will be emailed a month after the program ends.



### ACTION & LEGO & ANIMATION FLIX

9:00am - 4:00 pm | \$355

Join us for the full day combo for a discount plus free lunch supervision! Bring a lunch, snacks and drinks with you. Production fee included and your Flix will be emailed a month after the program ends.

TO REGISTER GO TO [BRANFORDRECREATION.ORG](http://BRANFORDRECREATION.ORG)  
OR CALL THE OFFICE AT (203) 488 - 8304





# SUMMER Programs



Join the millions of kids who have experienced the magic of our award-winning Challenge Island camps! Inspired by everything kids love most, our epic camp adventures are vacations in their own right. When school is out STEAM is in with the World's #1 STEAM Program!



## Camps 2023



[CHALLENGE-ISLAND.COM](http://CHALLENGE-ISLAND.COM)

SUMMER CAMP WITH CHALLENGE ISLAND:

Grades: 1st-5th as of Sept. 2023

Instructor: Todd Ruggere

This camp program is designed to meet the needs of today's playful imaginative child. Camp is designed to be comprehensive focusing on social, emotional and intellectual needs through STEAM activities. Your child will tackle challenges using materials, their imaginations, engineering and much more!

Date:  
Aug. 14th-18th

Time:  
9:00 am-12:00 pm

Fee:  
\$200

Location:  
Joe Trapasso CH



[CHALLENGE-ISLAND.COM](http://CHALLENGE-ISLAND.COM)





# SUMMER Programs



XBOX XIS

VR

PS5

Over  
100 Games Available



BRANFORD SUMMER

## PROGRAM

VIDEO GAMES CLUB

LIMITED SPACE AVAILABLE

ALL AGES

This afternoon program will provide an opportunity for youth to socialize and have fun together based on their hobby of playing video games and outdoor games. Students will have an opportunity to play multi and single player games like Fortnite, Madden, NBA 2K, WWE, MLB The Show, Board Games, \*swimming & More! If your child is attending BOE Summer Enrichment, they will be able to attend after morning sessions.

\*(based on available pool times and lifeguards)

**Monday - Friday**  
**12:30 pm - 3:30 pm**

**Session 1:**

**\*July 5th - July 7th**

**Session 2:**

**July 10th - July 14th**

**Session 3:**

**July 17th - July 21st**

**Session 4:**

**July 24th - July 28th**

**\$100 per session**

**\*session 2: \$60**

**Held at Francis Walsh  
Intermediate School**



COMMUNITY & FAMILY EVENTS

BRANFORD PARKS AND RECREATION  
PRESENTS...

**JEANNETTE L. PALLUZZI  
ANNUAL MEMORIAL**

**SPELLING  
BEE**

**SATURDAY,  
MARCH  
25TH**

**JOE TRAPASSO  
COMMUNITY  
HOUSE**

A traditional, old fashion and fun spelling  
bee honoring one of Branford's  
loyal and loving educators.

9:30 AM 3RD GRADE  
10:00 AM 4TH GRADE  
10:30 AM 5TH & 6TH GRADE  
11:00 AM 7TH & 8TH GRADE  
11:30 AM HIGH SCHOOL & ADULTS



TO REGISTER GO TO [BRANFORDRECREATION.ORG](http://BRANFORDRECREATION.ORG)  
OR CALL THE OFFICE AT (203) 488 - 8304

The Robert Marston

# EASTER EGG

SAT.  
APRIL  
1ST

## HUNT

RAIN DATE: APRIL 8TH

FREE

11 AM  
SHARP

**AGES: 10 & under | Foote Park | Starts at 11:00 am**

The Branford Parks and Recreation Department is proud to sponsor the Robert Marston Easter Egg Hunt with the American Legion, Corcoran Sundquist Post #83.

The program is free for all Branford residents. No registration required. All girls and boys should arrive at least 15 minutes prior to the start of the hunt.

An allergy free hunt will also be offered.





