

BRANFORD PARKS, RECREATION & SENIOR SERVICES

CANOE BROOK CAFE MENU

OCTOBER 2026

***BREAKFAST IS NOW YOUR CHOICE, PICK 1 OF 4 OF THE MENU CHOICES!**
***DESSERT WITH EVERY MEAL!**

			THURSDAY	FRIDAY
			1 Lunch Pork Loin with Vegetables	2 Lunch Shrimp Scampi With Vegetables
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5 Lunch Chicken Piccata With Vegetables	6 Lunch Stuffed Peppers	7 Lunch Pork Sandwich With Vegetables	8 Lunch Eggplant Parmesan, Ziti & Vegetable	9 Lunch Salmon With Rice and Vegetable
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
12 CLOSED	13 Lunch Chicken Pot Pie	14 Lunch Meatloaf With Potatoes and Vegetables	15 Lunch Cod With Vegetable	16 Lunch Beef Stew
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
19 Lunch Chili with Cornbread	20 Lunch Ribbs and Vegetable	21 Lunch Stuffed Flounder With Vegetable	22 Lunch Stuffed Cabbage with Vegetable	23 Lunch Chicken Marsala with Pasta and Vegetable
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
26 Lunch Vegetable Lasagna	27 Lunch Stuffed Shrimp and Vegetable	28 Lunch Meatloaf with Mashed Potato and Vegetable	29 Lunch Chicken Parmesan with Pasta and Vegetable	30 Lunch BBQ Brisket and Vegetable

Breakfast:\$3.00

Lunch:\$5.00

Daily Breakfast Choices:

1. Eggs, Bacon or Sausage
2. Pancakes, Bacon or Sausage
3. French Toast, Bacon or Sausage
4. Bacon or Sausage Egg Sandwich

Breakfast is served
Daily from

8:45AM-10:00AM

and

Lunch is served from

11:45AM-12:30PM

***YOU MUST GET YOUR LUNCH BY**

12:30PM*

Here is how to register:

1. You must pre-register
for meals by 12PM
the day before!

Please Call
the office at

203-481-3429

2. Payment can be
made via cash, check, or
credit card.

Bon Appetit!!!

**The menu is subject
to change.**