COMMUNITY & FAMILY EVENTS



BRANFORD PARKS & RECREATION  
DEPARTMENT



# KITE

F L Y I N G

*day*

**SATURDAY MAY 13TH | 10 AM**  
**FOOTE MEMORIAL PARK**

COME JOIN THE FUN! JOIN THE PARKS AND RECREATION STAFF FOR FUN MORNING OF KITE FLYING! PRIZES WILL BE AWARDED FOR THE HIGHEST FLYING KITE, LONGEST TAIL, SMALLEST KITE AND MANY OTHER CATOGORIES.

**PRE-REGISTRATION REQUIRED | [BRANFORDRECREATION.ORG](http://BRANFORDRECREATION.ORG) OR 203-488-8304**

## COMMUNITY & FAMILY EVENTS



# **Branford Parks and Recreation and The Branford Elks Club**

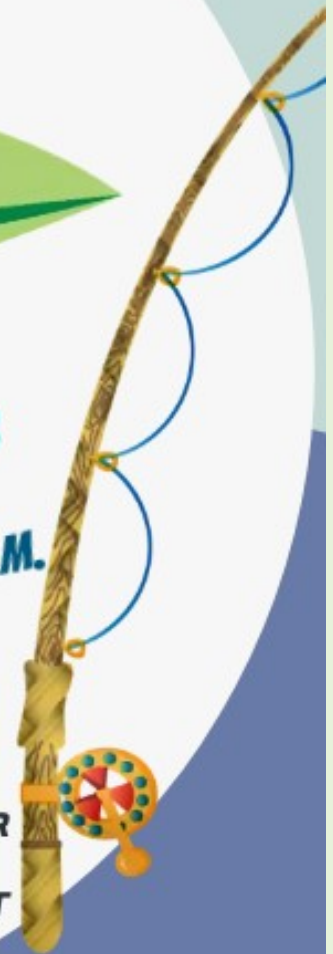


# **KIDS FISHING DERBY**



**at Chet's Pond**  
**SATURDAY MAY 20, 2023**  
CHECK-IN 8:30 A.M.  
HOOKS IN THE WATER 9:00 A.M TO 11:00 A.M.  
AWARDS 11:15 A.M

**OPEN TO AGES: 15 OR UNDER. (AGES 10 AND UNDER  
MUST BE ACCOMPANIED BY AN ADULT)  
BRING YOUR FISHING POLE, BAIT, CHAIR, & BUCKET**



**PRIZES FOR THE BIGGEST TROUT, FIRST  
BOY AND FIRST GIRL TO CATCH A FISH & THE  
MOST FISH CAUGHT**

Register online at : [www.branfordrecreation.org](http://www.branfordrecreation.org) or 203-488-8304



## MARY'S CULINARY COOKING CLASSES



MARY'S CULINARY COOKING CLASSES: Ages 6 - 13 yrs.

Instructor: Mary Amter

Put your aprons on and learn some culinary skills while you make a delicious meal. Join Mary in the kitchen for a unique hands-on culinary experience engaging children in creating delicious dinners and desserts. Participants will explore, create, and learn basic cooking techniques! They will enjoy each meal they cook with some left overs to take home. Class size is limited and social distancing and masks will be required.

# MARY'S COOKING CLASSES FOR CHILDREN!

JOIN MARY IN THE KITCHEN FOR A UNIQUE HANDS-ON CULINARY EXPERIENCE THAT WILL ENGAGE CHILDREN IN CREATING DELICIOUS DINNERS AND DESSERTS!

TUESDAY, MARCH 7TH	COPYCAT "PANERA" MAC AND CHEESE & END OF THE RAINBOW CUPCAKES
TUESDAY, MARCH 21ST	APRIL FOOL'S MEATBALL & "CUPCAKES AND COOKIE HAMBURGERS"
THURSDAY, APRIL 6TH	CARROT SHAPED CROISSANT STUFFED WITH CHICKEN SALAD & EASTER BASKET CUPCAKES
TUESDAY, APRIL 18TH	RAMEN AND SUGAR COOKIE LAYER CAKE
TUESDAY, MAY 2ND	CHICKEN MARSALA & CHOCOLATE CHIP COOKE DOUGH LAYER CAKE
TUESDAY, MAY 16TH	PARMESAN CRUSTED TORTELLINI BITES & TWIX BARS
TUESDAY, JUNE 6TH	DOUBLE CRUNCH HONEY GARLIC CHICKEN & BANANA SPLIT ICEBOX CAKE

AGES 6 - 13 YRS. | 4:30 - 6:30 PM | \$40 PER CLASS  
JOE TRAPASSO COMMUNITY HOUSE

[www.branfordrecreation.org](http://www.branfordrecreation.org)



MARY'S CULINARY COOKING CLASSES



# Unified Cooking & Game Night

Ages: 18+

March 6, 2023

5:00 pm - 7:30 pm

\*April 17, 2023

5:00 pm - 7:30 pm

May 9, 2023

5:00 pm - 7:30 pm

Joe Trapasso Community House

\* class will be at the North Branford Community Center 1332 Middletown Ave, Northford

This young adult inclusive "Cooking with Friends" class is a great opportunity for young adults to develop skills needed to live on their own. Participants will learn to follow a recipe, measure, chop, combined ingredients, learn team building, and operate a burner to cook a simple meal. Join Chef Mary as she teaches you to prepare a basic Chicken Dish & Salad. After making the perfect dinner, participants will eat together and have fun socializing, playing board games and more!.



To register: [branfordrecreation.org](http://branfordrecreation.org) or  
203488-8304



## MARY'S CULINARY COOKING CLASSES

### Cooking for One (or Two) with Chef Mary



Join Chef Mary for a fun morning cooking and socializing with new and old Friends! Learn how to make a delicious meal while learning new skills and having fun cooking together then sit with your peers and enjoy your delicious masterpiece!

Mar. 21st: Chicken Milanese with Fettuccine Alfredo  
April 18: Menu to be determined  
May 16th: Menu to be determined

Fee: \$ 25

Class Time: 10:30 am-12:00 pm

Class Location: Joe Trapasso Community House



Chef Mary has been cooking her whole life. She learned sitting on the counters as a young child, like many Italian children do, watching her mother bake and cook traditional Italian cuisine. Join her as she shares her knowledge and love of cooking with you.

### Sweets on Main

## St. Patrick's Day



## CUPCAKE DECORATING KITS

\$25 per kit

Have fun decorating cupcakes in the comfort of your own kitchen! Sweets on Main will supply six cupcakes (3 vanilla and 3 chocolate), icing, sprinkles, instructions, and more to decorate your own masterpiece.

Order by March 10th | Pick-up March 15th

### Sweets on Main

## Easter



## CUPCAKE DECORATING KITS

Pre-order by March 31st

Pick-up on April 5th

Have fun decorating cupcakes in the comfort of your own kitchen! Sweets on Main will supply six cupcakes (3 vanilla and 3 chocolate), icing, sprinkles, instructions, and more to decorate your own masterpiece. Pick-up will be at the Joe Trapasso Community House.

\$25.00  
per kit

[www.branfordrecreation.org](http://www.branfordrecreation.org)



# CAKE & CUPCAKE DECORATING WITH THE BRITISH BAKER

In Session 1, The British Baker will teach students in designing six creatively different cupcakes. From cupcake burgers to cookie monster, students will learn how to frost cupcakes using different piping tips and how to create characters out of fondant and shape decorative designs.

In Session 2, students will learn how to create a fun M & M themed gravity defying cake. Students leave with a certificate of completion and their very own Masterpiece to share! .

## Session 1: Cupcakes

Date:	Time:	Age:	Fee:	Location:
Sat. March 11th	1:00 pm - 3:00 pm	7-13yrs	\$50	Joe Trapasso CH

## Session 2: M & M Cake Decorating

Date:	Time:	Age:	Fee:	Location:
Sat. Apr. 1st	11:30 pm - 2:00 pm	7-13yrs	\$50	Joe Trapasso CH

**The British Baker**

# CHILDREN'S CAKE DECORATING CLASS



**Saturday, April 1st**  
**11:30a-2p**

**Learn How to Decorate Your Cakes Like a Pro**



CLASS COST

**\$50**

**CLASS HELD AT THE JOE TRAPASSO COMMUNITY HOUSE**  
**Branford Parks & Recreation**

The British Baker will teach students how to create this fun M&M themed, gravity-defying cake. Each student will leave with their own masterpiece and a certificate of completion. All supplies are included.

### What You'll Learn:

- stacking a 3 layer cake
- Fill & Use a Pastry Bag
- masking it in buttercream
- learn about fondant
- piping
- tips and tricks



### Cupcake Class - 6 different designs



[www.branfordrecreation.org](http://www.branfordrecreation.org)



## ADULT CAKE DECORATING



# THE BRITISH BAKER ADULT CAKE DECORATING CLASS

Fee:  
\$65

# *Adult* **CAKE** *Decorating Class*

**THURSDAY, MAY 11, 2023**

**7:00 PM-9:00 PM |**

**JOE TRAPASSO COMMUNITY HOUSE**

Learn to make this masterpiece with The British Baker! Once you've learned the tricks & tips the professionals use, you'll be able to make all of your own celebration cakes! Learning concepts will include how to stack & mask a cake in buttercream, creating a chocolate drip and using different piping tips to create interesting swirls. Students will leave with their own cake creation in a cake box that will solely wow family and friends. These cakes can be frozen for a few weeks if you want to save it for a special occasion.

---

**TO REGISTER GO TO [BRANFORDRECREATION.ORG](http://BRANFORDRECREATION.ORG)  
OR CALL THE OFFICE AT (203) 488 - 8304**

## ADULT COOKIE DECORATING WITH MY ONE DELIGHT!



Step right up! Join the Circus Cookie Class and learn to decorate like a pro with My One Delight! Bakery. Join in the fun as we learn cookie decorating tips and tricks, practice piping, and decorate six cute cookies with step-by-step, guided instructions. Beginners are welcome! You'll leave class with your own hand-decorated cookies in a bakery pastry box, as well as My One Delight's award-winning sugar cookie and icing recipes! Come be amazed at what you can do!

<b>Date:</b>	<b>Time:</b>	<b>Fee:</b>	<b>Location:</b>
Sat. April 22nd	9:00 am - 10:45 am	\$75	Joe Trapasso CH

## BEGINNERS UKULELE LESSONS



**Instructor:** Phyllis Nolan

**Ages:** 18+

Learn to play this wonderful instrument. The Ukulele will make you smile. East to learn and so rewarding. You will be able to play a song before you leave the first class. Come and join this fun class. Must bring a ukulele, tuner and notebook to class.

<b>Date:</b>	<b>Time:</b>	<b>Fee:</b>	<b>Location:</b>
Session 1: Mon. March 6th - 27th	6:30 pm - 8:00 pm	\$70	Joe Trapasso CH
Session 2: Mon. April 3rd - 24th	6:30 pm - 8:00 pm	\$70	Joe Trapasso CH

## BRIDGE CARD CLASS

**BID BETTER, DECLARE BETTER, DEFEND BETTER, AND PLAY BETTER!**

**Instructor:** Donald Brueggemann

A 4-week class to improve your bidding, declarer play, and your defense (defense is 50% of your game!). There will be no textbook, but the class will play 4 to 6 pre-arranged hands to discuss how the hand was bid, how the declarer played the hand, and how the defense cooperated to either defeat or hold the declarer to the minimum number of tricks. Hands the class will play are from Don B's favorite "teaching" hands from previous classes.



<b>Date:</b>	<b>Time:</b>	<b>Fee:</b>	<b>Location:</b>
Wed. May 3rd - 24th	10:00 am - 11:30 am	\$50	Joe Trapasso Community House

## MAHJONG CLASSES AND CLUBS



**MAHJONG CLASS:**

**Instructor :** Allison Friday

Learn how to play the American version of the Chinese tile-based game.

This game is a fun exciting & challenging game. Class, participants will learn the basics: set up, play and scoring.

<b>Date:</b>	<b>Time:</b>	<b>Location:</b>	<b>Fee:</b>
TBA	6:30p - 8:00p	Joe Trapasso Community House	\$60

**MAHJONG PLAYERS CLUB**

<b>Date:</b>	<b>Time:</b>	<b>Location:</b>	<b>Fee:</b>
TBA	5:30p - 9:00p	Joe Trapasso Community House	\$30

[www.branfordrecreation.org](http://www.branfordrecreation.org)



## ADULT FITNESS PROGRAMS

# Fitness Classes with Attitude Dance & Fitness, LLC.

**March 2nd - May 30th\***

**For \$199 you can drop into any or all of these classes  
each week for the next three months!**

**All classes begin at 5:45 PM**



**\* no class 5/29**

## Power Barre

A total body workout mix of low to no impact movements structured with an element of basic ballet. Combine with light hand-held weights and the result is toned, lean muscle. The ultimate fun fat burner. All levels of experience welcome.

Weights provided. Bring a mat.

**Mondays**

## Tabata/HIIT

Research shows that a balance of high intensity interval, resistance and low intensity training have been proven too increase overall health and fitness , especially seniors! This class has it all and all moves can be modified to all levels. This is a class where you'll learn to challenge yourself at your own pace.

**Thursdays**

## Lean Machine

This strength training class helps build bone and muscle vital to the aging process and utilizes various resistance tools including dumbbells, resistance bands and even your own body weight. There's always something different and something for everyBODY! All levels of experience welcome. Weights provided. Bring your own mat.

**Tuesdays**

**All classes held at:  
Attitude Dance &  
Fitness, LLC.**

**116 N. Main Street  
Branford, CT 06405**

[www.branfordrecreation.org](http://www.branfordrecreation.org)



## ADULT FITNESS PROGRAMS

# Aquacise



Join our Low-Impact, High Engery Water Aerobics workout. This eight week class is held in shallow water with a medium to low intensity. This is a total body workout alternating cardio and muscle conditioning.

**Session 1: Mondays, April 3rd - May 22nd**

**Session 2: Wednesdays, April 5th - May 31st\***

\*no class 5/3

**6:30 PM - 7:30 PM**

**Walsh Intermediate School Pool**

[www.branfordrecreation.org](http://www.branfordrecreation.org)



## ADULT FITNESS PROGRAMS



### Cardio KICKBOXING CLASSES

*with Annie Marchitto*

**Thursdays: | April 27th - June 15th**

**6:00 - 7:00 PM | Fee: \$80 8 weeks**

**Ages: 18 yrs. & up**

**Do you like to sweat? If so, then this is your class! Learn kickboxing technique in a high intensity, high calorie-burning workout covering footwork, balance, endurance, body strength training and stretching. This is a full body workout. No experience needed. Please bring a mat and a water bottle with you to each class.**

## SPRING & SUMMER TENNIS LESSONS FOR ADULTS

Instructor: BHS Boys Tennis Coach Paul Gagliardi

Age: 18+

Participants will learn the forehand, backhand, serve and volley with drills, fun games and game situations. Scoring, strategy and match play for singles and doubles will be incorporated. Participants should bring a water bottle and have their own tennis racquet.

### BEGINNERS:

Date:	Time:	Fee:	Location:
Session 1: Tues. May 9th - June 6th	5:30 pm - 6:30 pm	\$100	Foote Park
Session 2: Tues. June 21st - August 1st*	5:00 pm - 6:00 pm	\$100	BHS
*no class 7/4			

### INTERMEDIATE:

Date:	Time:	Fee:	Location:
Session 1: Mon. May 8th - June 12th	6:30 pm - 7:30 pm	\$100	BHS
Session 2: Mon. June 26th - July 31st*	6:30 pm - 7:30 pm	\$100	BHS
*no class 7/3			

### ADULT CAPP TENNIS:

CAPP point play is a game-based tennis cardio workout. It is designed for Intermediate/Advanced players who want a fun and challenging tennis workout.

Date:	Time:	Fee:	Location:
Session 1: Tues. May 9th - May 30th	6:30-8:00 pm	\$85	Foote Park



[www.branfordrecreation.org](http://www.branfordrecreation.org)

## ADULT FITNESS PROGRAMS

### VINYASA POWER YOGA:

Ages: 13+

**INSTRUCTOR:** Dr. Audra Stawicki, Doctor of Physical Therapy, Certified Yoga Instructor & Wellness Enthusiast

This energizing and uplifting yoga class will take you on a journey of sun salutations, warrior series and detoxifying twists. Suitable for all levels; modifications will be given to allow the practitioner to develop their foundational poise in each posture allowing them to access the more challenging postures as the class matures. Bliss out in a final relaxation to culminate a well-deserved repose. Please bring a yoga mat and water bottle.

Date:	Time:	Fee:	Location:
Session 1: Mon. May 1st - June 12th	6:00 pm - 7:00 pm	\$100	Joe Trapasso CH
Session 2: Mon. June 26th - July 31st	6:00 pm - 7:00 pm	\$100	Joe Trapasso CH



### SOUL CHILL YOGA:

**Instructor:** Sally Noel, certified Yoga Instructor & owner of Raven's Wing Yoga  
Classes focus on stress relief while promoting key strength and balance. Release your tension with movement and poses, beginning meditation, breath awareness and relaxation techniques. All are welcome, practiced and beginners alike. Modifications offered for all to enjoy. Please bring a mat or towel, and a water bottle.



Date:	Time:	Fee:	Location:
April 18th-May 23	7:00 pm - 8:00 pm	\$65	Joe Trapasso Community House

### OUTDOOR SOUL CHILL YOGA IN THE PARK:

**Instructor:** Sally Noel, Certified Yoga Instructor & Owner of Raven's Wings Yoga

Enjoy this session outside with mother nature as we ground, calm & liberate our body/minds. Soul chill yoga allows for plenty of time to breathe, be and center. Class builds like a wave, beginning slowly and very gradually builds energy. We move through practicing a variety of postures to help develop flexibility, strength, presence and patience. All levels welcome, all encouraged to move at their own pace. Bring a blanket or something to stretch out on the grass, yoga mat if you like and anything else that will support your body in comfort. We meet in the far corner of the field beyond the softball fields, follow the walking path around the field to the end and you'll see us.

Date:	Time:	Fee:	Location:
Session 1: Jun. 21st-July 12th	6:30 pm - 7:30 pm	\$50	Foote Park
Session 2: July 19th-Aug. 9th	6:30 pm - 7:30 pm	\$50	Foote Park



## ADULT FITNESS PROGRAMS

### STAYING FIT “DO YOUR BEST TRAINING” WORKOUTS WITH JILLIAN

#### SATURDAY FITNESS WORKOUTS:

Instructor: Personal Trainer, Jillian Temple

Let's get moving!!! Start your weekend in the best possible way with an exercise class. Personal Trainer Jill Temple will demonstrate in body-weight routines that will challenge, motivate and energize you.

Please bring a mat and water bottle. All levels welcome!

Date:	Time:	Fee:	Location:
Session 1: Apr. 29-May 20	8:00 am - 9:00 am	\$50	Joe Trapasso CH
Session 2: May 27th-June 17	8:00 am - 9:00 am	\$50	Branford Point/Parker Park
Session 3: June 24th-July 15	8:00 am- 9:00 am	\$50	Branford Point/Parker Park

#### SUNRISE FITNESS WORKOUTS:

Instructor: Personal Trainer, Jillian Temple

Begin your day in the best possible way. Join personal Trainer, Jill Temple in body weight routines that will challenge, motivate and energize you. A full body workout mixed with Cardio! Please bring a mat and water bottle. All levels welcome!

Date:	Time:	Fee:	Location:
Session 1: Tues./Thurs. Mar. 21st-Apr. 13th	6:30 am - 7:30 am	\$100	Joe Trapasso CH
Session 2: Tues./Thurs. Apr. 18th-May 11th	6:30 am - 7:30 am	\$100	Joe Trapasso CH
Session 3: Tues./Thurs. May 16th-June 8th	6:30 am - 7:30 am	\$100	Foote Park



## ADULT BASKETBALL LEAGUE

# Adult Spring Basketball League

The return of our Adult Basketball League at the Joe Trapasso Community House invites all adults 18+

Draft Day: Monday, March 13th

Time: 7:30 p.m.

Location: Joe Trapasso Community House

The 2023 season begins Mon. April 3rd.

Game Times : 6:30, 7:30 and 8:30 p.m.

Game Location: Joe Trapasso Community House

Copy of photo ID required for draft.

**REGISTRATION FEE: \$110.00**

**LIMITED TO THE FIRST 48  
PLAYERS REGISTERED.**

***To register visit :***

**[www.branfordrecreation.org](http://www.branfordrecreation.org)**

OFFICE: (203)488-8304





**EARN A JOB AS A  
CERTIFIED LIFEGUARD**



# **LIFEGUARD TRAINING CLASS**

**LIFE SKILLS SAVE LIVES!**

Are you reliable, mature, courteous and positive? Are you a strong swimmer? Are you looking for a job? We want to hire you!

Get certified in CRR/AED, First Aid and Lifeguarding through a Blending Learning American Red Cross Lifeguard Course for \* FREE !

Start your lifelong career as a lifeguard today!!!!

## **CLASS REQUIREMENTS**

- \*At least 15 years of age
- \*Access to a computer
- \*Swim 300 yards continuously
- \*Tread water for 2 minutes ~ legs only
- \*Complete a timed event  
(swim 20 yards, surface dive, pick up a ten pound object, return it to the side of the pool & climb out)

## **CLASS OFFERINGS**

**Spring 2023**

March 15, 17, 22, 24, 27 & 29  
Make up class March 30th if needed

Class times:  
5:30pm-9:00pm

**CLASS WILL TAKE PLACE AT THE NEWLY RENOVATED WALSH INTERMEDIATE  
SCHOOL JOHN O'CONNOR POOL**

Register today by calling the office at 203-488-8304 or visit us on-line  
[www.branfordrecreation.org](http://www.branfordrecreation.org)

**\*Note: you must work a minumium of 6 months**

# Boating Certificate Course by U.S. Coast Guard Auxiliary

Think Summer.....It will be here before we know it!



*Boat America* is a boating certificate class that offers an in-depth and interesting boating safety course, and provides the knowledge needed to obtain a boating certificate. This is an 8 hour course, approved by CT DEEP for CT boating license. Taught by USCG Auxiliary instructors. (Some insurance companies offer discounts on boating insurance to boaters who successfully complete this course).

Course topics include:

- \* Introduction to Boating: Types of power boats, boating vocabulary, sailboats, paddle boats, powering boats, and engine types.
- \* Boating Law: Boat registration, regulations, hull identification numbers, required safety equipment, Federal boating law, state boating law, and reporting accidents.
- \* Safety Equipment: Life jackets, fire extinguishers, sound-producing devices, visual distress signals, anchors, and other safety equipment.
- \* Safe Operation & Navigation: Buoys and beacons, aids to navigation, navigation rules, docking, and the dangers of alcohol on the water.
- \* Boating Emergencies: Hypothermia, boating accidents, man overboard, capsizing, emergency radio calls, carbon monoxide dangers, and weather.
- \* Trailing: Types of trailers, lights, hitches, towing a trailer.
- \* Sports & Boating: Water-skiing, hunting and hunting gear, PWC operation, and other boating tips.

Tuesday, April 25th | 6:30 pm - 8:45 pm

Thursday, April 27th | 6:30 pm - 8:45 pm

Saturday, April 29th | 8:30 am - 12:30 pm

Location: Joe Trapasso Community House

Fee: \$60





**WE ARE BACK IN 2023!**

**THURSDAY NIGHTS STARTING JUNE 29TH AT 6:30 PM**



Photo courtesy of: Bill O'Brien

## **The 39th Branford Festival!**

**We are so excited to bring this amazing event back to our Town Green on June 16th, 17th, and 18th, 2023.**



**Visit [www.BranfordFestival.com](http://www.BranfordFestival.com) for the latest information!**



# Explore our Parks

Hammer Field, Pardee Park, Branford Hills, Riverside Foote Park, Lyons Park, Veteran's Memorial Park, and Flax Mill

Email: [recreation@branford-ct.gov](mailto:recreation@branford-ct.gov)

Website: [branfordrecreation.org](http://branfordrecreation.org)

Contact #: 203-488-8304

Branford Point / Parker Park

Matt Radulski

Email: [mattrad0491@yahoo.com](mailto:mattrad0491@yahoo.com)

Website: [Branford-ct.gov](http://Branford-ct.gov)

Contact #: 203-927-3255

Foote Memorial Park

Email: [recreation@branford-ct.gov](mailto:recreation@branford-ct.gov)

Website: [branfordrecreation.org](http://branfordrecreation.org)

Contact #: 203-488-8304

Young's Pond

Geoff Hotz

Contact #: 203-410-5764

Stony Creek Park Association

Dan Bullard

Contact #: 203-488-2147 or 203-671-6282

Supply Pond

Ainsley Highman

Contact #: 203-483-6939

Photo courtesy of: Ashley Abel Photography

## WALK THE BRANFORD TRAILS

Join us for hikes in town and out of town and enjoy the great outdoors, socialization, exercise and more! Walks meet at 8:45 AM and hiking starts at 9:00 AM from the site locations. All hikers must practice social distancing. If you wish to stay for lunch, bring a bag lunch and a folding chair. Questions about individual hikes should be addressed to the walk leader. Please check the website for updated schedules, directions and times or call the office. Questions about individual hikes should be addressed to the group leader. For more information visit the our website or call the office.

Website: [www.branfordrecreation.org](http://www.branfordrecreation.org)

Office: 203-488-8304







# **BRANFORD, CT** **BEACH** **RULES**

**PLEASE ENJOY OUR  
BEACHES, AND WHEN  
YOU LEAVE, LEAVE  
NOTHING BUT  
FOOTPRINTS.**

**PLEASE OBEY ALL BEACH ORDINANCES/RULES**

- **NO ALCOHOLIC BEVERAGES**
- **DOGS ARE NOT ALLOWED ON THE  
BEACHES OR IN THE PARKS**
- **PLEASE DO NOT LEAVE TRASH,  
GARBAGE, OR WASTE AT THE BEACH USE  
THE TRASH CANS PROVIDED**
- **NO FIRES**
- **NO FISHING**

**BRANFORD POINT RESIDENT STICKERS ARE  
AVAILABLE AT TOWN HALL IN THE  
TAX COLLECTORS OFFICE**

# BRANFORD YOUTH SPORTS & CLUBS CONTACTS



**Branford Little League**  
 Tricia Lougal  
 Email: tricia23lougal@aol.com  
 Website: branfordlittleleague.net  
 Contact #: 203-645-5286



**Branford Girls Softball**  
 Dave Falcigno  
 Email: davidfalcigno@gmail.com  
 Website: www.branfordgirlssoftball.sportssignup.com  
 Contact #: 203-627-1424



**Branford Youth Cheerleading**  
 Diana Vaicunas  
 Email: byccordinator@gmail.com  
 Website: www.branfordyouthfootball.org



**Branford Soccer**  
 Katie Buckley  
 Email: president@branfordsoccer.org  
 Website: www.branfordsoccer.org  
 Contact #: 203-500-0953



**Cub Scouts/Scouts BSA (Boys & Girls Troop)**  
 Crystal & Michael Loffredo  
 Email: scoutmaster@troop633ct.org  
 Website: www.pack633ct.org / www.troop633ct.org



**Branford Youth Lacrosse**  
 Vinnie Giordano  
 Email: vgs@giordano.build  
 Website: www.branfordyouthlax.com  
 Contact #: 203-627-6182



**Jr. Hornets Baseball**  
 Don Lawrence  
 Email: dlawrence06@snet.net  
 Contact #: 203-804-5029



**Flag Football**  
 Dave Malick  
 Email: dave@cleancutlandscaping.com  
 Website: www.branfordyouthfootball.org  
 Contact #: 203-410-5680



**Youth Football**  
 AJ Pace  
 Email: apace@defibtech.com  
 Website: www.branfordyouthfootball.org  
 Contact #: 203-927-2072



**Junior/Travel Basketball**  
 Joe Chandler  
 Email: coach.jchan12@gmail.com  
 Website: www.branfordbasketball.com  
 Contact #: 203-980-8021

